



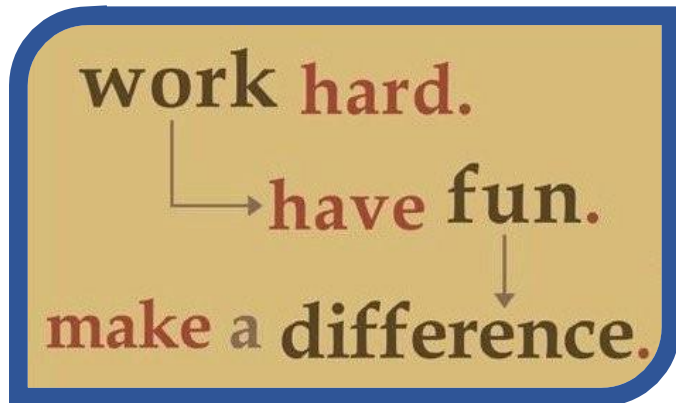
THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Issue 9 – March 2023

MESSAGE FROM DG SYDNEY



How time flies when you're working hard but having fun. I can't believe that there are only three months left in my year as District Governor.



We are now on the home stretch, but there is still so much I want to do, so I want to emphasize to all Clubs let's keep our foot on the pedal and not the brakes, together we can take our Clubs from good to great!



I am very happy to say that since my road trip to visit Clubs in the Eastern Cape in January this year, I have noticed a positive change and more excitement and enthusiasm from Clubs in the area. As mentioned in my message in last month's Newsletter, the District was successful in obtaining a Membership Grant from Lions International which will allow us to send a team to the Eastern Cape to further grow the Clubs.



On the weekend of 25 March 2023, we had a team comprising of PDG Alistair, 1st VDG Lindie and 2nd VDG Perry visiting and presenting a "My Lions Club" Workshop to Clubs in Zone 10 and 11 in the Eastern Cape. This workshop was for all the Clubs in the two Zones to build on the momentum and hopefully grow membership. I am convinced that we will see Clubs in Region E going from strength to strength.



It was a pleasure and an honour for us to attend the Lions Club of Port Shepstone 53rd Charter Anniversary Dinner on our visit to the South Coast of KZN. A great Club with so much passion for Lions even after all these years of service and as PCC Denis says Team Work makes the Dream Work a motto which this Club obviously live up to!

It was also wonderful for me to induct 5 new members at the Lions Club of Scottburgh on my visit to their Club – good to see this Club growing and also all the good work being done by Lions across the South Coast of KZN.



I am extremely excited to advise that the Leo Club of TUKS under the leadership of Leo President Beverley held a marketing campaign and will be inducting new members into the Club to increase the membership to 160 Leos. I don't have any stats, but I would like to think that this is the biggest membership any Leo Club has ever had in South Africa. My congratulations to everyone concerned in achieving this. DC LEOs, Lion Sue, a special thanks to you for what you have achieved in your year.



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Lion Sandy and I were the judges at the annual Zone 3 Chicken Braai. We enjoyed lots of good food, fun and fellowship as we experienced the tastes, sounds and smells of the different countries we visited! Well done to the Lions Club of Alberton who won the Overall Prize with their bright and colourful costumes, their Spanish greetings and presentation and their strong spirit both Team and Tequila and to the Lions Branch Club of Fourways whose attention to the use of traditional dishes, drinks and decor was nice to see.



April is Lions Awareness month with the focus on our Environment Pillar of Service. I urge all Clubs to participate in this very worthwhile PR/Marketing project. DC Marketing & PR, Lion Sandy and our Marketing Team have been sending out Information Flyers, tips to get started, Happy Earth Kids Environment Activity Education Packs with more to follow. My thanks go to the Marketing Team - DC Sandy and Lions Donovan, Priya, Meredith and Barbara and also to DC Environment Lion Alna, for their expertise and support helping to make this a great success! Don't forget Earth Day is on 22nd April but every day should be Earth Day so let's make our Earth a Happy Earth – it's the only one we have.



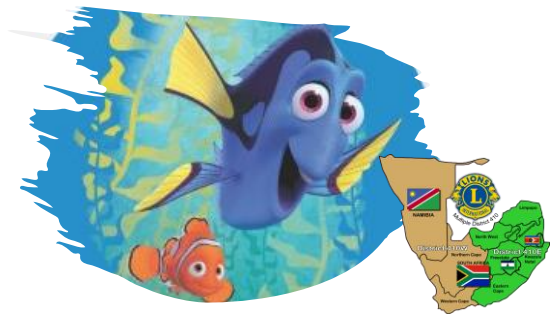
In closing, I would just like to leave you with a quote I read recently and it's so appropriate to Lions and what we do:
The Secret to Living is Giving



See you all at the Oceans of Opportunity MD410 Convention
Register now – you don't want to miss it!



<https://lionsconvention.co.za/>



Yours in Service,
#oneteamonedream

Sydney

District Governor



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TRAVELS - DG SYDNEY & LION SANDY In the words of District Governor Sydney

16th March 2023
Lions Club of Pretoria City



Note from the Editor:
Whilst it may seem like a quiet month in regard to Club Visits, DG Sydney has been hard at work attending to a multitude of District Meetings and attending to the piles of administration that goes with the job.
I can assure you that he has not been sitting watching movies and eating popcorn! 😊

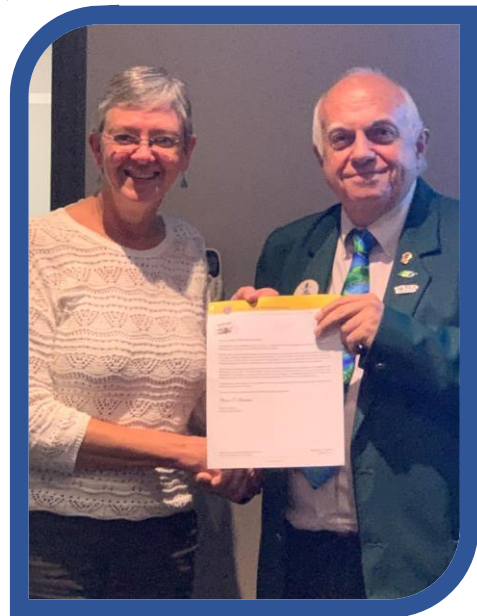


Visited the Lions Club of Pretoria City on 16th March. A Club doing some great projects. My thanks to Lion President Deon and the members of the Lions Club of Pretoria City for their friendship and fellowship.



13th March 2023
Blood Donation

Today, I donated my 178th pint of blood. Always good to save a life where possible.



Also handed over a 25 Year Long Service Chevron to Lion Jan Coetzee's wife Betsie as he was unable to attend the meeting.





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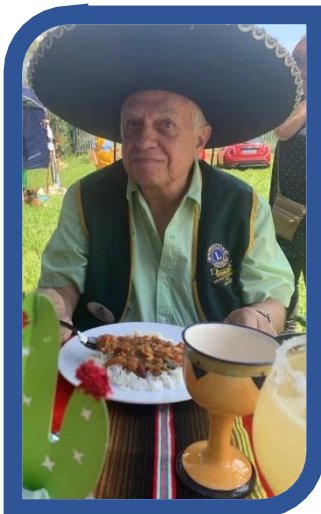
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18th March 2023
Zone 3 Annual Chicken Braai



Winner Winner Chicken Dinner! We had a great time on Saturday 18th March at the Zone 3 Annual Chicken Braai where Lion Sandy and I were the judges, and everyone was a winner! Lots of good food, fun and fellowship as we experienced the tastes, sounds & smells of the different countries we visited! Well done to the Lions Club of Alberton who won the Overall Prize with their bright & colourful costumes, their Spanish greetings and presentation and their strong spirit both Team and Tequila.



To the Lions Branch Club of Fourways whose attention to the use of traditional dishes, drinks and decor was nice to see - Local is Lekker - the Lerato Maluti Gin and Ginger beer were especially good! Thanks to Edenvale Lions for hosting this annual event.



CHANGE TO LIONS PORTAL

Get ready for the



Lion Portal

In a few months, we'll be combining MyLion, MyLCI and Insights, along with some additional tools and functionality, into a unified mobile-friendly experience called the Lion Portal.

Help ensure a smooth transition. Make sure your Lion Account information is correct in MyLCI or your regional reporting system and has a unique, unshared email address.



Learn more here: lionsclubs.org/portal-updates.

PLEASE TAKE NOTE OF THESE DATES AND ACTION ACCORDINGLY.

Date (No later)	What to Action
15 June	Enter ALL CLUB OFFICERS for 2023-2024
15 June	Enter Service Activities for Events prior to 1 June 2023. Reporting for 1 June going forward will be in the new system after conversion.
15 June	Record any Club or donations to LCIF are in the bank with the appropriate supporting documentation for recognition.
15 June	MAKE SURE CLUB DATA IS ACCURATE for this year (2022-2023). For example: New Members, Sponsors, New Clubs formed, Transfers and other end of year activities specific to Clubs are correct and recorded in MyLion/MyLCI.
15 June	Ensure that EVERY MEMBER has an EMAIL ADDRESS LISTED as NO SHARED EMAILS can be used in the new Lions Portal.
15 June	Makes sure MEMBER BIRTHDAYS are entered since birth dates in MyLCI will be converted. For Club Secretaries, download the Member Information Update Report and have your members update their information.
Late April	Training is to begin so stay tuned and get those updates done.



MyLion



MyLCI



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AMENDMENTS TO SECTION 18A TAX RECEIPT INFORMATION

Tax regulation updates:
New Sec 18A Tax Requirements
valid from
1 March 2023

As of 1st March 2023, the South African Government Revenue Services has enforced the amendment to the regulations governing the issuing of Section 18A Tax Certificates.



This means that donors will need to provide additional information to Public Benefit Organisations (PBOs) for them to constitute valid receipts entitling the relevant donors to a tax deduction.

As per the Government Gazette No. 48104 dated 24 February 2023, SARS now requires further information on the Section 18a Tax Receipt in terms of section 18A(2)(a) of the Income Tax Act:



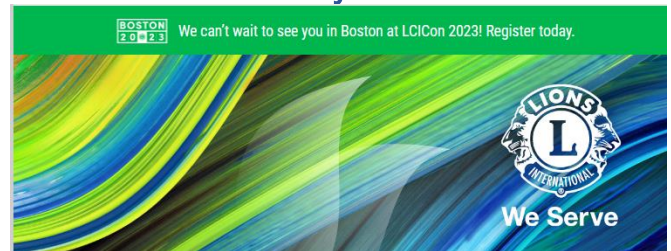
- Donor nature of person (natural person, company, trust, etc.);
- Donor Identification type and country of issue (in case of a natural person);
- Identification or registration number of the donor;
- Tax reference number of the donor (if available);

- Contact number of the donor;
- Electronic mail address of the donor;
- A unique receipt number; and
- Trading name of the donor (if different from the registered name).



Only SARS approved PBOs are capable of issuing section 18A tax receipts. Other institutions that may do so include amongst others the Government of the Republic of South Africa, a SARS-approved institution, Board or Body, and certain specified United Nations entities.

INTERNATIONAL PRESIDENTS LATEST MESSAGE – 28 February 2023



Dear Lion,

Like so many of you, I'm proud to carry on my family's legacy as a Lion. But today, we're doing things a whole lot differently than my grandfather did. That's because innovation is such a huge part of our tradition, and it's how we've met the changing needs of our communities for generations.

Innovation is about embracing new ideas, new service and new ways of connecting with our communities—and it begins with each of us. So, let's keep thinking about new ways to innovate. Because when we ensure that our tradition of service is as vital today as it ever was, we not only honour our past, we create a brighter future for our communities and our world.

Make a great day,
Brian Sheehan
International President

Hyperlink to full publication:

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1293603&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=305d8031413646a28fd89b1c14c2c094&elqaid=28940&elqat=1>





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Innovation Begins with You

As Lions, we don't just adapt—we innovate to meet the ever-changing needs of our communities. Here are three ways that your club can keep innovating every day.

Welcome change – Every new member brings new skills and new ideas that can help your Club serve even better. So invite friends and family to your next innovative project, and **Just Ask!** them to serve with you as a Lion

Stay connected – Connect with your community by sharing your service stories on social media. Get tips, blogs and how-to videos on our [Social Media for Lions Clubs](#) page, or go even bigger with our [social media kits](#) to make your pages really stand out.

Serve big – Be ambitious about your service, and explore the [LCIF Grants Toolkit](#) to learn more about our grants that can help you serve even bigger than before.

And don't be afraid to try something new. Watch this [special video message](#) from President Sheehan to see how Lions are making a big difference in their communities by thinking outside the box.

LIONS AWARENESS MONTH – APRIL 2023

(DC Marketing & PR, Lion Sandy van Heerden)



A friendly reminder from DC Sandy & the Marketing Team!

Plan a Happy Earth Day Project and please share your Projects and Pictures on Social Media and in your local newspapers and don't forget to use the relevant hashtags!

- #happyearth
- #smallhandsmakeadifference
- #proudtobealion
- #gogreen
- #savetheplanet
- #lionsawarenessday

MD 410 LIONS AWARENESS CAMPAIGN

HAPPY EARTH

Running in April 2023 & culminating at the Multiple District 410 Oceans of Opportunity Convention in Durban

During April 2023, hundreds of MD 410's most dedicated and hard working Lions will be on deck to let the general public know more about what Lions get up to in this part of the world. Our precious environment will be the focus of the month's activities and we will be encouraging people to learn more ways that we can protect and preserve the special place called earth that we all call home. The campaign will centre around the following three issues and will be supported by a social media campaign targeting Lions as well as the public.

HERE ARE SOME SUGGESTIONS TO GET YOUR CLUB INVOLVED:

- 1 Environmental Gardens**
 - 1. Organise an awareness activity within your community by performing a highly visible and impactful environmental service project or promoting a particular environmental issue.
 - 2. Get permission to set up an information stall outside your local supermarket or shopping centre or green space with high-foot traffic.
 - 3. Pin your Lions Awareness Day location to the map and advertise on social media few weeks prior to the event.
 - 4. Set up your stall with your branded gazebos and banners and get your members to put their best foot forward in your branded club gear.
 - 5. Provide a free snack/refreshment to draw in the crowds.
 - 6. Invite members of the community to view and learn about one of your recent community projects or to attend an upcoming project.
 - 7. Don't forget to take along plenty of Lions promotional materials to hand out (include contact details).
 - 8. Take lots of photos with the general public and upload to your social media pages, tag and create a buzz with a clever pertinent message.
 - 9. You can use the following hashtags: #happyearth #proudtobealion #smallhandsmakeadifference #lionsawarenessday #gogreen #savetheplanet
- 2 Reduce, Recycle, Reuse**
 - Please contact DC Marketing Sandy van Heerden if you have any queries at sandyvheerden@gmail.com or call/whatsapp 0835646388
- 3 Environmental Clean ups**

Please contact DC Marketing Sandy van Heerden if you have any queries at sandyvheerden@gmail.com or call/whatsapp 0835646388

Flyers, Posters and Kids Environment Activity Packs have been shared with Clubs – let's teach our children that small hands can make a difference.

Please request your President or Secretary to forward the Promotional Pack to you – sent via email from CS Rowan Tuckett.

Earth Day should be every day – it starts with us. Look out for the latest Environment Newsletter on How to Make Eco Bricks. We look forward to hearing about all the exciting Awareness Projects Lions Clubs around our District are involved in.

HOW TO MAKE AN ECOBRICK

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
Collect clean and dry plastic waste at home	Find a clean, dry 2-litre cooldrink bottle with a lid	Compress waste into the bottle with a stick	Pack tightly throughout the process to ensure it is compressed	Put the lid back on and your EcoBrick is ready to be built with



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The awesome artwork for our Kids Activity Packs was done by Lion Donovan Henri from the Lions Club of Standerton. Lion Barbara from the Lions Club of Midrand will be looking out for the best posts on social media and your Club could be a winner!

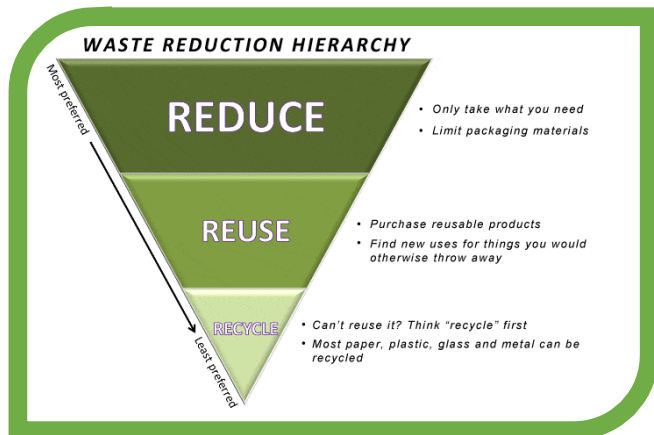


We plan to boost the best posts on Facebook far and wide. We can make a difference.

EXTRACTS FROM ENVIRONMENTAL NEWSLETTER – MARCH 2023

(DC Environment, Lion Alna Jackson)

RECYCLING VS REPURPOSING



Instead of putting your empty plastic bottles in the recycling bin, try a few fun crafts to repurpose your bottles. This could also be used for craft days with schools, youth centres and the like:



Use the bottom of a 2-litre plastic bottle to stamp cherry blossom designs onto a large sheet of paper. Use a thick brush to paint a branch on a long piece of paper.

Dip the bottom of the bottle into pink paint, and then use it to stamp cherry blossom patterns around the branch. Paint a few black or pink dots in the middle of each blossom. The best bottle to use for this project has 5 to 6 nubs or bumps on the bottom. These will make the petals.



Turn two plastic bottles into a zippered coin purse. Cut the bottom 1 ½ inch (3.81 centimetres) off two water bottles using a craft knife. Discard the top part and keep the bottom. Find a zipper that can wrap all the way around the bottle. Put a line of hot glue around the inside rim of one of the bottles. Press the fabric part of the zipper against the glue. The zipper pull should be on the outside of the bottle, and the teeth should be lined up with the rim. Open the zipper, then place a line of hot glue around the inside rim of the other bottle. Press the other side of the zipper against the glue. Wait until the glue hardens, then close the zipper. Your little zipper coin purse (for milk money, parking money, etc).



This can of course also be used as a pencil case.





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REUSING FRUIT PEELS



Many organic gardeners recommend putting banana peels to use in the garden, rather than wasting them. They suggest:

- Adding them to soil as worm food.
- Soaking them in a jar of water overnight, then watering your veggies with the water: watch the difference!
- Putting them under rose bushes as a deterrent to aphids.
- Using them to attract butterflies.



Old Garden Boots (or any other boots or shoes that have been properly treated), make interesting planters for your plants, veggies or herbs.



And finally, consider using old tyres to make attractive planters at community centres, schools, etc. See the article on Ecocircles on the Environment page of the District 410E website (hyperlink below).

<https://lions410e.org.za/environment.html>

ENVIRONMENT CALENDER – APRIL 2023

Date	Event
22 April 2023	Earth Day
2 – 8 May 2023	Compost Awareness Week
22 May	International Day of Biodiversity



NEW MEMBERS “ONE TEAM ONE DREAM”

(As reflected on the March 2023 WMMRs)

LION PENELOPE CLARKE

Sponsor: Lion Mauritz van den Heever
Lions Club of Alberton

LION SHARLEEN FOIDI

Sponsor: Lion Elindi van den Heever
Lions Club of Alberton

LION DEBORAH MANFREDO

Sponsor: Lion Mauritz van den Heever
Lions Club of Alberton

LION DESIREE OLIVIER

Sponsor: Lion Elindi van den Heever
Lions Club of Alberton

LION KEVIN WELLMAN

Sponsor: Lion Mauritz van den Heever
Lions Club of Alberton

LION ASHU LANDA

Sponsor: Lion Savy Moodley
Lion Club of Durban East Coast

LION JAYOTHEE RAMLAL

Sponsor: Lion Savy Moodley
Lions Club of Durban East Coast

LION RUBINA BHAIJEE

Sponsor: Lion Seija Wicker
Lions Club of Scottburgh

LION RAIYA DAWOOD

Sponsor: Lion Keith Weston
Lions Club of Scottburgh



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LION BRIAN LAWSON
Sponsor: ?
Lions Club of Scottburgh

LION KAY LAWSON
Sponsor: ?
Lions Club of Scottburgh

LION ALAN WRIGLEY
Sponsor: Lion Anthony Butler
Lions Club of Scottburgh

LION JAN JONKER
Sponsor: Lion Dennis Whitehead
Lions Club of Stilfontein

On behalf of District 410E we welcome all to the family of Lionism.

TEAM WORKS FOR MARCH 2023 CLUB SUBMISSIONS

Thank you to the 9 Clubs that submitted their stories and photographs of the various activities for March 2023. It's easy type up an email and send to The Editor with your photographs attached. 😊

jacquihocking55@gmail.com



Lions Club of Centurion



LP Isaac and VP Vusi delivering donated infant milk formula to a Place of Safety.



Lions Bernice and Patrick delivered cushions, puzzles and games donated by Sungardens Hospice to the Alphonso Place of Safety outside Bronkhorstspuit.



Cushions, soft toys and puzzles handed over to the Spruit Creche in Mooiplaas, which looks after 70 children.



LP Isaac delivered a food parcel to a gentleman recovering from an operation.



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Lion Given delivered school workbooks to Bakwena Day Care

Lions Club of Howick-uMngeni



On the 12th of March 2023 the ladies of Howick Lions made and sold pancakes to raise funds.

TUKS Leo Club



TUKS Leo Club had a very successful marketing week from 13 – 16 March at the start of the university year and are now 160 members strong!

Lions Branch Club of Lenasia

Lion's Roaring Dinner & Dance Fundraiser

Fun Activities for the Kids while the Adults Dance the night away

CASH BAR AVAILABLE

Family Event
R200 per Adult
R120 per Child

SMART CASUAL

For Tickets

22 APRIL 2023
17:30 SHARP
VARACHIA HALL
179 HUMMINGBIRD AVE
LENASIA

CONTACTS:
011 854 8219
WHATSAPP ONLY:
083 793 5388

The Lions Branch Club of Lenasia is hosting a fundraiser event on 22 April which will also serve as a Meet & Greet to recruit new members.



This was held at the Student Centre with an interactive and fun meet and greet session hosted by LEO President Beverly which served as an icebreaker and a warm welcome to the new members.



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Lions Club of Midrand



On the 11th of March, Lions Melanie and Patricia held the first of the “Facilitators” Workshop with the Rays of Hope Youth Leadership Group teaching them how to present and impart the knowledge to their peers being the youth groups in Alexandra.



The Lions Club of Midrand's Monthly Eye Clinic saw 13 patients with 11 Scripts submitted to Lions BrightSight to be filled.



Their project for the next session will be to pick a topic that was covered in the various sessions last year the prepare and present to the Lions Club of Midrand Facilitators thereby building their confidence to take over as the Facilitators to the other Youth Groups.



Some of the members of the Lions Club of Midrand gathered at the home of Lions Cliff & Jacqui on the 25th of March for a Social to celebrate Earth Hour. Of course Eskom added to Earth Hour by not hitting the “on” switch following the scheduled load shedding. Great company, excellent food and loads of laughter and fellowship.



Lions Emmanuel and Cosmas, with the help of Lion Emmanuel's brother collected and delivered 23 desks with accompanying credenzas plus 16 office chairs courtesy of the contact from the Lions Club of Wilro Park to Rift Academy School in Ivory Park. This was done over two days, the 22nd and 23rd of March. The school currently caters for 198 Learners (Grades 1 to 11) and 17 Staff Members and this furniture goes a long way to making the lives of the Educators and Staff a lot more comfortable.





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Lions Club of Pretoria Jakaranda



On the 4th of March Lion Patricia and Beryl visited former Lion Rykie, a Charter Member of the Lions Club of Pretoria Jakaranda who now resides with her daughter and gave her a hand-made sensory pillow to help her feel more comfortable and safer.



On the 18th of March a wonderful lunch was shared with Lions Lindie van Wyk, Patricia van Wyk, Marge Buckland Sonja Schilling Willemse and two of our "retired Lions" Marthie (on a visit from Italy) and Juliana. Memories shared and quite a few tears.

Lions Club of Scottburgh



The Lions Club of Pretoria Jakaranda held an Arts and Crafts Day at Phyllis Robertson Home on the 7th of March.



On the 4th of March, the Lions Club of Scottburgh invited Learners from Scottburgh High, Umkomaas Primary and Saint Francis schools to our Branch clean up initiative.



This is a home whose residents have various disabilities. The Lions Facilitators had as much fun as the residents.



146 Individuals/Learners responded, "Together we can". A Talk was given to the Learners about how important it is to keep our Environment clean.



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A huge tyre was also removed from the rocks. Various members of the public also responded to their flyer which was posted on various groups and in the Methodist Church.

Lions Club of Vereeniging



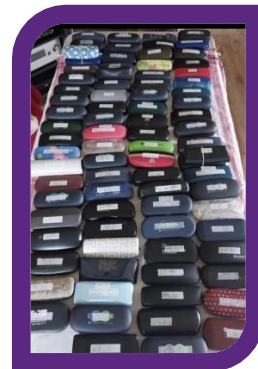
The month of March got off to a sad start with the funeral of the Lions Club of Vereeniging's dear Lion Alistair Morrison. He had served as a Lion for 43 years, as was Club Treasurer for over 30 years, as well as Club President and Zone Chairman, in addition to being a Melvin Jones Fellow. RIP Alistair, you will be sadly missed.



The effort regarding service is ongoing! Two bakkie loads of clothes and goods were delivered to a local church, 100 baby jerseys donated to the Grace Factory, dollies knitted by one of their stalwarts, for another project with the Vaal Mall.



Medical items donated to a local Retirement Village, and of course the Soup Kitchens are still on the go.



However, eyes were the focus of the Lions Club of Vereeniging's March activities - pardon the pun! At the Eyes of Love Clinic held at the Vaal Mall in conjunction with the UJ students and Lion Kelly, they tested 120 people and supplied 90 pairs of spectacles.

THEN they had an amazing time using the SPOT machine at 5 local primary schools: Pinedene, Milton, Drie Rivière, Arcon Park and Handhaver, where a total of 2495 pupils and staff were screened, with 499 needing extra testing!





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A huge thank you is extended to Lions Rochelle and Jamie, who bore the brunt of organisation and vision screening, not forgetting the other Lions and volunteers who helped.

Lions Club of Wilro Park



Lots of fun was had by the Lions Club of Wilro Park on the 7th of March playing Bingo at West Rand Association for the Disabled!



PCC Rob McClarty did a great job of calling and the Lions all stepped in to help - everyone really enjoyed the evening of Bingo and Treats!



A Fund Raiser "Rockin' the Night Away" was held by the Lions Club of Wilro Park on the 11th of March.



Good fun, good food, good friends and a flipping good fellowship.



It's nearly Easter Egg time and the Lions Club of Wilro Park have been busy on their rounds delivering Easter Eggs to schools and creches!



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Over 4000 Easter Eggs were collected for the Lions Club of Wilro Parks Easter Egg Drive by Lantern School.



There were so many easter eggs to deliver that they had to split up into 6 teams on the 23rd of March to make sure it happened before school closed for the holidays.



In keeping with the MD410 Lions Awareness Campaign “Happy Earth”, The Wilro Lions Eco Express made from Eco bricks, before and after pictures – the train is ready!

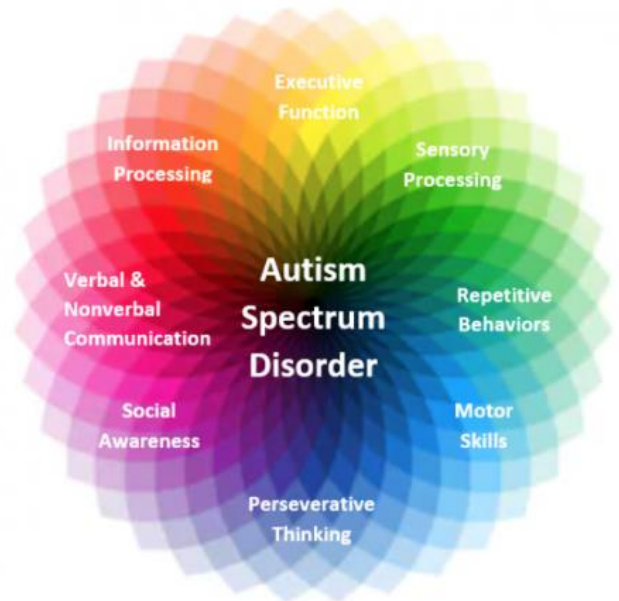


World Autism Awareness Day – 2 April

(Written by: DC Health, Lion Avril Hobbs who has two children with ASD)



UNDERSTANDING THOSE ON THE AUTISM SPECTRUM:



Autism is a neuro-developmental disorder that affects how the brain and body works. It affects social communication, and the way people see the world and respond to stimuli.





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CHALLENGES OF AUTISM from the viewpoint of someone on the spectrum, or with ASD.



“These are often more social issues, especially if you have High Functioning Autism or Aspergers as it was first known. e.g., I find it difficult to understand nonverbal cues like the way someone may pull their face or roll eyes. Not understanding the nuances of speech, so I don’t always understand jokes that are played on words. In the workplace this means that I would not understand if someone was just teasing me or if they are just being mean.

The disability part is not being able to work at my own pace. I need to do this in a structured and systematic way that my brain understands.



Change or rather sudden unexpected change is not easy as it causes stress. When I get stressed, I just want to go into my “happy” or safe place, and no one must come into that space. It allows me to calm down. Working at my own pace gives me more control over this kind of stress. Lots of noise may distract me from working in this way.”



LEVELS FOR AUTISM

LEVEL 1 : Requiring Support	LEVEL 2 : Requiring Substantial Support	LEVEL 3 : Requiring Very Substantial Support
<ul style="list-style-type: none"> • Difficulty initiating social interactions • Have problems of organization and planning 	<ul style="list-style-type: none"> • Have limited initiation of social interactions • Frequent restrictive / repetitive behaviors 	<ul style="list-style-type: none"> • Severe deficits in verbal and nonverbal social communication skills • Inflexibility of behavior, extreme difficulty coping with change

The Autism Spectrum is very wide, and people with this disability range from being and looking as if they are neurotypical or “normal” to severely compromised and requiring full time care.

Reading your children’s emotions and getting them to trust you (or someone else) to express their feelings is key. That way, you can make accommodation and get them on the same page.



Often folk will ask how parents and caregivers cope....it is not an option you have to; but your job as the Mom or primary caregiver is to ensure your child (however old they are) is cared for, included in social/family affairs, gets the medical and educational help they need and knows they are also a person!

WHAT CAN LIONS DO TO ASSIST THOSE IN THE COMMUNITY WITH AUTISM: BE PATIENT!



1. **Create visual schedules** that children could use for routines at home, school and in the bathroom.



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2. **Make Fidget Boards:** these can be given to care facilities for the children to play with. For more advice contact the Lions Club of Wilro Park.



3. **Purchase or make weighted blankets:** these are expensive, but the sensation of being squeezed or squashed is calming. For those who are interested, read Temple Grandin's autobiography: Thinking in Pictures.



4. **Make a Sensory Bottle:** Fill an old plastic bottle with a mix of water, glitter and a few drops of food colouring. Drop in a few buttons or marbles and then seal the lid tightly using a hot glue gun. Alternatively use water babies or water beads (the ones that grow when you add water) in different colours. The child mixes the contents by shaking, and then watches as they separate out again. This is said to be calming.



5. **Thread Edible Jewelry:** use candy laces and licorice to create pretty necklaces and bracelets. Encourage your child to hone their [motor skills](#) (click on the hyperlink) by threading on cereal with holes in the middle and other colourful candies. Once they've finished, knot the ends and your child will be delighted with their fashionable (and tasty) creation.



6. **Create a Sensory Collage:** Children with Autism can often find [distinct textures and sensations overwhelming](#) (click on this hyperlink). Ease your child into more messy activities by making a tactile collage with a small selection of new materials such as aluminum foil, glitter and magazine clippings. Over time your preschooler may enjoy being introduced to a wider range of textures.



7. **Try Coin Rubbing:** A timeless classic that even adults can get involved with. Simply gather up a few different coins, place a sheet of paper over the top and use mixed crayons to "rub" a colourful pattern into the paper. Children with Autism will love making patterns while developing their hand-eye coordination skills.



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THE GLOBAL MEMBERSHIP AND GLOBAL EXTENSION TEAMS

(DC GMT PDG Alistair Tuckett & DC GET CCE Bernd Gerhard)



Being part of a great organisation like Lions International is a real privilege.



The Global Leader In
Humanitarian Service

www.lionsclubs.org



A growing membership is essential for realising Lions Clubs International's vision of being the global leader in humanitarian and community service. New members inspire your Club with new energy and ideas while providing the next generation of Lion leaders. New Clubs extend your reach into new communities, allowing you to serve more people in new ways.

The Global Membership Team (GMT) supports membership development by recruiting new members and promoting positive membership experiences. The Global Extension Team (GET) is focused on starting new Clubs within District 410E. Let's remember, growing and retaining membership are the primary goals of the GET and GAT. However, we cannot lose sight of why we need members. More members mean more Lions who will join us on the service journey of making a difference in our communities. More members also mean new ideas and future leadership within our Clubs and District.

Both the GMT and GET are part of the District Global Action Team (GAT) and work very closely with the Global Service Team (GST) and the Global Leadership Team (GLT), and as a result the Strengthen 410E initiative, whereby we provide guidance and tools to Clubs to help strengthen Clubs and its members. If we have strong Clubs, we have a strong District.



When it comes to starting a new Club in your vicinity, few members give it much thought. Just like in your own current Club, continued growth is important. It offers us the opportunity to expand our service to so many more needy people.



We Serve

Service minded volunteers are all around us and we often do not showcase our wonderful projects that we do, via the written media and via social networks. By doing so, we will attract potential members who want to be part of this winning Lions International formula.

There are multiple ways of chartering a new Club of a minimum of 20 members:



1. Special interest groups, such as a hobby group, an old timer car club, a group of attorneys, variety of sports club members or even like-minded pensioners. Consider making specialty clubs a part of your new club strategy.
2. Neighbourhood watch members, local councilors etc., are a great source of future Lions club membership.

It is not that difficult to start talking to one or two of your acquaintances who in turn will have other friends and family and very soon the initial core of interest will expand to the required numbers, to charter.



For Clubs looking at starting a new Club or even a Club Branch in a community near you please contact DC GET, CCE Bernd Gerhard (bernd.gerhard@za.sedgwick.com). We need your help in identifying areas that need Clubs. It is **YOU** we are looking for to make that initial commitment to get a new Club going. It is **YOU** and some other fellow Lions that will find this journey of commitment so rewarding. We need Lions who are prepared to assist and drive the development of new Clubs and Club Branches. Please contact CCE Bernd if you want to be part of the team.



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It is important to remember, however, that it is not just about looking for new members, but it is **also about looking after the current members** we have in our Clubs.

If you would like more information on what tools there are available to ensure that you have happy members or tools that are available to attract new members please contact the DC GMT, PDG Alistair Tuckett (alistair.tuckett@lions410e.org.za).

Lions have found the following resources to be helpful in bringing in new members. Always remember that everyone in your community is a potential Lion!

- [Just Ask: New Member Recruiting Guide for Clubs:](#) (click on the hyperlink) This comprehensive guide uses a process that is very similar to Strengthen 410E to show you how to recruit new Lions.
- [Membership Growth Event Toolbox:](#) (click on the hyperlink) Find helpful information about how to plan and host a successful recruitment event.

Lions Clubs offer a unique opportunity for people of all ages to serve their community together. **Sponsoring LEO Clubs increases the service in your District**, makes membership more appealing to families and builds the next generation of Lion leaders. **Contact the DC LEOs, Lion Sue Smit** (sue.smit@acornfoundation.org.za) for more information.

People can serve their communities anywhere, but they become Lions for the fellowship. These resources will help keep your members engaged and show where you have areas to improve.

- [Exceeding Expectations:](#) (click on the hyperlink) This survey provides Clubs the opportunity to gather the opinions of their members to improve member satisfaction.
- [Member Satisfaction Guide:](#) (click on the hyperlink) Strategies for how to keep Lions happy and active.



Also remember to share your success stories with fellow Lions and Lions Clubs, so that they can adapt the plan that worked for your club to make it work for their own club. Please feel free to contact any member of the team if you would like more information.



World-wide induction day – 29 April 2023

We as Lions in District 410E sometimes underestimate the importance of this event. We need to take full advantage of this focused approach with as much written and social media exposure as possible.



ORIENTATION

One Event- One Focus – One Result

More new members that have undergone **professional orientation, who will make long lasting Lions Club members in your community.** This will enhance your individual Club's strength to do so much more needed service work within your communities.

“Time management” is really a misnomer - the challenge is not to manage time, but manage ourselves. The key is not to prioritize what's on your schedule, but to schedule your priorities.
Stephen Covey



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TEAM WORKS FOR MARCH 2023 FACEBOOK TROLLING!

Lions Club of Alberton



The Lions Club Alberton supplied and donated court care bags to the social workers at Tutela Gesinsorg/Family Care Linden on the 10th of March.



Message from Tutela - The court passages are not very child friendly and the court process daunting for most. These packets will make the hours of waiting a little easier to handle.



On the 11th of March, a great day was held for Vision and Diabetes screening. The Lions Club of Alberton did eye testing and diabetes screening for 70 members of the community in partnership with UJ students and Lion Kelly from the Lions Club of Henley-on-Klip.



25 Mommy Care bags packed and delivered to the moms at the South Rand Hospital on the 17th of March and then a special delivery on Sunday, 26th March, when packs were delivered. In the words of the Lions Club of Alberton, it is a joy being able to make a difference.



This is all done with the help of the incredible ladies of All Heart Angels who knit and donate beautiful goodies as well as members of the community who support the Lions Club of Alberton with toiletry donations.



Lion Sandy baked 46 chocolate twists and delivered them to the feeding project in Turffontein on the 17th of March. Lots of happy tummies and big smiles.



On the 17th of March an amazing donation of 3000 baked pastries were delivered to the beneficiaries of the Lions Club of Alberton.



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The ongoing project of supplying lunch on each Friday to the Nursery School in Alberton North continued on the 17th of March with Lion Adele cooking a delicious lunch of macaroni and cheese. As always, the children were so happy and appreciative of the meal.

Lions Club of Benoni van Rhyn



Groceries were handed over on the 10th of March to the Principal and staff at Sizuzile Primary School.



The Lions Club of Alberton hosted an Appreciation Day on the 22nd of March in celebration of Social Workers Day. Delicious eats were served with Bridge Church availing the venue and the refreshments station. The Doxa Deo Church donated towards the Gift Bags for each attendee and Lion Cindy supplied beautiful handmade beaded. Alida from Ligstad, Marihet from Amcare gave an uplifting talk and self-care activity.



On the 11th of March, the Lions Club of Benoni van Rhyn was *finally* able to present Past President Sandra van Jaarsveld with her Melvin Jones Fellowship. They managed to keep it "under wraps" for 6 months waiting for the right occasion to arise. This was done with thanks and acknowledgement to Lion Sandra for always serving the community despite her own hurdles and hiccups.



Lions Club of North Durban



Each Saturday, the Lions Club of Durban North have members collecting food for their monthly food parcels. On the 18th of March the team were busy packing these parcels for delivery to their respective beneficiaries.





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Lions Club of Cowies Hill



The Lions Club of Cowies Hill did another food collection on the 5th of March at Westville Superspar and were overwhelmed with the generosity of the public, collecting 6 trolley loads of food to be packed and distributed to their beneficiaries.



Also on the 5th of March, some of the members of the Lions Club of Cowies Hill manned the bacon and egg roll stand at Queensburgh Cheshire Homes Fete whilst another Lion worked hard at the Craft Stand.



The food from the 5th of March food collection was delivered on the 7th of March to Shap Shap Community Centre and Osindisweni Creche.



On Saturday the 11th of March at their GBM, the Lions Club of Cowies Hill held an ice breaker with a difference. They named the teddies that will be donated to CHOC and each teddy got a name tag.



The weekly Wednesday visits to Pediatric Oncology Ward at Albert Luthuli Hospital took place for the month of March. On the 15th of March, the Lions Club of Cowies Hill made coasters with the children to keep on their cabinets and coloured in and cut out paper dolls.



On this occasion they handed out the teddies knitted by Lions and friends, that were named at the GBM. Wonderful to see on the 22nd of March, six children could come to the playroom where much fun was had using glitter. The remaining six children who were in bed were entertained as well.





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The Paradise Valley Nature Reserve pathway was completed on the 18th of March by the staff who carried out the repairs following the donation of 15 bags of cement by the Lions Club of Cowies Hill.

Lions Club of Durban South



The Lions Club of Durban South attended the Lions Club of Cowies Hill GBM on 11th of March and amidst it being a very production meeting, there was great fun in naming the teddy bears for CHOC.



The second Childhood Cancer Awareness talk was held on the 20th of March by CHOC at the Salvation Army as part of Lions Leadership Journey training course project.

Lions Club of Kingsburgh



Nine members of the Lions Club of Cowies Hill attended the Lions Club of Kingsburgh Music Quiz Fund Raiser on the afternoon of 25th of March. Loads of laughter, some dancing and also winning two lucky draw tickets and the raffle.

The GBM of the Lions Club of Kingsburgh held on the 14th of March was attended by Zone Chairperson Avril Hobbs with the Lions Club of Cowies Hill doing a raid.



On the 29th of March, another Childhood Cancer Awareness talk was held in Shongweni Dam Community. Once again thank you to CHOC and Nelly a community leader in the area. There is a huge need in rural areas for education on important health issues.



Great discussions and loads of fellowship shared with fellow Lions.

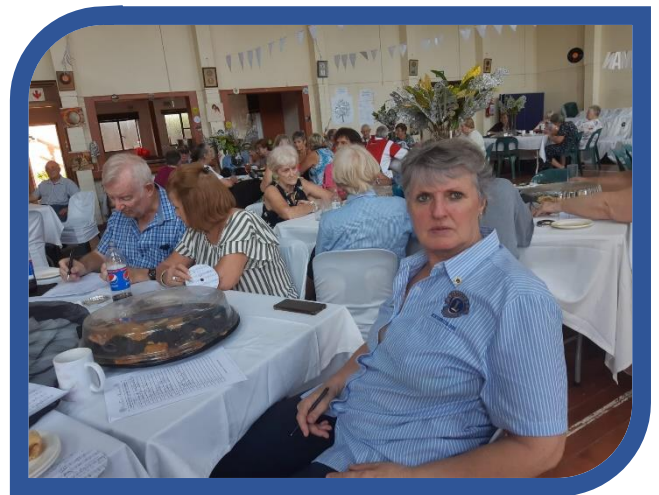


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On the 19th of March, the Lions Club of Kingsburgh had a lovely visit to the Mother of Peace Home Illovo. They have been supporters of the Home for many years, donating Christmas goodie bags for all the children and food collected during their regular food collections at Seadoone Checkers. On this occasion, they left two donated gifts for the children and plan to hold a "hot dog" musical party for the children soon. Grateful thanks from the home for dropping by and a huge thank you for their ongoing support.



A stunning atmosphere with loads of fun and laughter in a beautifully "dressed" room.



Mother of Peace is a children's home that depends on the generosity of the community and beyond to maintain a safe, nourishing and happy environment for over 50 children of all ages.



Lions Club of Nelspruit



The Lions Club of Kingsburgh held a great Fund Raiser "Name The Tune" on the 25th of March which was well supported.



The Lions Club of Nelspruit had a great time on the morning of the 11th of March with the children from Winnie's Orphan House in Kabokweni, "Huis Bethlehem" and local schools at Nelspruit Airport.



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The Lions Ladies provided the guests with delicious snacks and cakes and the Lions served the guests with refreshments. Lion (Dr) Hilton Horsley ran the afternoon's games and did a superb job of keeping guests entertained



Lions Club of Pretoria South

Many thanks are extended to the Lowveld Aero Club and other sponsors for making this day possible. The children so enjoyed the flights and their facial expressions after their flight spoke volumes. To quote one of the children "it was very lekker". 😊

Lions Club of Port Shepstone



Team Lions Club of Pretoria South ready for the Cape Town Cycle Tour in perfect weather on Sunday 12 March. This is one of the most beautiful bike races in the world which circles the Cape Peninsula, starting and finishing in the shadow of Table Mountain, one of the seven natural wonders of the world. Twenty-Six Members and friends made up the team.



The Lions Club of Port Shepstone hosted another afternoon of fun and games for our senior folk at the Sheppie Lions' Den on Saturday the 25th of March. In attendance were 50 guests from the Flower Foundation, Mbango Retirement Centre, and other private addresses.



A huge thank you to all the Lions of the Lions Club of Pretoria South and Friends of the Club who spent Sunday the 12th of March sweeping at the Buffelsdrift Trailseeker today. The organisers were super impressed with them.



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Lions Club of Shelly Beach



The Lions Club of Shelly Beach were at Dezzi Racetrack on the 18th of March hosting patrons to delicious food cooked and supplied by them at the “Food Shack”.



All funds raised were for their Projects Account

Zone 3 Chicken Braai hosted by the Lions Club of Edenvale



A fun day was had on Saturday the 18th of March at the Annual Zone 3 Chicken Braai hosted by the Lions Club of Edenvale. A great way to spend a Saturday with friends and fellow Lions.



The participating Clubs were the Lions Clubs of Alberton, Edenvale, Kensington, and Fourways Branch. DG Sydney and DC Marketing & PR, Lion Sandy were the judges on the day.



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The Lions Branch Club of Fourways won the Food & Décor



This as you know will be held at the Riverside Hotel from 27 to 30 April 2023. Loads of fun was had albeit hard work.



And the overall winner being the Lions Club of Alberton for the decorations, costumes, and Club spirit.

Zone 8 Get Together



Once again, the Lions Clubs from Zone 8 got together at the Lions Club of North Durban's Clubhouse on the 26th of March to make and paint decorations for the Multiple District 410 Convention "Oceans of Opportunity".





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DISTRICT 410E GOALS

WHERE ARE WE AFTER QUARTER 3

(July 2022 to March 2023 – DG Sydney van Heerden)

District Goals	Status as at 31 December 2022	Status colour
Membership		
Grow Membership to a minimum of 1,100 members	Start of year: 982	983 +1
Charter 3 new Clubs and start 2 new Club Branches	Only one new Branch Club has been chartered so far this year. Lions Branch Club of Lenasia on Sunday 31 July 2022. There are a few in the pipeline, which I'm hoping will still charter this year.	1 Branch Club
Implement a Retention Programme to ensure drops do not exceed 120 members	We have come up with a Retention Plan and are currently contacting all Lions that have resigned "in good standing" and we hope to establish reasons for Lions leaving the organization. To date we have already had some success.	Implemented the plan and have received some feedback
Reporting		
100% of the Clubs to report their Membership (WMMR) every month by the 25 th of each month via MyLCI	The Club reporting is definitely getting better each month. The Zone and Region Chairperson have been great in contacting the delinquent Clubs that are not reporting regularly.	98% average membership reporting
100% of the Clubs to report their Activities by the 25 th of each month via MyLion	This area has also seen an improvement in reporting and again the Zone and Region Chairpersons have been the main drivers.	98% Average reporting

Service	District 410E via our Clubs to serve 800,000 people during the fiscal year 2022/2023 covering the service campaigns and five pillars of Lions	We have served 482,224 people this year. Still a long way to go to reach our goal. There is still a lot of Clubs that are not reporting their people served accurately and per the guideline sent to club by DC GST PDG Ian.	Almost 50%
Training	A long-term strategic initiative to empower and strengthen clubs in District 410E ("Strengthen 410E") will be further developed and implemented on a regional basis	The Strengthen 410E initiative is starting to gain traction in the District and I'm confident that we will start to see the fruits of our labour this year running into next year.	Gaining traction and starting to "bear fruit"
	10 Guiding Lions to be trained this year and used to build old Clubs in need of assistance and start new Clubs	21 Trained and Certified so far this year. The pilot "Lions Leadership Journey" has been a success and we are planning the Incoming Presidents Workshop face to face this year.	Sufficient Guiding Lions. Leadership Journey going extremely well. Dates and venues set up for the Incoming Presidents Workshops.
LCIF	40% of clubs to support LCIF	Only 23 Clubs donated funds to LCIF thus far this year.	34.8% Clubs have supported LCIF
	Clubs to contribute USD 18,000 to LCIF	Still a long way to go to achieve the goal. Clubs to consider donations to LCIF and / or contributing towards the "Pin Raffle".	USD 7,188.48 has been contributed by Clubs.





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BUY YOUR RAFFLE SHEETS



Contact DG Sydney to purchase your raffle sheets – if you haven't already done so. All contributions go to LCIF.

ENCRYPING THE LIONS LANGUAGE CODE



POPULAR LIONS CLUBS INTERNATIONAL ACRONYMS

ALLI	Advanced Lions Leadership Institute
BA	Board Appointee
CC	Council Chair
CSC	Club Service Chair
CEP	Club Excellence Process
CGL	Certified Guiding Lion
CQI	Club Quality Initiative
COG	Council Of Governors
CS, DS	Cabinet Secretary, District Secretary
CT, DT	Cabinet Treasurer, District Treasurer
DG	District Governor
DGE	District Governor Elect
FDES	Faculty Development Excellence Series
FDI	Faculty Development Institute
GAT	Global Action Team
GMA	Global Membership Approach
GMT/GMC	Global Membership Team, Global Membership Coordinator
GLT/GLC	Global Leadership Team, Global Leadership Coordinator
GST/GSC	Global Service Team, Global Service Coordinator
GSCC	Global Service Club Chairperson
ID	International Director
IP	International President
IPCC	Immediate Past Council Chair
IPDG	Immediate Past District Governor
IPID	Immediate Past International Director
IPIP	Immediate Past International President
I/P	International Vice President
LCI	Lions Clubs International
LCICON	Lions Clubs International Convention
LCIF	Lions Clubs International Foundation
LCIFC	LCIF Club Chairperson (Coordinator)
LEO	Leadership, Experience, Our Nations Safety
LIONS	Liberty, Intelligence, Our Nations Safety
MD	Multiple District
MJF	Melvin Jones Fellow
MMR	Monthly Membership Report
MyLCI	My Lions Club Information
P/CP	President/Club President
PCC	Past Council Chair
PCT	Past Cabinet Treasurer
PDG	Past District Governor
PID	Past International Director
PIP	Past International President
PMJF	Progressive Melvin Jones Fellow
RC	Region Chair
RLLI	Regional Lions Learning Institute
SA	Service Activities
SCC	Specialty Club Coordinator
TT/LT	Tail Twister, Lion Tamer
VDG	Vice District Governor
VDGE	Vice District Governor Elect
VP/CVP	Vice President/Club Vice President
ZC	Zone Chair

Compiled by PDG Manny Sanchez 09-12-2022 rev2

REMEMBER TO REGISTER:



CEANS OF OPPORTUNITY
MD 410 Convention 2023

Thurs April 27 to Sun April 30

For everything you need to know Toby says check out the www.lionsconvention.co.za

Registration R1300
thanks to a R250 sponsorship from MD 410

Accommodation Riverside Hotel,
10 Kenneth Kaunda Road (Northway)
Durban North.

The hotel can be contacted on +27 (0) 31 563 0600 or at reservations@riversidehotel.co.za to make your booking. Quote code: LIONS2023

Herewith the hyperlink to the website where you will find all the information required as well as the online registration form.
<https://lionsconvention.co.za/>

DEADLINE DATE FOR SUBMISSION TO THE EDITOR



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Please let me have your stories and photographs for publication by 2 May 2023 via email:
jacquihocking55@gmail.com

FINAL THOUGHT

To be kind
is more important than to be right.
Many times what people need is not a brilliant mind that speaks but a special heart that listens.

