



Through the Prism of Lions,
Together We Serve More

August 2019. Issue 2(a).

Through the Prism of Lions, Together We Serve More!



DG Alistair with
Int. President,
Dr Jung-Yul Choi



*Ciao! Greetings from the desk of
DG Alistair*



Fellow Lions,

Can you believe we are coming to the end of August already? It is amazing to see what clubs have already done during the first two months of this year. I know that MyLion reporting has been challenging, but please make sure that your club is reporting what you are doing. It is so important to see what clubs are up to and how many people are being served by each club and how many Lions Hours club members are putting in to serve their communities.

Did you know that your Lions club is equipped with a resource it needs to unify your approach to service, membership and leadership development? This powerful resource is called the Global Action Team (GAT). A few of your club officers, including the president and vice president, membership chair and service chair, are tasked with leading your club's GAT. The GAT is a powerful bridge between Lions and LCI. It is specifically designed to connect clubs, districts, leaders and beyond to tools and resources developed to improve Club's service impact. During our next 100 years of service, each club's GAT will be at the forefront in providing Lions with the resources necessary to unite leadership, membership and service, and take their service to the next level.

Take the time this month to learn more about what your club's Global Action Team is doing to attract new members, deepen service activities and grow leaders within the club. Challenge your club's Global Action Team to invite the district Global Action Team to your next club meeting. And don't forget to look at all the incredible resources in the Lions' Resource Centre!

I am sure that you have seen the mails that have gone out about the Christmas Cake Project. Please make sure that your club has placed its order, if not please do so ASAP. Let us not let this huge fundraiser for our community projects, die. If we do not meet the targets agreed upon by the delegates at the 2019 MD Convention, then the club's profits for this project will be reduced per cake sold to cover the shortfall. Come on Lions lets go out and show our Passion, Respect, Integrity, Support and Membership in together going out and serving our community needs by selling our Lions Christmas Cakes.

We all have our differences, but at heart we all have one thing in common, and that is our passion to serve our communities.

Yours in Lionism,

Alistair Tuckett

District Governor 2019/2020



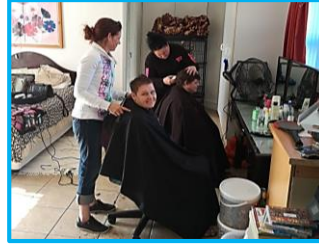
Ed's Note; Hello My Fellow Lions; Please accept my apologies for a very LONG edition of the DG's Newsletter! **8 pages** and I haven't got anywhere near all the great photos and articles submitted by our Clubs. I am truly amazed and excited that so many of you are so keen to make my job a lot easier (and interesting!) than I ever imagined. To those who don't see their projects etc in this edition, please don't be disappointed – I intend issuing another edition within the next 2 weeks as this is the only way I can print all the information that I received. A **HUGE** Thank You to everyone who took the time and made the effort to submit your news – I really appreciate it. Please encourage your PRO to keep sending info regarding your Club activities; as you see, I will always make a plan!!



Just thought you might like to see some photos from the International convention in Italy.
(1) DG Al seconds after he was Inducted. (look at that smile!!)
(2) PDGs Ivan and Peggy with CC Jacqui, enjoying a quiet moment.
(3) PDG Rocky photo-bombing the (now) 2nd V Int. President, Brian and lovely his wife Lori Sheehan in the Lions Parade.



Here is a report from **Liesl van Wyk** who is the **President** of the **Uitenhage Lionesses** which is a branch club, consisting of women only, of the Uitenhage Lions Club. This is our 3rd year as a branch club and proud to say we are doing really well. On Saturday 27 July 2019 we visited Huis Minette in Uitenhage which is a home for mentally challenged adults. We held a boerewors braai for them along with cool drinks. Two of our ladies in the Lionesses are hairdressers and so we also gave them haircuts. They all had such a great time, and in fact, I think we enjoyed it just as much as they did!



Left; Lion Wendy from **Scottburgh Lions** reports that Dads Charity gave the Lions a fantastic donation. They bought teddy bears and donated them to every child at Crooks, Amadudza Hospice for Children, Crooks Hospital, Kanya Hospice and Prince Mshiyeni Hospital.

It was heart breaking to see some of the children but uplifting to see the smiles at getting their own teddy. They gave out 120 teddies and still have 100 for a later distribution.



Council Chairperson Jacqui's 1st Council Meeting for MD410. After much discussion, lunch (which had been prepared by members of the Clearwater Cyber Lions) was served and the remaining items on the Agenda were finalized.

Above (from left) CS Beaulieu Mare; CC Jacqui Hocking and PCC Viv Grater.

Far Left. DG Alistair (410E) and DG Bennie Smith (410W) – both deep in thought.



Left; For those of you who enjoy doing Jigsaw puzzles: if you join the 2 outer banners, you'll find it should make up the middle one. How clever were the Council Chair and the 2 DGs with the designing of these colourful works of art?



On behalf of **Shelly Beach Lions Club**, **Lion Samantha Podmore** reports that this Club is a strong pioneer for Diabetes Awareness and Education across the South Coast, with bi-monthly sugar testing session at one of the local malls, and by supporting people living with diabetes with education and support when possible. Working together with NPC Intercement, Shelly Beach Lions Club donated a Blood Glucose Monitoring System to Zethu Gambushe, who works at the NPC Aggregate Quarry in Margate and Abigail Kok resident nurse at the NPC Simuma Plant, will assist Zethu manage her diabetes on her weekly visits to the quarry. "As Diabetes is one of the five key foundation projects at Lions International Worldwide, we are delighted to be able to help Zethu with is this donation of the testing machine, as we know diabetes is a silent killer" said Shelly Beach Lion Clint Fray "Together with the help of NPC Intercement's support from Sister Abigail, we know Zethu's life whilst living with diabetes will be made just a little safer" he continued



Benoni Van Rhyn donates soccer Balls, Cones and vests.

Encouraging sport in Tsakane by donating football equipment to Simunye FC. This is a way to keep some of our kids off the streets and Donald and Timothy along with many others donate their time and energy towards this goal. Well done to you all.

Kids Practising their skills

The organisers of the Simunye FC



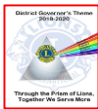


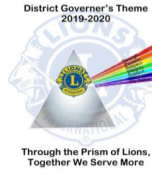
Below; Benoni Van Rhyn Donates Lap Tops and Robotics to Chief Albert Luthuli Primary. Great excitement was had at Chief Albert Luthuli Primary 1 in Daveyton when Benoni Van Rhyn went in and presented the school with 25 lap tops programed with basic child education programs . 5 of the lap tops were programed with the Robotics program as well as the actual robotic motor to go with it. Brent Hutcheson from Educare donated the robotics and programed along with his colleague Duncan , the lap tops for us and Duncan worked timeously with installing all the programs as well as the robotics. We as a club adopted this school as our legacy project in 2017 and been working hard to raise funds and sponsorship to up grade their media centre with the lap tops. An excited LP Viv was so emotional on the day it was hard for her to give her talk on the lap tops to the school. Teachers, vice principal Michael , and some of the students enthusiastically listened to Brent giving them instructions on how the programs work. This school is one of the first to receive the robotic program . Very privileged.



Lion Vernie from Durban Host has sent photos of different activities in his club. Below are images of 3 of the members and himself collecting awards for various contributions to the club. This was held at Berea Club House. **Ed. Note:** Apologies Vernie, will have to include your other photos etc in the next edition.

Mark Meltzer from The Wilds Lions Club reports that District Governor Lion Alistair Tuckett inducted 2 members into **The Parks Lions Branch Club** at The Wilds Lions Club induction function at GIBS Illovo. **Photo Right;** Lions Andre and Constantino are seen with President Gavin Polkinghorne, DG Alistair and LP Mark Meltzer. Lion Mark Meltzer was re-inducted as President of **The WILDS LIONS Club** for 2019-20.





Photo; Below left; Lion Clint from Shelley Beach Lions Club, 5th from Left.

In August 2018 on NPC Intercement's Annual Day of Doing Good (DODG) Siphakamile Primary School in Boboyi was the recipient of the building of a volleyball/basketball court and newly erected shadehouse for vegetable planting. More than 250 staff from NPC Intercement Simuna, parents, **Shelly Beach Lions** and community volunteers came together to make this project a reality for these amazing school children.

But the story doesn't end there as the NPC Intercement Simuma GAIV team and staff went back to Siphakamile Primary in late July 2019 for some fun and games with the children when they took part in a tournament of Volleyball, Netball and Basketball on the court they were instrumentally involved in building, painting and equipping.

"We could not have asked for a more perfect day for this tournament to share with the children and teachers of Siphakamile Primary" commented Clint Fray from NPC Intercement Simuma GAIV and **Shelly Beach Lion team**.

"It is great to see how much difference this court has made to the school and the children over the last few months, and they gave us some serious competitiveness on the court" he said with a chuckle

Encouraging children to engage in sport and team activities is an important and fundamental aspect for youngsters in their development and helps them cope with stress, robustness and helps them foster new skills and talents.

In the words of the Great Nelson Mandela: "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was despair."



Above: **Alberton Lions** entertained and interacted with Stroke Victims, playing mini-golf and providing tea and cake.



Left; The annual **Alberton Club Music Quiz** evening lived up to it's reputation in August. Much hilarity was about, not to mention more than a little competitive spirit between the colourful tables. The Quiz was also well supported by other clubs from the Zone, Vereeniging being their usual rowdy selves - thanks Vtown for fantastic support!





Through the Prism of Lions, Together We Serve More!

This is our new "Getting to know our Cabinet and Council Members" page/column. I am hoping to include at least one member per issue (more, if I receive the information.) I feel it is important for all our Lions to know who is who on the Boards of both Cabinet and Council, so a photo helps a lot in being able to identify these members at Conventions etc. Any other ideas from Readers are very welcome. Regards, Dee; Editor.



INTRODUCING OUR DG FOR 2019-20 – ALISTAIR TUCKETT



Alistair joined the Horizon New Century Club Branch of the Florida Lions Club in October 2002. Transferred to the Magaliesburg Lions Club in April 2010, during the setting up phase of the new club and then transferred as charter president of the Roodepoort Clearwater Cyber Lions Club in January 2011. During this time, he has served as club branch co-ordinator, membership chair and club treasurer, for several years. On district cabinet he also over the years has served in various positions, including district chair diabetes awareness, district chair environment, zone chair and cabinet secretary.

He is the Operations Manager at Mogale's Gate Biodiversity Centre working for Cashan Environmental Services CC for over 24 years, where he, amongst other

things is very involved in Environmental Education Programs for primary, secondary and tertiary educations institutes.

Some Goals of the year

1. Clubs in District 410E will serve 370 000 people for the 2019/2020 term.
2. Membership growth of 60 members in District 401E by 30 June 2020.
3. 90% of Club officers trained, through attending district, region, zone training sessions or doing on-line courses through the Lions Leadership Centre.
4. Raise \$18 500 through the clubs of District 410E for LCIF.



PCC Denis Meyer District Chairman, Information Technology

PCC Denise has held this position since 2003! He is married to Chantell and lives in beautiful Shelly Beach on the KZN Lower South Coast where he is a Website and graphic designer by profession.

Lionistic Career; He has been a Member of Port Shepstone Lions Club for the past 24 years and has served as District 410-C Governor in 2009/2010 and as MD 410 Council Chairman in 2016/2017.

The District Information Technology portfolio involves the following:

- Creating and maintaining a general information website for the District as well as contact information web pages for Lions Club without their own websites/e-clubhouses.
- Facilitating a downloadable online directory which includes contact information of all district and Lions club officers (which is very kindly kept up to date by PDG Kim Van Wyk).
- Administering and moderating social media platforms for the district and, where necessary, sharing club projects and activities of interest.
- Providing general I.T. support and advice (where possible) to members at district and club level.

Ed. Note: Wow, what an illustrious Lionistic career PCC Denis has had! I am sure that all the Readers will agree with me when I say, "Congratulations, and thank you for all your hard work – it is really appreciated by all of us, (especially those of us born BC (Before Computers!)) In my experience, PCC Denis is always available to assist if you have a IT problem, no matter how busy he is



Ed's Note; Hi Everyone, Allow me to introduce you to Dc for Hunger Alleviation, Lion Carol Browne. There follows a short CV as well as a short article regarding the Dates on Food Packaging which I'm sure you will find interesting.



I am a member of the Cowies Hill Lions Club. My work at club level varies, depending on my work schedule. I am pleased to be able to serve on Cabinet in the **Hunger Alleviation Portfolio**, as in this way I can contribute knowledge from my skills as a Registered Nutritionist. I have attached a short informative article, which I hope you will consider publishing. One of the NGOs we support recently had a dispute with Social Workers from the DSD regarding donated food they had received from Woolworths. These people clearly did not understand what the dates meant. Sharing this information with NGOs that your club supports may help prevent perfectly good donated food being destroyed.

Understanding information on dates on food packaging in South Africa

- Many people are confused by dates on food packages – should you toss it, use it quickly or use at leisure?
- Quality vs safety – Best before dates
- Best-before dates are generally found on non-perishable food items such as canned food, rice, cereal, pasta, sauces, coffee and biscuits. These foods are safe to eat well after their best-before dates as the date marks on these types of food are more to do with the quality and taste of food and less about its safety.
- Retailers should not sell foods that have reached their best-before date at full price.
- Throw away expired meat and dairy – Use by dates
- Highly perishable foods such as fresh meat products and dairy pose a food safety risk if consumed after the use-by date. These types of products must be disposed of after it has reached its use-by dates to avoid the possible threat of food poisoning.
- It is illegal to sell or donate perishable foods that are past their use-by date because it carries a health risk for the consumer.
- Yoghurt has a relatively long shelf life. It's perfectly okay to eat it, beyond its best-before date with no ill effects at all.
- Refrigerate as soon as possible after buying and / or immediately after opening
- Sell-by dates: South Africa's food labelling regulations do not mention sell-by dates. The practice is used by supermarkets as a date by when food must be removed from the store's fridges. It allows a few days for customers to consume food after purchase, provided that it is safely stored.
- Consumers are expected to adhere to storage instructions after opening, to avoid falling ill.



I am **Brian von der Decken** from King William's Town in the Eastern Cape. I have been a Lion and a member of the King William's Town Lions Club for 29 years, have served in most positions in the Club (some several times), have served on a District Cabinet (the former District 410D and now District 410E) for 22 consecutive years and have had the honour to be a District Governor. I am currently **the Chairperson of the Constitutions, Resolutions and Protocol Committee of the District** and work with a tremendous team of Lions who are available to assist Clubs and their members to understand and follow the rules of our great Organisation. Our goal this year is to assist all Clubs to have their own working Club Constitution and to assist members to resolve any challenges that they may have in making use of it. By doing so they, like us, will be proud members of their Clubs and servants of their communities



“Getting to know our Cabinet” (continued....)



Left; Freddie Erasmus – District Chair Global Service Team

I hail from a small town in the Eastern Cape called Uitenhage. Although I have often encountered people who don't know where it is (especially Valies!), a lot of you will have a connection with the town, as it is the Headquarters for Volkswagen in Africa. If you drive a VW you can know that it has been in Uitenhage before!

My wife Tanja (the clean-shaven one in the picture) and I have been members of Lions since 2012. We are extremely fortunate to be part of the Uitenhage Club, as it is vibrant and active and we have a lot of fun being members. Through Lions we had the opportunity to meet people from across the country and even the globe. Lifelong friendships have been forged!

I am privileged and honoured to have been appointed by DG Alistair in the Service portfolio on the 410E Cabinet. I am extremely passionate about Service, because that is the fundamental reason for the existence of our great organisation. In this capacity I also get the opportunity to serve you, the members of 410E. We often forget that service to our own members is just as important as service to our communities.

I KNOW that all Lions Clubs do Service Projects, no matter how big or small. The problem at this stage is the reporting of activities. I also KNOW that Lions view administration with loathing and think that it is a waste of time. Please consider, however, that if you don't tell, no-one will be aware. Clubs with healthy activity histories have a far greater chance of securing grants and proof of activity attracts donations from all over the world. No-one wants to invest in an organisation that seems to be doing nothing!

If you are having problems with reporting, running of projects or any other Service related issues, please do not hesitate to contact me at any time. My number is 083 448 3120 and mail freddie@hrg.co.za

Tanja and I are looking forward to making a lot of new friends in this District. We are, to paraphrase, At your Service!



Lion Patrick Mills is Region Chair of Region B, which includes 16 clubs spanning from Vereeniging to Pretoria. RC Patrick is a member of Centurion Lions Club, a diverse and dedicated group of Lions with a real passion for Lionism.

A lion for over 20 years, RC Patrick loves serving and making a real difference in the community, and incorporates his love of nature, playing saxophone and Blind Navigator Rallying into Lionism where possible!

His main goals as Region Chair are:

- Provide support and leadership to the Zone Chairs in the Region
- Play an active role in organising new clubs and in strengthening small clubs.
- Promote leadership initiatives and learning opportunities to all Lions.
- Promote Lions Clubs International global service initiatives.
- Ensure good governance and healthy clubs in the Region.

He has pledged to start a new club in his Region this year, and appeals to anyone with potential leads to contact him. Congratulations to The Wilds Lions Club for already starting a Branch Club!

He is loving the challenge of the RC role, and is blown away by the positive energy and enthusiasm of all the Lions he meets.

Ed's Note: As they say in the Classics; “That’s all for now, Folks!!” Hope you have enjoyed reading this issue. You may have noticed, the number on the front page says “2a” – I have received such a lot of photos and articles that I really thought that an 8 pages issue was enough for one sitting, so I thought I would do a “b” issue for August within the next week. If you feel this is too much, drop me a line voicing your objections, and I will try to remedy the situation.
