



THE LIONS VOICE

The official Newsletter of District 410E



Issue 1(b) – July 2023

OUR NEW MEMBERS

(As per the July WMMRs)



LION BARRY HUMAN
Sponsor: Lion Andre Beetge
Lions Club of Amanzimtoti

LION CHRISTA HUMAN
Sponsor: Lion Andre Beetge
Lions Club of Amanzimtoti

LION FRIKKIE STANDER
Sponsor: Lion Natalie Angelo
Lions Club of Amanzimtoti

LION MADELYN STANDER
Sponsor: Lion Natalie Angelo
Lions Club of Amanzimtoti

LION SHANDRA VERMAAK
Sponsor: Lion Andre Beetge
Lions Club of Amanzimtoti

LION ANDREW HEYES
Sponsor: PDG Nick Maré
Lions Club of Benoni Lakes

LION CATHERINE HEYES
Sponsor: Lion Beaulieu Maré
Lions Club of Benoni Lakes

LION HELGA SERGEL
Sponsor: LP Diane Townshend
Lions Club of Benoni Lakes

LION SHERMALIN CHETTY
Sponsor: Lion Herendra Ramawtar
Lions Club of Durban East Coast

LION CHELSEA COOPER
Sponsor: Lion Kerry Palmer
Lions Club of Henley on Klip

LION TARRYN MACASKILL
Sponsor: Lion Kerry Palmer
Lions Club of Henley on Klip

LION WENDY MAKHOSAZANA BHENGU
Sponsor: Lion Pat Wilson
Lions Club of Kingsburgh

LION BARBARA KUHNEL
Sponsor: Lion Rene Matthews
Lions Club of Kingsburgh

LION POLINAH TSHUMA
Sponsor: Lion Emmanuel Musonza
Lions Club of Midrand

LION RAMARWANENG MORWAI BODIBE
Sponsor: CC Bernd Gerhard
Lions Club of Wilro Park

LION KIRTI ARUNKUMAR JASMATH
Sponsor: Anusha Sukha
Lions Club of Wilro Park

LION IRENE KOMICHI
Sponsor: DC PR Lion Sandy van Heerden
Lions Club of Wilro Park

LION MMAMOHLATLEGO MARTINA PHAKGADI
Sponsor: DC PR Lion Sandy van Heerden
Lions Club of Wilro Park

LION IVY LOTTERING
Sponsor: Lion Elsa Nel
Lions Club of Rustenburg

LION CORAL PARKIN
Sponsor: Lion Dennis Botha
Lions Club of Scottburgh

LION DAVE PARKIN
Sponsor: Lion Dennis Botha
Lions Club of Scottburgh



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LION MADELINE VAN HEERDEN
Sponsor: Lion Arlene Husselmann
Lions Club of Scottburgh



DG Sydney van Heerden presents LP Riaan Wilken with the Zone Chairperson Chain, a token that was instilled by PDG Nick Maré in Zone 2. ZC Riaan Wilken has a dual function this year as both Zone Chairperson Zone 2 and the President of the Lions Club of Klerksdorp.

Lions Club of Stilfontein



DG Sydney van Heerden inducted Lion President Riaan Wilken (Lions Club of Klerksdorp) and Lion President Pieter du Preez (Stilfontein) at the Zone 2 function held on 8th of July 2023

DISTRICT 410E CLUBS "CHANGING THE WORLD"

Lions Club of Klerksdorp



The Lions Club of Klerksdorp celebrated the Zone 2 Presidential Induction hosted by the Lions Club of Stilfontein at Lost Treasurer Restaurant, Stilfontein on the 8th of July 2023.



Lion President Riaan Wilken of the Lions Club of Klerksdorp presented an Appreciation Award to Ms Adele Reynecke from Optirama for her diligent service to our community by testing the eyes of our needy people.





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Lions Club of Midrand



For the Mandela Day 67 Minutes project, the Lions Club of Midrand in partnership with the Acorn Foundation and Airbus Helicopters packed and handed out 200 lunch hampers to the Learners at Rift House Academy in Ivory Park on the 18th of July.



The learners range from Grade 1 to 11 and were over the moon to receive the lunch hamper (an apple, fresh fruit juice, pack of Smarties, a packet of NikNaks and a Hot Dog), making their day a little bit more special.



On the 29th of July, the Lions Club of Midrand was honoured to host District Governor Lindie's 1st Cabinet Meeting.

Lions Club of Port Alfred



On the 15th of July, the Lions Club of Port Alfred held their Presidential Induction Luncheon which was a wonderful function.



The official opening of the Mike Newlands Room took place prior to the luncheon and what a wonderful way to honour PCC Mike Newlands and all he has done both for MD410, District 410B, District 410D and as a charter member of the Lions Club of Port Alfred. May his memory live on.



The Mandela Day initiative was a river clean up by members of the Lions Club of Port Alfred on the 18th of July 2023. Twelve (12) bags of waste were collected, and Lions Max Stander and Dennis White were transported courtesy of the Integrity River Cruises. A whole new dimension to "hop on, hop off".



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Lions Club of Scottburgh



At the "Flea Market" held on Saturday 1st of July 2023, a Prospective Lion and Service Chairperson were seen testing a wheelchair which was purchased by the Lions Club of Scottburgh from one of the stall holders.



This will be kept in safe storage until someone in need is identified.



The first Diabetes Screening for the 2023-2024 fiscal year was carried out on the 4th of July. Lots of fun was had as community members and holiday makers were persuaded to take a screening test.



Lion Dennis Botha was officially inducted as the new Lion President for the Lions Club of Scottburgh on the 7th of July. No electricity for the entire evening, however this did not for one minute put a damper on the function as Lions always make a plan!



On the same evening as the Presidential Induction, three new members were welcomed and inducted.



Lion Arlene Husselmann stated that she felt extremely blessed on receiving the Lion of the Year Award and thanked all for their support.



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the history of Nelson Mandela – very informative and enlightening.



Lions Club of Johannesburg The Wilds



IPDG Sydney van Heerden visited the Lions Club of Johannesburg The Wilds on Tuesday 11th of July and presented Lion Rally Kartum with a 55-year long service award and a 50-year long service chevron to Lion Hilly Goldberg. These were handed over to Lion President Dave Griffith as due to ill health they were unable to attend in person.



Lion Lucky Phale was presented with an International Presidents Global Service Award for his unwavering commitment to doing food collections almost each and every Saturday and Sunday. Most of the food collections are donated to the Frida Hartley Shelter which feeds the homeless on a daily basis.



On the 18th of July, the Lions Club of Scottburgh embraced Nelson Mandela Day packing “Jars of Hope”. DC LEOs Lion Keith Weston looks good in an apron!

Lions Club of Wilro Park



On the 19th of July they celebrated with the Learners at Injabulo Primary School. The Learners provided awesome entertainment and one of the Learners had prepared a quiz on

The Presidential Induction Lunch for the Lions Clubs of Wilro Park and Lenasia Branch Club was hosted at the lovely Kleine Constantia Venue on the 1st of July.



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Outgoing President Johan Els recognised and thanked the Lions members for their dedicated service to others and awarded Lion Delphine Ferreira the Lion of the Year Award for her commitment to Lions and Lion Roleen Hunter the President's Theme Award in appreciation of her dedication to the Club's School Books Pay-it-forward and other projects.



Immediate Past District Governor Sydney van Heerden inducted Lion Deneera Singh as President of Lions Branch Club of Lenasia for her second terms of office and presented her with an International President's Leadership Award. The Club was very happy to welcome Lion Kirti Keshav as a new member and induct her into the Lions Branch Club of Lenasia.



Twenty-Seven Members and Guests attended the function which saw Lion Rene Benjamin inducted as the new President of the Lions Club of Wilro Park for the 2023/2024 Lionistic Year by Council Chairman Bernd Gerhard.



On the 19th of July the Lions Club of Wilro Park visited Roodepoort Primary school to deliver the Sanitary Towels which they provide monthly for 50 girls. In addition, they took a gift of 5 big boxes of beautiful reference books for their library – Science, Art, How our Bodies Work and more! Beverly the Librarian and the Principal was very grateful.



Sharing and Caring – a joint project – Sedgwick South Africa, Lions Club of Wilro Park and Lions Branch Club of Sandton. 100 Lions Drawstring bags were filled with School shoes, socks and stationery which was kindly sponsored and packed for Mandela Day by the kind people at Sedgwick on the 21st of July – a great joint project and partnership.



Three new Lions members, Lions Irene Komichi, Martina Phakgadi and Morwai Bodibe were also inducted and welcomed into the Lions Club of Wilro Park.



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The Lions of Wilro Park were hard at work repairing washlines on Saturday the 22nd of July at Klein Helderkruijn Retirement Home and the residents were spoilt with a bowl of soup afterwards – Mandela Day 67 Minutes Project.



17 Blankets donated to the Institute of Grace near Simunye Creche. Wonderful welcome by Warrant Abrahams.



Lions Team Two of the Lions Club of Wilro Park worked on Saturday the 22nd of July, dismantling a huge wooden Jungle Jim & transporting it to Roodepoort Primary School for revamp. A huge thank you to Lion Rebecca & the Lions Club of Cowies Hill – we are all connected! Another Mandela Day Project.



The Lions Club of Wilro Park held a very successful Blanket Drive challenging others to join us to be Winter Warriors! We collected 180 blankets for Donovan McDonald Centre for the aged and then thanks to one of our Corporate donors distributed another 200 blankets to various Homes, creche's and organisations throughout July.



Throughout the month of July, community service was carried out with 9 Blankets to "Gift a Child" in Albertsville.



Some of the little ones from Simunye Creche with their blankets.



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Lions Club of Alberton



The Presidential Induction Function of the Lions Club of Alberton took place on the 1st of July 2023. A great event shared with friends, family, and fellow Lions.



IPP Marc du Plooy was presented with a Melvin Jones Fellowship by the Lions Club of Alberton for his two-year tenure and service as Club President.



On the 3rd of July, a good start to the new Lionistic year. Three projects in one day. Thank you Lion Courtney for delivering food to the nursery school in Alberton North.



Further thanks to the Lions Club of Alberton's awesome donors, Lion Tinus delivered food supplies to 2 nursery schools in the South of Johannesburg.



Having fun while serving. Thank you to the food preparation team for assisting LOTS at the Amcare kitchen. Increased service through networking. Making a difference together. This food prep was done on the 6th of July, 13th of July, 20th of July (Mandela Week Hunger Project - Lions Priscilla and Keith putting their chopping skills to the test) and 28th of July.



Thank you to our donors for the wonderful food donation, the Lions Club of Alberton was able to assist a nursery school in South Hills on the 7th of July with much needed food supplies as well as beautiful beanies and gloves.





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Packing and delivery of Mommy Care Bags to the new Moms at the South Rand Hospital by the Lions Club of Alberton on the 11th of July. A further 25 mommy care bags was done on the 18th of July accompanied by Easter Eggs for the staff – a good Mandela Day Project.



Mandela week environmental project on the 18th of July. Repairs done by some members of the Lions Club of Alberton to the bench at the nursery school in La Rochelle which needed some TLC.



To end the month on the 30th of July another 25 mommy care bags were delivered to South Rand Hospital – this time a very delighted Daddy was on hand.



Lessons learnt glue the lids on to the bottles so inquisitive little fingers don't pull the plastic out – the result, the bench is good to go for many more years!



On the 14th of July, the Lions Club of Alberton held a Sports and Art day at the nursery school in Alberton North. Much fun and enjoyment had by all.



Mandela week Hunger project held on the 20th of July with LP Keith and Lions Angela and Cindy preparing a delicious meal on a very cold day for the children at the nursery school, emanating is very happy little people with full tummies.



A team from the Lions Club of Alberton delivered care bags to the residents in Dinwiddie on the 14th of July. What a special day for them and joy for the Lions to serve.



Mandela week Vision and Diabetes Project on the 22nd of July. Over 80 people from the community had their eyes tested as well as diabetes screening.



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Ligstad hosted the event and assisted with transport - getting some of the elderly folk to the clinic and back home. A big thank you to the supervisors and great UJ students.



They received tremendous support from companies, the community, and other Lions Clubs towards this wonderful cause.



Delivering donated toys, colouring-in books, pencils, crayons to the nursery school in South Hills on the 25th of July. The teacher was absolutely overwhelmed receiving the donation because the children can now colour in and each have their own colouring-in book.



A big thank you to Steph and Fyreworx for donating the delicious lunch on the 27th of July, which is enough for 2 days. KFC chips rolls apples oranges cold drink cheese curls. The children loved the treat.



Making a difference in our community, the Lions Club of Alberton donated, packed and delivered court care bags on the 25th of July.



Christmas in July was held on the 29th of July with 150 learners from 18 different schools coming together to have fun and celebrate Mandela month. The Lions Club of Alberton provided stalls with prizes, sweets and chips, fun activities as well as lunch and a goody bag for each learner. A wonderful project and with grateful thanks to the members, sponsors and community who assisted in making this such an incredibly special day.



The Lions Club Alberton hosted their popular 9 holes for Hunger fundraiser on the 27th of July.





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Lions Club of Ballito



Young Tyreese Naidoo received his special glasses from Lions Paris and Paul of the Lions Club of Ballito on the 3rd of July. With Tyreese are his proud parents. This was following the appeal from his mother which read as follows:

"I was wondering if you could please assist me. My son was born with a cleft lip and palate which affects the ears, eyes, nose and throat. I have just managed to get hearing for him and we currently busy sorting his dental work out which is costing a monumental amount. Now we have discovered his eyes are a problem. Following a visit to an Optometrist where he had his eye test done, it was found that he needed glasses at a cost of R4280.00. Please are you able to assist?"



The Lions Club of Ballito gave their 67 minutes in the name of Thatha Mandela on the 20th of July by cleaning around the Community Hall.



Lions Club of Benoni



On the 1st of July, they bid adieu to the Lions Club of Benoni van Rhyn as all members merged with the original Lions Club of Benoni. This merger brings a total of 111 years of Lionistic service to the community of Benoni between the 2 clubs. Congratulations go to Lion President Jane Jones for stepping up and taking the lead. The Lions legacy continues in her family - be proud. We are sure the year ahead will be fun and successful under your leadership.



PDG Nick Maré performed the induction.



The Lions Club of Benoni held their monthly bookstall at Entrance 5 of Carnival Mall on the 8th of July, which was extremely well supported.

Lions Club of Centurion



One of Lions International Global Causes is Environment. On the 16th of July a couple of the members of the Lions Club of Centurion spent the morning removing invasive species (Lantana Camara) from the Faerie Glen Nature Reserve.



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Lions Club of Centurion Lifestyle



On the 9th of July, Lion President Chris of the Lions Club of Centurion Lifestyle delivered boxes of books to the library at Kiepersol / Lions Haven.



Much needed dog food was delivered on the 9th of July to Wollies Animal Sanctuary. Taking care of our fur friends who require nothing but love.



Mulac Pty Ltd proudly hosted a Social Media Workshop for the Lions Club of Centurion Lifestyle on the 15th of July. We look forward to a whole host of techno savvy members!



Lions Club of Cowies Hill



The Lions of Cowies Hill were working at Cheshire Home on the morning of 1st of July selling egg and bacon rolls with one member selling plants and another working at the Craft Stall.



Simultaneously on the 1st of July a food collection was held at Westville Superspar.



In the words of Lion President Karen on the occasion of the Presidential Induction held on the 2nd of July, "thank you to everyone for your help and support at the Induction. I am honoured to lead the Lions Club of Cowies Hill this year and hope we will serve our community with pride."



Awards were given to LP Karen for dedication and commitment as the Projects Chairperson and training. To Lion Sally for her dedication to Service Projects especially the CHOC visits.



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On the 2nd of July Lion Elaine handed over knitted items to Lion President Belinda from Lions Club of North Durban for their baby project.



The morning of the 12th of July was a very noisy morning at Pediatric Oncology ward at Nkosi Albert Luthuli hospital. The children were in great spirits and playing with skittles and then of course the balls got used for kicking around. One little 3-year-old showed the Lions of Cowies Hill such amazing ball skills, a future soccer player, for sure.



On the 5th of July the residents from Flame Lily Retirement Home sorted out sewing items they no longer require for donation to the Mariannahill Monastery sewing class.



The Lions Club of Cowies Hill visit to the Paediatric Oncology Ward on the 19th of July was rather heart sore as most of the children were on chemo drips so were unable to come to the playroom. The Lions took toys to the beds and spent time with them there. The new favourite is board games, and they even taught the Lions how to play some of them.



The Lions Club of Cowies Hill weekly visits to the Pediatric Oncology ward continued. On the 5th of July there were 17 children in the ward. It is such a rewarding project to see these little warriors have some fun.



The young boys love cars more than anything else and Lego is still up there with the favourites.



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The last visit for July took place on the 26th of July and proved to be such fun as most of the children were up and about so the playroom was filled with fun and laughter.



The carpet that was donated to CHOC is the favourite place to play.



230 pairs of used spectacles were sorted and packed to go to Lions Brightsight on the 8th of July.



More fabric and other sewing items for Mariannhill Monastery Sewing Group were collected from Flame Lily Ladies on the 9th of July.

The Lions Club of Cowies Hill handed out Certificates of Appreciation to their various "sponsors".



Lion Rebecca handing over a Certificate of Appreciation on the 10th of July to Alex from Vision Works Optometrist at Watercrest for their assistance with our Sight Projects. On the 11th of July a Certificate of Appreciation was handed over to Christine from Field's Centre Pharmacy for their assistance in collecting used spectacles that the Lions Club of Cowies Hill send to Lions Brightsight.



Another Certificate of Appreciation was handed to Dani French from Kloof Fields Centre PNP on the 11th of July for their continuous support in allowing the Club to do their ongoing food collections for their Hunger Alleviation Projects.



Lion Margie Hill handed over a Certificate of Appreciation to Librarian Cheryl from Westville Senior Primary on the 20th of July for collecting 75 pairs of specs for Lions Brightsight.



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On the 25th of July, Lion Jenny handed over Certificate of Appreciation to Ross Henry from PnP Junction in Westville for their support of the Lions Club of Cowies Hill food collections for their Hunger Alleviation Projects. Another Certificate of Appreciation handed out by Lion Jenny on the 25th of July to the owner of Westville Spar Real Laurie for their ongoing support with the Clubs Hunger Alleviation Projects.



Lion Elaine handed over four beautifully crocheted blankets from Lee Cox of Flame Lily Retirement Home to the Lion President of Durban South Vanessa Wilesmith on the 15th of July to be given to AHH (Aunty Hannelies Helping Hand).



On the 12th of July Lion Shanneen Wadehn handed out scarves to the ladies from Mariannahill Monastery Sewing Group which is just the right clothing item to wear with the cold weather. The ladies loved them and were super excited.



Lion Bronwyn from Lions Club of Cowies Hill donated 4 new rakes on the 19th of July to Zane Welensky from PINETOWN TIDY TOWN to assist with their initiative to clean up Pinetown.



Another load of sewing items from Flame Lily Park Craft office delivered by Lion Elaine to Brother Phil's of Marrianneridge Monastery on the 13th of July.



A fun evening was held on the 22nd of July at Pinehaven Retirement Home. Everyone had loads of fun, laughter and enjoyed the delicious scones provided.



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Lions Club of East Coast



Lion Elaine received a donation of zips and beads for the Mariannhill Monastery Sewing Group, which will be handed over on the 27th of July.



No act of kindness, no matter how small is ever wasted. Congratulations to Lion Ronald on being voted Lion of the Year. Lion Ronald is the very epitome of kindness, he goes above and beyond to assist the community as well as his fellow Lions. Presented to him on the 19th of July.



Lions Carol, Amalia and Rebecca were hard at work selling dolls clothes at Maris Stella Market on the 29th of July, a fund raiser of the Lions Club of Cowies Hill.



The Lions Club of East Coast once again had their Thrift Store up and running on Saturday the 29th of July at the Lovelocal Market with all proceeds going to their various community upliftment projects.

Lions Club of Edenvale



Another successful food collection held on the 29th of July at Kloof Pnp Field Centre.



Warm blankets, soft scarves and beautiful beanies were distributed by the Lions Club of Edenvale during the week of 17th – 21st July to the homeless.



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On the 19th of July the Lions Club of Edenvale Lions gave out beautiful beanies and scarves at the local squatter camp in aid of 67 Minutes for Mandela.

Lions Club of Helderkruijn



The Blanket & Beanie Drop-off took place on the 7th of July by the Lions Club of Helderkruijn at the Ikemeleng Village in Wilgespruit.



Another Mandela Day project - the Edenvale Hospice Care Centre were extremely happy to receive a donation of nappies by the Lions Club of Edenvale on the 20th of July.



The Lions Club of Helderkruijn recently donated some children's reading books to Baby Moses Sanctuary, along with a donation of a food voucher to assist in feeding the children.



Lion Lara delivered nappies to Elandvallei Home on the 23rd of July. Although it was bitterly cold, they still managed to get smiles for the photo!



The Presidential Induction for Lion President Crystal Richardson for the 2nd part of her 2-year tenure took place on Saturday the 15th of July. A lovely time was had by all in attendance. A vote of thanks to Chef Lion Karl for the delicious potjie afterwards!



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Lion Secretary Jonquille proudly inducting her daughter. Lion Karl equally proud, pins the President badge on his daughter.



Lions Karl, Jonquille and Gail from the Lions Club of Helderkruin delivered much needed blankets to Floroma Senior Citizens Home on the 28th of July to bring some warmth during the cold winter nights.



Lion Jacqui (visiting from China) places the Chain of Office on LP Crystal's shoulders. Lion VP Pieter hands LP Crystal the gong and gavel.



Lions Bev and Gail took this advertisement for plastic bottle tops and bread tags to heart and asked our members to collect these items (which we all just throw away daily) for Tops and Tags for Wheelchairs and the Sweetheart Foundation for Wheelchairs. This is a wonderful project to recycle those pesky plastic bottle tops and plastic bread bag tags, which not only counts as an Environmental Awareness project, but also assists those who are in need of a wheelchair but cannot afford the expense of buying one.



Lion Karl hands the Club Charter to Lion President Crystal.

Lions Club of Henley on Klip



Saturday the 22nd of July saw the Presidential Induction Dinner of Lion President Anton of the Lions Club of Henley on Klip.



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The Lions Club of Henley on Klip were proud to induct two new members on the same occasion.

Lions Club of King Williams Town



Among fellow Lions members, friends, family, and guests; the Lions Club of King William's Town inducted its 58th Club President, Lion Wayne Randall on the 2nd of July. Having been Lion Secretary in the 2022/23 Lionistic year, he officially started his duties on Sunday the 1st of July!



In one of the many goals, he highlighted in his speech, Lion President Wayne said: "This year we as a Club will be concentrating on the health of our Club. I am looking at any opportunity we might have to improve the experience of our members in the Club. Remember we all have expectations that need to be met."

Lions Club of Kingsburgh



What a fantastic day the Lions Club of Kingsburgh had serving hot dogs to the children.



Added to that the joy of watching them singing and dancing and meeting all the other supporters that came on Mandela Day the 18th of July 2023 to Mother of Peace.





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On the 20th of July, the 1st batch of pupils from Sewula Primary School the children were safely delivered to our wonderful optometrist partner – Pro Eye Care Optometrist, Amazimtoti - to get their eyes tested.

The scripts for their new spectacles which will be provided to them by Lions BrightSight and Lions Clubs International Foundation. This is as a result of the Lions Club of Kingsburgh's Eye Screening - nearly the entire school (675 pupils during the month of June).



The Lions Club of Kingsburgh have over 60 children that were identified via the SPOT Vision Screening as needing an optometrist visit - this is the 2nd and 3rd batch of children which were screened on Friday 21st July and Monday 24th July.



On behalf of all the children a huge thank you to Lions BrightSight, members of the Lions Club of Kingsburgh, Usizolomdeni and Pro Eye Care Optometrist, Amazimtoti for providing the gift of sight.

Lions Club of Krugersdorp



The Lions Club of Krugersdorp did a food collection for the Connie Mulder Centre in Randfontein on the 29th of July. This was done at the Pick 'n Pay Noordhewel. Connie Mulder Centre is a home for mentally challenged people.

Lions Club of Letaba Tzaneen

A Heartfelt Thank you to ST Peter's Anglican Church Tzaneen

We would like to extend our deepest appreciation to the Anglican Church for their incredible generosity in providing blankets, which were delivered to The Fountain of Life Church. These blankets have made a significant impact on the lives of those we serve, particularly in the community of Mapitlula.

The Lions Club of Letaba Tzaneen extends a huge vote of thanks to St. Peters Anglican Church for the donation of blankets. See the above flyer posted by the Lions Club of Letaba Tzaneen.

Lions Club of Nelspruit



On the 18th of July the Lions and Lions Ladies of the Lions Club of Nelspruit made 70 litres of soup for Chefs with Compassion's project #67000litres for Mandela Day 2023.





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They then fed 148 vulnerable children and adults at a Drop-in Centre run by the Social workers from Childline.



The first Club General Business Meeting of the new fiscal year held on the 22nd of July was a huge success and culminated in packing baby care bags as part of their Mandela Day Project.



The Lions Club of Nelspruit provided free blood sugar testing at the Honey and Mead festival on the 29th of July.

Lions Club of North Durban



Lions Vicki and Belinda had an amazing morning shopping on the 21st of July for the Clubs Mandela Day project! Loads of laughs when requesting 40 babygros.



The team of the Lions Club of North Durban worked hard on the 11th of July packing 78 boxes of food for the residents of Tafta.

Lions Club of Northcliff



On the 16th of July the Lions Club of North Durban manned the gates at the exciting Koi Show and provided popcorn to attendees (obviously for purchase)!



To celebrate Mandela Day, the Lions Club of Northcliff proudly supported 4 Paws Diepsloot with a significant donation. They contributed R3000 worth of dog and cat food, and their partners at PnP Heathway matched their donation with a generous R3000 gift card.



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Lions Club of Port Shepstone



Thanks to the incredible combo buy specials at PnP, they were able to purchase over R7000 worth of products, receiving a R1000 combo buy discount in the process. As part of their donation, we obtained 18 x 8kg bags of dry dog food, 30 tins of wet dog food, 8 x 4kg bags of cat food, and 4 x 12 pack wet cat food.

A very big thank you to Lettie Kroeger and Sheila Shaw from Pietermaritzburg who knitted several items of children's clothing and then donated these to the Lions Club of Port Shepstone. On the 1st of July the Lion Ladies visited Assisi Mission orphanage and distributed the clothing in time for the chilly winter nights. They also provided the kids with treats.



On Friday, the 14th of July, Merinda from 4 Paws and her team arrived to receive the donation of food from the Lions Club of Northcliff. Their gratitude and overwhelming response filled the members with joy. The shelter currently houses 50 dogs and 150 cats, with the number of dogs set to increase soon.

The Lions Club of Port Shepstone hosted another very successful Market at Port Shepstone Country Club on Sunday the 2nd of July. The Lion Ladies organised and ran the very successful insect hunt for the kids.

Lions Club of PE St. Croix



"Remember that hope is a powerful weapon even when all else is lost" True words spoken and seen at Mes GQ Shelter on Mandela Day, the 18th of July by the Lions Club of PE St. Croix.

Well done to the Lions Club of Port Shepstone Lion Ladies who recently prepared 150 frozen soup meals. These meals will be handed over to South Coast Hospice for distribution to needy families this winter.



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The Port Shepstone Lions, Lion Ladies and their guests celebrated the Club's 53rd Annual Presidential Induction and Awards dinner on Saturday the 15th of July at their Lions' Den Clubhouse at Port Shepstone Country Club. The venue was superbly decorated by Lion Lady Bev Rolfe and the delicious 3-course meal for the evening was provided by Louis and Jean Marx. Guests of honour included newly installed District Governor Lindie Van Wyk (attending her first official function as Governor) and BT and Darryl King from South Coast Hospice.

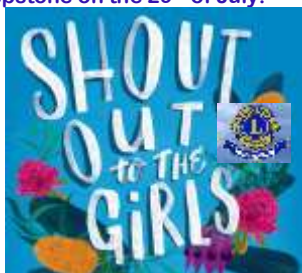
Lions Club of Pretoria South



Lion Riaan from the Lions Club of Pretoria South decided to spend some time on the 3rd of July with the kids at In His Honour Outreach Foundation that were unable to go home for the school holidays! The older ones kept themselves busy with video games and watching TV. However, the young ones were more active and convinced Lion Riaan to join in their games Cycling Class 101 for their brave Lion after a few minor adjustments to the seat height. Other activities included feeding the pigs, playing ball, walking around in the woods, building a jungle gym house for some much-needed convo later before the evening was ended with a pillow fight in the dark. Lion Riaan was such a "hit" that he was invited to join the crowd for brunch, lunch, and dinner. TIME is priceless and outways "things".



The Lions Ladies of the Lions Club of Port Shepstone held a hugely successful Jumble Sale at the Engen Garage, Oribi Plaza in Port Shepstone on the 29th of July.



A NOTE FROM THE EDITOR!



"Until you dig a hole, you plant a tree, you water it and make it survive, you haven't done a thing". The Lions Club of Pretoria South "changing the world" by planting trees at Leamogetswa Safety Home in Atteridgeville on the 9th of July.





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The Lions of Pretoria South and friends of the Lions were up and about super early on the 18th of July, celebrating Mandela Day by handing out 500 Safe Cycling Reflective Bibs! 80 bicycle lights were also provided to Commuter Cyclists getting themselves to work daily in dark and very cold conditions!



The Lions Club of Pretoria South Cycling Academy took part in the King Price Insurance Trailseekers at Prime View on the 29th of July. "Life is like a ten-speed bicycle. Most of us have gears we never use."



Lions Club of Johannesburg The Wilds



The annual Mandela Day Soup Handout by the Lions Club of Pretoria South took place on Friday the 21st of July 2023 with Lions braving the cold conditions outside and handed out 131 cups of hot soup and a roll to people on the streets of Atterbury Road, Garsfontein Avenue, Solomon Mahlangu Drive, Jacqueline Drive and at the garage in Serene Street. A few blankets were also handed out.



Lion Lucky from the Lions Club of Johannesburg The Wilds delivered groceries collected to CHOC for Mandela Day on the 18th of July.



The Senior Cycling Academy Boys of the Lions Club of Pretoria South competed in the Cycle Lab School MTB Race at Serengeti on the 22nd of July. A great achievement amongst all the schools taking part!



The Lions Club of Johannesburg The Wilds collects nonperishable food and delivers to Frida Hartley Shelter every month. Some of the food they supply is cooked on a Friday morning and serves hungry people in Yeoville every Friday.





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Lion Richard Marchant delivered food to the Sandton SPCA on the 26th of July from the Clubs weekly food collections.

Lions Club of Vryheid



At the Presidential Induction of the Lions Club of Vryheid held on the 16th of July, they were reminded that the Lions Badge has 2 lions heads facing outwards. As Immediate Past Lion President Laurette looks back, she can do so with pride at all the good things that the Club has done.

Lions Club of Uitenhage



The Presidential Induction of Lion President Tanja Erasmus was held on the 22nd of July.



The duties and responsibilities were handed over to Lion President Michael Richards who is looking into the future for the year to come.

Lions Club of Vereeniging



Baby jerseys, beanies and booties were delivered to the Grace Factory on the 31st of July by the Lions Club of Vereeniging who give a huge thank you to all their dedicated knitters!



A huge thank you to 2nd Vice District Governor Avril Hobbs for joining them on this special evening.





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The Lions Club of Vryheid were at the SAVF Bazaar on the 29th of July raising funds for their various community projects.

Lions Club of Weltevreden



Lion Karl Bands from the Lions Club of Helderkruijn had the privilege of inducting Lion President Xandy at the Presidential Induction of the Lions Club of Weltevreden.



A very unusual, but thoroughly enjoyable, event in that the members and guests travelled from one member's home to another for the different stages of the event and courses of the meal. It was a great experience, travelling from one member's house to another and on to another, for different stages of the event, and different courses of the meal.

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Pricing Structure from 1 September 2023

SINGLE VISION SPECTACLES	PRICE
Clear Lenses – Base Price	R250.00
– Clear + Hardcoat	R300.00
– Clear + Sunactive Photochromic	R520.00
– Clear + Sunactive Photochromic + Hardcoat	R580.00
<i>To add Anti Reflective Coating (ARC) to any of above options, add R330</i>	R330.00
BIFOCAL SPECTACLES	PRICE
Clear Lenses – Base Price	R550.00
– Clear + Hardcoat	R600.00
– Clear + Sunactive Photochromic	R1,150.00
– Clear + Sunactive Photochromic + Hardcoat	R1,200.00
<i>To add Anti Reflective Coating (ARC) to any of above options, add R1,000</i>	R1,000.00
MULTIFOCAL SPECTACLES	PRICE
Clear Lenses – Base Price	R850.00
– Clear + Hardcoat	R930.00
– Clear + Sunactive Photochromic	R1,350.00
– Clear + Sunactive Photochromic + Hardcoat	R1,500.00
<i>To add Anti Reflective Coating (ARC) to any of above options, add R1,000</i>	R1,000.00
OTHER SERVICES	PRICE
Lens tinting per pair of spectacles, add to above pricing.	+R150.00
Eye Test at BrightSight Clinic in Benoni (by appointment only)	R150.00
Speciality scripts not listed above will be quoted before manufacture	TBA