



# THE PULSE

The official Newsletter of District 410E  
*Making a real difference in our communities*



Issue 6 – December 2021

## From the desk of District Governor Patrick

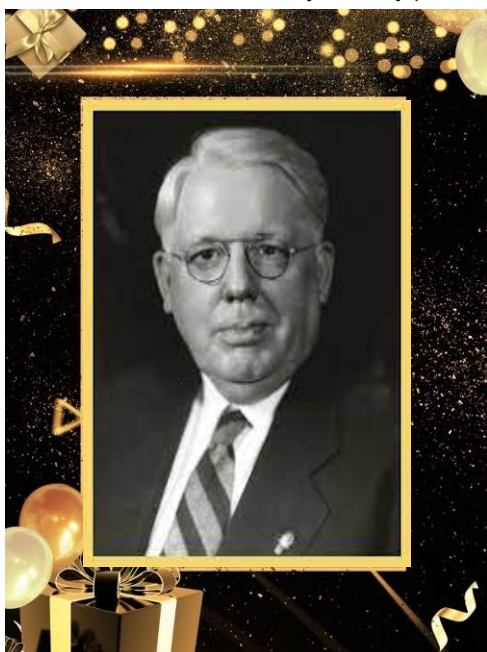


Dear Fellow Lions,

Wishing you all a year filled with joy, happiness, peace, good health, prosperity and love!

When reviewing the progress to date against our District goals for the year, I am amazed on just how much we've accomplished, and I thank and commend you all for all your efforts.

Now the New Year stands before us, like a chapter in a book waiting to be written. Let's write an absolutely glorious one that we can all look back on and be justifiably proud of!



On 13<sup>th</sup> January we celebrate the birthday of our founder Melvin Jones, and one can only marvel at his visionary leadership in conceiving what is today the world's largest and most active service organization. I can only imagine how proud he would be if he was alive today, with over 1,4 million Lions in over 200 countries and regions around the world!



Our 410E **"Making A Real Difference"** service journey continues in February with Childhood Cancer Month in support of World Cancer Day on 4<sup>th</sup> February and International Childhood Cancer Day on 15<sup>th</sup> February. A lack of knowledge of the early warning signs of childhood cancer often results in children being diagnosed too late, greatly diminishing their chances of survival. I urge all Lions to get to know these early warning signs, and then spread this information as far and wide as possible.



I so look forward to the next 6 months in continuing our quest to **make a real difference in our communities**.



Warm regards,  
Patrick

District Governor 410E  
2021/2022





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## Celebrating Melvin Jones Birthday – Thursday 13<sup>th</sup> January 2022



### “The Original Lion”

Before there were over 1.4. million Lions around the world, there was one man with a vision. He was a salesman from Chicago, Illinois, USA, named Melvin Jones. Driven by a dynamic personality and a heart filled with kindness, he helped create a service movement over 104 years ago that's still thriving today.

You are cordially invited to join us in kicking off the New Year with a bang in celebration of the birthday of our founder Melvin Jones.

- **Date:** Thursday 13<sup>th</sup> January 2022 (Melvin Jones was born on 13<sup>th</sup> January 1879 at Fort Thomas, Arizona)
- **Venue:** Pretoria South Lions Community Hall, 9 Umgazi St, Menlo Park, Pretoria
- **Time:** 18:00
- **Dress code:** Club shirts
- **Cost:** R50 per person which includes a light meal
- **RSVP:** Cabinet Secretary Bernice Mills at [secretary@lions410e.org.za](mailto:secretary@lions410e.org.za) or 0842716903 **by latest 7<sup>th</sup> January 2022.**
- Kindly note that attendance is limited to 140 people, and reservations will be on a first come first served basis.
- Cash Bar available.
- There will be strict adherence to all COVID regulations.
- **For those who cannot attend in person a Zoom link will be provided.**

In the spirit of Melvin Jones Lions will be doing a Hunger Alleviation Project packing “Bowls of Hope” (dry ingredients that form a nutritious meal when mixed with hot water). These bowls will then be equally divided amongst all the clubs who participated in the packing, to take home and distribute to the needy in their community.



If Lions present manage to pack 500 bowls and 20 clubs participated, then every Club takes home 25 bowls. Note: All ingredients and catering apparel (apron, gloves, hair nets) will be provided.

### International President’s Message

Service from the heart - International President,  
Douglas X. Alexander



Dear Lion,

Your exceptional courage and kindness have helped your community throughout this extraordinary year. And though you have already given so much, this holiday season I ask you to consider giving a little more. Because for many families in your community, this is a time of great need.

Let's give the gift of hope to those in need this season. Work with your club to plan a hunger project to ensure that families in your community have a special holiday meal to share this year. And consider a gift to your community through LCIF—your global foundation—and see your generosity make a difference for years to come.

Thank you for your incredible service to your community and our world.

Yours in Service,  
IP Douglas X. Alexander

Click on the hyperlink to read the full communication from IP Douglas X. Alexander.

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=914872&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=23ab7150a94e4fb8b5ba18a7919f4684&elqaid=22404&elqat=1>



# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## The Annual Toy Run – 28 November 2021



Whilst the pandemic put a damper on this annual event as did the weather, the Bikers still delivered on their promise to make Christmas special for those children who otherwise would not have received a gift. Some Lions Clubs from District 410E worked at Benoni Northern Sports Club collecting the toys which were dropped off by the bikers, which were then distributed amongst the various Clubs enabling them to deliver to the many beneficiaries.



A huge shout out to those Bikers who continue to make a difference.



## LIONS CLUBS

The Pulse/Heartbeat of our District



As always, the Lions Clubs of District 410E delivered a huge amount of service during the month of December and these are just a few of the projects. Loads of fun was also had with Clubs holding their end of year events as well as some fund-raising events.

### Lions Club of Wilro Park



The Lions Club of Wilro Park held the Christmas market at their Community Centre on 4 December raising funds for the many projects. As they say a picture speaks a thousand words.





# THE PULSE

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Making a real difference in our communities



They also held their year-end function on 27 November where LP Sandy conveyed her thanks to the members for all their hard work over the past six months. A great morning of socializing and relaxation.



## Lions Club of Uitenhage



On Saturday 4<sup>th</sup> December, DG Patrick and CS Bernice attended the Lions Rally in Bathurst. In the DG's words, "it was very special to meet the Lions of Port Alfred and Uitenhage - both great clubs doing great things in their communities".



On Friday 3<sup>rd</sup> December in the evening at the Lions Rally in Bathurst, organized by the Uitenhage Lions Club with assistance from the Port Alfred and PE St Croix Lions Clubs.

## Lions Club of Vereeniging



The Lions Club of Vereeniging delivered over 220 bras and 50 KKS to Baragwanath Hospital on 8<sup>th</sup> December. Sister Pinky calls them "Her KK Angels" and each delivery is gratefully welcomed. (Pics of ladies are used with their permission).

A huge thank you is extended to the Lions Club of Alberton for their major donation to this project!





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## Lions Club of Port Alfred



DG Patrick and CS Bernice assisted the Lions Club of Port Alfred in the final push to sell Christmas Cakes and put up the "sold out" signage.

## Lions Club of Pretoria South



Lion Riaan and the team of elves from the Lions Club of Pretoria South treated the residents at In His Honour Outreach Foundation with milkshakes and chips on the 22<sup>nd</sup> of December. They also dropped off mielie meal, sweets, toys, puzzles and garden equipment, etc.



The members of the Lions Club of Port Alfred handed out Lions Christmas Cakes to employees of Emergency Services on Christmas day in recognition and thanks for their unselfish service and sacrifice that they make in the line of duty in not being able to be with their families on this special day of year.



The Lions Club of Pretoria South held the 2021/2022 Presidential Induction and Christmas Ball on 4 December. On this occasion not only did LP Steven Lauterbach take his oath of office, but they also welcomed 3 new members to the Club. A stunning evening enjoyed by all in attendance.





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



And Christmas Cake Sales continued with gusto at the Pretoria Boeremark!

## Lions Club of Potchefstroom



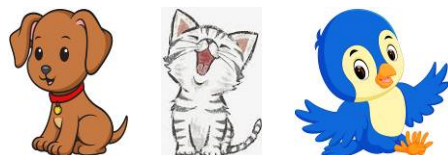
On Christmas Eve, the 24<sup>th</sup> December the Lions Club of Potchefstroom visited Ikhayaletu, where they provided bulk groceries to see them through the Festive Season as well as home baked beef pies, Lions Christmas Cakes and made the residents and staff feel extra special when presented with a lovely "sweet treat".



Also, on the 24<sup>th</sup> of December they went to Immergroen and Harmonie Home and served packed meals of the delicious home-made beef pies served with Lions Christmas Cakes for dessert.



And then never to forget man's best friend irrespective of whether furry or feathered, the Lions Club of Potchefstroom as part of the Christmas Project at PAWS (Potch Animal Welfare Society) donated much needed food, chemicals and blankets. They extend a huge thank you to their anonymous donors, in particular Vescotech for the generous bulk food donation.





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## Lions Club of Krugersdorp



On the 17<sup>th</sup> of December Santa's helpers from the Lions Club of Krugersdorp were hard at work packing gifts for children who would normally not get anything for Christmas. Thanks to the Toy Run for the donation of some of the gifts.



Even though Covid tried to stop some of the plans of the Lions Club of Krugersdorp, it did not win! Wheatlands Home for the Aged had their Christmas party without the Lions.

All that counts is that they still had a wonderful time! 🥰

## Lions Club of Midrand



Lion Eric Verkerk handed over 50kg of maize meal to the supervisor of the Jona Vahghan Home in Amanzimtoti on the 28<sup>th</sup> of November whilst on route to check on the progress of their Retirement Home. Lion Vivienne contacted PDG Ken Toward to discuss the need of said home which is also a project of the Lions Club of Amanzimtoti. This just proves that "Service knows no Boundaries". This home is dear to Lion Eric's heart as his Father was a member of the Amanzimtoti Lions Club way back.



On the 27<sup>th</sup> of November, the Graduation Ceremony was held for the little ones from the nine ABC Creches in Ivory Park, which is one of the main beneficiaries of the Lions Club of Midrand's Hunger Relief Programme. On the day they were provided with a meal for each of the children as well as cake and cold drink.



The Midrand branch of the JMPD had a "driving course" for the little ones teaching them the rules of the road and although the weather was not perfect, so much fun was had by all.



# THE PULSE

The official Newsletter of District 410E  
*Making a real difference in our communities*



A little bit of year-end cheer combined with the thank you's for the 2020-2021 fiscal year as well as a touch of the formalities for our 5-month-in-office-Lion President Roy by presenting the gong & gavel, chain of office and club charter on Saturday 4<sup>th</sup> December.

## Zone 12



On Sunday the 28<sup>th</sup> November Zone 12 enjoyed fellowship and lunch at Buffs Club. in East London. A highlight was having Council Chairman, Lion Brian Von Der Decken officiate the Induction for 3 of Presidents.

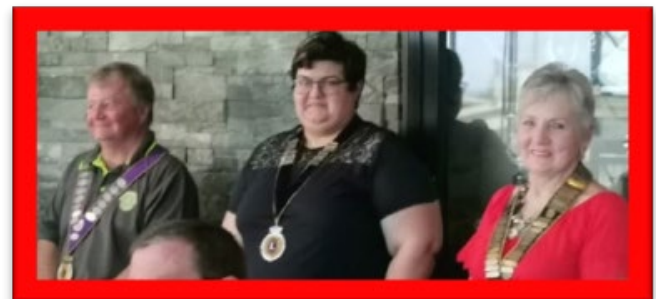
## Zone 11



DG Patrick and CS Bernice loved meeting up with the Lions Clubs at a Zone 11 Social held at Two Pairs Deli in Gqeberha (Port Elizabeth) on 3<sup>rd</sup> December. The Lions Clubs of St. Croix, Cape Recife, PE Host and Kouga were represented.



A vote of thanks extended to Zone Chairperson, Lion Sanet Emmerick for the arrangements, and the unique 'Service from the Heart' pin celebrating the occasion. Special thanks go to the Acorn Foundation for donating 1000 packs of sanitary pads which will be distributed by all the Zone 11 Clubs to those in need.



**Congratulations to** Lion Presidents Keith Thompson (King Williamstown), Nicholene Young (Gonubie) and Pat van der Merwe (Port Rex). Special thanks are extended to Lion Cathy Taylor and her team from the Lions Club of Port Rex for the beautiful decor, Emmy and Marais from Buffs Club for the delicious food and all the Lions who travelled from afar to share this time together. The fellowship was great, and the day thoroughly enjoyed by all who were there.

## Lions Club of Kensington



Lion President Gavin with a delivery of toys to St Mary's Children Home on 17<sup>th</sup> December. These were the toys received after marshalling for the Toy Run.





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## Lions Club of Pretoria Jakaranda



The Lions Club of Pretoria Jakaranda held an extremely successful Lions Christmas Cake Sale on 4<sup>th</sup> December raising much needed funds for the numerous projects that they undertake in their community.

## Lions Club of Howick



The Lions Club of Howick held a very successful fund-raising event on the 28<sup>th</sup> of November. They ran a stall to raise funds for FREEME Wildlife. The weather was great and loads of fun was had by all. A huge thank you for all the lovely goodies baked by the members. Apart from raising funds for a worthwhile cause, the visibility created was phenomenal and have recruited 3 new prospective members!



## Lions Club of Durban Host



"Tri-Pod Day" - A unique name for a stunning concept was held by the Lions Club of Durban Host on the 4<sup>th</sup> of December. The name says it all, as it encompassed a day with 3 different events.

Firstly, the day kicked off with an "Orientation" Presentation – directed at newly elected members, prospective members and refreshing/updating the longer serving members. Sixteen people attended including the Region Chairperson. As a result of this the Lions Club of Durban Host could well be inducing two new members in the near future.



Following a "snack break", they held their "Recycling" Project which involved the sorting and bagging of bread bag tags and plastic bottle caps ready to be delivered to the Environment Project Co-ordinator from Glenmore Primary school, a collection point for the Sweet Heart Foundation. As a result of their recycling project, they will soon be in a position to donate two desperately required wheelchairs.



# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



With all the hard work done they settled down to a well-deserved lunch and fellowship, in appreciation of each other and of being Lions. That is what Lions is about, hard work and fun!

## Lions Club of Benoni Lakes



The Lions Club of Benoni Lakes gave of their time on Christmas morning to show their appreciation to the Emergency Services personnel in Benoni.



In collaboration with friends, the Lions Club of Durban Host was able to deliver 20 substantial grocery hampers to desperate families. Each Christmas Hamper consisted of 10kg maize meal, 10kg rice, 5kg flour, large peanut butter and the usual basic foods.

Lions Christmas Cakes were also donated to John Edward Palmer Home, Malibongwe Senior citizens, St Gabriel's Home and to the residents of Abbyfield home.



## Lions Club of Alberton



The Lions Club of Alberton held a Walk for a "Claus" on 27<sup>th</sup> November, where they collected soft toys to give to nursery school children for Christmas. Grateful thanks to the Lions Club of Centurion for their donation of soft toys, satchels and stationery.



Lion President Marc delivered on behalf of Mall of the South gifts to SAP in Parktown. The gifts are for the children of members that has been orphaned as well as children that need an extra bit of love and care this festive season. Bringing joy and cheer to those who need it





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



A very big thank you to Doxa Deo church and their congregation for the amazing donation of gifts for the children at the nursery school. So much love and care went into each and every gift. Some of the children had never received a new gift in a box or a gift that has been wrapped.

## CHILDHOOD CANCER WARENESS MONTH – FEBRUARY 2022

(By DC Health, Lion Niroshni Singh)



International Childhood Cancer Day is a **global collaborative campaign** to raise awareness about childhood cancer, and to express support for children and adolescents with cancer, the survivors, and their families.

As they say a picture speaks a thousand words.



107 stationery packs were donated and delivered to one of the beneficiary schools in Alberton by the Lions Club of Alberton. A big thank you to Noddy nursery school for the cash donation towards the project and a big thank you to Inkpot stationery shop for putting the packs together.



The 15<sup>th</sup> of February promotes increased appreciation and a deeper understanding of the issues and challenges relevant to childhood cancer and the impact on children/adolescents with cancer, the survivors, their families, and society. It spotlights the need for more equitable and better access to treatment and care for all children with cancer, everywhere in the world.





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



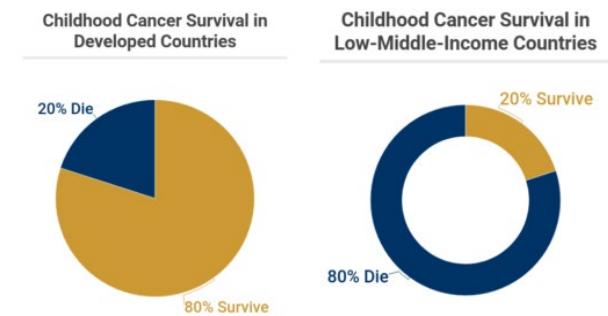
Clubs are encouraged to form partnerships with Childhood Cancer Organisations in their respective areas to decide on the most pressing needs. Please refer to document sent out at the start of the Lionistic year that details suggestions for events.



The LCI Website also offers many suggestions on planning events for Childhood Cancer fundraising and creating awareness.

On International Childhood Cancer Day, all members of Childhood Cancer International **stand united** to make childhood cancer a national and global child health priority to ensure there are adequate resources to meet the basic rights of children with cancer, which include:

- ⓧ The right to early and proper diagnosis;
- ⓧ The right to access life-saving essential medicines;
- ⓧ The right to appropriate and quality medical treatments, and;
- ⓧ The right to follow up care, services and sustainable livelihood opportunities for survivors.



**LIONS CLUBS** can do much to further this cause and help save lives. **All Clubs are encouraged to plan events for the month of February 2022, particularly on the 15<sup>th</sup> February**, being International Childhood Cancer Awareness Day.



80% of all children live in low-middle-income countries

**Act**

Explore Service Project Planners and other resources designed to help you and your club get involved with childhood cancer efforts in your community.

<a href="#">Learn more</a>	<a href="#">Learn more</a>	<a href="#">Learn more</a>	<a href="#">Learn more</a>



Click on the hyperlink:  
<https://www.lionsclubs.org/en/start-our-global-causes/childhood-cancer>

Please feel free to contact Lion Niroshni Singh (DC Health, District 410E) either via email: [niroshni200@gmail.com](mailto:niroshni200@gmail.com) or call 0616922553 for further assistance and advice.





# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## LEOs - A new LEO Club in 2022



Meet Beverley-Courtney Mutema, prospective President of the University of Pretoria LEO Club to be certified in 2022



"I am about to start my third year studying Chemical Engineering at the University of Pretoria. I feel chemical engineering caters to my personality. I am a problem solver and I love diversity. Chemical engineering is such a broad and diverse discipline and that made me fall in love with it. The road is quite bumpy and challenging but I will see it to the very end.

I was introduced to the Lions and LEOs in my first year of high school in Zimbabwe in 2013. My high school had a lot of clubs the students ran, and LEOs was one of them. I never intended to join one as I was very shy and reserved. A senior LEO member was very fond of me and persuaded me to join. I didn't know it back then but that was a defining moment in my life because that one decision, which turned out to be one of the best decisions I have ever made in my life, influenced and is still influencing so many positive things in my life. Joining LEOs ignited a passion for service within myself I didn't even know I had. The motto "We Serve Too" grew from just being the motto of a Club I was a part of, to a principle I live by with each year I was a member. The decisions I made about my education and what I wanted to be in life stopped being just for myself but involved so much more because now I wanted to be more involved and do so much more for my community.



## LEO LEADERSHIP EXPERIENCE OPPORTUNITY

### That's what makes a Leo

There are a lot of ways young adults can give back to their community. Being a Leo is much more than just service. Choosing to become a Leo will help you grow as an individual and as a leader as you join a global family of Lions making the world a better place.



#proudtobealion #lionsawarenessday

My favourite project in LEOs was the donations we made to an orphanage in the year 2018 when I was President. I learnt so much from the fundraising, internal conflict and everything that happened prior to the day we finally went to make the donation. I believe the leader I am today was born that year. LEOs gave me real life examples of "leaders are not born but are made". It taught me that one needs to earn respect, you are never entitled to respect no matter who you are.

I decided to certify a Club because I don't want my journey of service as a LEO to end with high school. I would like to have more people fall in love with serving their communities and feel all the joy that comes from putting a smile on someone else's face. That is my main aim as President of my Club this coming year, to have more people know of what LEOs is and why they should be more involved with serving the community. I realised many people want to serve but have no one to encourage them or nudge them in the right direction. We will be that force.

**To the incoming LEOs in Clubs that are getting certified, I would like to inspire you (hope to inspire you) with my favourite quote by James Keller.**

**"A candle loses nothing by lighting another candle."**

**Serving the community takes nothing away from you. If anything, it adds on to who you are and makes the world a better place. The more candles we light together as a team, the brighter the world becomes."**



a candle loses nothing by lighting another candle



# THE PULSE

The official Newsletter of District 410E  
Making a real difference in our communities



## MELVIN JONES FELLOWSHIPS



On 12<sup>th</sup> December, DG Patrick Mills presented a Progressive Melvin Jones Fellowship to Lion Sue Smit (Lions Club of Centurion). A more deserving recipient would be hard to find.



Lion Rodney Sabatier was also presented with a Melvin Jones Fellowship for his work as President of the Lions Club of Letaba Tzaneen. Another worthy recipient.

## LIONS BRIGHTSIGHT LONG SERVICE AWARD



"This Long Service Award is proudly presented to Angie Tshabalala for outstanding and dedicated service to Lions Clubs International District 410B and Lions Brightsight for the past 30 years on 14 December 2021".



PDG Pierre Theron, Lions Brightsight Management Committee Chairman made the presentation. Angie is pictured with Brightsight Manager Kirsty Mackenzie, Manco Chairman Pierre Theron and Committee Members PDG Roy Michas and PCC Cliff Hocking.



Angie started working for District 410B in 1990 (incidentally hired by then Cabinet Secretary Cliff Hocking), when the District Office as well as Brightsight were based at Lions International Centre, 32 Pietersen Street, Hillbrow. From there a move to Bree Street, Johannesburg CBD took place, then to Corlett Drive in Birnam, then to the Brightsight owned premises at 6 Regent Street, Yeoville and in 2007 to the current location in Benoni.



When the District Office was closed in 2013, Angie became a full-time employee of Lions Brightsight and does an amazing job and over the years has added incredible value to our organisation.





# THE PULSE

The official Newsletter of District 410E  
 Making a real difference in our communities



## Tracking of District 410E Goals (Quarter 2) – July to December 2021

(By DG Patrick Mills)



**Note: Full District Status = 1250**

District Goals	Status as at 28 <sup>th</sup> Dec 2021 (end of Quarter 2)	Status Flag
<b>Membership</b>		
Grow Membership to a minimum of <b>1,070 members</b>	Start of year: 941 Current Membership: 970 New members this year: 79 <b>Net Gain: 29</b>	
Charter at least <b>2 new Clubs</b> and start <b>2 new Club Branches</b> .	Several new club/club branch initiatives in progress with <b>at least 1 to start in Feb 2022</b> .	
Implement a Retention Programme to ensure <b>drops do not exceed 120 members</b> .	Dropped Members: <b>50</b>  The work doesn't stop here as in December we dropped 17 members. ❤️	
<b>100% of the Clubs</b> will report their membership ( <b>WMMR</b> ) every month via MyLCI.	Clubs who reported their WMMR in December: <b>51 of 66 clubs (77%)</b> .	
<b>Leadership</b>		
<b>100% of the incoming Club Officers</b> will <b>complete Club Officer training</b> .	Club Officer training was conducted in May via Zoom, although not all could attend. <b>Should any follow up training be required, please inform your Zone Chair or DC GLT Alistair</b> .	
<b>100% of the incoming Cabinet Officers</b> will <b>complete Cabinet Officer training</b> .	Cabinet Officer training was conducted in May via Zoom, with a follow up session for the Zone Chairs in Oct.	
A <b>long-term strategic initiative</b> to empower Clubs ("Strengthening 410E") will be further developed and <b>implemented on a regional basis</b> .	<b>On track</b> . This long-term initiative to improve the District <b>is being conducted on a regional basis</b> by the Region Chairs and coordinated by 1 <sup>st</sup> VDG Sydney.	

<b>Leadership</b>	<b>Potential leaders</b> will be <b>identified and provided with leadership training</b> – Lions Leadership Toolkit.	<b>On track</b> . The <b>first 2</b> of the 3 sessions were held in <b>Sept and Nov 2021</b> .	
	<b>10 Guiding Lions</b> will be added to support the development of new clubs or struggling Clubs.	<b>On track</b> . The <b>first</b> online training session for Guiding Lions <b>was held in Sept 2021, and we now have 11 certified Guiding Lions</b> . A second session will be held Feb.	
	<b>Identify qualified candidates</b> to apply for local and Lions Clubs International sponsored institutes, as well as undertake in-District Faculty Development Institute (FDI) type training.	The Train the Trainer Certificate program scheduled for Oct 2021 had to be cancelled due to too few participants. <b>2 candidates have been identified for the Lions Certified Instructors Program (LCIP)</b> .	
<b>Service</b>	<b>Serve 1,000,000 people</b> , supported by service campaigns for each of the <b>5 Global Causes</b> .	<b>On track</b> . People Served: <b>343 764</b> Service Activities Completed: <b>2030</b> Volunteer Hours: <b>30 360</b>	
	<b>100% of the Clubs</b> will report their <b>service projects</b> every month via <b>MyLion</b> .	Clubs who are reporting their activities on MyLion: <b>52 of 66 clubs (79%)</b> . If your club is struggling to report, please inform your Zone Chair or DC GLT Alistair Tuckett.	
	<b>Lions Alert Portfolio</b> will be <b>promoted to all Clubs</b> .	Alert Portfolio promoted in the Pulse. <b>Clubs not reporting their participation in Alert related projects to DC Sphiwe</b> .	
	<b>LEO programme</b> will be <b>revived</b> .	<b>A prospective LEO club in Pretoria to start orientation in early 2022</b> .	
<b>LCIF</b>	<b>40% of the Clubs</b> will demonstrate their support with a <b>donation to LCIF</b> .	Clubs who have donated to LCIF: <b>10 of 66 clubs (15%)</b>	
	<b>Clubs to raise US\$18,500 to support Campaign 100: LCIF Empowering Service</b>	<b>LCIF Donations: US\$5,787</b>	
	All Clubs will be encouraged and made <b>aware of the different Grants available</b>	<b>Information on all grants is available on the LCIF website and will be included in a future edition of the Pulse</b> .	

**One half of the fiscal year is done and dusted, now to pick up the momentum and see these targets through to achievement.**



# THE PULSE

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Making a real difference in our communities



## GAT Africa Storytelling Webinar – 27<sup>th</sup> November 2021



A GAT Africa Storytelling Webinar was held on 27<sup>th</sup> November 2021 hosted by PID Manoj Shaj. There were over 150 participants in attendance at this session.

2<sup>nd</sup> VDGE/RC Perry Chetty was introduced by PCC Herman Smit and then told his story. Should you have missed it, herewith the link to the recording. Note: 2<sup>nd</sup> VDGE/RC Perry Chetty's talk starts at 0:36:00 on the video timeline.



Meeting Recording hyperlink:  
[https://us02web.zoom.us/rec/play/4eeKQoisEkFegDofYjb40XFRqwwEYamXoBWpx8Lar8iFH1jiQ42xqGGSejW0CH9\\_ThZ4jl7ODf0J2JA.TpWtubQpaB9BxR-g?continueMode=true&\\_x\\_zm\\_rtaid=nKRF9rSESmii3YnpcydCZq.1640780250459.5a5386ee9e85070ea3f2b5c5ef8a7795&\\_x\\_zm\\_rtaid=224](https://us02web.zoom.us/rec/play/4eeKQoisEkFegDofYjb40XFRqwwEYamXoBWpx8Lar8iFH1jiQ42xqGGSejW0CH9_ThZ4jl7ODf0J2JA.TpWtubQpaB9BxR-g?continueMode=true&_x_zm_rtaid=nKRF9rSESmii3YnpcydCZq.1640780250459.5a5386ee9e85070ea3f2b5c5ef8a7795&_x_zm_rtaid=224)



## From the Editor to All:

This is my wish to each one of you as we move towards a new calendar year.

I hope you live louder. I hope you laugh more. I hope you sing at the top of your lungs. I hope you drive with the windows down and let the wind rustle through your hair. I hope you hug. I hope you kiss. I hope you surround yourself with people who make you feel alive. I hope you become the type of person that brings good energy wherever you go, and the type of person people want to be around. I hope you speak what's on your mind, that you raise your voice for injustice, that you tell others that you love them, instead of waiting until it's too late. I hope you live louder, shine brighter. From this moment on.



A new year is loading, so let's go for it as we continue to work towards the "million" smiles.

