



THE PULSE

The official Newsletter of District 410E
Making a real difference in our communities



Issue 11 – May & April 2022

FROM THE DESK OF DISTRICT GOVERNOR PATRICK



Dear Fellow Lions,

As the 2021-2022 Lionistic Year draws to a close, Frank Sinatra's timeless words comes to mind... *'And now, the end is near, and so I face that final curtain...'* My year as District Governor of this amazing District 410E has been the most incredible journey, always inspired by our International President's motto of **Service from the heart**, and I am extremely grateful to have had the opportunity of serving you, my fellow Lions.

AND NOW THE END IS NEAR
AND SO I FACE THE FINAL CURTAIN,
I'LL STATE MY CASE OF WHICH I'M
CERTAIN.
I'VE LIVED A LIFE THAT'S FULL, I
TRAVELED EACH AND EV'RY HIGHWAY,
AND MORE, MUCH MORE THAN THIS. I
DID IT MY WAY.
- FRANK SINATRA -

The highlights, and there are so many, have undoubtedly been the time spent with Lions across our District doing what we do best, serving our communities.



It has been extremely encouraging to see Clubs emerging from 2 years of lockdown to return to some semblance of normality: having in-person meetings, resuming their signature projects, and attending Lion's gatherings again.

It certainly seems that adversity brings out the best in Lions. This year Lions Clubs and Zones across our District have worked together like never before, rallying together when disaster struck to provide emergency relief supplies to those who needed it most. On behalf of the hundreds of thousands of people we've helped this year, I would like to thank each and every Lion from the bottom of my heart. Together we have truly made a real difference in our communities.



Bernice and I will always fondly remember the warm hospitality we received on our visits around the District and we would like to thank the Clubs for all their friendship and support over the year.



In closing, I would like to wish our incoming Governor Sydney and his team all the very best for the year ahead, and I'm sure that with all your support he will take this District to even greater heights.



Warm regards,
Patrick

**District Governor 410E
2021/2022**



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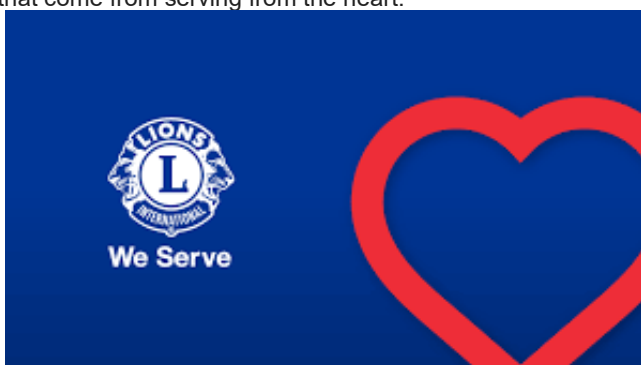
JUNE MESSAGE FROM IP DOUGLAS X. ALEXANDER



Dear Lion,

Service is more than something we do. It's who we are. And this year, I have been astounded by the service and the heart you have given to your communities. Through the countless challenges we have faced, you have brought the triumph of hope to millions in need.

I am so proud to have been a part of this extraordinary year of courage, kindness, and generosity. Our service has reached beyond borders and touched the world. As we move forward, I want you to remember the unlimited possibilities that come from serving from the heart.



Thank you for being the steadfast heartbeat of this great association, and the goodness that sustains our world. It has been my greatest joy and honour of my life to service you.

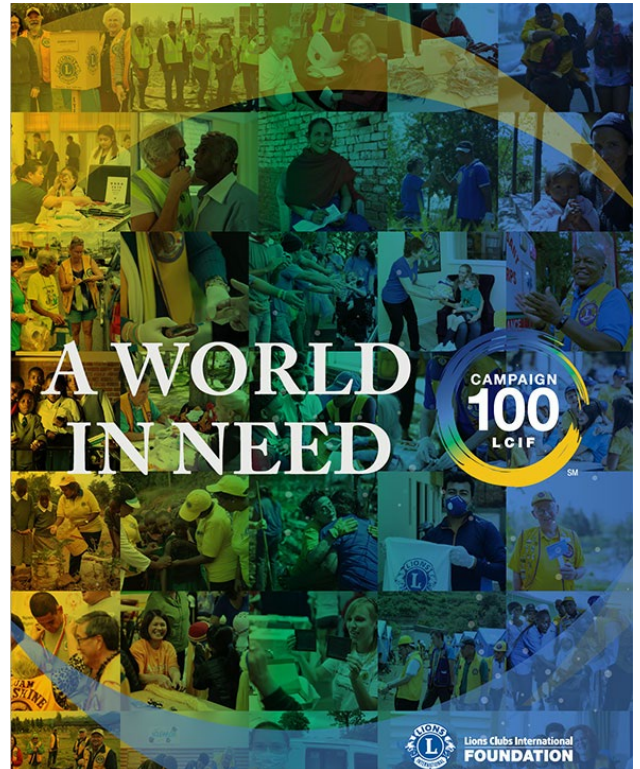
Yours in service,
Douglas X. Alexander
International President

For the full Newsletter, please click on the link below:

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1079010&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=00c2bfc071d340b4980fb3f72433c808&elqaid=24865&elqat=1>

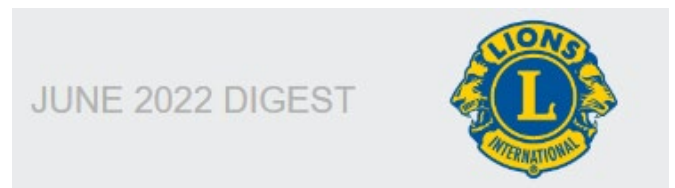
LION MAGAZINE

Should you have missed this in a previous publication of the District 410E Issue, herewith the hyperlink.



https://lionmagazine.org/wp-content/uploads/2022/02/Winter2022_Magazine_web.pdf

JUNE MD DIGEST



THE MD DIGEST

A MONTHLY SUMMARY OF THE LATEST LION NEWS

Herewith the hyperlink to The MD Digest for the month of June as published by Lions Clubs International. A host of information well worth you reading.

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1068715&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=08c940d7ac434d89ac7e2eb0c32a6e6f&elqaid=24504&elqat=1>



We Serve We Serve We Serve We Serve We Serve



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RECOGNITION FOR SEABOURNE EXPRESS – 9 JUNE 2022



On 9 June 2022, in District Governor Patrick’s words.

“I had the distinguished honour to award Ezelle Opperman Harris with the Lions International President’s Certificate of Appreciation in recognition of the incredible support Seabourne Express has provided to Lions in South Africa.



This includes the delivery of glasses from Lions BrightSight, the distribution of Lions Christmas Cakes, and the transportation of much needed emergency relief supplies to KwaZulu-Natal following the unrest in July 2021 and the devastating floods in April of this year. Through their generous assistance, Seabourne has enabled Lions to serve those who need it most, and I sincerely thank them on behalf of all Lions in South Africa.”



SEABOURNE GROUP



ENVIRONMENTAL

An article that is worth republishing from the Environmental Newsletter by DC Alna Jackson is the one on the “Roaming elephant bulls who reached the Kruger Park Border after a 700km journey”.



As published on 16 May:

For the past month, a group of 11 elephant bulls have been making their way through Mozambique, Eswatini and – for the past few days – South Africa. On the morning of 10 May, the collared bull in the group, called Trailblazer by non-profit Elephants Alive, reached a southern part of the Kruger National Park boundary.



The bulls have travelled more than 700km so far, starting in southern Mozambique, moving through Eswatini and Mpumalanga towards the southern section of Kruger.

For the full article click on the below hyperlink:
<https://www.getaway.co.za/travel-news/roaming-elephant-bulls-reach-kruger-border-after-700km-journey/#:~:text=Roaming%20elephant%20bulls%20reach%20Kruger%20border%20after%20700km%20journey,-Posted%20by%20Lauren&text=For%20the%20past%20month%2C%20a%20past%20few%20days%20%E2%80%93%20South%20Africa.>



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LIONS CLUB INTERNATIONAL FOUNDATION – DISTRICT 410E

(DG Patrick Mills)



Breaking news is that to date, Lions Clubs in District 410E have contributed **US\$15,911** to LCIF over the 2021-2022 Fiscal Year, **which is more than double than that of last year** (and probably a record!). On behalf of all the LCIF grant beneficiaries around the world who will directly benefit from these funds, District Governor Patrick sincerely thanks every Lion and Club who donated so generously to LCIF.



LIONS BRIGHTSIGHT

(DC Sight - PDG Pierre Theron)



The following figures as reported on My LCI by clubs, shows the clubs involvement this past year, which is very encouraging

PEOPLE SERVED	SERVICE ACTIVITIES	VOLUNTEER HOURS	FUNDS DONATED	FUNDS RAISED
16,190	369	3,559	53,959	14,782

Report Back on The District School Sight Screening Project (Funded by LCIF)

Unfortunately, there were delays in the process, due to exams, rotations due to Covid, learner absenteeism, load shedding, school holidays, school break time etc.



Despite these challenges however the project was completed with the following statistics:

LEARNERS SCREENED	REFERRED REFRACTION	GLASSES ISSUED	FURTHER TREATMENT	TOTAL COST
3.369	490	284	24	TBA



What better gift than the gift of sight?

In order to assist clubs to set up their Sight Projects, two guides are available, namely: The [School Screening Toolbox](#) and [The Community Eye Screening Manual](#). These can be downloaded from the [Lions BrightSight Website](#) or from the [Multiple District Website](#) or by clicking on the underlined.





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LIONS CLUBS

The Pulse/Heartbeat of our District



As always, all Clubs in District 410E served the communities during the months of May and June and we have featured but a few of the myriad of projects that were done, fund raising, social and service. All events/projects were done **FROM THE HEART** and **WHOLE HEARTEDLY**.

Lions Club of Alberton



The Lions Club of Alberton thanks all their sponsors and those individuals who supported the bra and knitted knockers project which is an ongoing project of the Club, and these "knockers" are delivered on a regular basis to Baragwanath Hospital Cancer Clinic for breast cancer patients.



Another one of the ongoing projects by the Lions Club of Alberton is the sight screening and supply of spectacles.

In this instance, 47 pairs of glasses were delivered to the residents in Kattlehong, that had previously been screened and the scripts filled and supplied by Lions BrightSight.



On 10 June, Lions from the Club handed out care packs with biscuits, a bottle of water, fruit, rice, and peanut butter sachets as well as clothing to the homeless in Alberton.



A special visit was made on 13 June to the Germiston SAP FCS, to deliver care packs to the members to say thank you and express appreciation for they do for the community.





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Lions Club of Amanzimtoti



A huge shout out and thank you to the Lions Club of Amanzimtoti from Amanzimtoti High School!

A bursary was given to a student in need, which was accepted by one of the teachers and Head Prefects on behalf of the recipient. The gift of education to ensure that they are one day able to make a difference in the world.

Lions Club of Benoni Lakes



Well done to the Lions Club of Benoni Lakes for organizing a very successful Environmental Awareness Expo on 4 June. Environmental Organisations came together to spread awareness of recycling and sustainable green solutions.





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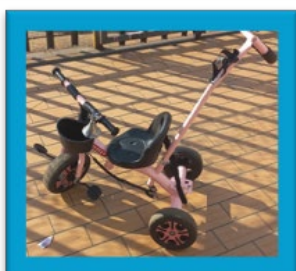
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And should you be wondering why the Lions Club of Benoni Lakes continue to collect the tops and tags of bottles and cans, here is the reason.



A huge thank you from Tops & Tags for Wheelchairs as without the support of whom many and in particular this little girl whose Mommy used to get her around on a tricycle is now able to have a comfortable wheelchair. Whilst this precious child aged 6, is not able to talk her hug says it all.



Lions Club of Edenvale



Saturday 28 May, the Lions Club of Edenvale were at Pick 'n Pay on Nicol for their monthly food collection. Without the assistance of Pick 'n Pay and the generosity of the public who gave willingly and generously they would not have been able to assist in feeding 25 families and a home for abused women and children.



They assisted Hurleyvale Primary School with a fund raiser on the night of Saturday 31 May night - a donkey derby. Great fun was had by all, and the school was able to raise money for the ongoing maintenance of their beautiful school.



Having had practice with the donkey derby the Lions Club of Edenvale had a stunning afternoon on Saturday 4 June, playing bingo with the residents at Gerald Fitzpatrick House and Nursing Home. The members thoroughly enjoyed interacting with the residents amidst much fun after months of isolation.



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Amongst all the assistance that the Lions Club of Edenvale did for the KZN people during their time of need, they donated 2 JoJo tanks to the Community of Tongaat. One of the JoJo tanks was given to an old age home. This was done with the assistance of the Lions Club of East Coast.

Branch Lions Club of Fourways



On 16 May, the Branch Lions Club of Fourways conducted eye screening of 16 people, where 4 patients required further consultation.

Zone 1 Buddy Day

(As per Lion Jonquille Bands – Lions Club of Helderkruijn)

On Saturday, 14 May, BUDDY DAY, dawned!



It has been a long 2 years without the favourite project of Zone 1, owing to Governments' regulations and restrictions around Covid-19.



Following months of preparation, which included a huge amount of work surrounding the Safety and Security portfolio, ably conducted by Lions Sofia (Lions Club of Helderkruijn) and Ivor (Lions Club of Roodepoort Host), 9 Lions Clubs came together and produced one of the best Buddy Days ever! The only sad note was that a few of the invited Homes for the Disabled decided to cancel at the last moment, citing their concern over the spreading of the latest Covid variant.



This meant that we had a surfeit of Buddies on the day, but these were quickly put to work, helping the Lions to run the various fun activities. Here, a special mention must be made of the TUKS LEOs – they worked like well-oiled machines and will be a force to be reckoned with and a very bright star on the horizon of Leo Clubs in the future. The caliber of students present on the day was fantastic to witness – and bodes very well for our country's future.

On arrival, the joy to be seen on the faces of our guests was truly heart-warming – it was easy to see how much they had missed Buddy Day over the last 2 years.





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The music provided by Christian Heath and Toon brought a wonderful vibe the day, with Toon encouraging the guests to dance, sing and clap their hands in time to his natural talent.

The visit by DG Patrick and CS Bernice added to the excitement as they joined in the fun of the day. Participation Certificates were issued to each Buddy for inclusion in their Service Hours and 3 Buddy of the Day Certificates and vouchers were presented to those 3 who were judged to take extra special care of their charges.

The Committee were extremely grateful to those Companies who provided assistance with the expenses, for example, The Acorn Foundation who donated the T-shirts, thereby freeing up enough of the donation money to provide a large enough marquee to provide shade for everyone, while other donations included the food, condiments, bottled water etc. The Medical assistance once again provided by Alan Winstanley's company MedGuys was much appreciated.



After a lovely morning enjoying all the fun activities provided by the following Lions Clubs; **Helderkruin, Krugersdorp, Roodepoort Host; Weltevreden, Northcliff, Fourways Branch; The Wilds; Clearwater Cyber and Alberton;** the Guests were treated to a tasty lunch provided by the Lions Clubs of Weltevreden and Northcliff after which they made their way to the waiting transport who took the weary travelers back to rest after a fun-filled and energetic morning.





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Lions Club of Hibberdene



A Lions Club of Hibberdene initiative saw some two dozen Lions and volunteers descend on Hibberdene beach for a clean-up on Saturday 4 June. Pictured are (back from left) Nadine Botha, Ada Lamprecht, Stuart Mathews, Jenny Mathews, Lion President Brian Porteous, clean-up convenor Lisa Walters and James Evans, with Sage Walters, Jaydine Botha and Kayan Walters (with furry friend Charlie) in front. Missing from the photograph are Elise Pretorius, three unnamed fishermen who pitched in to help and the Gladiator officers and dog who turned out to ensure the safety of the volunteers.



Lions Club of Krugersdorp



A very successful fund raiser Golf Day was held by the Lions Clubs of Krugersdorp together with the Lions Clubs of Alberton and Helderkruijn on 26 May at the Krugersdorp Golf Club.



Grateful thanks go to all the Lions who gave up their time and energy to ensure that our guests had a wonderful day and to La Salle College for once again allowing us the use of their grounds and facilities.



The Lions Club of Krugersdorp continue with the regular food collections providing their beneficiaries with groceries and on 20 June members dropped off clothes and other goodies at Grace House. This is an upliftment centre in town who do a



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tremendous amount of good work with the homeless people who want to change their lives.



Lions Club of Midrand



Over the last few months, Lion Dawn Michas has been coordinating the Lions Club of Midrand Blanket Drive. 20 handmade blankets for senior citizens and 60 blankets that the Club purchased were handed to Rays of Hope on 11 June, which operates out of Alexandra in Johannesburg. These blankets will be handed to individuals in need, just in time for the cold snap which hit Gauteng on Thursday 16 June (Youth Day). Thanks to all members involved in the crocheting, knitting, procuring and logistics.

Lions Club of Letaba Tzaneen



The Lions of Letaba Tzaneen had an extremely busy weekend on 7 and 8 May doing two functions on one weekend. As the saying goes give a busy person something to do and they will do it.....and in style!



Catering for the Dirt & Dash Function as well as the Reunion Catering. And where do we find Lion Martin Froise? Of course, behind the bar..... 😊



Another two successful Lions Club of Midrand Eye Clinics in partnership with UJ (28 May) and with Lions BrightSight Optometrist (25 June). Sister Louise was there to ensure the diabetes testing of all patients as well. 11 Scripts to Lions BrightSight in May and 4 scripts in June.





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The exciting initiative with the Youth Leaders of Rays of Hope, Alexandra, kicked off with Session 1 (You Incorporated) of the Leadership Development Programme on Saturday 11 June facilitated by the young members of the Lions Club of Midrand, Lions Melanie Browne, Barbara Hocking, Megan Cross and Patricia Nyereyegona

This is to empower the Youth Leaders to do the training of the youth in Alexandra (15 schools) on Life Skills and Leadership Skills.



The LEO movement will also be discussed as part of the upskilling Agenda over the coming months – watch this space!



Lions Club of North Durban



On 2 May, the members of the Lions Club of North Durban sorted all the donations received from the wonderful Durban North Community. They sorted and packed clothing and shoes for 3 areas that are very much in need. Whilst some packs are being held over for handover later, on 2 May some much needed supplies were delivered to Sinakekele Children's Home.



A Training Day was hosted by the Lions Club of North Durban, Lions learning and asking questions regarding their respective portfolio's.



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Lions Club of Port Alfred



The team packed 49 food parcels on 13 June that will be collected by Tafta (The Association for the Aged) for distribution to their residents.

The Lions of Port Alfred, having been advised that the Matric Class were voluntarily attending extra classes on Saturday mornings, which is not covered by the daily feeding facility, decided to provide a meal to the learners. As it was an extremely cold morning, the hot soup and bread certainly raised their spirits and hopefully their concentration!!

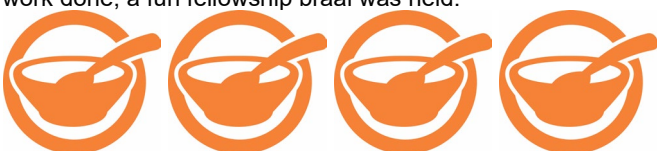
Lions Club of Northcliff



On Sunday 12 June, the members of the Lions Club of Northcliff put together care packs that will be given to CHOC, as well as Jars of Hope to feed hungry members of the communities in which they serve. As it should be, with all the work done, a fun fellowship braai was held.



The Lions of Port Alfred donated much needed equipment to the PAHS Archery team. This initiative formed part of their support for Worldwide Youth month during the month of June. As a way of expressing their gratitude, one of the team, Alister Purdon issued a challenge to the Lions via his Grandfather Lion Norman Elliott. The challenge was accepted and a date set. Parent John, who is in charge of the archers and who contributes an enormous amount to the school team, coached the Lions team as to the rights and wrongs of shooting an arrow at a target. Following a few warnings, the Lions took matters seriously. However, even with the expert coaching and the fact that the school teams scores counted double, the Lions Team was soundly beaten by a very fine school team.





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The team of the Lions Club of Port Alfred organised the catering for the spectators during the South African National Bowls Mixed Pairs Bowls Championship at the Kowie Bowling Club from 16 to 19 June. Fires were lit early morning serving a dual purpose (keeping the Lions warm and making coals for cooking later on in the day). There were hamburgers, boerewors rolls, butternut soup, sandwiches, tea, and coffee – quite a spread.



And why not have a party whilst raising funds? The Lions Club of Port Alfred staged a Fun Dinner Dance at the Skiboat Club recently. This gave the glamorous ladies of the town (in the words of PCC Mike Newlands) a rare opportunity to dress up and stretch their dancing legs. The guys of the Kowie joined in the fun to the music of the Sunshine Rockers. The 70 party goers enjoyed a splendid three course meal provided by the Skiboat Club and the proceeds of the evening were donated to the local SPCA to purchase much needed medical supplies.



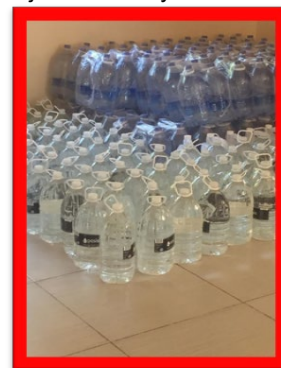
Lions Club of Port Shepstone



On Tuesday 3 May the Lions Club of Port Shepstone received a desperate request for drinking water from the Hibberdene Food For Life project.



The town had been without a reliable water supply for several weeks and the situation was becoming quite serious. An initial donation of 100 x 5 litre bottled water was supplied by the Living Word Church in Umtentweni. Furthermore, monetary donations from the Lions Club of Reitz (R5000), an anonymous donation (R2000) and the Lions Club of Port Shepstone (R3000) allowed the Club to purchase a further R10000 worth of water (740 x 5 litre bottles) which was delivered to the project on 4 May.





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Much needed funds were raised to support the various community service projects of the Lions Club of Port Shepstone.



A brand new water tank was installed on 16 May at the Hibberdene Food For Life project. The tank was organised by 2nd VDGE Perry Chetty of the Lions Club of East Coast in Durban and sponsored by Build It. Port Shepstone Lions and a good Samaritan arranged for the tank to be filled with municipal water.



Lions Club of Potchefstroom

Another successful Lions Market Day was held on Sunday 12 June at the main parking area, Port Shepstone Country Club. Fortunately, the weather was good and a great turn out of stall holders and public. A treasure hunt and face painting for the children was organized by the Lions Ladies and of course was a hit. Live music was provided, and everyone was kept entertained throughout the afternoon.



Day 1 dawned of the annual Winter Project of the Lions Club of Potchefstroom on 16 May. 100 adults will be a little bit warmer this Winter.



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The Bowls of Hope Project is well underway to achieve target. 😊



Lions Club of Pretoria South



The Lions Club of Pretoria South's Cycling Academy took part in the 1st race of the season for the Cycle Lab Gauteng High School Mountain Bike series on Saturday 14 May 2022. It was so rewarding to see the children competing at the top level for their age groups. Congratulations to the children and a huge thank you to the coaches, mentors, sponsors, and members who continue to assist in growing the youth through this great Service project.



These children come from some of the harshest circumstances and through the Pretoria South Mamalodi Den and the Cycling Academy, with the amazing mentorship and support of the members of the Lions Club of Pretoria South, they are achieving amazing results.

Herewith a video clip which highlights the success of the Lions Club of Pretoria South's Cycling Academy Boys from Mamalodi and the visibility that is generated by their cycling kit and the promotion of Lions to the public.
<https://www.youtube.com/watch?v=unu0y0AEYq8&feature=outu.be>



Lion Riaan a member of the Lions Club of Pretoria South joined 6 residents from In His Honour Outreach Foundation on 13 May at an optometrist who will provide glasses to suit their individual needs. The residents had great fun searching through 100 frames trying to get one that fits and looks the best.





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Another wonderful project of the Lions Club of Pretoria South took place on 6 May at the Grove Ice Rink – Ice Skating for children with vision impairment and physical disabilities. Experienced skaters take disabled children around the ice rink on chairs, and it is incredible to see the enjoyment on the faces of the children as well as the Skaters and members of the Club.

Lions Club of Scottburgh



Lion Denis from the Lions Club of Scottburgh went out of his way to display their sign to attract the public eye and used his skill to replace rails at the post office in Scottburgh thereby ensuring that the elderly can safely walk up and down the stairs.



On 10 and 15 June, the members of the Lions Club of Scottburgh delivered energy bars and soft drinks to the creches in their area.



Lions Club of Johannesburg The Wilds



Lion Lucky Phale handled the food collections on Saturday 28 and Sunday 29 May. This is signature project of the Lions Club of Johannesburg The Wilds resulting in providing many people with food. In total 4 trolley loads were collected which will go a long way to alleviating hunger in the community that the Club serves.



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Lions Club of Vereeniging



A week in the life of the Lions of the Lions Club of Vereeniging - 4 people received spectacles, 5 went for testing: food parcels shopped for and handed out, beanies and bed socks handed over to Bongani at their weekly soup kitchen, hundreds of bras and knitted knockers delivered to Baragwanath Hospital.



The Lions Club of Vereeniging was identified as the beneficiary of the Potjie Competition hosted by Footprints Coffee Shop and Restaurant. A guarantee was given that next year, the Lions Club of Vereeniging will enter a team!



On 19 June as the bitter chill of Winter took its grip on Gauteng, the Lions Club of Vereeniging serving Winter warming soup and bread to their outreach programme in Sharpeville. This is an ongoing weekly project ensuring that many people have a good and warm meal.





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Lions Club of Wilro Park



During May, the Young Lions of the Lions Club of Wilro Park arranged their first activity. They challenged all Lions members to dress up as a pet and then donate pet food to a local animal charity. Much fun was had for a good cause.



On Saturday 7 May 2022, with Mother's Day around the corner, tea and cake was served to the residents at Klein Helderkruijn Retirement Village with a game of Bingo to add to the fun.



The Young Lions of the Lions Club of Wilro Park continued their service to our furry friends and filled the CLAW bakkie with food and blankets for rescued dogs and cates. The Lions Club of Wilro Park supports CLAW which is the community led Animal Welfare shelter.



Lion President Sandy van Heerden and Lion Susan Labuschagne were at Helderkruijn Laerskool where the Learners expressed a desire to assist with the Lions Club of Wilro Park's baby projects for the Clinic & Daycare Centre at the informal settlement. They collected a huge number of beautiful soft toys.



The Lions Club of Wilro Park were at work with Seeff agents in the area – their chosen project was to support the “See the Change” and the recycling of good as new spectacle frames. They collected at the local shopping centre in support of Lions.



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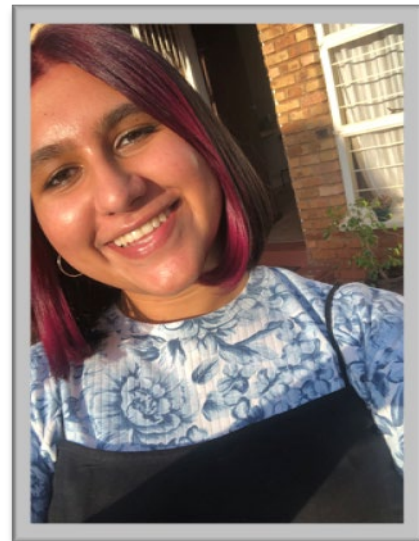
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Zone 1 Quiz Evening



On Friday 20 May, the Lions Club of Northcliff hosted the Zone 1 Quiz Evening at the Lions Club of Wilro Park's Community Centre. The R50 per person entry fee included supper and the Clubs that participated were Clearwater Cyber, Helderkruijn, Weltevreden and Wilro Park. Great fun was had by all and well done to Lion Nicky Squair who organised the event and set some questions that stumped several participants.



Kiara Bendeman took the leadership position of Charter President of the St Ursulas LEOs Club, under the outstanding guidance of LEO Advisor Andrea Hawla. Kiara recently approached the Lions Club of Krugersdorp (the sponsoring club) to become a Lion. And there's no doubt she will go on to serve many people and be an inspiration to the students around her. Welcome to Lion Kiara, may it change your life as it has changed the lives of most of our Lions!



Worthy winners were the Lions Club of Wilro Park and the first and second prizes in the raffle which raised funds for CHOC was won by the Lions Club of Helderkruijn and were drawn to host the next quiz.

MEET KIARA BENDEMAN (EX CHARTER PRESIDENT OF THE LEO CLUB OF ST. URSULAS)

(DC LEOs, LP Ashley Stander)



Many forget that the aim of LEOs Clubs is to groom and inspire the youth to eventually become Lions and continue their good work in the community.



How many years were you a member of the St Ursula's LEOs club?

One year, I was just a member for my year as President.



As the Charter President of the LEO Club, what made you first decide to join LEOs and then to take the leading role as the very first President of the club?

My biology teacher at the time, Andrea Hawla, happened to be a member of the Krugersdorp Lions Club and she spoke about their role in the community so passionately that it inspired me to be a part of the change. With her help, I managed to get the Leos Club sorted and I am extremely grateful for her inspiration.



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What was the highlight of your year as Charter President?

Going to the feeding scheme at CLAW, we would go on Sundays and keep the children entertained whilst the adults put together food parcels for them. It was a great way for us to connect with the community and it was lovely to just watch kids being kids, we played games and drew on the pavement with chalk. It was an important way for me to feel closer to the community.

What was your biggest challenge?

Finding new ways to connect and help the community while still attending school, it constantly felt like we were simultaneously doing too much and too little.

What made you decide to take the step from LEO to Lion after you left school?

I've finally settled into my university and can now devote some of my time to the community that I always wanted to help. Becoming a Lion feels like coming home.

What would be your advice to incoming LEO Presidents?

Every service you do matters, regardless of how many or how few people you reach—every single action makes a difference.

What did you learn – or what skills did you develop as a LEO?

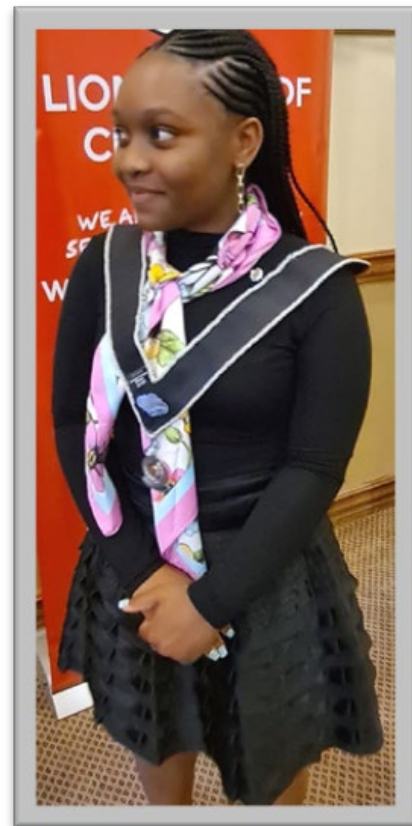
My people skills improved the most because I was constantly engaging and interacting with people in the community. It made me a stronger, more confident person and I cherish the experience.

Who is your biggest inspiration and why?

My mom is my inspiration in everything I do. She's a strong successful woman who manages to juggle her important job with being a great mom and a good person. I hope to be just like her.

TUKS LEO Club is Certified

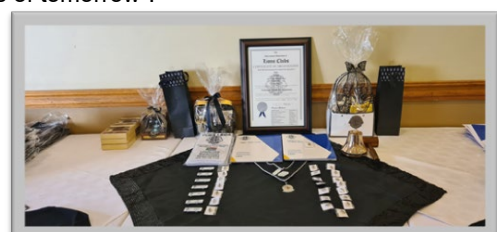
Amidst great excitement and celebration, the TUKS LEO Club certification took place on Saturday 4 June at the Elegant Lodge in Pretoria.



All the Lions of District 410E wish newly inducted LEO President Beverley, the Board of Directors and all the members all the very best for the future and may you all grow from strength to strength and do what we do best "We Serve".



As Nelson Mandela once said, "the youth of today are the leaders of tomorrow".





THE PULSE

The official Newsletter of District 410E
Making a real difference in our communities



FROM DISTRICT 410E – POET LAUREATE, LION DENISE EASTON

TRIBUTE TO DG PATRICK MILLS.
JULY 2021 = JUNE 2022

With the calm exterior of this passionate Lion
Beats the heart of a caring, compassionate, family man.
And his wife CS Bernice, the Love of his life,
Has been his most fervent supporter and fan.

When one thinks of the start of Patrick's term of office
One really admires his dedication;
On the tragic passing of 1st DGE, Les Human
He took up the reigns without hesitation.

Thrown in the deep end a year earlier than expected
He also had the Covid pandemic to navigate.
But he had the support of a great Cabinet
Which he really did appreciate.

Being the successful businessman he is,
He thoroughly planned everything he undertook
Be it Club visits, Cabinet or Council,
Not a detail did he overlook!

His objective was for 410E to put smiles
On the faces of all whom we serve.
His Clubs were eager to strive for this goal and
The smiles were just great to observe.

DG Patrick, Thank You for all you have done for us,
We're really sad to say Farewell to you.
You've been a really great inspiration to us,
So Good Luck for the future, whatever you do.

LISTEN TO LIONS ROAR ON MIXFM (WEDNESDAY 29 JUNE 2022)



Our District Governor Patrick will be on air at 20:00 – 21:00 discussing the year that is past. Tune in on 93.8 or DSTV Channel 823.

NOTE FROM THE EDITOR

Dear District Governor Patrick and Lions of District 410E,

Thank you for entrusting me to put together the official Newsletter of District 410E this past fiscal year.

I have thoroughly enjoyed collating, researching information and downloading the magnitude of projects and seeing the difference that these projects done by the Clubs have made to our communities.

Nothing so true as "where there is a need there is a Lion".

Yours in Lionism,

Jacqui

