



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Issue 11 – May 2023

MESSAGE FROM DG SYDNEY



We Serve

After the busy Convention held in Durban at the end of April, we are back to doing what we do best - serving those less fortunate than ourselves.



Although we are nearing the end of the current Lionistic year, please bear in mind that we still have a month to go, and we need to ensure that we have continuity in our Clubs and District so I would like to urge all our Outgoing Officers to ensure that there is a smooth handover to our new Incoming Officers. It is vital that all the excellent work that you have done does not get left behind or forgotten.



I visited the Lions Club of Pretoria Jakaranda this month and this Club is gearing up to support DGE Lindie in her year in office! The Welcome Home function will be first on the calendar on the 22nd of July, then onto the planning for the Midyear Conference which will be held in Parys from the 3rd to the 5th of November 2023.



I had the honour of inducting a new member at the Lions Club of Krugersdorp last Saturday when we welcomed Lion Elpida to the Lions family. Krugersdorp Lions Club's fun Lions Awareness event is coming soon – the photographs are posted on Social Media and shared to spread the word that Krugersdorp Lions Rock and we agree! 😊



Buddy Day was held on Saturday the 13 May and it was awesome. There were around 180 Buddies and 180 children with disabilities who were entertained, played games, and had a whole lot of fun. Well done to the Lions Clubs of Alberton, Roodepoort Clearwater Cyber, Fourways Branch Club, Helderkruin, Krugersdorp, Northcliff, The Wilds, Weltevreden, and Wilro Park as well as the Special Olympics for a busy but wonderful day! Congratulations and special thanks go to Lion Karl Bands, Convenor of this very worthwhile project!



On the Training side GLT Chair Lion Delphine has been very busy with Incoming Presidents training in KZN, Incoming Zone and Region Chair training and finally Incoming Officers training scheduled for the 10th of June 2023. We strongly recommend members take advantage of these training sessions. The Lions Leadership Journey continues with delegates now halfway through this very worthwhile programme.





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An exciting happening in the District, for those Lions who are not aware of it, is a school in the KZN Midlands that is supported by the Lions Club of Boon in Belgium. Every two years Lions and Leos come to South Africa to do repairs and maintenance.



The Lions Club of Estcourt has been actively involved for the last few years and I am pleased to announce that the team from Belgium will be visiting South Africa from the 8th to the 21st of October 2023. The weekend of the 14th and 15th October would be great for the local Lions to visit.



The closest accommodation is at Hlalanathe Resort, in Bergville. We do not have the cost yet but will send it out as soon as it becomes available. I would like to urge any Lion who is interested in joining the Lions from Belgium & Estcourt, to please contact me directly and I will ensure that all information is forwarded to those who are interested.



Please see the link below for a short video of how the process started and its progress. It is truly an amazing initiative and shows just how working together with Lions and Leos both locally and internationally can improve the lives of so many.
<https://vimeo.com/807018908>



On a last note, please try and retain your members and minimize drops in June, for no other reason than to ensure that there are many hands to serve our communities.

Yours in Service,
#oneteamonedream

Sydney

District Governor



THE TEAM WORKS

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One Team, One Dream – We Serve



INTERNATIONAL PRESIDENTS LATEST MESSAGE – 11 MAY 2023



Dear Lion,

Making a difference in your community takes time, creativity, and a whole lot of hard work. But most importantly, it takes leadership. And for more than a century, Lions have been the leaders that communities all over the world have counted on to get the job done.

Our clubs are so much more than a home for community volunteers. They are a training ground for community leaders. So, take advantage of the training available to you as a Lion. Find opportunities to put your leadership into action. And be sure to invite the people around you to serve so they can help lead the change in your community.

We are leading the way forward, every day we serve, every time we give.

Make a great day,
Brian Sheehan
International President



We Are Leaders

Every Lion is a leader in their community. Watch a [special video message](#) from President Sheehan about how our leadership inspires others to take action and serve—just like us

Learn more about the leadership training and education resources available to you on our [Learn. Lead. Grow.](#) page.



You can access online modules and webinars, and take the next step as a leader with our [Leadership Development Institutes](#) when you're ready to continue your leadership journey.

Let's keep learning, growing, and leading the way forward for our clubs and communities.

Herewith the hyperlink to the full Online Newsletter:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1338205&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=7ee59d9e4195458eae72b66d780d402a&elqaid=29756&elqat=1>

MESSAGE FROM INTERNATIONAL CHAIRPERSON LCIF – DOUGLAS X ALEXANDER 29 MAY 2023



Greetings, Lions and Leos!

As we approach the end of another Lion year next month, I am thrilled to announce that LCIF is well on its way to achieving this year's fundraising goal. This accomplishment is made possible by the generosity of Lions and Leos like you, who continue to recognize the need to support the foundation that helps lead our global service. While we are getting very close to our goal, we need your help to cross the finish line. Every donation brings us one step closer while enhancing Lions' service impact in communities worldwide. As Lions, we always achieve our goals, and I am confident we will succeed. I'm so confident, in fact, that I recently announced a stretch goal, and challenged Lions and Leos around the world to help LCIF not only meet this year's US\$50 million goal but exceed it by 10 percent and raise US\$55 million. I have no doubt that we can achieve this together. Thank you to everyone who has made a personal contribution to LCIF this year. Funds raised are already making a difference to those in need.

Herewith the hyperlink to the full Online Newsletter:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1351453&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=d673e0bafce548cfa4e353163415e529&elqaid=29893&elqat=1>





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



CLUB VISITS - DG SYDNEY & LION SANDY In the words of District Governor Sydney

20th May 2023 (morning)
Lions Club of Pretoria Jakaranda



Attended Lions Club of Pretoria Jakaranda's meeting on Saturday morning. The club have some very good projects in the pipeline and of course are very involved in supporting DGE Lindie in her year ahead. Many thanks for the fellowship afterwards. DGE Lindie, I know you going to have a great year!

20th May 2023 (afternoon)
Lions Club of Krugersdorp



Attended Krugersdorp Lions Club meeting on Saturday afternoon. Had the honor of Inducting a new member into the club. Lion Elpida, welcome to the Lions family. The club will be hosting a Lions Awareness Day and hopefully attract more new members. Thanks to Lion President Ivan for a good meeting and wonderful fellowship afterwards. Always good to visit your club.



Lions Club of Helderkruijn



Charter President of the Lions Club of Helderkruijn, **Lion Karl Bands**, received an International medal and certificate from DG Sydney van Heerden, on behalf of District 410E's Global Action Team. This was in appreciation of his **outstanding Leadership as Chairman of the District's Annual Buddy Day project**, which he has run very successfully for the past 17 years. The only 2 years this fantastic event could not take place was during the years of the Covid Lockdown.



As Lion Karl was not able to attend the handover, his daughter, Lion President Chrystal, accepted the award on his behalf.

28th May 2023
Lions Club of Roodepoort Clearwater Cyber



Attended the Clearwater Cyber meeting yesterday. As a cyber club they don't meet in person each month as they have members from all over the world. The meeting was a hybrid one with members from China, Cape Town etc. attending via Zoom. Thanks to the local members for arranging this in-person meeting to enable me to attend. The club has some interesting projects planned and some "out the box" thinking for the future. I wish LPE Alistair all the best for his term as Club President next year.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



WORLD ENVIRONMENT DAY-5 JUNE 2023

(DC Environment, Lion Alna Jackson)

We serve to sustainably protect and restore our environment to improve the well-being of all communities.

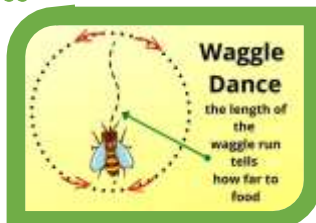
There is a lot to love about bees!



They are crucial to growing many of our favourite and healthiest foods as they move pollen from plant to plant, pollinating more than 100 fruits and vegetables, including strawberries, potatoes, and apples.

Here are six surprising things you might not know about nature's hardest-working pollinators.

Bees like to "waggle dance".



Bees can communicate and make decisions by dancing. Despite the challenges, a bee must use her body to convey lots of information subtly. A dancer follows a straight line, called a "waggle run," then loops back to the starting point in alternating left and right curves; she does this repeatedly, making a figure-eight shape. Duration of the waggle run tells her hive mates how far away the food is, and the waggle run's angle relative to the central line points the direction to the food source.

Waggle dances are tricky to execute, and missteps can send foraging bees flying off in the wrong direction. But there's a critical learning phase in a young worker bee's life when she's about 8 days old — right before she becomes a full-fledged forager — which helps her to perfect her dance. **Worker bees are all female.**



Bees can use tools



Honeybees in Vietnam and other parts of Asia are threatened by predatory species of giant hornet that attack bee colonies, killing the adults defending the nest and preying on the young bees. In particular, the voracious hornet species *Vespa Soror* can obliterate the hive within hours.



To ward off such attacks, the bees have been observed collecting fresh animal feces and smearing it around the entrance to their hive. Researchers, who published their findings in late 2020, call it "fecal spotting." The study team believe the poop repels the predatory hornets (which are like murder hornets) from the nest by reducing time hornets spend attempting to breach the nest.

"Fecal spotting stands out as extraordinary for several reasons," the study said. "It marks the first report of honeybees of any species foraging for materials that are not derived from plants or water-based fluids. It is also the first clear-cut example of honeybees using a tool in nature." Honeybees also signal an imminent attack by making a chilling warning noise.

Bee poop nearly caused a Cold War confrontation



In the 1980s, "yellow rain" — tiny splotches of yellow found on jungle foliage in Laos and Cambodia — was thought to be the residue of chemical weapons. Refugees said that the yellow rain caused illness and death. The allegations prompted the United States to accuse what was then the Soviet Union and its allies of chemical warfare. Bee experts later found that the yellow dots were excretions by massive swarms of wild honeybees.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Bumblebees get “hangry”



When pollen is scarce, bumblebees damaged tomato and mustard plant leaves in a unique way that resulted in the plant flowering up to 30 days earlier than un nibbled plants, scientists in Switzerland and France found. For bees, pollen is a protein source they need to raise their young. However, warmer temperatures because of the climate crisis means that bees are waking up earlier after hibernating for the winter to find the flowers, they need for food haven't yet bloomed. Flowering time, which relies on exposure to light, is less affected by climate change. This creates a mismatch that can leave bees short of food early in spring.

Humans have been exploiting honeybees for thousands of years



A cave painting in Spain thought to be 8,000 years old depicts a human gathering honey from a ladder. Traces of beeswax on pottery also suggest that early farmers kept bees 9,000 years ago. Honey has also been found in ancient Egyptian tombs. Honey was likely a rare treat in a prehistoric diet that had few sweet foods, and it could have had medicinal uses. Beeswax could have been used to make pots waterproof or as glue.

Honey: Nature's Antibiotic



Today, honey may offer fresh hope in the fight against antibiotic resistance. It contains natural antibiotics to help the body battle infection. Scientists are working on ways to make the sticky substance easier to apply on wounds, and it could be used in surgery, war zones and our own homes.

Some bees eat meat



The vast majority of bees feed on pollen and nectar, but some species have evolved to feast on meat, substituting dead animal carcasses for flower meadows. Vulture bees in Costa Rica have guts rich in acid-loving bacteria similar to those found in hyenas and other animals that feed on carrion, scientists at the University of California, Riverside, Columbia University and Cornell University discovered in 2021. Their research involved setting up 16 traps baited with 50 grams of raw chicken dangling from branches about 1.5 meters above the ground. Though vulture bees feed on flesh, their honey is still sweet and edible, the researchers said.

“Saving the bees” seems like a lofty goal, but you don’t have to be a beekeeper to make an impact. Here are some small changes you can make to keep bees healthy.

Plant a garden of any size



Not only does a yard full of native flowers look beautiful, but it’s also an open buffet for bees who feed on nectar and pollen. “Pollen is what provides honeybees with important amino acids, or the building blocks of protein,” says Alixandra Prybyla, science director of the Honeybee Conservancy.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Keep the mowing to a minimum



A neatly kept lawn is nice, but letting it grow a bit long invites bees to visit dandelions, clovers and other weeds that sprout, said Debra Tomaszewski, executive director of Planet Bee. If you're really committed to saving the bees, you could rip up your traditional turf and plant a "bee lawn," in which flowers, weeds and grass grow together to attract bees and other insects. The Bee Lab at the University of Minnesota says these beautiful, yet untamed, lawns can resist drought and flooding better than turf grass.

Make a bee bath



Like any living thing, bees need water. Leaving out a small amount of water for bees helps them survive sweltering summers, Tomaszewski said. All you need is a small, shallow container with an object for the bees to land on while they drink, and the bees can carry drops of water back to feed their colonies. A small pot plant saucer with some marbles work well but may require frequent topping up. And according to Alixandra Prybyla, don't worry about dirty water: "Bees like muckier water because it has more nutrients in it."

Avoid products grown with pesticides



Fruits and vegetables treated with chemicals often poison bees. In fact, pesticides are one of the primary drivers of the declining bee population. Opting for locally grown, chemical-free products at farmers' markets is a healthy choice and a humane one.

Don't call pest control if you see a swarm



Bill Tomaszewski, PlanetBee's co-founder, said bee swarms are a sign that hives are healthy. When a colony has too many bees, the hive will split in half, and the other half will travel to find a new home. "Sometimes you'll see a swarm, and people get scared. But bees aren't aggressive during the swarm," he said. "They're not coming down to attack you, just close all windows & doors, & bring pets inside for a while." The swarm usually dissipates within an hour, he said. So, if they're allowed to travel in peace, they probably won't harm any people.

WORLD ENVIRONMENT DAY



World Environment Day will be observed on the 5th of June 2023. This is the day when events are held around the world to raise environmental awareness, attract the attention of political bodies, and initiate public action to safeguard nature and planet Earth. "We should not harm the planet, so she will always adore us. Whatever occurs in the world will also occur to us." Let's all do our bit where we can!





THE TEAM WORKS

The official Newsletter of District 410E

One Team, One Dream – We Serve



ENVIRONMENT CALENDER – JUNE TO JULY 2023

Date	Event
5 June	World Environment Day
8 June	World Ocean's Day
17 June	World Crocodile Day
21 June	Giraffe Day
Month of July	Plastic Free Month
31 July	World Ranger Day

#happyearth
 #smallhandsmakeadifference
 #proudtobealion
 #gogreen
 #savetheplanet
 #lionsawarenessday

REMINDER: TIME IS RUNNING OUT LION PORTAL



LIONS HAPPY EARTH AWARENESS EXTENDED TO 5 JUNE 2023

(Message from DC Marketing & PR, Lion Sandy van Heerden)



Should any Clubs wish to purchase these awesome buttons to give out at the various projects, they are available from DC Marketing & PR, Lion Sandy and you can send her a WhatsApp via mobile number: 0835646388 or Email: sandyvheerden@gmail.com



PLEASE ACTION ACCORDINGLY TO AVOID ANY HICCUPS.

Date (No later)	What to Action
15 June	Enter ALL CLUB OFFICERS for 2023-2024
15 June	Enter Service Activities for Events prior to 1 June 2023. Reporting for 1 June going forward will be in the new system after conversion.
15 June	Record any Club or donations to LCIF are in the bank with the appropriate supporting documentation for recognition.
15 June	MAKE SURE CLUB DATA IS ACCURATE for this year (2022-2023). For example: New Members, Sponsors, New Clubs formed, Transfers and other end of year activities specific to Clubs are correct and recorded in MyLion/MyLCI.
15 June	Ensure that EVERY MEMBER has an EMAIL ADDRESS LISTED as NO SHARED EMAILS can be used in the new Lions Portal.
15 June	Makes sure MEMBER BIRTHDAYS are entered since birth dates in MyLCI will be converted. For Club Secretaries, download the Member Information Update Report and have your members update their information.

Click on the hyperlink to take you to the website which has all the necessary information.

<https://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates>



THE TEAM WORKS

The official Newsletter of District 410E

One Team, One Dream – We Serve



NEW MEMBERS “ONE TEAM ONE DREAM”

(As reflected on the May 2023 WMMRs)

LION JEANDRE KOTZE

Sponsor: Lion Gerrit van Eck
Lions Club of Centurion Lifestyle

LION MICHELLE LATEGAN

Sponsor: PCC Rob Fowler
Lions Club of Centurion Lifestyle

LION MARNA ROETS

Sponsor: PCC Rob Fowler
Lions Club of Centurion Lifestyle

LION BONGEKILE ZAMA GCABASHE

Sponsor: Lion Evelyn Herzfeld
Lions Club of Edenvale

LION BIANCA LEVIN

Sponsor: Lion Evelyn Herzfeld
Lions Club of Edenvale

LION DENISE VALENTINE

Sponsor: Lion President Lionel Chazen
Lions Club of Edenvale

LION ELPIDA FIEDEL

Sponsor: Lion Norma Currin
Lions Club of Krugersdorp

LION LIESEL PHOL

Sponsor: Lion Rodney Sabatier
Lions Club of Letaba Tzaneen

LION HENDRIK PETRUS VAN ASWEGEN

Sponsor: Lion President Bryan Hyland
Lions Club of Letaba Tzaneen

LION LANA VAN ASWEGEN

Sponsor: Lion Liesel Roos
Lions Club of Letaba Tzaneen

LION DANNY STEVENSON

Sponsor: Lion Dave Bremner
Lions Club of Nelspruit

LION SIHLE WENDY KHOZA

Sponsor: Lion Phumlani Dlamini
Lions Club of Manzini

LION YENZIWE NOKUTHULA MALAZA

Sponsor: Lion Semukelo Msibi
Lions Club of Manzini

VISIT TO SA GUIDE DOG ASSOCIATION

Lions Open Day – 20th May 2023



The Lions Club members from Pretoria South, Midrand and Wilro Park attended the Lions Open Day at the SA Guide Dog Association. What an enlightening and humbling experience. There are not sufficient words to convey the message of the incredible work carried out by the SA Guide Dog Association and their service offering. **The Editor will be circulating a presentation to all Lions Clubs via Cabinet Secretary Rowan which speaks to the work done by the SA Guide Dog Association and how Lions can get involved in assisting them in their endeavours.**

Herewith a message sent by Pieter van Niekerk, Head of Public Relations to all Lions Members of District 410E.



“Good day Lions friends and colleagues,

I wish to thank each an everyone most sincerely for participating in our GDA/Lions Open Day held on 20 May. I trust it was a life-changing experience to our Lions friends who participated and thanks for reserving some time for GDA in your busy fundraising and project schedules.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Please share your experiences and knowledge gained on the day with your Club and other Lions members, as we are dependent on your support to bring those in need in contact with our Orientation & Mobility (O&M) and dog teams so that they can also learn how to adapt their lives to live life to the fullest. In collaboration with Lions Trevor and Cliff, we will be airing our services during the **Lions Roar programme on MixFM on 14th of June** – we look forward to continuing the journey on the evening and during future collaborations.



We look forward to future exciting and fruitful collaborations with the Lions and your network and please do not hesitate to invite us to come and share all about our services during your monthly or business meetings.



To the GDA team I also wish to express my sincerest thanks for making yourselves available on a week-end – your dedication didn't go unnoticed.

- To Mandla, Jessica and Adrian who took our guests through experiencing guide and service dog work first-handed;
- To Elizabeth, Nomonde and Mmalomile who challenged everyone to do tasks we take for granted under blindfold;
- To Alida and your puppy raisers and pups – as always, a huge attraction – and please convey my thanks to your raisers too;
- To Lynn and Maria for the extremely welcome refreshments and catering – you know the way to a human's heart – through the tummy (like a good old Labrador);
- To Tanya for your guidance and assistance with the preparation and action of the day – well jobbed!



As Helen Keller once said: "Alone one can do so little, but together we can do so much!"

All the best with your Club's future endeavours and may the 2023/24 service year which will be starting soon be hugely successful!





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



THE WORKS OF THE DISTRICT 410E TEAM APRIL 2023

(Thank you to the 9 Clubs who submitted their articles)

Lions Club of Cowies Hill



During the weekly visit on 3rd May to Albert Luthuli Hospital Oncology Pediatric Ward, Lion Rebecca was teaching some of the Moms to knit. The Moms sit all day with their children, so the Lions Club of Cowies Hill decided to give them something to do and teach them a new skill. This is part of the ongoing work they are doing with CHOC.



On the 6th of May, the Lions Club of Cowies Hill held a good food collection at Westville Superspar.



On the 8th of May, the Lions Club of Cowies Hill joined forces with the Robinhood Foundation and CHOC to do a Childhood Cancer Awareness talk at Embo Craft in Botha Hill. 140 grannies/caregivers were present at talk.



Lion Rebecca and friends were busy knitting more teddies for CHOC on 9th of May which will make many children very happy.



Another Childhood Cancer Awareness talk was held with the Shongweni Dam Community on 10th of May. 30 people attended and with two Social Workers present.



Some of the knitted teddies bringing joy to some very special Children, all three of whom are suffering very badly with cerebral palsy. Sr. Sue Anderson from the home said, "that the Mums were delighted to receive the teddies as many of these children have no toys".



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



The Lions Club of Cowies Hill having fun at Pinehaven Retirement Home entertaining the residents on the 12th of May.



On the 24th of May, the Lions Club of Cowies Hill weekly visit to the Pediatric Oncology Ward at Albert Luthuli hospital, always, is a mixture of joy and sadness. Some of the children have been in hospital for 5 or 6 weeks and some even longer.



Although a very quiet day on the 13th of May at Kloof Scouts Mother's Day Market, the Lions Club of Cowies Hill sold egg and bacon rolls, hot dogs and cooldrinks. Although sales were a bit slow, the members enjoyed chatting to and getting to know the Scouts.



As per the members, "you become involved (which you should not) and it is not easy when you see a child get worse, however we are there to give them some relief from the days of lying in a hospital bed and that makes these visits so worthwhile.



Loads of fun was had by the Lions Club of Cowies Hill and Queensburgh Cheshire Home Residents playing board games on the 20th of May.



Food delivered to a needy family – some of the stock from the collection on 6th of May 2023.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Club of East Coast



Lion President Hansuya visited Sinakeke Children's Home on the 7th of May 2023. The home is so grateful for the much-needed items to make the children's lives a little more comfortable and fun.



Lion Prakash and his team assisted the families at Waterloo Primary School on the 4th of May when learning of the tragedy that had struck when two Learners from the school drowned in the Umdloti River. The Principal and Teachers were most grateful for the groceries the Club was able to sponsor and deliver.



The CHOC team of the Lions Club of East Coast continue to bring smiles to the little cancer warriors at Inkosi Albert Luthuli Hospital. The Club has a committed team that visited the wards on the 4th and 8th of May.

Lions Club of Edenvale



Whilst reported in The Team Works Issue 10, on the participation of the Lions Club of Edenvale in the clean-up of the Edenvale Sports Grounds on Saturday the 23rd of April, the Editor felt it relevant to publish **Lion President Lionel showing what many of the younger members cannot even do (up a tree- or in truth cutting down an intrusive tree)**. Great coverage in the Bedfordview & Edenvale Gazette.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



The Lions Branch Club of Edenvale received and donated a huge number of jerseys and blankets to the children at the Primrose Creche and two wheelchairs to an elderly pensioner and to Forest Farm. The Club also donated two wrist watches for the blind to the SA Guide Dog Association.



The Lions Club of Edenvale did their food collection at the Kara Glen SuperSpar and Pick n Pay on Nicol on Saturday 27th of May where a huge amount of food was collected for their hunger relief programme.

A vote of thanks went out to the communities of Edenvale and Sandton for their generosity.



Lions Club of Henley on Klip



The Lions Club of Henley on Klip held their Eye Clinic and Lion Kelly Oosthuizen was brilliant when their Eye Clinic students could not participate. She tested 23 Learners on the day and then on the following Wednesday, she tested a further 14 Daleside residents. In the words of the Lions Club of Henley on Klip – “Give that lady a Bells!”



The Pensioner's Bingo Event was full, with Lion Grant calling the winning numbers during loadshedding. A fun day out for the retirees and members of the Lions Club of Henley on Klip.



What initially started off as Lions Club of Henley on Klip May 13th initiative, resulted in approximately 50 Henley residents joining the Lions.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



They planted 75 trees, 40 iceberg roses, litter was picked up, and even an animal carcass cleaned up.



Hot dogs and a cold one of your choice was served after all the work was done. An amazing day of community spirit.



Lion President Elect Anton getting “down and dirty” 😊

Lions Club of Midrand



On the 6th of May, the Lions Club of Midrand held a "Tap Your Feet" tea and cake party with little gifts for each of the residents at Highveld Retirement Lodge. The members enjoyed it as much as the residents despite loadshedding. The residents are so interesting to speak to and boy can they tell some stories...the staff so very caring and special.



Even the fur baby of one of the residents joined in the fun in the garden in glorious sunshine.



Saturday the 13th of May 2023 saw the first 4 attendees of the group of 12 from the Youth Leadership Development Sessions present various modules to the Facilitators Lions Barbara Hocking, Melanie Browne and Patricia Nyereyegona where they were coached and advised on presentation skills to prepare them to go into their community of Alexandra to present to their peers. Very proud of them as they did extremely well in getting those butterflies to fly in formation.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



The members of the Lions Club of Midrand went through their cupboards and donated evening dresses to the Princess Project Midrand. Now some of the girls who cannot afford to buy a matric dance dress for that milestone event will have a selection of gorgeous evening wear to choose from.



The Lions Club of Midrand Monthly Eye Clinic took place on Saturday the 27th of May 2023, with 15 patients being tested by the Optometrist of which 11 patients required spectacles and said prescriptions are on route to Lions BrightSight to be made up.



Members of the Lions Club of Midrand visited the Lions Open Day hosted by the SA Guide Dog Association on the 20th of May 2023. What an enlightening and wonderful experience to see the incredible work that they do and to experience the interactive sessions walking blindfolded with a Guide Dog and experiencing the gentle strength of a service dog trained for autistic children and adults.



Lions Club of Port Alfred



The Lions Club of Port Alfred handed over clothes, blankets, and toys to Jehovah Jirah representatives Eugene Badenhorst and Ursua Bam from the orphanage in Alexandria. The project was started by Lion President Max Stander and driven by Lion Paula Stander with the assistance from members of the communities of Port Alfred and Kleinemonde as well as the Port Alfred Ski Boat Club.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



A joint project with Multi Security in Port Alfred and the Lions Club of Port Alfred. The Sign is attached to the beach shack on the Port Alfred East Beach where a Multi Security member protects the beach and the people on the beach, surfers – fishermen – walkers etc. from danger. He has a quad bike and is on the beach from sunrise to sunset.

Lions Club of Scottburgh



The Lions Club of Scottburgh hard at work at the Fleamarket on the 6th of May. Previously loved secondhand goods and clothes that the Club received as donations were sold at very reasonable prices to the community who are not able to go into a store and purchase.



On the 11th of May, the Lions Club of Scottburgh had fun promoting their Golf Day Fundraiser which took place on Saturday 27th May 2023.



The Zone 9 meeting hosted by the Lions Club of Shelly Beach on the 20th of May was attended by the Lions Club of Scottburgh. A thank you from the members of the Lions Club of Scottburgh to Zone Chairperson Vanessa for a very informative meeting with lots of new ideas discussed by the Clubs.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



On Saturday the 27th of May, the Lions Club of Scottburgh held their Annual Golf Fund Raiser which was a huge success and all the preparation proved to be worthwhile.

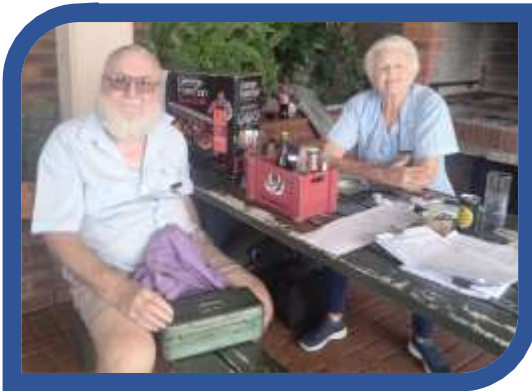


They were visited by Lion Pat Wilson from the Lions Club of Kingsburgh.

Lions Club of Vereeniging



On the 15th of May, the Lions Club of Vereeniging jumped into immediate action delivering food, blankets, beanies, towels, kitchenware, and toys to a family whose home had burnt down the night before.



Lion President Malcolm safeguarding the Finances raffle ticket funds 😊



Incoming President Dennis Brown and Fundraiser Coordinator Lion Colleen Brown with 2 Players at Hole 13.



Another busy donation day by the Lions Club of Vereeniging on the 26th of May with nappies delivered to two needy folk, 50kg washing powder donated by Silver Chemical, toilet rolls, pizza and flatbreads donated to a local children's home. Thank you to the staff of Debonairs, all VDBP and Vereeniging branches for your weekly donations and big smiles! In addition, 36 baby jerseys ready to go to The Grace Factory!





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



A shoutout to the Lions Club of Vereeniging for starting of the Blikkie and Blanki drive with 30 Blankets donated!

Lions Club of Wilro Park



Good news and kindness travels across the sea – Joan Lester, one of our lovely knitting angels, went to England to visit her son and these lovely ladies from the Goldworth Trefoil Guild knitted 100 beanies to gift to children in South Africa via the Lions Club of Wilro Park. The Club is so grateful to the ladies and appreciate this beautiful act of kindness and special thanks to Joan Lester for telling our story.



The Monthly Bingo Event on 26th of May was a great success and great fun had by all in attendance.



The Lions of Wilro Park visited Simunye Creche on the 17th of May with gifts including the 100 beanies gifted by our Knitting Angels in the UK.



A “double day” was held on 27th of May with Book Sales and Diabetes Screening at River Square Centre.



In addition to the Lions Club of Vereeniging’s “Heart in a Handbag” project where they fill handbags with little necessities and treats and give them out randomly to ladies in need of a little help, they now have “Blessing Bags” for men – a great initiative.



The cold weather has arrived, and warm jerseys were also gifted from the Lions of Wilro Park to keep the little ones warm this winter.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Hester & David from the Lions Club of Wilro Park visited the Lions Open Day at the SA Guide Dog Association on the 20th of May.

Facebook Uploads (as posted by the respective Clubs):

Zone 1 Buddy Day – 13 May 2023

(As posted by Lion Denise Easton in her eloquent manner)



Buddy Day 2023: and what a day it was! The Lions Clubs of Zone 1 (Helderkrui, Weltevreden, Northcliff, Clearwater Cyber, Krugersdorp, Wilro Park) together with Alberton Lions, Fourways Lions, and The Wilds, as well as members of the Special Olympics, made a huge effort to keep 164 Special Needs people and 164 Students from local schools entertained today at La Salle College.



On a cold Winter Saturday morning (28th of May), the members of the Lions Club of Wilro Park headed down to the Donovan Mc Donald Retirement Home. Their mission was to make sure that each senior citizen received a blanket, soup, snacks and a fruit cake.



For anyone saying our Youth are not worth anything, I say you should have been there today to see the loving and friendly way in which each Student treated the Special Needs person for whom they were responsible. I caught myself with a lump in my throat and tears in my eyes at this magnificent demonstration of pure, selfless humanity shown to those less fortunate than themselves.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



All in all, a very successful and enjoyable Lions project. Thank you, Lion Karl, for your leadership - we are really looking forward to next year's Buddy Day project with enthusiasm.

The Lions Clubs and the Special Olympics team provided various games and activities as well as lunch and beverages for the Buddies and their Guests. Efforts were made by the Buddy Day committee to obtain donations and we were extremely grateful to the Companies who were able to assist - I am loathe to name the Sponsors here in case I miss someone out!



Each Student was given a Certificate of Attendance towards their hours of CSI and there were gift vouchers given to the "Buddy of the Day" x 3.



The atmosphere was awesome, assisted greatly by Lion Dave who provided the background music as well as singing some well-loved songs - everyone really enjoyed it.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Our local newspaper, *The Northsider*, kindly gave us a great page, spreading the happiness of this day, even further!



Zone 5 Project – 20 May 2023

(As reported on Facebook by the Lions Club of Benoni van Rhyu)



The first part of the weekend Zone Project - General maintenance at The Animal Guardians. Got our hands dirty and had some awesome fun whilst working hard.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Club of Vryheid



Just a word of thanks from SAPD Vryheid Hengel Klub to all our supporters buying our products, donors and of course all the people in the club that helped at the stall on the 6th of May. A special thanks to the Lion Club of Vryheid for hosting the May Fair, job well done. Security was all over making it safe for all to come and enjoy. We at Child Welfare would like to say a big Thank you to the Lions Club of Vryheid for our Stall at the Mayfair, it was great to be BACK.

Lions Club of Roodepoort Clearwater Cyber



On Saturday 27th of May Clearwater Cyber Lions did a diabetes awareness morning at the Clearwater Mall. 53 people's blood sugar was tested as well as blood pressure.

Lions Club of Shelly Beach



The Lions Club of Shelly Beach continue to support Tent City monthly with groceries delivered on 10th of May.

Lions Club of Reitz



Donation to House of St. Paul Old Age Home on 27th of May

Lions Club of Pretoria South



Shelly Beach Lions thanks you for the support at Sweetdale Market Night held on 27th of May, with our raffle. With your support we will be able to assist the needy in our community.

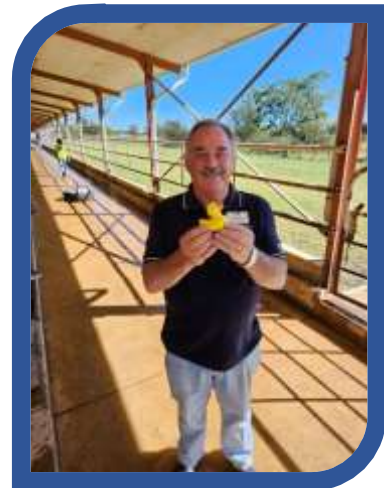


One of our Pillars of Service is Environment, and one of our projects under this pillar are our Honey Bee Hives. Here we see one of our Lions Members all kitted out and ready to get beesy with hive maintenance on the 7th of May.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



A special shout out to Project Lead Lion Dave and your organising committee, Lions, Lions Ladies, Prospective Lions, Academy riders, Friends of the Lions, and the spectators



Action Planning Meeting was held on 13th of May for the year ahead with LPE Graeme Logan.



Our academy riders competed in the challenging Cycle Lab High School Mountain Bike Race Series #1, held at Steyn City on Saturday, 27th of May. Well done to our young riders for representing the Lions Club of Pretoria South and promoting Lionism.



Lions Club of Pretoria Jakaranda



Congratulations to Pretoria South Lions Club, on a well organised, executed and successful "inaugural" Pretoria South "Duck Race" held on the 20th of May.



On the 21st of May, Pretoria Jakaranda Lions Club Lions Lindie van Wyk and Anne wrapped 67 Pick a Box prizes for the planned Phyllis Robertson Home Project. Please note: the glass is filled with grape juice.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Club of Potchefstroom



A wonderful morning with the residents of Phyllis Robertson Home / Tehuis held on 27th of May. Met old friends and made new friends.



On the 21st of May, 790 Children and 15 Teachers screened in 2 days for possible eye problems at Volkies High School.

Lions Club of Port Shepstone



And as always, we had our normal after project fellowship.



The Lions Club of Port Shepstone hosted another very successful Night Market at Port Shepstone Country Club on Friday 5th of May. Superb live entertainment, appreciation to the many stallholders who made this charity fundraiser possible and to everyone who came along and supported the event.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions members assisted with the cooking and setting up of the stand etc.

Lions Club of Northcliff

FREE
DIABETES
SCREENING
BLOOD SUGAR TESTS

Friday 5th May: 5pm - 7pm
Lions Night Market
Port Shepstone Country Club

We don't know how **STRONG WE ARE** until being strong is the **ONLY CHOICE WE HAVE**

Lion Mike Peniston and Lion Lady Debbie Marshall ran the diabetes testing station and our Lion Ladies organised and ran the very successful Safari (Treasure) hunt for the kids.

VISION

Meet Annah. She was in desperate need of glasses, and the Northcliff Lions Club heard her plea. Now she can see again and is so grateful for the help. Good luck Annah.

Lions Club of Manzini



Port Shepstone Lions Club provided all the catering for the Tweni Fishing Compo held during the weekend of 20th – 21st of May at The Spot in Umtentweni. Very well done to our Ladies who put the project together and were the driving force during the long hours working at the Compo.



Members in high spirits at our recent induction on 6th of May, where two new members joined the family.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Anonymous donation for our Ouma and Oupa box which is the Lions Club of Letaba Tzaneen winter warmer box project designated for the Old Age Homes.

Lions Club of Komga



A huge thank you to all who attended our Bingo fundraiser! There were prizes galore and smiles all round.



The Lions Club of Komga supported Komga Junior clay pigeon fundraiser on the 27th of May. We had great fun!

Lions Club of Letaba Tzaneen



The Smit & Kie and Lions day held on the 1st of May, was a wonderful family fun day filled with exciting activities and delicious food stalls, all for a good cause. The event was organized to raise funds for a charity, and people of all ages came together to participate in various games and competitions. There was a boeresport where families enjoyed some traditional games like "tou-trek" and sack races. There was also a dart competition where people showcased their skills. The food stalls offered a variety of tasty treats, and there was a talent competition where people displayed their singing and dancing talents. The atmosphere was filled with joy, laughter, and a sense of community as everyone came together to support the cause. The funds raised will be donated to the old age homes in Tzaneen.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Club of Klerksdorp



Delivering some much-needed items to Klerksdorp Hospital maternity ward on 11th of May.

Lions Club of Kingsburgh



This week our club was delighted to be able to eye screen all the pupils at Sewula School with the help of Usizo-lomndeni.org.



Water point at the Community Centre Fun Walk Day which was held on 19th of May.



All the pupils that need prescription spectacles will be getting them sponsored by Lions BrightSight and Lions Clubs International Foundation.



*Kingsburgh Lions Club donates to Seed of Hope
Seed of Community Development was the beneficiary of this month's food collection drive.*





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lions Club of Hilton



Hilton Lions donated Cat Food Sanitary pads Baby blankets Beanies and Teddies on the 9th of May to community.

Lions Club of Centurion Lifestyle



A much-needed dog food delivery on the 4th of May to the Centurion SPCA by our new Lion Marna.



Lions Club of Benoni Lakes



Thank you to Summerfields Primary for this amazing delivery of bottle tops on the 9th of May! Not only are these future leaders caring for the environment, but they are also assisting someone less fortunate to obtain a wheelchair.

Lions Club of Durban South



Janet receiving her bifocals via Lions BrightSight on the 28th of May. A big thank you to Southway Optometrists for your assistance with this project.



Thanks to some very special donors, the Benoni Lakes Lions were once again able to visit the Lambano Palliative Care Centre for children with life threatening conditions. Toys and Bowls of Hope were delivered, and we know these will make a difference.

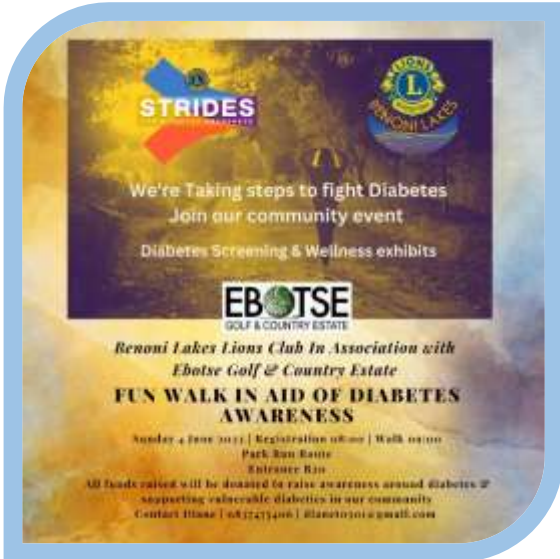


27th of May - Bingo & Braai at Arcadia



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



*An article that was recently run in the Sweet Life Diabetes Magazine (submitted by LP Diane Townshend) Fun diabetes awareness walk in Benoni Benoni Lakes Lions Club in association with Ebotse Golf and Country estate in Benoni, Gauteng are holding a fun diabetes awareness walk on **Sunday 4th June 2023**. The fun walk is intended to raise diabetes awareness as there will be diabetes screening and wellness exhibits on the day. We chatted to Diane Townsend, the organiser of the event.*

Herewith the hyperlink to the full article.
<https://sweetlife.org.za/fun-diabetes-awareness-walk-in-benoni/>

Lions Club of Ballito



Donated fabric on the 4th of May to the Sewing Room in Nkobongo Township. Lion Paris sourced the supplies from a family member.

Lions Club of Alberton

*5th of May, 12th of May, 19th of May, 25th of May
Thank you, Lion Adele, for delicious lunch served at the nursery school in Alberton North.*



A delicious lunch prepared and delivered by Lions Adele, Keith, Courtney, and Cindy. The art project making Mother's Day cards that will be distributed to the moms at the different retirement centres.



Thank you to the All Heart angels knitting team for the beanies, scarves and gloves the children and the Lions enjoyed the art project making Mother's Day cards.



Thank you, Lions Adele and Cindy, for a fantastic Friday at the nursery school in Alberton North. The children are always so excited when the Lions arrive.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Lots of food today donated by Fyreworx, a big thank you to the Alberton North nursery school. Wors stew, rice, chips, marshmallows, yoghurt, apples, and juice. The children loved their lunch and the visit from Lions Sandra and Beauty. Enough for 2 days.



Beautiful cards and care packs delivered on the 12th of May to the ladies at the Alberton Service Centre in celebration of Mother's Day on Sunday. The cards were made by the children at the Alberton North Nursery School.



Very happy residents at the Alberton Service Centre received their glasses on 10th of May. Thank you, Lion Sandy, for delivering to them.



25 Mommy care bags packed and delivered to the moms at South Rand Hospital on 14th of May. A very special delivery today. Thank you, Lions Cindy, and Adele. The children at the nursery school in Alberton North helped make the beautiful flowers.



What an awesome welcome from the CEO and the staff at the hospital on the 11th of May where we donated and delivered 220 bras and 160 knitted knockers. Thank you to all the ladies who knitted and to the members of the community who gave generously so we could support this project.



60 delicious croissants baked by Lion Sandy on the 12th of May and delivered to the feeding project in Turffontein.





THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



It was a privilege and honor for Alberton Lions to serve 1250 people alongside Doxa Deo Meyersdal, Ligstad Alberton, LOTS, Gideons and Sole2Sole yesterday at the annual "Street Store".



Thank you to the very happy food preparation team. Preparing the meal for around 200 less privileged on the 24th of May.



Thank you to the amazing volunteers that assisted, after months of preparing the whole event came together. A big thank you to our donors for their support and members of the community for their clothes donation.



A big thank you to the ladies from the Retirement Village for the beautifully knitted and crocheted items.



Each shopper received a bag of clothing which they chose, fruit, a loaf of bread, a hot dog, pancakes, and coffee. The day was a humbling experience. Thank you to Alberton Lions and Fourways Lions members that assisted.



A big thank you to Bracken City for letting us do our food collection at the Centre on the 27th of May. An even bigger thank you to the members of the community that supported us.



An awesome donation of over 20 blankets received from New Beginnings Ladies Group and delivered to the elderly residents on the 28th of May. The ladies were so grateful to be blessed with these beautiful blankets.



THE TEAM WORKS

The official Newsletter of District 410E
One Team, One Dream – We Serve



Supporting the fur babies at the Albertton SPCA. Thank you, Lion Angela, for making a difference on the 29th of May.



THE STARFISH STORY

One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean.

Approaching the boy he asked: "Young man, what are you doing?"

The boy replied, "Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die."

The man laughed to himself and said, "Do you realize there are miles of miles of beach and hundreds of starfish?" "You can't make any difference."

After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one."

— Loren Eiseley



Food delivery to one of the nursery schools in La Rochelle done on 29th of May, thanks to the most generous Albertton Community for donating at the food collection at Bracken City.

Lions Branch Club of Lenasia

On the 17th of May, the listeners of Lions Roar MixFM were privileged to listen to LP Daneera Singh.

DEADLINE DATE FOR SUBMISSIONS THE FINAL EDITION OF THE TEAMWORKS



Please let me have your stories and photographs for publication in Issue 12

by 28 JUNE 2023

via email: jacquihocking55@gmail.com