

The official Newsletter of District 410E





Issue 2 (b) - August 2023

DISTRICT 410E CLUBS "CHANGING THE WORLD"



The service carried out by the Clubs in District 410E during the month of August was awe-inspiring.

A huge shoutout to the Clubs (19 of them) who submitted and told their stories to The Editor – thank you.

Lions Club of Durban Host



The Lions Club of Durban Host donated 50 walking sticks to the Cataract Surgery Centre at McCords Hospital. This will assist the elderly to maintain balance and good posture.



They purchased and donated 150 Blankets to families in need in Merebank – much needed for the cold spell that was experienced in KZN.





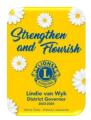
Dick Ndlovu High School – The Lions Club of Durban Host held a information session addressing Climate change and the impact on our environment.



They then planted a vegetable garden with the help of the Learners who will take care of this sustainable source of vegetables for hunger alleviation.



At the end of July 2023, as part of the Lions Club of Durban Host's Mandela Day initiatives, they visited Carrington Primary School where they educated the Learners about the environment.







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Following the "educational" session, they planted trees, vegetables and cleaned the school ground.





The Learners provided entertainment with dance and song focused on trees and the environment.





The Lions Club of Durban Host continued with their monthly feeding scheme providing a hot meal in 6 areas and ensuring approximately 350 people (the young and the elderly) had full tummies.

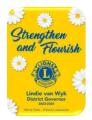
Lions Club of East Coast



The Lions Club of East Coast spread warmth this Nelson Mandela Day/Month with a blanket drive. Their drive spanned the whole of the north coast through to the central Durban area.



Their annual golf day was held on 4 August 2023. Much fun was had by all players and was extremely well supported with substantial funds raised for projects.





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The CHOC outreach team of the Lions Club of East Coast continued to bring joy and laughter to the precious Cancer Warriors at Inkosi Albert Luthuli Central Hospital.

Lions Club of Edenvale



The Lions Club of Edenvale delivered nappies to Hospice.



Amidst much fun and laughter they hosted a Bingo session for the residents of the Elandsvallei Home.

Lions Club of Gonubie



On 6 August 2023, the Lions Club of Gonubie raised R530.00 for their chosen beneficiary for the market day Barn Yard Stables – Mthatha Horse Rehab & Rescue Group South Africa. To round off the day they further donated R1500.00 from the takings at the market.

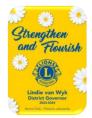


The Lions Club of Gonubie's members had a gettogether on 20 August to pack toiletry bags for the poorest of the poor who reside at an old age home run for SASSA pensioners where their rental is the full sum of their income.



Whilst they are well cared for, have a roof over their head and always have food, if their families are unable to subsidize them they have absolutely no pocket money to buy extras during the month.







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On Friday morning 25 August, whilst most of the members were at work, four Lions visited the residents of the old age home who were so appreciative and thoroughly enjoyed the visit and sharing of a little love and attention.

Lions Club of Kingsburgh



A vision screening was done on 21 August 2023 by the Lions Club of Kingsburgh at Siyathokoza Primary School for all the pupils. 139 pupils screened - 15 pupils will need to visit the optometrist.



The Lions Club of Kingsburgh recently eye screened over 600 pupils at Sewula Primary School, a local school, and 61 students needed to visit an optometrist. They have all been tested and their new glasses arrived from Brightsight. Very happy children when they received their spectacles on Tuesday 22 August – 56 children now have the gift of sight.



A little chap turned up with no shoes (the school is situated in a very poor area), so on the Lions Club of Kingsburgh return on Tuesday 22 August 2023, they presented him with a brand new pair.



A Woman's Day celebration was held at the community centre Ezimangweni Township where all the ladies had a wonderful time with lots of lovely eats supplied by the Lions Club of Kingsburgh and drinks as well as an informative talk on healthy eating for a healthy mind and body by Sandra from Kingsburgh Child & Family Welfare.





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Lion Dave and Lion Moira delivered a wheelchair to Seadoone Mall who purchased the wheelchair for the use by customers from the Lions Club of Kingsburgh.





Lions attended a Mandela Day celebration at Mother of Peace, a children's home in Illovo, and provided hot dogs and sweets for the children.



The Club donated sanitary towels to Fatima in Lower Illovo for her to distribute to local girl students.





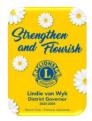
The Lions Club of Kingsburgh were extremely busy sorting and delivering donated children's clothes received from Amanzimtoti W.I. to Kingsburgh Child & Family Welfare.



Lion Barbara a member of the Lions Club of Kingsburgh cleaned up Winklespruit beach. She single-handedly picked up 1,1kg of rubbish that was along the shoreline. Collected some crazy stuff.... Styrofoam cups, matchboxes, fishing gut, unidentifiable pieces of hard plastic, bottlecaps, sponge, sucker sticks, cigarette butts, sweet wrappers, plastic shopping bags, plastic bread packets, bank packets and even a toothbrush.



The members of the Lions Club of Kingsburgh continue to collect items for recycling, such as bread tags (for wheelchairs), can ring pulls (towards the training of guide dogs for the blind), bottle tops (towards wheelchairs), egg boxes, jars with metal lids (for growing seedlings) and plastic containers/tubs (i.e., yoghurt, butter, margarine etc.) which are utilised to serve meals to children at Usizo-Lomndeni org. Lion Esme receiving donated bread tags.





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The groceries collected at the food Collection by the Lions Club of Kingsburgh was valued at approximately R1300.00. They also received R491.90 in cash donation which they then purchased groceries to that value. This awesome lot of groceries was donated to Kingsburgh Welfare on 14 August at the GBM of the Lions Club of Kingsburgh.



Delivered glasses to Leon Vermeulen and Sheila Du Preez. Both very grateful for our help.



Lion Esme receives donated used spectacles for recycling by Lions Brightsight.





Lion Elna a member of the Lions Club of Kingsburgh delivered donated children's clothing to CHOC.



Lions Club of Midrand



Bright and early, the Lions Club of Midrand members with the able assistance of 2 x members of the Lions Branch Club of Sandton and 2 x members of the Lions Club of Pretoria Jakaranda braaied and served Boerie and Frankfurter rolls to the attendees at the Cars in the Park on 6 August.



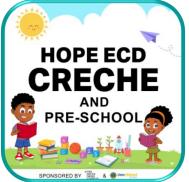
Hard work, but so much laughter, fun and catching up with fellow Lions.



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On 19 August, the Lions Club of Midrand in partnership with The Social Media Company undertook the full revamp of the classroom for the 26 pre-school children who attend this little school.



It was a bare tin structure prior and earlier in the week Lions members with the help of Ivory Park community members purchased the necessary material to plaster the walls and lay a concrete floor.



On the day a total of 15 volunteers (Lions Club of Midrand members and The Social Media Company) worked painting walls, wall murals, laying rubber mat tiles, putting up posters, providing little plastic chairs and tables and new outside signage to make their little classroom, bright and cheerful and a place that these little ones can be proud of and most importantly sit comfortably and learn in, as education is the key to a brighter future.





Then late afternoon of Saturday 19 August, our Lion President Yolandi who is also the Zone Chairperson for Zone 4 not only visited but took part in the Lions Club of Pretoria South 50HR Cyclethon FUNdraiser celebrating their 50 years of Community Service.



Her comment was "loads of fun, but found muscles she didn't know she had"





The Monthly Eye Clinic of the Lions Club of Midrand was held providing service and the gift of sight to attendees ranging from 81 to 7 years of age. Thank you to our wonderful Optometrist for her incredible service and her kind and comforting manner in putting the patients at ease. Please note all photographs shown have been uploaded with the permission of the attendees and the sweet little boy (our youngest patient) with the permission of his Mother.





Lions Club of Newcastle



The Lions Club of Newcastle took the Earth day Project to four schools in their area. They printed the flyers sent to us and held a colouring in competition for the Grade 3's in each school and gave a prize to each of the four winners. Each prize was valued at R400.00 and contained educational toys, science kits, magic kits, activity books and stationery. At St Domonics they were invited to their Primary School assembly to announce the winner and handover the prize and took the opportunity to introduce both Lions and Leos to the children. Approximately 200 children took part. The winners were as follows:



Drakensberg Primary School: Luthando Duma



Amajuba School: Malibongwe Malinga Teachers : Miceala Pieters and Ronel Delport & Lion Zarina Luck in both these photos.



Arbor Park Primary: Simphiwe Ndinga (Teacher Mrs Macdonald). Arbor Park Primary is one of the poorer schools in their community and the smile on the winner's face shows exactly how much the prize was appreciated. He will not forget who Lions are for the rest of his life and neither will he forget what Earth day means.



Curro St Domonics: Aarav Siveraj



As part of the Lions Club of Newcastle's annual Winter Warmer project, they invited underprivileged children from various schools along with their families, to spend the day with the Lions.











The attendees were given gifts consisting of toiletries, blankets, clothing, and a warm meal. There were a total of 110 families that were in attendance. Transportation was also organized for them to and from the event.



The local optometrist, Davida van der Merwe supported them and her and her staff provided the families with free eye screenings on the day.



During the last quarter of the fiscal year, some of the members of the Lions Club of Newcastle were trained in doing vision screening by Davida van der Merwe the Optometrist. She explained how the vision screener works and were shown how to use the reading charts and cards. Furthermore, she also pointed out various things to look out to ensure that no one is missed who may require an eye test.

Lions Club of Northcliff



On Saturday 5 August the Lions Club of Northcliff held a fundraising event at the Linden Bowling Club, their home for their monthly meetings. What an amazing night they had!



The Lions Club of Krugersdorp took home the coveted Club floating trophy, while Matthew and Karen scored the top prize of a meal voucher. Lion Gary was the lucky winner of a raffle Heineken Cooler. Congrats to all the teams for a job well done!



Northcliff Lions sponsored a group of residents and caregivers from Forest Farm and Cheshire Home for a special outing on Sunday, 20 August at the 702 Walk the Talk.





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Lion members and friends participated in a 3km walk, compassionately pushing the wheelchairs of the residents. The event provided a wonderful day out for these individuals, who were delighted to receive their well-deserved medals at the conclusion of the walk. It was a heartwarming day filled with camaraderie and support.

Lions Club of PE St. Croix



A day filled with giving to end off our Mandela Month, this was done on 4 August 2023 by the members of the Lions Club of PE St. Croix. Thanks to all the shoppers and tenants of Walmer Park Shopping Centre for their generous donations. The Lions were able to hand over 2 trolley loads of non-perishable food items to the Eastern Province Child and Youth Care Centre as well as a few warm winter blankets.



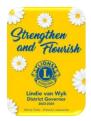
At the Superheroes Challenge, the Lions Clubs of Uitenhage, PE Host and PE St Croix supported this initiative in aid of Special Need Centre's in the Eastern Cape.



"The success of every woman should be the inspiration to another. We should raise each other up". And that is what the Lions Club of PE St. Croix did on Women's Day, 9 August 2023. They spent the morning with the ladies at Mes Shelter treating them to care-bags, cupcakes, lunch, supper and a crochet blanket. What a special morning.



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Lions Club of Port Alfred



On 11 August 2023, the Lions Club of Port Alfred handed out parcels at Kuyasa School in celebration of Woman's Day. The parcels were filled with personal hygiene products as well as some treats for the young girls in Grade 11.



Lions Club of Pretoria Jakaranda



On 12 August, the Lions Club of Pretoria Jakaranda lent their support to the Jakaranda Social Klub for the blind. They managed the kitchen production line for dishing up and the serving of starters, food and dessert to 75 guests in attendance. A wonderful time meeting and chatting to old friends.



Lions Club of Pretoria South



The greatest gift that a Lion or anyone can give to others and to yourself is time. Lion Riaan from the Lions Club of Pretoria South was invited to join In His Honour Outreach Foundation for their Friday evening youth evening on 1 August. Fun was had by all while playing Obstacle Golf Putting, Handball and Musical Chairs.



Zone Chairperson Yolandi van der Schyf (Zone 4) visited the Lions Club of Pretoria South's GBM where the "Lions of the Month" was presented to their Treasurer, Lion Riaan. Lion Tamer/Tail Twister Lion Peter donated a "roll up" banner to Lion President Keith from the Lions Club of Alberton.



One of the Clubs "favourite" projects is the Cars In The Park which was held on 6 August, as not only do they get to raise some much needed funds, but also get to have great fellowship with their Partners in Service, Friends of the Lions, and "Promoting Lionism" whilst doing so.



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There were some left over bread rolls and fresh tomatoes and prepared food that found its way to much needed institutions in the communities of Derdepoort, Eersterust, Mamelodi, Monument Park, Lyttelton and Centurion.



The Club celebrated International Youth Day on 12 & 13 August with a braai (BBQ) at In His Honour Outreach Foundation (IHHOF). Club members, their partners and Club friends were all there to assist. The children at IHHOF were very excited when they saw so many Lions arriving. They quickly assisted us in putting up the gazebos, flags, tables and getting the fire ready. The children played games whilst the Lions prepared their lunch.



Some of the boys were assisting with the braai and setting up the treats table. There were enough leftovers for the children to enjoy during dinner. They absolutely loved it.





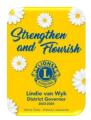
The cook (Louis) at In His Honour Outreach Foundation (IHHOF) informed us that he had experienced problems with his sight. An appointment was booked with an optometrist. After a thorough eye examination, it was clear he needed multifocal lenses. A frame was chosen and sent to Lions BrightSight. They handed Louis his new glasses during their International Youth Day celebrations at IHHOF on 12 August.



The Lions Club of Pretoria South academy kids took part in the Cycle Lab Schools MTB Series: John Vorster Technical High | Race #3 on 13 August. The riders fought well and managed good results. Two top tens for the event with Neo and Thembani placing 9th in their categories!



On 18 – 20 August, the Lions Club of Pretoria South held their 50 Hour Cyclathon Fund Raising event.



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There were many people who attended this fantastic activity over the weekend, many members from the Lions Club of Pretoria South, Partners in Service, prospective members, the general public, friends of the Lions, a PDG or two, their current ZC and 3 current LP's (members from Sandton Branch Club, Alberton, Midrand & Centurion Lifestyle) and somewhere in between probably also "a partridge in a pear tree"!



Some of the members of the Lions Club of Pretoria South did a club raid on their sister Club, Pretoria Jakaranda at their GBM on Saturday 19 August. It was a very productive meeting and to spend time together sharing some ideas for project "collaborations" going forward.



2023 SCHOOLS MTB RACE 4 PRETORIA BOYS HIGH SCHOOL

Both the Academy senior and junior Mountainbike teams from the Lions Club of Pretoria South achieved phenomenal successes over the weekend of 26 - 27 August. The Academy seniors competed in the Cycle Lab HS MTB Race #4 event held at "Boys High".

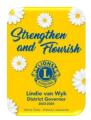


And the juniors were at the "Curro MTB Festival" which resulted in "Top 10" finishes and podium(s) aplenty at the respective events. They are so proud of all of these young athletes who keep on flying the Lions banner so high.



The Lions Club of Pretoria South received a generous donation of toiletries that were distributed at In His Honour Outreach Foundation on 28 August. Individual parcels were made for each child which consisted of a toothbrush, toothpaste, facecloth, soap, shampoo, and roll-on deodorant. The Club included fruit juice, chips, and some sweets and each bag was individually labelled. It was amazing to see how the children appreciated the personalized goodie bags. Much needed pasta and washing powder was also delivered.









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Lions Branch Club of Sandton



The Lions Branch Club of Sandton were seen out and about assisting the Lions Club of Midrand at the Cars In The Park Event on 6 August as well as at the Lions Club of Pretoria South 50HR Cyclathon during the month of August.

Lions Branch Club of Lenasia



The Lions Branch Club of Lenasia had an exciting kick off to the month of August when they went to Sharicrest Primary School & Sathya Sai School Lenasia South, where we had a fun and exciting morning helping the children kick start their very own veggie gardens! It was a fun filled day where the children planted spinach and learned about gardening.



Lions Club of Scottburgh

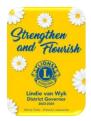


The Lions Club of Scottburgh held a Diabetes Screening and educational talk for the Seniors Club at Berachah Church in Park Rynie on 16 August.



On 30 August, The Elders Voice KZN in Pennington were spoilt by the Lions Club of Scottburgh with fruit cake and custard for dessert and spent some time chatting to the attendees – a wonderful treat and a lovely day. Time is priceless!







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Lions Club of Johannesburg The Wilds



Members of the Lions Club of Johannesburg The Wilds, Lions Chris Bull, Dr Les Cooper who is 102 years of age and a Charter Member of the Club, Richard Merchant, Lucky Phale, Mark Meltzer and Lion President David Griffith celebrating Lion Hilly's 100th Birthday on Friday 18 August 2023.



Wishing Lion Hilly a very Happy Birthday from all the Lions in District 410E.

Lions Club of Uitenhage



The Lions Club of Uitenhage held a fundraiser in the Uitenhage Townhall on 5 August 2023. The concert had a few artists that performed for the evening – a superb evening.





On 7 August, members of the Lions Club of Uitenhage participated in the Super Heroes Walk at St. Georges Park in Port Elizabeth, which was in aid of Mental Health. Members resting their weary limbs!



As part of the Clubs Women's Day initiative, members visited old age home in the Despatch area handing out packs of biscuits to the residents – something to sweeten up their tea/coffee times.



Lion President Tanja Erasmus handed over a donation of a sewing machine on behalf of the Lions Club of Uitenhage to Huis Vergenoegd.







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A donation of children's clothing by Lion President Tanja Erasmus of the Lions Club of Uitenhage to Oosterland Children's Home.

Lions Club of Vereeniging

A very busy month in the lives of the members of the Lions Club of Vereening.



They proudly announce that they have moved to their new Club House and it is almost complete!

Their monthly Fund Raisers consisted of Book Sales, Bingo and a Quiz Night.



Their Book Sales are held a River Square Shopping Centre on the last Saturday of every month.



Bingo and Quiz evenings are held at the Riverside Bowling Clubhouse. Their Bingo evenings are on the first Tuesday of the month and their Quiz Evenings on the second last Wednesday of the month.



Lion Elsa crocheted a beautiful blanket which was donated to 50 Shades of Spay which will be sold off to assist towards the organization's vet bill.



Sasolburg Methodist Church does so much for their community and the Lions Club of Vereeniging assist them with clothes donations as well as their Soup Kitchen.



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There are quite a few knitters in the community that knit baby jersey's, booties, beanies and knitted knockers. The Grace Factory is a registered Nonprofit Organisation that aims to assist moms and babies in need, with the ultimate objective of placing value and dignity on mothers during one of the most vulnerable times of their lives. The Lions Club of Vereeniging is honoured to be able to deliver these items to them, as seen above.



Sadly, the old Vereeniging Hospital experienced a **terrible fire** and the Lions Club of Vereeniging received requesting assistance for various items, but most importantly clothing.



Together with the Sasolburg Methodist Church the Lions sprang into action.





The Club was fortunate to receive flatbreads from Debonairs Vanderbijlpark and Vereeniging. These were in turn donated to Kissington and to assist with a feeding scheme for 70 children at a local school.

Note: You are not candidates for Lions BrightSight, but the pics have been blurred to protect the identify of the recipients.



The Rotary Club of Vanderbijlpark donated a wheelchair to the Lions Club of Vereeniging which will be kept until a needy recipient is identified.



Various food parcels were handed out in the Vaal Area during the month of August by Club Members.





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Knitted Knockers and pre-loved bras were donated to the Baragwanath Breast Clinic. Bread, Oros, margarine and jam were simultaneously delivered which are distributed to approximately 100 patients that attend the clinic for their treatment.





During the month of August, the Lions Club of Vereeniging screened 804 both Learners and Staff at various schools in the community.



Lions Club of Wilro Park



The Trefoil Ladies Guild in England sent the Lions Club of Wilro Park a huge packet of knitted stuff once again, received on 4 August! Beautiful jerseys, flat teddies (unstuffed), small flat teddies (unstuffed), baby beanies and big children beanies. They are so grateful for their ongoing donations.



The Lions Club of Wilro Park packed Moms & Babes gift hampers for Woman's Day & visited the Divine Mercy Home for Pregnant Women in Ruimsig on 9 August. The expectant Moms enjoyed the visit & loved the gifts - it was like a mini "baby shower".



Wilro Park Lions "Dignity for Girls Project" provides sanitary pads to 50 girls at Roodepoort School every month. These were delivered on 18 August.

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District 410E Southern Africa

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The Clubs SandArt Project at Earth Centre kept the kids busy at the market on 26 August.



All the following stories were "Facebook Trolled" by the Editor and are direct "copy and paste" from the relevant Clubs Facebook pages.

Zone 8 Meeting



The first Zone meeting of Zone 8 for the fiscal year 2023-2024 was held on 27 August 2023.

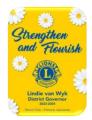


Our Zone can proudly say we have honoured Arbor Week with planting the Yesterday, Today and Tomorrow at Dawncliffe. As mentioned at the meeting we chose this as being symbolic of our proud history as an organisation, our presence today making a difference in our communities and stretching and growing into tomorrow.



Each Club who attended received a spekboom to plant for Arbor week. A very special thank you to our hosts Cowies Hill for the fabulous food and being such wonderful hosts.

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Lions Club of Vryheid



Vryheid Lions Club would like to thank Newcastle Lions President Nicolette Baney for the donation of jerseys and wool that we can use in future projects for the community of Vryheid. Handed over on 23 August.

TUKS Leo Club



An initiative of the TUKS Leo Club kicked off women's month with a "Pad drive" where they requested students and the public to donate pads for disadvantaged high school girls. The goal for this years initiative is 1500 Pads.

Lions Club of Ramsgate



Thank you to the Paramedics from KZN Private Ambulance for joining the Diabetes screening team on 19 August.

Lions Club of Port Shepstone



Port Shepstone Lions hosted another very enjoyable Night Market at Port Shepstone Country Club on Friday 4th August. We would like to thank the local band "Rewind Trio" for their superb music.



Our appreciation also goes out to the many stallholders who made this charity fundraiser possible and to everyone who came along and supported the event despite the rather chilly conditions.



Port Shepstone Lion Ladies recently visited Assisi Mission orphanage and delivered blankets, fruit, and cakes for the children. Another superb effort by our committed ladies.



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Sheppie Lions hosted another afternoon of fun and games for our senior folk at the Sheppie Lions' Den on Saturday 26th August. We hosted 38 guests from the Flower Foundation, Mbango Retirement Centre, and other private addresses.



Our Lion Ladies provided the guests with delicious snacks and cakes and our Lions served the guests with refreshments. Lion Kenny Rolfe ran the afternoon's games and did a superb job of keeping guests entertained.

Lions Club of North Durban



Lions marshalling at the Savages 21km run on 5 August. They Salute the runners and their appreciation of the marshalls. Always a fun day catering at the race registration.





Thrilled to share that this past Thursday (24 August), our team rocked at hosting a fabulous Women's Health initiative! 2nd VDG Lion Avril gave a wonderful presentation. Laughter, learning, and empowerment were in the air as we came together. Huge shoutout to all the amazing sponsors who made this day possible.

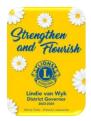


Presenting our fantastic new branded gazebo and banners - thanks a million, Expand A Sign! Our colors, blue and yellow, are like a burst of sunshine in any crowd. We were born to be the stars of the show!



A huge shoutout to Gillian Rall for absolutely rocking today's event (26 August)! The Law Enforcement Awareness Day has us buzzing with excitement, especially because we're back this year with a bang. Massive thanks to all who joined us and fueled up on our delicious bacon and egg rolls - your backing empowers us to create a real impact in our community.

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Lions Club of Nelspruit



Set up and ready to do free blood sugar testing at the Market Caster Bridge on 5 August. We are also selling orchids - thanks to Trish Stevenson for donating a percentage of the proceeds to the Nelspruit Lions Club.



The wonderful learners of Nelspruit Primary School donated money and the Lions Ladies decided to use it for a very special project. There are many girls who don't go to school when they are menstruating, as they have no access to pads etc. So we as Lions Ladies (helped by some Lady Lions) are making washable pads to help out. We love getting together for a natter as we work on projects to serve the community.



Lions at work on 27 August. We are out and about serving the community by testing blood sugar levels at the Friends Market.

Lions Club of Krugersdorp



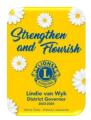
Krugersdorp Lions don't only rock, we are also the Champions! Thank you Northcliff Lions Club for an awesome fundraiser, we feel so proud to take the trophy back to our club!



Another successful business meeting was held at our Clubhouse on Saturday 19 August followed by a nice braai. Congratulations to Lion Peggy du Plooy for receiving a Senior Key Award for sponsoring 25 new members since being a Lion.



Our annual Dog Show was held on Saturday 26 August at Khosa Sports Club. What an amazing day it was. Thank you to the Lions for all the hard work put into making this day a success. A huge thank you to our amazing sponsors. Without you, this day would not have been possible.





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Lions Club of Helderkruin



Some of our members enjoyed a lovely evening of Fun and Fellowship recently when they joined Krugersdorp Lions for a Darts Evening Fundraiser for Northcliff Lions Club. The emphasis was on the Fun part of Fundraiser and the winners were Krugersdorp Lions - thank you Northcliff Lions for a great evening!

Lions Branch Club of Fourways



Lion Deborah creating awareness for our Club at the 702 Walk The Talk on 20 August.



Fourways Branch Club collaborating with Doorway to Dignity and Sandton Ladies Circle 24 to fill 1468 Jars of Hope for hunger relief on Mandela Day!



20 Knitted Teddies on their way to their new homes on Wednesday 9 August to the moms at the South Rand Hospital. Thank you to our special lady who knits them for us!

Lions Club of Durban South

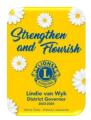


Delivered the monthly recycling collected by our Club on 22 August. All these items when sold raise funds for the good work that CROW does. A big thank you to our member, Lion Renate, whose work colleagues and friends, contribute to the cardboard pile monthly.

Lions Club of Cowies Hill



Visit to hospital-Childhood Cancer on 2 August. This little 3-year-old is just so clever.





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We had an amazing food collection on 5 August at Westville Superspar.



Women's Day Social on 9 August. Lion Sally did a scone baking demo and shared her recipe with us all. We enjoyed scones, lunch and fellowship afterwards.



In the words of Shap Shap-We are so lucky to be supported in our work by the Cowies Hill Lion's Club who did a collection for Osindisweni Creche and Orphanage. Thank you Karen for driving this partnership and delivering the food in the Hammarsdale community.





Lion Elaine received a donation of a sewing machine from Dorothy Cambier of Flame Lily Craft Group on 11 August. This will be handed over to Mariannhill Monastery Sewing Group.



Lions having fun at Pinehaven Retirement Home on 11 August.



Lion Tony Rukato was offered an industrial sewing machine. He kindly accepted the offer and we in turned donated it to Mariannhill Monastery Sewing Group.





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Lion Jenny received some knitted blankets from the ladies at Dawncliffe Retirement Home and Lion Rebecca knitted some baby jerseys. They were handed over to Shap Shap Cinemas in Hammarsdale 15 August. These will be given to moms/babies that need them.



We had a great morning at the hospital on 16 August, but lots of running around as there were 15 children. There are new toys being set up in the playroom which was unexpected, but the children really liked the "round about ", where they have to cycle.





Great visit to the hospital on 23 August, with most of the children being out of bed, so in the playroom. Still lots of walking between wards, always get my steps in on a Wednesday as per Lion Lyn Botha.



Food collection on 26 August at Kloof Pnp Fields Centre.



Our new project Lions Lights. After a recent fire at a Retirement Home caused by a candle during load shedding, we decided to donate rechargeable lights to pensioners that can't afford to buy their own. This was done on 27 August.



Hope House - What an incredible donation on 28 August! Thank you so much Lion President Karen Hyde and the Cowies Hill Lions.

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District 410E Southern Africa

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Lions Club of Benoni



On Wednesday 30 August we had our weekly visit to the Paediatric Oncology ward. Skittles is becoming one of the favourite games along with board games like snakes and ladders and ludo.

Lions Club of Centurion Lifestyle



With Lions Club Pretoria South at Cars in the park -Sunday 6 August 2023.



Boot Sale - 05 August 2023 And speaking of good dee

> A huge thank to you the Lions Club of Centurion Lifestyle for coordinating, and De Jager Oogkundiges for conducting free eye tests and providing one underset for some of our striff.





Lions Club of Centurion Lifestyle is proud to have coordinated free eye tests as part of our community service mission.



A delivery of milk to Mother Hostia's Haven on 15 August.



On 19 August we combined a long awaited social with our members with a little project. Happy to confirm 116 Jars of Hope were prepared in a matter of minutes.

Lions Club of Ballito



The wheelchair was presented to Mrs De Beer of Ballito on 7 August. She was struggling to walk and sought assistance from Ballito Lions Club.

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A very successful wine and Gin tasting was held at Mamma G's. Ballito Lions Club was the beneficiary and was presented with a cheque for R22,000.00 on 21 August. Funds are going to be used for various projects.

Lions Club of Alberton



Always a fun morning preparing food at the Amcare kitchen- 3 August.



What an awesome Women's Day project visiting the new moms at the South Rand Hospital giving them mom care bags. 9 August was very special, all the moms, staff in the maternity sections and the security staff also received a beautifully made cupcake.



The environment is one of the Lions pillars doing what we can, recycling and keeping plastic out of the landfills. Thank you to the All-Heart Angels ladies group for collecting the plastic that was delivered to a nursery school in South Hills, who recycle for extra income for the nursery school.



Meal preparation for 200 meals in the Amcare kitchen assisting LOTS. A great morning filled with lots of chats, laughs and chopping on 10 August.



Serving lunch to 18 hungry children at the nursery school in Alberton North they were so excited to see the Lions on 10 August. Thank you Lions Sandy and Leslie for making today a <u>little bit extra special</u> for them.







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Lions Cindy and Lorraine W handed over care bags at the Donald Gordon Hospital on 11 August to the Paediatric Cancer Ward. This was our first visit. They were very happy with the contents. The bags will be given to the children who spend the day there having chemo.



The Oncologists were very grateful for the donation.



Celebrating Woman's Month with the ladies at Northam, delicious cappuccino muffins, hand care bags for each of the ladies on 13 August.





Some happy ladies at Karina on 16 August. Lions Cindy, Grace and Christle delivered care bags as well as cupcakes for Women's Month celebration, the ladies were very grateful, thank you Lions for making a difference.



The Mommy care bag team packed and delivered care bags to the moms at the South Rand Hospital on 16 August.



Lions Cindy, Angela, Gillian, and friend of the lion Amor had a lovely visit to the Nursery School in Alberton North on 18 August. The kids had sandwiches, cold drink, and bananas for lunch. As well as popcorn and Easter eggs. After that they played with bubbles and the children had a fabulous time.



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The official Newsletter of District 410E





Biscuit making was a huge success. Many of the children will be on sugar rush for a week. They had a wonderful time with the Lions and as always lots of joy and laughter



On 18 August, we celebrated Women's Month with 157 beautifully decorated cupcakes delivered to organisations in Alberton. The ladies felt very special receiving the cupcakes made with love and care and delivered with a smile.



The Cupcakes team was in action on 19 August handing out cupcakes for Women's Month to staff at Alberton Tuiste Vir Bejaardes, Alberton SAP and Alberton SPCA. The ladies were so grateful and appreciative.



The meal preparation team at the Amcare kitchen assisting with the meal that LOTS hand out tonight (24 August) to the less fortunate.



What a great day for our vision pillar-22 pairs of glasses delivered (after our Eye Clinic in July) to Ponego learners as well as members of the Katlehong community on 25 August.



Get together with the amazing knitting and crocheting group of ladies on 25 August.



Thank you to the lunch team for preparing and serving the children lunch on 25 August at the Alberton North **Nursery School.**











Another delicious lunch sponsored and cooked by Fyreworx. Delivered by the lunch team to the children at the Alberton North Nursery School on 31 August. Also a wonderful donation of non-perishable food from the Golden girls team.



Alberton Lions Arbor week Project - Donated and delivered vegetable seedlings and 6 bags of compost (donated) by Sharondale Nursery.



The vegetables are grown, harvested and then used in the lunches to feed the children at the Nursery School and what is leftover gets sold for an income towards the school.

NO NEW MEMBERS for AUGUST (As per the August WMMRs)



Embrace the Blooming Season with Heartfelt Service! Lions Clubs welcome Spring by spreading joy through community service. Wishing you all a wonderful spring day filled with growth, kindness, and unity. Together, we make our community blossom! "Strengthen & Flourish"

(written by Lion Barbara Hocking of the Lions Club of Midrand)



District Governor Lindie celebrating Spring Day at work on 1 September 2023.

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