

The official Newsletter of District 410E One Team, One Dream – We Serve



Issue 8 - February 2023

#### MESSAGE FROM DG SYDNEY

I believe our Clubs are now truly back to the business of serving those less fortunate than ourselves and we have seen some great projects throughout the month.



February turned out to be a quieter month for Club visits.



(Now we know why DG Sydney was quiet....feasting on ice-cream!)

However, we held our 3<sup>rd</sup> Cabinet Meeting and my thanks go to Lions Club of Krugersdorp for hosting the meeting and also our 3<sup>rd</sup> Multiple District 410 Council meeting hosted by District 410E in Johannesburg.





I did get to visit the Lions Club of Alberton – the biggest club in our District and a strong club doing lots of very worthwhile projects in their community. It was CHOC "flip flop" day and so Lion Sandy and I joined in this FUNdraiser - not often you see a District Governor in his green jacket and flip flops ©



We are visiting the Clubs in KZN on the South Coast and attending their Meetings in early March and it will also be a privilege and pleasure for me to attend the special occasion of Port Shepstone's 53rd Charter Anniversary Dinner!



The District successfully applied to Lions International for a Membership Grant which will be used to visit Clubs in Zone 10 and 11 in the Eastern Cape to present our Strengthen 410E initiative and support Clubs in that area. My thanks to PDG Alistair for his contribution in submitting this application.



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MD410 was also successful in obtaining a Marketing Grant from Lions International and District Chair Lion Sandy is coordinating our Lions Awareness Campaign on behalf of the Multiple District. The campaign will focus on our Environmental Pillar of Service and kick off on the 1<sup>st</sup> of April and will end at the MD410 Convention in Durban with a Clean-up – we encourage all Clubs to participate in this campaign and encourage all delegates attending MD410 Convention to join us as we unite in service! My thanks to DC Lion Sandy for her commitment to ensure that our application was completed and submitted for consideration well before the deadline.



MD 410 Convention 2023 Please remember to Register for the "Oceans of Opportunities" MD410 Convention now – you don't want to miss it – We hope to see you all there!

Yours in Service, #oneteamonedream

Sydney

District Governor



#### TRAVELS - DG SYDNEY & LION SANDY In the words of District Governor Sydney



20<sup>th</sup> of February 2023 Lions Club of Alberton



On 20<sup>th</sup> of February, we visited the Lions Club of Alberton, proudly the biggest Club in our District heading for 70 members including their Branch Club of Fourways of 16 members. A very busy club, doing lots of great projects in their community. We joined them and also wore our "Flip Flops" for CHOC. Thank you, Lion President Marc and the members for the warm welcome, fun & fellowship.





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#### 1st of March 2023 Lions Club of Shelly Beach Attended the Lions Club of Shelly Beach General Business Meeting on the 1st of March. Great excitement as they plan to move into their new Club House from their next GBM. The evening was filled with lots of enthusiastic discussions, fun, fellowship and delicious food. Was great to see the Lions Club of Shelley Beach signage around town!



2<sup>nd</sup> of March 2023 Lions Club of Scottburgh



Tonight, we welcomed 5 new members to the Lions Club of Scottburgh.



(New Members)



Also presented Lion Anthony Butler with his 40 year Chevron at their Business Meeting - was such an honour for me! Great to hear about the exciting projects planned for the next couple of months as well as the Clubs PR and Marketing plan - well done LP Malcolm and Scottburgh Lions - thank you all for the work you do and the difference you make!

> 3<sup>rd</sup> of March 2023 Lions Club of Ramsgate



Last night Sandy and I attended the Lions Club of Ramsgate General Business Meeting.



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I presented a 40 year Service Chevron to Richard Henry, son of the late Lion Rob Henry who recently sadly passed on to higher service. Lion Rob is sadly missed by his Fellow Lions, friends and community. Richard was a Lion in South Carolina, USA but has since moved to Boulders Colorado where strangely enough there is no Lions Club.



My thanks to all the members of Ramsgate Lions club for the difference they make in their community and especially for their work on the "Tidy Town" project in Ramsgate.



Following the Lions Club of Ramsgate General Business Meeting, the local Darts Club arrived for their usual Darts Evening. Being short of a team, they coerced PDG Jeff and I into making up a team and joining them.



Guess what? Yes! the two novices ended up winning on the night. We had 69 to close and PDG Jeff's first dart was 19 and the second was a bullseye.



That's it... game over and the novices won!!!

4<sup>th</sup> of March 2023 Lions Club of Port Shepstone



Lion Sandy and I were honoured to have attended the Lions Club of Port Shepstone 53<sup>rd</sup> Charter Anniversary Dinner held at the Lions' Den, Port Shepstone Country Club. Pete and Mary Surtees who are currently on holiday from South Hampton in the UK also attended the celebration as guests of Lion Steve and Lion Lady Jacqueline McCarroll.



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Congratulations to the Lions and Lion Ladies for their ongoing commitment to serving the needy and for the spirit of friendship that exists within the Club. Presented a 40 Years of Service Chevron President Mervin, as well as 15 years to Lion Kenny and 10 years to Lion Ralph Gallagher whose son, Liam collected on his behalf.



The Lions Club of Port Shepstone was the first Lions Club to be chartered on the KZN South Coast back in March 1970. 53 years later the Club remains strong, and very active with community service.





At this event, President Mervin presented Liam Gallagher with a Bravery Award Plaque. This special award was presented in recognition of him risking his life to save another's. Liam is the son of Club member Lion Ralph and Lions Lady Bela Gallagher. The Lions Club of Port Shepstone and myself and Lion Sandy are extremely proud of this young man and we wish him every success for the future.

#### INTERNATIONAL PRESIDENTS LATEST MESSAGE – 28 February 2023



#### Dear Lion,

Your club is always working to bring bigger and better service to your community. Because every project, no matter how big or small, helps build a stronger foundation for the future. And the best part about it is that there's always something exciting to look forward to.

Let's share our excitement for what's happening now and what's next with our communities. We can give the people around us the opportunity to be the change they want to see by inviting them to help us make it happen. Because everything we do leads to something bigger. And our best work is still ahead of us.

Make a great day,

Brian Sheehan



Hyperlink to full publication:

https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=12729 10&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq= cf91ed06d0774e8691dde2cbd464ea7d&elqaid=28317&elqa t=1





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#### JANUARY NEWSLETTER FROM LCIF CHAIRPERSON – FEBRUARY 2023



Greetings, Lions and Leos,

Every day, I am reminded of the reasons why I became a Lion more than 30 years ago: to serve and give back to my community. And that's exactly what Lions and Leos do. We serve both our local and global communities, when and where people need our help. This service is made stronger through our global foundation. When you support LCIF, you are playing an important part in increasing our collective impact. Through your acts of service and generosity, you make life-changing outcomes possible. I want to thank everyone who has supported LCIF financially and acted as an ambassador to magnify our mission. As you read this month's newsletter, join me in celebrating all the good we do together, bringing help and hope to people in need across the globe. And remember to continue sharing your LCIF stories with us, so we can celebrate your grant-funded service projects.

Download the whole publication via the hyperlink: https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=12803 87&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq= 988f62453d8f49d4921200b4c4bc1a58&elqaid=28601&elq at=1

**REMINDER: Buy your Raffle Sheets and support LCIF** 



Contact DG Sydney to purchase your raffle sheet/s.



#### ENVIRONMENTAL NEWS



March is an important month on the Environmental calendar. Start planning your Environment events now, if they are not already in place. Some interesting developments to guide you in your planning are featured below.



(Soulbent Team ready for action)

Take a leaf out of the books of the Soulbent Project in Saulsville (left), who do their part to help clean and maintain Pretoria's rivers. Look at areas within your communities.



(Branch Club of Fourways doing a river clean-up)



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"The purpose of Water Week is to clean and maintain rivers" says the founder and director of Soulbent, Mashudu Makhado (39), adding that the Soulbent Project started in 2007 in Saulsville. "It is our duty to keep our rivers clean to avoid pollution as it is a problem in our country."



#### **Dumpsites turned into Food Gardens**

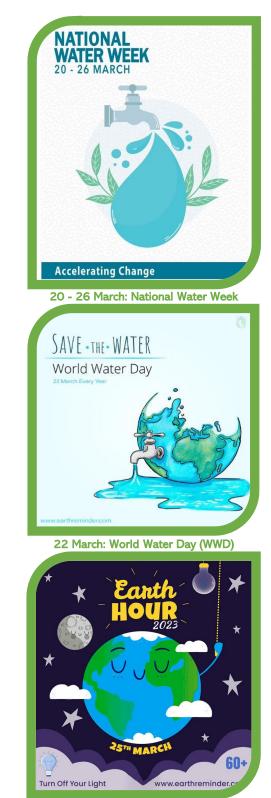
"After cleaning we plant our seeds then nourish them daily," said Makhado. "Our vegetable garden is assisting our community with food security as a lot of people lost their jobs because of Covid. We aim to give back to the community," he said. Makhado said their aim is to expand to Pretoria West, Pretoria CBD, Mamelodi and Soshanguve. According to the project's Moses Makgopa, they have planted spinach, carrots, onions, potatoes, tomatoes and beetroot.

Hyperlink to Soulbent's website – tons of interesting information and perhaps a partnership with them within your respective community. https://www.soulbent.org.za/

**Environmental Calendar for March:** 



12 March: Plant a Flower Day



25 March: Earth Hour 20:30 - 21:30



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#### LIONS AWARENESS MONTH - APRIL 2023 (DC Marketing & PR, Lion Sandy van Heerden)



The focus for Lions Awareness month in April will be Our Environment Pillar of Service, and DC Marketing & PR Lion Sandy van Heerden, has the following message for Clubs:

"We are asking Lions to showcase innovative concepts, best practice Environment Projects & Climate change ideas because climate change is real! We want to inspire others to join us and to make the difference! A Happy Earth starts with us!"

Herewith the poster aimed at Primary Schools and education of our youth in regard to the environment. This flyer plus various other activities for the children will be distributed to Clubs.



A bit of fun to get you and your Clubs thinking about which Environmental Project you can tackle during April. An **ENVIRONMENT WORDSEARCH for Adults:** 

#### Name<sup>.</sup>

Lions Environmental Wordsearch

S A E S U A C L A B O L G O Q J H Z R N Z W S E J X T P T E N V I R O N M E N T G J U S X T S P L I O N S I N T E R N A T I O N A L R K N O FFBECYECOFRIENDLYDCESEPSMFMCJNCKELB ALCYCERDIIDELBADARGEDOIBKEGKENUMCGO M B S L F G L T Z A E P C J L Y I K C E I E M I S Z C Z V C L I M A T E C H A N G E N F V D G D C Y Z N H Q A R G T H Q Z N Q J Q X F R C M G Y H B E T G O G L R E N E W A B L E E E C R E U S A B L E M Z X H K F I R N Y M I Y S X H T N I R P T O O F N O B R A C R A H U G N R I BOTIGUVEEVRESEWRLNDROMIPROTECTBYIAG G Q G M I W X E C F R Q E G E Y F K T P A Z Z W J P S R N R N B G B VRWDBHGDHDRCTRXPYOZE

Find the following words in the puzzle.



BIODEGRADABLE CLIMATE CHANGE ECO FRIENDLY ENVIRONMENT LIONS INTERNATIONAL RECYCLABLE RENEWABLE WF SFRVF

CARBON FOOTPRINT CONSERVE **ENERGY EFFICIENT GLOBAL CAUSE** PROTECT REDUCE REUSABLE





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#### PEACE POSTER 2022-2023 Grand Prize Winner



### "The future is in our hands, and in order to build it, we have to help each other."

Congratulations to 2022-2023 Lions International Peace Poster Contest Grand Prize Winner - Emma Andreea Paveliuc aged 13, sponsored by IASI D Lions Club (Romania)

### ORDER YOUR 2023-2024 PEACE POSTER KITS NOW.

#### The Theme: Dare to Dream

To a young person, a dream isn't just a wish, hope or desire – it's a path, a goal, an ambition. But achieving that dream takes hard work. So, this year, Lions Clubs International is asking young people to show how they'll turn their dream of a peaceful world into reality.

Contact DC Peggy du Plooy to place your order: Mobile No.: 0837042854 | Email: peggy@dubar.co.za

### Strengthen and Flourish – a message to every Lion in our District

(1<sup>st</sup> VDG Lindie van Wyk – Strengthen 410E)



Lions International is a global force for good and as proud members of Lions Clubs International, each Lion in District 410E, can be very proud to be part of the force for good in South Africa and specifically in District 410E. The community need in our District is growing by the minute. How lucky are we to be part of an organisation with history, integrity and impact?



Strengthen 410E is an initiative you may have implemented in your Club already, or maybe you've just heard it mentioned. It is an initiative that is intended to instill in every Lion in District 410E, an ongoing inspiration to strive for excellence. As Lions:



- We are leaders in our community.
- We have a responsibility to our community.
- Being a Lion is part of who we are, so this means we also have a responsibility to ourselves.



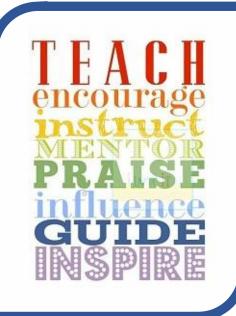
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#### How do we start?

- By strengthening ourselves.
- Be the best person I can be.
- Understand my mission in life.
- Surround myself with people who are positive and make use of the mentors I've gathered in my life.
- Review all these regularly.
- Attend events where I can grow.
- Be proud to be me.



#### The Result?

- As someone who feels confident and proud to be who I am, I can now contribute positively to my Club.
- I can mentor and inspire the other members in my Club.
- Guide them to make use of the resources we have, to rejuvenate our Club.
- Make time to listen to each other and understand each other's needs and insecurities.



The following checklist may be helpful to kickstart your Club if needed, or to improve where improvement is required:

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•••

If there is any unhappiness in the Club, make use of your Membership Committee to address and understand the issues and resolve them. Get outside help if necessary. Remember we are part of the largest organisation in the world, we have access to amazing resources.

If your club is struggling to revive after Covid:

- Get new Club Shirts and Banners.
- Have a Club Social and brainstorm new ideas.
  Make use of District information tools and
- resources to inspire members.
- Contact Community Leaders in your area and see where we can help, as Lions we want to serve and by arranging meaningful and impactful service events, you'll soon see your Club flourishing.

Inspire members to live by the Lions Code of Ethics and build up, myself and those around me.

Participate in District leadership development initiatives to strive for excellence by strengthening our members and flourishing as Lions.

Participate in District conferences and conventions to bond as a club and share with others, strengthening our District.





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Be proud to be a member of your Club. Be proud to be a member of our District.



As you and your club strengthen and flourish, our community benefits from the service we do. Strengthen and flourish, as a Lion, as a Club and as a District.



Be proud to be a Lion.

LEAD, LIONS, LEAD! 410E Global Leadership Team **ELECTION – REFLECTION** (DG GLT, Delphine Ferreira)



It's that time of the year again: Club elections...If a solid succession plan is in place for the various Board positions, it should be easy going - so that is not the subject of this communication.

But what about the Tail Twister and the Lion Tamer? Has thought been given to these two important positions in the Club? Here are a few ideas and points about each:



Firstly, the Lion Tamer.

Although this role is seen as optional in a Club, this is the Lion who ensures that Club Meetings are properly prepared for. So, the question to ask is whether it is really optional or necessary? In a strongly traditional Club, an effective Lion Tamer should take charge of all things pertaining to the smooth running of a Club meeting.





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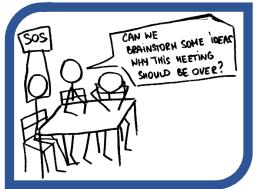
Then, the Tail Twister. Stop the fines and start the fun!



The concept of the Tail Twister goes back to the early 1700s, when the private gentlemen's club fined members for telling silly jokes or using each other's tobacco.



Lions took up the practice some time in 1920 in Detroit and it has endured over the years. "We take ourselves as Lions too seriously" was said by IP Ray Riley in 1929 and so the Tail Twister has become a **Club's fun dictator**. PDG Jimmy Carter was a Tail Twister at his Club for three years and he maintained that what he learnt about relationships in his Club stood him in good stead as a politician. Well, we don't all want to be politicians, so let's look at the role from a Lions perspective.



We are all aware of the fact that long, boring meetings put people off becoming a Lion. Although also an optional position, the Tail Twister plays such a crucial role in making meetings enjoyable.



This Lion **promotes fellowship, fun, enthusiasm and satisfaction amongst the Club members**. It should obviously be someone who is uninhibited and innovative and focused on making all members feel part of the Club. So, this person must be willing to prepare and to work collaboratively with the Club President.



NEW MEMBERS "ONE TEAM ONE DREAM" (As reflected on the February 2023 WMMRs)

> LION MITA PEMA-KESHAW Sponsor: Lion Shireen Piater Lions Club of East London Port Rex

LION BRENDA PATRICIA PETERSEN Sponsor: Lion Shireen Piater Lions Club of East London Port Rex

LION ERROL PETERSEN Sponsor: Lion Shireen Piater Lions Club of East London Port Rex

LION SAMANTHA JANE BURKE Sponsor: Lion Gretchen Meyer Lions Club of Northcliff

LION OLGA FLANDERS Sponsor: Lion Gary Meyer Lions Club of Northcliff



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LION HEATHER HINGLE Sponsor: Lion Gretchen Meyer Lions Club of Northcliff

LION PRINCE KASUNKA Sponsor: Lion Gretchen Meyer Lions Club of Northcliff

LION RENÉ MORGAN Sponsor: Lion Gretchen Meyer Lions Club of Northcliff

LION ANGELIKA ESTERHUIZEN Sponsor: Lion Irene La Grange Lions Club of Ladysmith

LION EUGENE JOHAN ESTERHUIZEN Sponsor: Lion Irene La Grange Lions Club of Ladysmith

LION QUINTIN DAVID BRAUN Sponsor: PCC Mike Newlands Lions Club of Port Alfred

LION CORNELIA VLOK Sponsor: Lion Glynn Easton Lions Club of Helderkruin



#### TEAM WORKS FOR FEBRUARY 2023 CLUB SUBMISSIONS

Whilst there were many Clubs who did great community service, only a few submitted for the District 410E Newsletter and they are reflected below.



Lions Club of Wilro Park



PDG Lillian McClarty was presented with her 40 year Chevron – Congratulations, what an achievement and the communities that she has served during this tenure.

#### Lions Club of Scottburgh



Part of the fund-raising initiatives of the Lions Club of Scottburgh was sorting Books at the Lions Club of Scottburgh local Flea market on Saturday 4th February 2023, where they raised R1723 in sales and R1220 from the stallholders.



Diabetes Screening, held at Scottburgh Mall on Tuesday 7th February 2023. This project is held by the Lions Club of Scottburgh on the first Tuesday of every month outside Clicks for a duration of 2 hours.



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The Lions Club of Scottburgh supported Cupcakes of Hope on the  $15^{\rm th}$  of February 2023

#### Lions Club of Port Alfred



The Lions Club of Port Alfred braai and sell boerie rolls to the players and spectators at the Kowie Bowling Club.



Friends of the Lions social week get together. This is night bowls and is played from 17:00 in the afternoon into the night.



This photograph of Lion Neville, the newly appointed Project Convenor and PCC Mike Newlands, at the last night bowls that he attended. They were the "chippies" in charge of ensuring the perfect slap chip! This project was under PCC Mike's stewardship which is held once a week for ten weeks.

#### Lions Club of Midrand



On Monday 30th January 2023, Lion Cosmas handed over  $\pm$ R2000 worth of stationery and jigsaw puzzles to Ms Mapaseka Mosala the Prinicpal of Rift House Academy School in Ivory Park to be distributed to those learners who were either short of certain items or had no stationery.



The Lions Club of Midrand in partnership with Lions BrightSight screened 86 people at Seabourne Courier Services on the  $3^{rd}$  and  $4^{th}$  of February 2023.



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The Lions BrightSight Optometrist then further tested the 40 people requiring spectacles, the scripts of which will be made up by Lions BrightSight.



In conjunction with the Eye Screening at Seabourne Couriers, the Lions Club of Midrand in partnership with SA Diabetes Nursing Sister conducted 75 diabetes tests. One patient was was found to require a consultation with their Doctor and a young man with high glucose who was also referred to the clinic for further testing.



On the 25<sup>th</sup> of February 2023, the Lions Club of Midrand's Monthly Eye Clinic reopened with several patients visiting the Community Centre where the clinic is held, with 9 requiring scripts.



On the 4<sup>th</sup> of March 3 x desks and credenza's and 2 x large filing cupboards donated by Barrow in Waverley via the contact from the Lions Club of Wilro Park were delivered to Rift House Academy School situated in Ivory Park. This is a school that has learners from Grade R upwards. Sadly their offices were short of desks and filing cabinets so these were gratefully received and will make the administrative work that much more comfortable.

The Facilitator Brainstorming Session with Bafana Mohale was held on Saturday 4<sup>th</sup> of March for the start of "Train the Trainer" Workshops commencing on Saturday the 11<sup>th</sup> of March as part of the Youth Leadership Project with Rays of Hope.



Bafana is the Learning & Development Leader for Rays of Hope and is passionate about seeing the youth transformed and developed into future leaders. He worked as a primary school teacher from 2010 until February 2020 and has been actively involved in youth ministry since 2004 in his local church.



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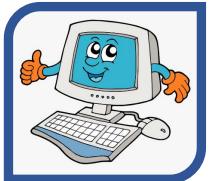
He aspires to make a meaningful contribution in our education sector and to ensure that our youth comprehend the importance of knowledge and how that knowledge will ultimately shape their lives. He is currently completing a Masters degree in Education with the University of the Witwatersrand. Bafana is extremely excited as is the Lions Club of Midrand as we move into Training those youth leaders who have worked through all the training sessions and will now be taught to impart that knowledge to their peers.

#### Lions Club of Henley on Klip

After a well-deserved break, Lions are back in hard work mode.



Distribution of funds raised by the Henley WAM (Wine Arts Music) festival has taken priority after decisions were made at our last meeting. We asked each recipient for a list of their immediate needs, and narrowed the list down to affordability, practicality, and maximum benefit.



Beneficiaries are a new computer for the Social Services in Meyerton, eyeglasses for the children at Eagle Wings, Counselling sessions for traumatised children in Daleside.



Shade netting for the play area at Kanguru School for the Disabled in Randvaal. These children are in wheelchairs and are unable to use the facilities on blazing hot days (or in the rain).



Our Christmas cakes were a sell out at the Christmas Carol market at About Time on November the 30th. We also braaiied wors rolls to thank our blood donors at the final collection on the  $15^{th}$  of December.



We held Pensioners Bingo on the 21<sup>st</sup> and Book sales on the 28<sup>th</sup> of January. A few of the Friends of Lions assisted with marshalling the Fast One bicycle Race on the 29th of January.



Upcoming events are Blood Drive on Thursday the 9<sup>th</sup> of February. There is a **severe shortage of blood** in Gauteng, so please become a first-time donor if you can. It may save a family member's life. Next Book Sales is on Saturday, the 25<sup>th</sup> of February.



The next Eye Clinic will be on the 4th of March.



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Lions Club of East Coast



The Lions of East Coast Lions shared the love at their annual Valentines Ball which was held on the 11<sup>th</sup> of February at the Liberty Hall. Apart from being an extremely successful fundraising event, much fun was had by all and the Lions Club was able to increase awareness regarding Lions Clubs International and most importantly locally.



Happy Feet Project - The annual school shoe drive exceeded even our expectations this year as we were able to donate 462 pairs of shoes to the communities in Chatsworth, Gillitts, Embo, Tongaat, Rietriver, Seatides, Avoca, Effinghma, Midlands, Greyville and Phoenix. The shoes were received with much joy. One little girl received her first pair of school shoes ever. This really was a heartwarming and priceless moment.



The Lions Club of East Coast ongoing mathematics and physical science tuition projects kicked off during February at Palmview Secondary and Wingen Heights Secondary Schools.



East Coast Lions Club was proud to have the winning entry for this year's MD410 Peace Poster Competition. All the Lions are very proud of Hannah Ebrahim, her parents and Whetstone Primary. It is a tremendous achievement by a Learner from a public school that is without teaching facilities for artistic expression. Hannah's supporting note on her artwork spoke of the violence in her community, how it affects children and how she would address it. Her picture depicts Mahatma Gandhi, Nelson Mandela and Mother Teresa who are her inspiration and represent what it means to "lead with compassion".



Assistance was provided by the Lions Club of East Coast to S. Dass School and St Giles by their Outreach Team providing much needed sanitary items.

#### TEAM WORKS FOR FEBRUARY 2023 FACEBOOK TROLLING!

The Editor appeals to Clubs to send their photographs and write-ups for inclusion in the District 410E Newsletter, as it takes countless hours to collate pictures and stories from Facebook. Furthermore, some Clubs do not even post on social media so we have no idea as to the wonderful projects that they are undertaking. 🐑

#### Zone 1 Meeting - 5 February



The Region A/Zone 1 meeting was held on 5<sup>th</sup> February 2023 hosted by Lions Jonquille and Karl at their home which is also the Lions Club of Helderkruin Club House. A sumptuous lunch was provided.



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Zone 8 Meeting - 19 February



Lions Zone 8 meeting: Clubs from Ethekwini get together to share ideas and be inspired to do more for their communities.

#### Lions Club of Vereeniging



On the 1<sup>st</sup> of February, the Lions Club of Vereeniging delivered 59 "knockers" and 57 "bras" to the Breast Clinic.



The Lions Club of Vereeniging provided the Leeuhof soup kitchen on a rainy Friday, 17<sup>th</sup> of February 2023.





A great day at the Lions Club of Vereeniging's Eyes of Love Clinic on the 18<sup>th</sup> of February 2023, held in conjunction with Vaal Mall, Kelly Oosthuizen and the students from UJ! Over 200 folk screened! Some to come back next week! And 72 folk tested for diabetes too!



The Lions Club of Vereeniging have been very busy with eye screening at local primary schools, using the SPOT machine supplied to us by Lions BrightSight. In total 1060 children from Grade R upwards, and 30 staff members were screened with approximately 100 children to go for further testing.

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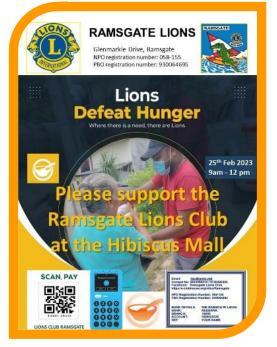


#### Lions Club of Rustenburg



A big thank you from the residents of Rusoord Rtb-Old Age Home who delivered a huge donation to clothing on the 9<sup>th</sup> of February 2023.

#### Lions Club of Ramsgate



The Lions Club of Ramsgate were hard at work again on the weekend of the 25<sup>th</sup> of February at Hibiscus Mall with their food collection in aid of their hunger relief programme in the community.



In celebration of the World Wildlife Day, the Lions Club of Ramsgate held their market on the 4<sup>th</sup> of March, which had something for everyone i.e. food stalls, jumping castle, various craft stalls, art exhibition. The SPCA was present doing pet vaccinations and information on animal rehabilitation and antisnare campaigns.

#### Lions Club of Port Shepstone



The Lions Club of Port Shepstone have a grocery donation trolley at Harbourview Superspar. They have an arrangement with the management of SuperSpar on an ongoing basis. The items generously donated by the public are utilised for their hunger relief programme.





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On the 25<sup>th</sup> of February the Lions Club of Port Shepstone hosted another afternoon of fun and games for the senior folk at the Sheppie Lions' Den. They hosted 55 guests from the Flower Foundation, Mbango Retirement Centre and other private addresses. The guests were provided with delicious snacks and cakes and were served with refreshments. Entertainment was provided with sponsorship being provided by De Beer & Property Port Estate Agents.



Another hugely successful monthly Night Market was held on the 3<sup>rd</sup> of March at the Port Shepstone Country Club. On this occasion, Diabetes Screening was also held for the attendees.

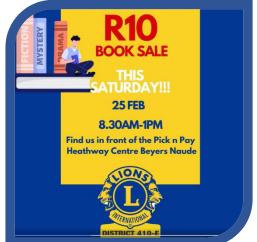


#### Lions Club of Port Elizabeth St. Croix



On Sunday the 19<sup>th</sup> of February the Lions Club of Port Elizabeth St. Croix assisted the Lions Club of Uitenhage with Marshalling at the Herald Cycle Tour.

#### Lions Club of Northcliff



The Lions Club of Northcliff held a R10 Book Sale on the 25<sup>th</sup> of February 2023 at the Pick n Pay Heathway Centre in Windsor West.

#### Lions Club of Krugersdorp



A busy day held on the 26<sup>th</sup> of February with three worthy causes benefiting. Collection of parking money at the Cedar Tree Market for The 9th Day Animal Rescue Centre.



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60 diabetes screenings done.



As well as their pint-for-a-pint initiative i.e. one pint of free beer for every point of blood donated-16 pints of blood donated.

#### Lions Club of Klerksdorp



Water Point for Community Centre Fun run



Packing Bowls of Hope



Handing out Jumpers at Klerksdorp Hospital Maternity Ward with Sr Boer



Lions handing over parcels to Elmarie van der Merwe of the SAP for the  $\ensuremath{\mathsf{FCS}}$ 

#### Lions Club of Kingsburgh



On the 12<sup>th</sup> of February, the Lions Club of Kingsburgh and friends assisting Usizo-Iomndeni Community Group in eZimangweni at The Usizo Family Centre. SA Harvest delivered food parcels for nearly 100 families.



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On the 18<sup>th</sup> of February the Lions Club of Kingsburgh delivered their huge food collection to Turning Point and Kingsburgh Family Welfare.



Lion President Tony Marron - as his one of many personas this time as "Elvis Sunshine" entertained the ladies at Toti 21 Club Valentines Lunch on the 24<sup>th</sup> February and raised money for their projects fund.

Lions Club of Helderkruin



In the latter part of last year, the Lions Club of Helderkruin planted a vegetable garden at Laerskool Ebenhaeser, to assist needy families with nutritious vegetables. In the first photo taken on the 4<sup>th</sup> of February, the 2 rows of veggies (1000 plants) were donated by the Acorn Foundation (Lion Sue Smit).





The Lions Club of Helderkruin visited Laerskool Ebenhaeser where they donated food vouchers to 3 deserving families in that area.



The Lions Club of Helderkruin had everything ready on Saturday 11<sup>th</sup> of February to do their Valentine's Day visit to The Luipaardsvlei Senior Citizen Home when unfortunately due to the heavy and continuous rain, the Home asked them to postpone their visit. On the 18<sup>th</sup> of February, 7 roses (and one little rose bud) and one thorn, went, despite the rain, and were so gratefully received by the Residents! They love visiting these Golden Oldies, as they are always full of smiles and gratitude and just want to know when we will be back for a party!



The morning shift at the Clearwater Mall Shaveathon on 26<sup>th</sup> February: lots of fun had by the Lions Club of Helderkruin.





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#### Lions Club of Gonubie



The Cancer Relay for Life East London was held on Saturday the 18<sup>th</sup> of February and was very well attended. Despite plenty of rain beforehand the heavens cleared so that supporters were able to enjoy sunshine and a pleasant evening.

This event is very dear to all of the members of the Lions Club of Gonubies as most members have lost dear family and friends to this horrible disease. They also have two club members who are survivors.



#### Lions Club of Durban Host



On the 1<sup>st</sup> of February the Lions Club of Durban Host handed over "hippo roller drums". These drums are used to assist the ladies to transport the water from rivers and water points to their homes and food gardens. It was a major challenge for the ladies and especially for young girls to carry 25kg to 50kg of water on their heads as it also affected their health and wellbeing. This concept originated from Winnipeg Rotary Club in Canada. It encourages communities to become sustainable by planting their own food gardens and also assisting in mitigating the impacts of Climate Change.

#### Lions Club of Cowies Hill



The Lions Club of Cowies Hill had a fun evening on the 10<sup>th</sup> of February with a Valentines theme entertaining the residents from Pinehaven Retirement Home.



During the floods in April last year the entrance gate and path at Paradise Valley Nature Reserve was damaged and has never been fixed, as the Ethekwini municipality said that they do not have the money. The staff of the reserve decided that they would try to fix it themselves and have been working on it, getting donations of rocks, builders rubble, and sand from buildings going on in the area. They advised the Lions Club of Cowies Hill that they required cement to complete the project, so the Club donated 15 bags of cement, which were delivered on the 14<sup>th</sup> of February.



On the 18<sup>th</sup> of February the Lions of Cowies Hill spent a morning at Grace Cottage. First learning about the parts of plants that we eat. Then making beaded jewellery, some to keep and some for their member, Lion Carol to sell for dolls.



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11Avocado trees were delivered on the 22<sup>nd</sup> of February to Shap Shap Hammarsdale. These trees will form part of their food forest they want to create.



Delivering some food, clothing and blankets to Shap Shap Hammarsdale.



The Lions Club of Cowies Hill visited the Pediatric Oncology Ward at Albert Luthuli hospital on 22<sup>nd</sup> of February.



These visits are done every Wednesday morning where the Lions spend 2 hours with the children in the Oncology Ward. All kinds of interactive activities are done with the children such as paint stamping, block building, making paper animals, etc.



On the 25th of February the Lions Club of Cowies Hill's regular food collection at Junction Pick n Pay was huge, with 5 trolley loads collected.



The Baby House House needed modifications to their jungle gym to make it age appropriate for the little ones. No problem, the Lions Club of Cowies arrived on 26<sup>th</sup> of February and carried out the necessary modifications.



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Lion Karen Hyde from the Lions Club of Cowies Hill arranged for CHOC to do a Childhood Cancer Awareness talk at Shap Shap Hammarsdale on the 1<sup>st</sup> of March.

#### Lions Club of Centurion





Well done to IPDG Patrick and Blind Navigator Jessica for winning the BNRC category of the Pre-DJ Rally on 12<sup>th</sup> February 2023.



Handover of spectacles to learners at Sunrise Special School in Laudium on 1<sup>st</sup> March. Very happy Learners with their brandnew prescription spectacles.

#### Lions Club of Benoni van Rhyn



The Lions Club of Benoni van Rhyn welcomed shoppers at their book stall on  $4^{\rm th}$  February at The Falls Spar.



On the 25<sup>th</sup> of February the members sold Bric A Brac at the Craft Market.

#### Lions Club of Benoni Lakes



In support of CHOC's Flip Flop day on the 18<sup>th</sup> of February, Club members donned flip flops and shorts (the brave) for the February General Business Meeting and raised an amount of R240.00 to be donated to CHOC.



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On the 25<sup>th</sup> of February, the Lions Club of Benoni Lakes was hard at work preparing and selling bacon & egg rolls, chicken burgers and hamburgers at the official opening of the Val di Terra Liquor store and Beaulieu's raising funds for the Club coffers.



The Lions Club of Benoni Lakes visited the Lambano Palliative Care Centre in Malvern East on 1<sup>st</sup> of March.



They donated milk formula and nappies. Each child received a "mood" plush teddy to help them to express their emotions. The Centre cares for children with life threatening conditions such as cancer and HIV.

#### Lions Club of Ballito



On 20<sup>th</sup> February, the Lions Club of Ballito gifted Shaka's Head's Golden Blue Soccer Club with their new kit.

#### Lions Club of Alberton



On the 13<sup>th</sup> of February, the Lions Club of Alberton purchased the fillers and packed 40 Court Care Bags, which go to the Social Workers who often take children to court. In some instances they spend the whole day in court which is traumatic and these bags help to keep them occupied.



Lion Sandy King delivered 4 pairs of glasses to residents in the South of JHB and Alberton area on the  $13^{th}$  of February. They were so grateful to be able to see better again.



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On Valentines Day, care packs went to 42 ladies staying in South Hills reminding them that they are loved.



20 hamburgers, crisps, cold drink and Easter eggs were served to the children at the Nursery School in Alberton North on the 24<sup>th</sup> of February. Fyreworx sponsored the meal.



Cupcakes for Hope was held on 25<sup>th</sup> February and raised R7000 with over 450 cupcakes sold.



Simultaneously the Shavathon was held, food collection done, all with grateful thanks to Bracken City.



Lions Sandra and Sandy took cupcakes from the raffle that was donated by the winner, coldrink, and chips to the children at the nursery school in Alberton North on the 1<sup>st</sup> of March. What a great way to end the Cupcakes of Hope project. Celebrating the children's birthdays for January and February amidst much excitement.



Supporting new moms at the South Rand Hospital Lions and friends of the Lions packed and delivered care bags on the  $2^{nd}$  of March.



The Lions of Alberton purchased food supplies for their beneficiaries in Johannesburg South on the 3<sup>rd</sup> of March, with over 100kg of food supplies delivered to the nursery schools and feeding projects.



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Lions Branch Club of Lenasia



The Lions Branch Club of Lenasia in partnership with the Lenasia Rising Sun Newspaper appealed to the community to drop of stationery items for their Leaner Assistance Project. They were overwhelmed with the contributions from the community.



These items are placed in the drop off box at the Rising Sun and then collected by the members of the Lions Branch Club of Lenasia, sorted and distributed to the various learners that require assistance.

#### Lions Club of Pretoria Jakaranda



Some of the member of the Lions Club of Pretoria Jakaranda decided it was a good idea to celebrate the birthday of their Lion President on the 18<sup>th</sup> of February, whilst she was away in the Kruger Park....any excuse for a get-together and why not!

#### ZONE 8 CLUBS HARD AT WORK



On the 25<sup>th</sup> of February the members of the Zone 8 Clubs got together to paint décor for the MD410 Convention 2023.



This is all done to make YOUR Convention a great one, so please let's support them and make all their hard work worthwhile.

#### YOU SNOOZE YOU LOSE - SO REMEMBER TO REGISTER:



Herewith the hyperlink to the website where you will find all the information required as well as the online registration form. https://lionsconvention.co.za/