



THE LIONS VOICE

The official Newsletter of District 410E



Issue 3 (Facebook Trolling) – September 2023

DISTRICT 410E CLUBS "CHANGING THE WORLD"



The service carried out by the Clubs in District 410E during the month of September was huge. These are the stories that were gleaned from Facebook Trolling.

Please submit your stories and pics for Issue 4 (October Edition) to The Editor via email: jacquihocking55@gmail.com as going forward only those Clubs who submit will be included in The Lions Voice.

Lions Club of Vereeniging



On 5 September, a carload of toys was delivered to the Children's Ward at Sebokeng Hospital: soft toys, little cars, ball games etc.



Picture of burnt student books

Some pictures were taken on 7 September following the fire in student accommodation in Lewis Avenue. Lions of Vereeniging assisted with clothes and food. The last pic is of destroyed notes and textbooks – heartbreaking!



A delivery was undertaken on 12 September to Rainbows & Smiles. Pediatric bags, soft toys, blankets and toothbrushes! All for children with cancer.



Ten cap and jersey sets, and 17 baby jerseys donated to the Grace Factory on 21 September for distribution locally. Thanks to all the Clubs knitters!



11 boxes of Clothes handed over from our Donation Box in River Square, 30/9/23



What a busy Saturday 30 September the Club had! Book sales, groceries delivered, clothes collected, and literally hundreds of cupcakes baked and donated!



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Lions Club of Shelly Beach

SHELLY BEACH LIONS SAYS HELP LOCAL NPO WITH SOME MUCH NEEDED FOOD SUPPLIES 📺 📺
ent city were happy to receive their monthly food donation from the Shelly Beach lions. Thank you South Coasters, for supporting the Lions snack Shack at Dezzi Raceway, this enables us to give back to residents of the South Coast community.



Port Shepstone Lions' 35th Annual Leadership Retreat was held during the weekend of 15-17 September at Camp Anerley. 47 Grade 11 pupils, recently selected for the Port Shepstone High School 2024 Executive Council of Leaders, attended the camp. The full weekend programme commenced shortly after they arrived at the camp on Friday with a welcome address and course briefing by Retreat Convener, Lion Wilko Kunz, an address by Acting Principal Miss Kerry McKillen and the official opening address by Club President Mike Heathcote. The group was thereafter divided into 6 colour coded teams who took part in various team-building exercises. After supper the ECL's participated in a very enjoyable ice breaking exercise before heading off to bed.

Lions Club of Port Shepstone



Port Shepstone Lions hosted another very enjoyable Night Market at Port Shepstone Country Club on Friday 1 September. A special word of appreciation to Ian Jones for his superb live music.



Our appreciation also goes out to the many stallholders who make this charity fundraiser possible and to everyone who came along and supported the event despite the rather chilly conditions.



The ECL's had an early rise on the Saturday morning and were served breakfast prepared by the Lion Ladies. Then it was down to business, with lectures on choices, conflict management, expectations, duties, responsibilities, and privileges. After lunch the group started off with an innovative engineering exercise and then participated in a very enjoyable and challenging "Amazing Race" together with Lions who acted as marshals and transported the teams around the course.





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On Sunday, the group, once again had an early start for breakfast. Then it was on to a recap of the previous day's lectures, lectures on Planning, strategizing and blueprinting, goal setting and the way forward and campaigning for heads and voting.



After lunch the group participated in a very enjoyable and challenging obstacle course which was marshalled by Lions members. At the end of the retreat, learners were given an opportunity to give feedback and evaluate their experiences where after they were each presented with a certificate of participation by Lion President Mike Heathcote.



The Grade 11's arrived at the Lions' Formal Dinner, held at Port Shepstone Country Club on Saturday night, wearing glittering make-up, elegant evening wear, and smart suits. The highlight of the evening was the presentation of the Lions Floating trophy to the "Orange" team who won the afternoon's Amazing Race challenge. The guests enjoyed a superb three course meal prepared by Lion Ladies and, once the formalities were over, they took to the dance floor until it was time to board the bus and return to the campsite.





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Sheppie Lions and Lion Ladies held a special farewell party on 22 September at their clubhouse for Lions Lady Debbie Marshall. Debbie will be relocating to Hermanus at the end of the month. For several years now, Debbie has been a pillar of support to our Lion Ladies and their projects as well as the club's diabetes testing and other health related projects.

Sheppie Lions hosted another afternoon of fun and games for the senior folk at the Sheppie Lions' Den on Saturday 30th September. They hosted 38 guests from the Flower Foundation, Mbango Retirement Centre and other private addresses. The Lion Ladies provided the guests with delicious snacks and cakes and our Lions served the guests with refreshments. Lion Hilton Horsley ran the afternoon's games and did a superb job of keeping guests entertained.



Lions Club of Nelspruit



Sheppie Lions Amigos at the 2023 Lions Heritage Day Potjie Compo! Port Shepstone Lions held their annual Heritage Day Potjiekos Compo at the Port Shepstone Country Club on Saturday 23rd September. A total of 9 teams participated in what turned out to be a very enjoyable day of fun, fellowship and really delicious food!

What a beautiful day for a market on 3 September. The Lions Club of Nelspruit were out and about again testing blood sugar levels. It's always a good idea to do a health check, especially when it's a free test done by friendly Lions



Lions Club of Letaba Tzaneen

The Lions Club of Letaba Tzaneen were in action selling cold beers at the BJV precision Shoot and Beerfest.



During the Club's September General Business Meeting they welcomed new member Cyril DuPouy to the Lions family. Lion Cyril was sponsored by Lion Steve McCarroll and officially inducted as a Lion by PCC Denis Meyer. We look forward to many years of service, fellowship, and fun with Cyril.

The fun started at 08:00 with the Lions Club of Letaba Tzaneen's fundraiser for Cupcakes of Hope. This was the sweetest way to help save a life and goes well with coffee.



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Lions Club of Krugersdorp



The Lions Club of Krugersdorp held their first LeeuLoop since 2019!!! What a great turnout on Sunday 3 September. All the tickets were sold out and they had amazing support from fellow Lions Clubs and their incredible sponsors!



Helderkruijn Lions (and their families) recently took part in a most enjoyable LeeuLoop (rename of the Warrior Walk) on 3 September - held in the grounds of Krugersdorp Lions' Clubhouse. So much fun had by all, proving that you CAN have fun while "working" on a project! (Thanks to Lions Karl and Glynn for doing the braai for our Club - delicious!) and thanks to Krugersdorp Lions for a lovely day



Perfect weather, delicious food, and such good company!

Lions Club of Helderkruijn



Lions Karl and Jonquille recently dropped off some beautiful, donated blankets at Floroma Senior Citizens' Home in Roodepoort. The residents were extremely grateful for the gifts as you can see from the smiles on the faces of 2 of the happy residents.



Helderkruijn Lions and some family members spent a most enjoyable morning at Luipaardsvlei Senior Citizens' Home on 16 September, where they provided a scrumptious morning tea, coffee and cake, and later those who were able, took to the floor and danced the morning away, including some of the Staff! The lively music was provided by Lion Dave, who sang many golden oldies, providing a nostalgic theme to the day. Elvis is always a favourite, along with some Afrikaans liedjies - many fond memories were brought back to this great group of Seniors.



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2 of the members of the Lions Club of Helderkruijn, Lions Gail and Bev, regularly collect plastic bottle tops from the members, to hand over for obtaining a wheelchair for a needy member in our Community. This is a great double project: assisting the environment and helping someone who otherwise could not afford to purchase a wheelchair.

Lions Club Branch of Fourways



Lions of the Club Branch Club of Fourways assisting to serve people in need with Doorway to Dignity on 2 September.



What an amazing General Business Meeting held on 20 September! Following the meeting the packing of meals that will be feeding 320 people.



On 29 September, the Lions Club Branch of Fourways delivered some cupcakes, Jars of hope meals and other goodies to Beanies for Beings.

Lions Club of East London Port Rex



Planting by Port Rex Lions on 3 September



Bright and early on the morning of 8 September at 06:15 their "mercy angel", Lion Richard Patten, fetched Liliitha from Frere Hospital for her flight to Cape Town.



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On 14 September – Bingo was held at Weavers Retirement Centre.



“Rex” with some junior fans at the Lions Port Rex Morning Market held on 9 September 2023.

Lions Club of East London Beacon Bay



Friday the 1st of September saw Stirling Primary School taking part in their annual Spring Walk - a lot of fun was had by all. Well done to all the pupils who collected 22 bags of litter along the 10 km route to fill “LOUIS THE LION FISH’s” tummy with. The Lions also assisted with the watering points.

Lions Club of Cowies Hill

Weekly visits to Albert Luthili Pediatric Oncology on 8, 13 and 20 September 2023



On 8 September they had a full morning at the Pediatric Oncology Ward. There were about 20 children, with some in bed with their chemo drips, some just too tired to get out of bed and then the energetic ones in the playroom. “The reward of being a Lion is seeing the faces of the children light up when we arrive.”



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The Club's visit to the Albert Luthuli Pediatric Oncology Ward on 13 September was a bit different as there were quite a few younger children. One or two were having a difficult day and being comforted by the Lions. They took beads as it is a definite favourite, but is quite expensive as the Moms also enjoy doing the beading.. There were 16 children in the wards and the new patients were given their teddy.

Some of the residents from Pinehaven Retirement Home having fun at games evening hosted by the Lions Club of Cowies Hill on 8 September.



Lion Elaine de Jager receiving a Certificate of Appreciation for 30 years of Service as a Lion.

On Wednesday 20 September, the members found it to be very quiet in the ward when they walked in and were told that there were only 13 children in the ward. They set out the playroom and suddenly were joined by 6 children from the pediatric surgical ward next door. So, the quiet morning changed into a rather busy one. The most popular activity was colouring in, as you will see in the photographs. A great big thank you to Trish who is a home-schooled matric student that often comes to assist the Lions and they would not have coped without her on this occasion.



Ms Elsie Kardhordo was absolutely thrilled with the donation of a lamp from Cowies Hill Lions. She mentioned to Lion Elaine that she had to walk to the bathroom in darkness during load shedding and her life has been changed for the better by the Clubs Lions Light Project.





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On 14 September, the Lions Club of Cowies Hill had the pleasure of testing and handing out the readers (specs) kindly donated to the Club by the Lions Club of Pretoria City. They in turn donated them to the ladies that do the beadwork for the Aids Centre Craft Shop.



Lion Rebecca and Lion President Karen with the Hirsch Hillcrest team. Thank you to Hirsch Hillcrest for their support with the Lions Light Project. These rechargeable lights have been donated to various senior citizens/pensions to assist them during the trials of loadshedding.



The Lions Club of Cowies Hill Project for Hunger Month – Lion President Karen and Lion Peter delivered food to Ark Ministries in Clifdale. This is a home for 130 men.



Lion Dylan and Mrs Wadehn dropped off 2 sewing machines at Mariannahill Monastery Sewing Group on 27 September.



The Lions Club of Cowies Hill were ready and waiting for people to come to Inchanga Station Market to purchase Lions Christmas Cakes on Saturday 30 September 2023.



Lion Elaine dropped off 2 big bags of fabric to Mariannahill Monastery Sewing Group on 27 September, thanks to Ms Dorothy Cambier from Flame Lily Park Craft Room's generosity.



An excellent food collection was held on Saturday 30 September at Kloof Fields Centre Pick 'n Pay, thanks to the generosity of the shoppers.



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Lions Club Roodepoort Clearwater Cyber



Some of the members participated in the Lions Club of Krugersdorp Leeuloop on 3 September.



On the same day the Lions Club of Centurion Lifestyle donated 30 bales, sourced from Cullinan, for survival for about four days. The Club is in discussion with probable funders for another 470 bales required by the remainder of September and October.



As part of Arbor Week, the Club got some friends and their families of the Club to plant 10 trees sponsored by the Club.



Lions Club of Centurion Lifestyle



On 3 September, twenty LEO Volunteers at Clothes to Good helping with sorting materials.



Lion President Chris provided transport for a first batch of 90 Krans Aloe cuttings for the planned hedge at the Rooihuiskraal Feesterrein. Emirensjia, the Resort Manager identified the empty chicken coops for rooting and James is busy planting. Hope to have them ready soon for hedge planting.





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The Clubs wheelchair project (assisting individuals with wheelchair assessments and chairs) is gaining traction. Their partner, Clothes to Good, joined the Ward 69 bottle tops recycling effort. This raises funds for the wheelchair project. Making wheelchairs bottle top after bottle top.

Lions Club of Centurion



Another day in paradise with Friends of the Faerie Glen Nature Reserve for members of the Lions Club of Centurion on 25 September.

Lions Club of Ballito

SPRING FUNDRAISER FESTIVAL

Cody is a 14-year-old boy who faces the challenges of Tourette's Syndrome on a daily basis, and also has profound hearing loss.

Join us in raising funds to help Cody get new ears.

WHAT TO EXPECT -

- THE KICKSTANDS - MATT DAVIES - TANNER WAREHAM
- COMPLIMENTARY WELCOME DRINK - KIDDIES ARCADE
- KIDDIES PLAY AREA - GIVEAWAYS

01 SEPTEMBER 3PM - 9PM LA PIAZZA (2023/2024)

R150 per ticket to book your table • Bookings Essential 032 586 3565

The Lions Club of Ballito attended the Fund Raiser in aid of Cody, a 14-year old boy who faces the challenges of Tourette's Syndrome on a daily basis and also has profound hearing loss. The Club contributed R3,000.00.



Lions Club of Alberton



International Day of Charity – 5 September. Increased service through networking serving in the Lions Club of Alberton's community alongside Fish and Bread ministry.



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Alberton Lions visit with food supplies delivery to Lovies Nursery on 8 September, as well as oranges and cupcakes.

Mommy Care Bags – Deliveries on 7, 12, and 24 September 2023



Thank you to the Mommy Care Bag Team, Lions Adele, Angela, and Cindy for collecting, packing, and delivering to the Moms on 7 September. What a difference the care bags make to each Mom that receives a bag. The teddies were donated by the Lions Club Branch of Fourways, and they are now at their new homes. The handmade blankets are donated by the knitting group at the Alberton Retirement Village and a member of the public.



Bags of recyclable plastic dropped off as the school sells it for extra income.



Lots of love and happiness on 12 September when the Mommy Care Bag Team handed out care bags to the new Moms - there was one very happy Daddy as well. Thank you Lions Penny, Lorraine, Christle and Priscilla.



The Mommy Care Bag Team was in action again on 24 September, packing and delivering bags to the new Moms at the South Rand Hospital. The moms were so grateful and felt so very special. Thank you Lion Wendy and her team, friends of the Lions Keira, Hayden, and Ana.



A very big thank you to the Alfa Romeo South Africa team and Flamingo Shopping Centre for the awesome support with food donations towards the Lions Club of Alberton's hunger projects. What a great way to spend Sunday 10 September.





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Cupcakes for the staff at the Donald Gordon Hospital as well as delivery of Care Bags to the Paediatric Cancer Section by Lions Cindy and Tammy on 15 September.

On 28 September, the Lions Lunch Team were at it again with grateful thanks to Fyreworx for sponsoring the lunch served, which the children thoroughly enjoyed. A difference in 20 little lives made!

Alberton North Nursery School

Lunch is supplied by the Lions Club of Alberton on a weekly basis to these precious little ones. 13, 21, and 28 September 2023



The Bean project was very successful at the Alberton North Nursery School on 13 September. Especially the older kids and teachers took an avid interest.

Thank you to the Lunch Team that went to the Alberton North Nursery School, Lion Adele made delicious fish fingers, mashed potatoes with grated cheese. Lion Leslie bought bananas, cold drinks, naartjies, two-minute noodles and a tray of eggs for another day. Some very happy children with filled tummies.



The Lions Club of Alberton's Lunch Team prepared hotdogs and popcorn, thank you master chef Lion Marc, the children also got muffins and a cold drink on 21 September. Many came back for more. They left crisps and oranges for an afternoon snack. Thank you Lion Cindy, Angela, and friend of the Lions Tanya.

Lion Angela and the teacher explained how the seed in the cotton wool grows and showed them the various stages of growth to the finished bean. They lined up their projects in the sun with strict instructions to water daily thank you to Lions Cindy and Angela and friend of the Lions Tanya who also assisted on the day.



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Meal Preparation – Amcare Kitchen

The Lions of Alberton get busy in the Amcare Kitchen each week assisting to prepare the meal for the day. 7, 14, 21, and 29 September 2023



The Food Preparation Team had a busy morning at the Amcare kitchen assisting the LOTS team on 29 September. Thank you Lions Penny, Christle and Lion President Keith for your support at the project today. Many hands make light work.

Thank you Alberton Lions for your service on 7 September, assisting in the Amcare kitchen to prepare food for the LOTS team. Increased service through networking and making a difference together



A great way to spend a Saturday 23 September with fellow Lions of Henley-on-Klip at their fundraising event which was really "fun". Lots of smiles from Lions Melinda and Cornelia with Lion Kerry and Lion President Anton. They also managed to rescue the Lions Club of Alberton's tail twister donation lion.

Lots of chats, chopping and fun at Amcare kitchen assisting with meal preparation for the amazing LOTS team on 14 September.



Alberton Lions team with the Cupcakes of Hope team at Lemon Tree shopping Centre on Saturday 30 September. Cupcakes were sponsored by members of the community, Lions members and friends of the Lions. A big thank you to everyone for their support in making a difference together.

The Meal Preparation Team served with a smile on 21 September. Lions Leslie, Adele, Penny, and Christel. Meal preparation is at the Amcare kitchen alongside the LOTS team.



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LIONS OF DISTRICT 410E – LET’S CONTINUE TO STRENGTHEN AND FLOURISH AND TELL THOSE WONDERFUL STORIES BOTH ON SOCIAL MEDIA AND IN THE OFFICIAL DISTRICT 410E NEWSLETTER.

Also on Saturday 30 September, the Lions Club of Alberton were with the Cupcakes of Hope team at The Glen. Cupcakes sponsored by members of the community, Lions members and friends of the Lions.



Alberton Lions team with the Cupcakes of Hope team at Mall of the South on Saturday 30 September. Cupcakes sponsored by members of the community, Lions members, friends of the Lions.



Alberton Lions team with the Cansa Shavathon team at Bracken City. Cupcakes sponsored by members of the community, Lions members, friends of the Lions and fellow Lions Clubs. Over R5000 raised and all cupcakes sold.



PLEASE NOTE: This is the last time that The Editor will be Facebook Trolling for this publication. As per District Governor Lindie, should a Club not submit their stories and pictures they will not reflect in the Newsletter, which is so sad as not only is this a “voice” of District 410E, but also a story of DG Lindie’s year in office.

The deadline for submission is 29 October 2023 via email to: jacquihocking55@gmail.com

