

### November, 2019; ISSUE NO.5 (a)

### Through the Prism of Lions, Together, We Serve More.





Hello Fellow Lions.

Wow, what a month this has been. We ended last month with the visit of IP Choi to the Multiple District and started this month with an amazing District Convention. Then through the balance of the month I have had the opportunity to meet some amazing Lions and Clubs.

What a great honour it was to meet IP Yung-Jul Choi and his wife Seung-Bok. During their visit to District 410 E, we visited the Zone 1 Lions Sensory Trail and Lions Bridge at the Walter Sisulu Botanical Gardens, had an interview with Damian Schmidt on Mix 93.8 FM, met with the Korean Ambassador, Jong-Dae Park, visited Lions BrightSight and had 2 Meet the International President events.

For those that could make the Meet the International President evenings, he spoke about Campaign 100, and how these funds play an incredibly important role in how we can service over 200 Million people a year. Membership was obviously also a subject that he spoke about, and the need to have members for this amazing organisation to continue its mission of service to our communities. As part of his visit he challenged us to increase our membership by inviting 3 people to come and see our clubs in action and as a result of this get 1 new member. He also discussed speciality clubs.

We also have held our **1**<sup>st</sup> **District Convention**. I would like to take this opportunity to thank the Convention Committee for their amazing efforts in making this a hugely successful convention, and I have received amazing feedback about the convention. Once again **THANK YOU**.

Lions keep up the amazing work that you do, keep making a difference in your communities.

Kindest regards,

Alistair Tuckett – DG; District 410E.







On the 26th of October 2019 in Port Elizabeth *the Uitenhage Lionesses* took part in the Radio Algoa big walk for Cancer. This was the biggest Big Walk ever with a record of 13200 participants walking in aid of loved ones lost to cancer and also those fighting the battle as well as all the brave who won the battle against cancer. The Lions sold boerewors rolls as a fund raiser. What a beautiful day with so many caring hearts all round the PE Area.

**The first photo** is of some of the Lionesses taking part. **(From left to right)** Lionesses Chantelle, Lleyke, Tanja, Liesl and Sue.

**2nd photo** Liesl van Wyk, Lioness President.

3rd photo; Our beautiful club t-shirts, The Uitenhage Lionesses



This photo is the follow up to the Super Spring Splish Splash Duck Race project that **Hudson** Port Rex Lion Cubs arranged to raise funds for Gonubie and **East London West Lions Clubs:** Thank you Hudson Port Rex Lion Cubs for your amazing

support which enabled us to

the laying of them at the Greensleeves Childrens Home.





#### **GONUBIE LIONS DIABETIC SCREENING**

We held our diabetes awareness drive on Saturday 16 November 2019 at our local shopping centre and were very honoured to have the support of Alderson Ambulance staff who were absolutely amazing and extremely helpful, they also took blood pressure readings for those who were interested. All Lions had to do was canvas willing patients which was no problem as we managed to test approximately 150 residents in just three hours.









### (From left to right)

- \*\* The awesome team of Gonubie Lions Club:
- \*\* Lion Vivian White braved a test
- \*\* Our yellow waistcoats are always very visible
- \*\* A Floor Manager from Super Spar also had a turn



We organised a team of 10 cyclists to cycle for the Frida Hartley Shelter and raise funds for the home.

Three team members are Lions club members of The Wilds Lions Club -Faniso Khoza. Richard Marchant and Mark Meltzer.

We appealed for donations and received R 1000 .00 from Lion Margie Fowler and a few smaller donations.

An entry for 947 Truck of Love with Spar was also completed and submitted to 947 in the name of the Frida Hartley Shelter.

Last week we received a note of thanks from the manager of the home that a truck full of food was delivered after the entry was successful.

We will work with fellow Lions Club members to support the needy through cycling events again next year.





### Alberton Lions in the news......





Lion John Welman once again arranged a successful Diabetes screening day on 16th November at Newmarket Mall. The Alberton Lions turned out in numbers to help, along with Sister Lorraine Kahn. She was kept very busy, testing 255 people on the day, many of whom were surprised at the results, and referred to their doctor to have a full test. Lions making a difference!

**Alberton Lions** went along to join the celebrations for a new clubhouse for **Krugersdorp Lions** club this week. **Congratulations** to Krugersdorp, and much success for your club in your new home!







**Alberton Lions** were out and about in November, doing their bit for the community, and in this case the **Johannesburg Society for the Blind**. Hardworking **Lion Jiri Uchytil** helped with the removal of the gas bottle from the kitchen, and installation of a replacement bottle (Donated by Bracken Gas) inside a new external gas cage (Donated by Solman Gas), making it safer for all the community members utilising the facilities there.

The Society was also given a Compliance Certificate, which is a requirement for all gas installations.

(L to R) Jiri Uchytil (Alberton Lions) With Gary Wilder (Bracken Gas) Peter Kramer, Marks Thantsha, Nhlanhla Mohapi (Solman Gas) Nkosana Kubheka, Vangile Nyamathe (JHB Society for the Blind) with Jiri Uchytil (Alberton Lions.)











### REPORT FROM THE KINGSBURGH LIONS CLUB;

**HUNGER ALLEVIATION**: We collect non-perishable groceries twice a month and, thanks to the generous public, are able to distribute a considerable amount of food to a number of Homes and organisations on a rotation basis. Besides our normal collection, members of the local "21 Club" generously donate large amounts of non-perishable food to us on a monthly basis, which enables us to make up additional food parcels for distribution to pensioners and needy families, and keep a fair amount in our "pantry" for emergency food requests. Recent distributions:

- 1. The Palm Tree Care Centre;
- 2. Lions Chris Butler and Dave Rigby deliver to one of the many Elders Voice Homes;
- 3. Lion Helen Toward at Mother of Peace;
- 4. LP Moira Rigby and Lion Chris Butler deliver to Domino Foundation.







# (Right Bottom) DONATION OF MEDICAL SUPPLIES:

- (1) WHEELCHAIR: We have a number of wheelchairs, walkers, crutches and the like, which are loaned out to those in need. However, on this occasion, we have donated a wheelchair (delivered by LP Moira Rigby) to one of the Elders Voice homes, to be used by a paralysed gentleman.
- (2) DONATION OF TOILET SEAT & BEDPAN; Lion Sonia Jarrett (below right) hands over a new raised toilet seat and bedpan, to a caregiver and resident, for use at the Elders Voice home.











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(DC Sandy sent photos of the beautiful certificates the District presented to the Winners of the Peace Poster Contest this year. Unfortunately the format didn't agree with my rather ancient laptops so I have just taken the actual poster pictures to show our Reader – a real pity because the certificates were stunning!).

I thought you might like to see the Certificates we did for the winners of the Peace Poster Contest at Convention this year. Something a little different from the District in addition of course to the official Certificate in the Peace Poster Kits which Clubs present to the winner from their school.

Thanks **to Gloria Searle** who told me about something similar they did at their club and **Natalie Laas** who offered to assist. Our panel of judges included : **Gloria**, who with her many years of experience, ensured that the Posters all complied with the Rules plus our Artists **Val** from Nelspruit, **Peggy** from Krugersdorp and **Bernice** from Centurion – I also asked Vicky van Wyk to nominate an artist so we covered all areas but she was not able to assist.

The posters were judged using the following criteria:

- Artistic Skill
- Originality
- Creativity
- Theme
- Compliance in accordance with the rules.

Unfortunately due to the logistics we are unable to do a joint prize giving but I have asked each club to ensure that they arrange a presentation and invite the press. (Report sent by DC Sandy van Heerden; DC Peace Posters and Essay Contest.) (Ed's Note; Our District is so fortunate to have so many talented professional Artists amongst our Members!)





1. Leandri du Toit; Submitted by Rustenburg Lions Club.

2. Jordan Holtzhausen; Submitted by Alberton Lions Club.

3. Talia van Niekerk; Submitted by Wilro Park Lions.

4. Aaliyah Ismail; Submitted By Scottburgh Lion Club.







It has been an exciting year at East Coast Lions with many projects and vibrant events. Our Vision and Cancer projects will be highlighted below. As well as some fun and social events which included the ECL Golf Day 2019 and the Presidents Induction held in June.



Durban East Coast Lions have become the resident name at the Albert Luthuli Hospital "Choc House" with the dedicated team showing up every Monday morning without fail to engage, educate and socialize with these terminally ill children. Some of the children have their parent/s with them at each visit and some don't see their parents for weeks on end due to the distance between their homes and the Hospital. Our ECL Team are have become a 'sight for sore eyes' to fill the void so much so that the children can easily identify the team even if they forget the face or two.

At the last visit, it was an absolute delight to see the children rise to the occasion. Our team gave the children a lesson on the Solar System and got them to recreate model planets using modelling clay. This was done merely from visuals off the chart depicting the solar planets. Some of the children opted to do the colouring in worksheets using paint and was ever so delighted to mess around with the paint as well.

Each child irrespective of the activity was overly engaged and interactive which showed that they were fast learners. This undoubtedly made ECL feel like we were the proud parents of these children. This is evident that it is ever so possible to extend them irrespective of their illness.







(Below left) In under a year the East Coast Lions vision team has screened 2000 leaners from 6 schools in the Durban area. What an incredible achievement. Team VISION has had 200 referrals from these screenings. A partnership between 2 international organizations is currently being formed to assist these learners with eye examinations and provision of spectacles. As an interim solution for those children referred the ECL vision team has been working closely with teachers in these schools to assist the learners with preferential seating towards the front of the classroom. The difference has been remarkable and noticed by all involved in this project.



(above right) The EAST COAST LIONS golf day took place on the 7th June 2019 at the Papwa Sewgolum Golf Course. In total we had 104 golfers who enjoyed the day with the ECL team. Along with fun, laughter, singing and a beautiful winters day in Durban the golfers each took home a goodie bag with golf shirts, caps, towels and gifts from our sponsors. Major sponsors included Sanlam, Build It and EOH Holding. Amongst the numerous kind words received after the event was this message from one of our sponsors which clearly sums up the event and experience of the ECL Golf Day.

"Dear Perry, Kantha and the East Coast Lions Club.

I would like to take this opportunity of congratulating you and your entire membership on a job well done.... correction, not just well done, but superbly done. In fact, having attended many charity and corporate Golf Days, your tournament was one of the best that I had attended. The guys and ladies with club uniforms were great and hardworking hosts making us guests feel truly welcome. Sponsorships and participation of others were equally great. We were blessed with excellent weather too. Bites and drinks were ample and so was the sumptuous dinner. For the first time, the game finished at 3.30pm. The soap, fresh towels and adequate toilet paper in a clean environment was also appreciated. I could go on and on...but that's it for now. Good night...." P Dass

Perry Chetty leads the East Coast Lions team in the 2019 -2020 Lionistic year. Perry had a warm welcome at the Presidents Induction Dinner held at the Pavilion Hotel on the 28th June 2019. Perry and his board are excited and ready to take on the new lionistic year with fresh ideas and new projects in mind.













#### 1. NEW MEMBER FOR THE ESTCOURT LIONS CLUB

Pictured above is the Lions Club **Zone Chairman, Mary Stokker**, with newly inducted member, **Sheryl Lane** and her sponsor **Lion Lynell Turnbull**. Sheryl is not a stranger to the **Estcourt Lions Club** as she has assisted us with projects on many occasions in the past years so we are very proud that at last she has decided to become an official member of the Lions Club of Estcourt. We wish you many happy years with us, building beautiful memories.

### 2. DONATION TO SHEPSTONE PLACE HOME FOR THE AGED

**Lion President Mary Stokker** handing over a cheque of R9000-00 to **Roline Vaughan of Shepstone Home.** 

### 3. DONATION OF ACCU-CHEK MACHINE FOR DIABETES PATIENT

Pictured above **Lion Chris Stokker** presenting a glucometer to **Charlene Penniston** who is a diabetic.

#### **4 & 5. DIABETES DRIVE**

Diabetes drive held on 16 November 2019. 97 people were tested for Diabetes.





Lions Club of Henley on Klip in association with Clicks Meyerton conduct free diabetes awareness campaign World Diabetes Day is the world's largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries

It is marked every year on 14 November, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.





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### Introducing the Henley on Klip Lions Club......

During the course of November 2019 new palisade fencing was erected at the **O'Connor Hall** thus improving the security of the premises and that of those who will be using the facilities.

### (Photo on right)

The Lions Club of Henley on Klip hold both Fundraising and Service events at our hall including but not limited to pensioners bingo, book sales, sewing classes, SANBS blood donations and monthly meetings to name but a few. The hall is also utilised on a frequent basis by our local community who use the hall for celebration events, nursery school functions, local security company meetings, year-end functions and many more.

- Sewing classes assist local ladies to learn the craft of sewing and knitting. Some ladies have made goods on their own, with the skills learned, and have sold them at markets. As training progresses we hope that many more will be empowered to do
- A huge amount of effort is put into local schools, in particular the *Thomas Nhlapo School in Daleside*, as our Lion members are of the firm conviction that education is fundamental to the economic growth of South Africa. As a point of interest, the Thomas Nhlapo School originated as the Skansdam Combined School in the early 1970's which was totally funded and managed by the *then Klipvallei Lions Club* and subsequently the Henley on Klip Lions Club born out of the merger of the two local Lions Clubs.
- Food parcels to those in desperate need are handed out regularly.
- Clothing and shoes are supplied to schoolchildren in great need.
- Other local needs are met to the best of the Lions Club's ability as and when the need arises.

The Henley Lions would like to express their sincere and heartfelt gratitude to BSI Steel (Pty) Ltd, who donated the steel, and to Exigent Trading (Pty) Ltd who manufactured, erected and painted the new palisading. The donations are significant and are truly appreciated.

On Thursday 21<sup>st</sup> November 2019 members of the **Henley on Klip Lions Club** together with several Friends of the Lions and a few of their children undertook a Christmas celebration at the **Thomas Nhlapo School in Daleside** (*Photo on right*).

A total of 700 hot dogs were prepared on site and given to the children, teachers, bus drivers and cleaning/catering assistants.







