



THE LIONS VOICE

The official Newsletter of District 410E



Issue 4– October 2023

MONTHLY MESSAGE FROM DG LINDIE

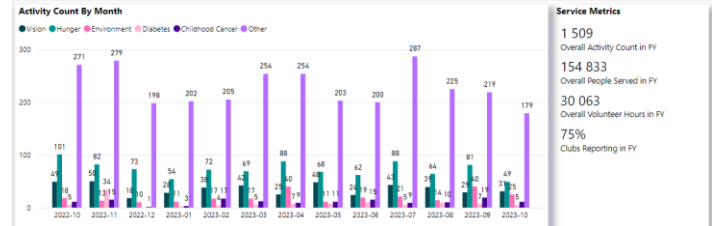
Dear District 410E Lions,



Greetings to the best Lions District in the world, District 410 E for Excellence! I would like to express my sincere thanks and utmost pride to all the Lions in our District. I watch the PZR WhatsApp group and FaceBook every day in between my Lion duties and my day job. I continue to be amazed and inspired by the work done every single day in our District. There are so many, that I can't comment on each one, so herewith a big Love to all of you!



I visited 8 Lions Clubs in October. Visiting Lions is the highlight in a District Governor's year. I would like to thank the Clubs that I've visited so far, for your hospitality, your passion and commitment to Lions International and your community. Thank you for accepting the challenges that Lions International and I as DG, have put to you with regards to awareness days and Mission 1.5. I really hope that I can get to each Club this year. I'm trying my best.



Even though we still don't have all Clubs reporting, those that do have so far reported serving over 154 000 at the time of writing this message.



Time flies when you're having fun. Firstly, how awesome that the Springboks won the world cup even though they almost caused us all to have heart attacks?



| | VISION |
|----------------------|--------|
| ALBERTON | 1,432 |
| VEREENIGING | 1,133 |
| EAST LONDON PORT REX | 704 |
| COWIES HILL | 600 |

Focusing on vision awareness initiatives for October, I would like to highlight the following Clubs's for the number of people served under our Vision Pillar. These Clubs have served over 500 people under our vision pillar since 1 July 2023 to 30 October 2023. Well done Lions!





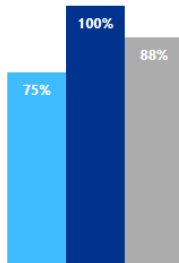
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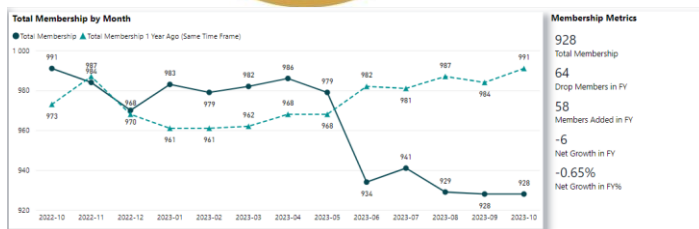


Clubs Reporting Service *

● Current Fiscal Year ● Goal ● Previous Fiscal Year



Imagine if we can improve our service reporting from 75% of Clubs to 100% of Clubs, how much more accurate our numbers will be.



We still have some way to go with our membership growth, but I do know all Clubs are committed to contributing to the sustainability of our organisation with your membership and Lions awareness initiatives. Thank you for your support.

Keep shining dear Lions and keep changing the world!



Lindie

District Governor
District 410E 2023-2024

DG "OUT & ABOUT" - OCTOBER

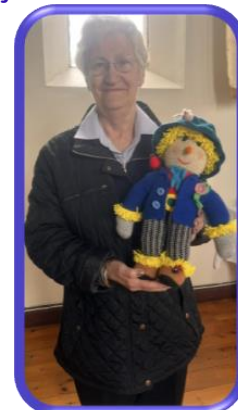
(As written by DG Lindie)



On my way to the South Coast for two weeks of Club visits on 1 October.



On 1 October on my way to the KZN south coast, I stopped in Escourt to meet up with Lion President Russel and members for a meet and greet. All but one of their members took the time to come and meet me at their very beautiful Clubhouse. We had a very interesting discussion and great fellowship. Escourt Lions are very active in their community and are facing the membership challenges head-on. We came up with some great ideas during our discussions. Thanks to all the members for your enthusiasm and commitment.



Lion Lynell knits the most beautiful toys for children suffering from cancer. Note the detail. Bird on the shoulder and ladybug on the shoe.



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I attended a well-run and very interesting Business Meeting at East Coast Lions club last night (6 October). They are a shining example of how being a strong Club improves your service potential.



This Club has a deep passion for serving their community and handed over their food collection to the ladies from "Mother of Peace" who were extremely grateful. Keep up the great work Kingsburgh Lions.



Well done LP Hansia and East Coast Lions on the tremendous service you do in your community. Thank you for your hospitality and love.



Visit to the Lions Club of Durban South on 11 October. Lots of discussion, fun and laughter.



On 13 October, the Scottburgh Leo Club was installed at Scottburgh High School. I was so fortunate to induct the Leos and club officers.



I had a lovely visit to Hibberdene Lions Club on the morning of 7 October with Club Secretary Lion Brian and Lion Susan. We shared ideas and Lion Susan's very delicious muffins. Keep shining.



In addition, I inducted Lion Khanya as the newest member of Scottburgh Lions. Welcome Lion Khanya! I also had the great honour of presenting Lion Malcolm Caine with a well-deserved Melvin Jones Fellowship.



Kingsburgh Lions Club had their business meeting on 9 October. It was such a pleasure attending the meeting and getting to know Lions face to face after having met them via Zoom. Thanks to LP Tony, Lions, and friends for making me feel so at home.



Here we can be seen enjoying some fellowship with the members of Scottburgh Lions club after the event.



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DC LCIF & Disaster Relief, Lion Mark and I attended Cowies Hill Lions Club's business meeting on 14 October in the morning at their beautiful cozy clubhouse.



I attended the business meeting of the Lions Club of Midrand on Saturday 21 October. Well done to LP Yolandi van der Schyf and the Lions of Midrand for amazing service and leadership in your community. The meeting was followed with a surprise celebration of PCC and current Area GAT leader Cliff's Hocking's 50th year in Lion's service.



LP Karen and her team of very active Lions do the most amazing service projects in their community. Thank you Cowies Hill for supporting Zone, Region, and District initiatives.

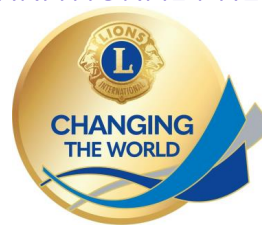


Loads of laughs and fellowship over lunch. Here is a pic of the PDG's both guests and members – not sure where PDG Ian disappeared to?



I attended Alberton Lions Club's general business meeting on 16 October. They celebrated PDG Ian King's 40 years of service in style. Congratulations and thanks to PDG Ian for your commitment, leadership and service to your club, district and community. A very big well done to Alberton Lions for the exemplary service to your community and your collaboration with other Clubs. Your enthusiasm is contagious, the variety and number of projects you do is astounding, your light shines in your community.

OCTOBER MESSAGE FROM INTERNATIONAL PRESIDENT



Dear Lion,

You are making such a big difference in people's lives every single day. Now imagine how much more your Club could accomplish if everyone in your community knew of all the good they could do as part of your Club.



Let's show our pride in our clubs by shining a light on our service every day.

See hyperlink to Video Message:

<https://www.youtube.com/watch?v=p0M2CKCPNL8>





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We are the global leader in humanitarian service, and we need to make sure that our communities know how we serve and how they can participate.



Let's use great marketing and communication to show our communities that we are changing lives—and that they can change the world with us by becoming Lions and Leos.

Yours in service,
Dr. Patti Hill
International President

For the full Newsletter – see hyperlink:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1445498&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=1cd99cebcf9b418daf586480cd2f919f&elqaid=31995&elqat=1>

Marketing Tools and Resources



Whether you prefer traditional media or social media, online or offline, we've got everything you need to promote your club and your projects. Here are three great resources that can help.

- [Social Media for Lions Clubs](#) – Get resources to maximize your social media, including how-to videos, blogs and our [social media kits](#) with ready-to-use and customizable graphics to make your page really stand out.

- [Lions Press Center](#) – Find great resources to help you connect with your local media and share your impact stories with your community.
- [Brand and Marketing Toolkit](#) – Leverage the brand you helped build by downloading the Brand Advance kit loaded with resources, templates, and tutorials to energize your marketing efforts.

Want to see great marketing in action? Then check out how President Hill is creating excitement for environmental service with her own incredible marketing video, [#LionsGoGreen](#).



EXTRACT FROM ENVIRONMENTAL NEWSLETTER

(DC Environment, Lion Alna Jackson)



Weather extremes and reports of disasters make it clear: Climate change is dramatically picking up speed. At the same time, concern about climate change makes people all over the world join and take to the streets. A global climate movement has emerged.

Many groups in different countries participated at Youth Climate Action Day on 23 October 2021 and on 22 October 2022. They planted trees, painted posters, took part in international online workshops, organised garbage collection campaigns, built insect houses and creatively campaigned for climate protection.

This year's Youth Climate Action Day took place on 24 October 2023. Especially now, setting the course for climate protection is extremely important – and thus the commitment of all of us.



Start your own action and network with young people in your local community.



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To all our keen Lions Photographers:
Please take note that the **closing date for entries for the Environmental Photo Competition** has been extended to **end March 2024**, to coincide with the closing dates for all District Competitions.



| | |
|------------------|-------------------------|
| 03 November | World Basking Shark Day |
| 07 – 11 November | National Marine Week |



The basking shark is the second-largest living shark and fish, after the whale shark, and one of three plankton-eating shark species, along with the whale shark and megamouth shark. Adults typically reach 7.9 m in length.



OCTOBER MESSAGE FROM CHAIRMAN OF LCIF

Make Your Contribution to the World



Hello Lions, Leos and fellow humanitarians,

The last several weeks, I have had the opportunity to visit with many of you around the world and hear your stories of service made possible by LCIF grants. I was particularly moved by the way Lions in Morocco have used LCIF grant funding to help people who were impacted by the devastating earthquake that struck there. The region will continue to need Lions for many months to come, and I'm proud that our foundation and Lions on the ground can work together to help during this time of great need.



Our foundation truly empowers us to make a difference in the world, thanks to the continued support of Lions, Leos and many others who generously give to LCIF, including our corporate partners. In this month's newsletter, we share the impact made possible through our partnership with Latter-day Saint Charities. I also hope you will learn more about ways to support LCIF and be recognized for your contributions, as well as share your stories of service made possible through our foundation. Thank you for being an ambassador for LCIF.



Lions Clubs International FOUNDATION

Make a great day,
Brian E. Sheehan
Chairperson, Lions Clubs International Foundation

For the full Newsletter – see hyperlink:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1464161&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=1d41f51c13fa460a850c46282c72f246&elqaid=31972&elqat=1>



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NEW MEMBERS for OCTOBER

(As per the October WMMRs)



LION JAMIE BONES
Sponsor: Lion Gretchen Meyer
Lions Club of Northcliff

LION ANNASTASIA MARIE WESSON
Sponsor: Lion Heather Hingle
Lions Club of Northcliff

LION MARCHÈ KNOX
Sponsor: Lion Lize Smith
Lions Club of Newcastle

LION LUCINDA DE VOS
Sponsor: Lion Dirk de Vos
Lions Club of Port Alfred

LION JOHAN BEUKES
Sponsor: Lion Lucinda de Vos
Lions Club of Port Alfred

LION HESTER BEUKES
Sponsor: Lion Johan Beukes
Lions Club of Port Alfred

LION FAHMIDAH AMEER KHAN
Sponsor: Lion Natalie Laas
Lions Club of Pretoria Jakaranda

LION ANGELINE KEABETSWE RASEBOPYE
Sponsor: Lion Karabo Rasebopye
Lions Club of Pretoria Jakaranda

LION KHANYA RAJULI
Sponsor: Lion Dennis Botha
Lions Club of Scottburgh

LION ELZETTE GOLDSCHAGG
Sponsor: Lion Kirsten McLaren
Lions Club of Uitenhage

LION RUDI GOLDSCHAGG
Sponsor: Lion Raynard McLaren
Lions Club of Uitenhage

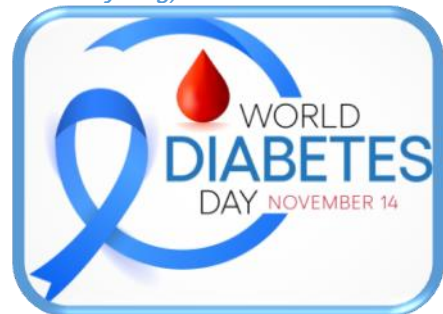
LION TRYS POTGIETER
Sponsor: Lion Ilsa Burnett
Lions Club of Weltevreden



MISSION 1.5

DIABETES AWARENESS

(DC GST, Lion Sandy King)



World Diabetes Day – marked every year on 14 November – is the world’s most extensive Diabetes Awareness Campaign, reaching a global audience of over 1 billion people in more than 160 countries.



Lions Join the Fight Against Diabetes

Diabetes is one of the fastest-growing diseases in the world today, currently affecting 422 million people of all races, income levels, and ages, even children. As Lions, we’re dedicated to fighting the diabetes epidemic to improve lives, strengthen families, and revitalise communities.





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PROTECT YOUR FAMILY FROM DIABETES

NOVEMBER IS DIABETES AWARENESS MONTH

A time when communities across the country team up to bring attention to diabetes and the prevention thereof.
Early diagnosis is key. Keep a lookout for initiatives organised by your local Lions Club and get tested.

SIGNS OF DIABETES

- Excessive Thirst
- Extreme Hunger
- Unexplained Weight Loss
- Extreme Tiredness
- Irritability
- Blurred Vision
- Slow Healing Cuts & Bruises

DIABETES CAN INCREASE YOUR RISK OF

- Heart Attacks**
- Kidney Failure**
- Blindness**
- Stroke**

TYPE 1 DIABETES

A chronic condition in which the pancreas produces little or no insulin. Seek medical advice.

TYPE 2 DIABETES

A chronic condition that affects how your body uses sugar (glucose) for energy. It stops the body from using insulin properly, which can lead to high levels of blood sugar, if not treated. Seek medical advice.

DIABETES PREVENTION

- Increase physical activity
- Increase fiber and whole grains in your diet
- Lose extra weight
- Make healthier choices

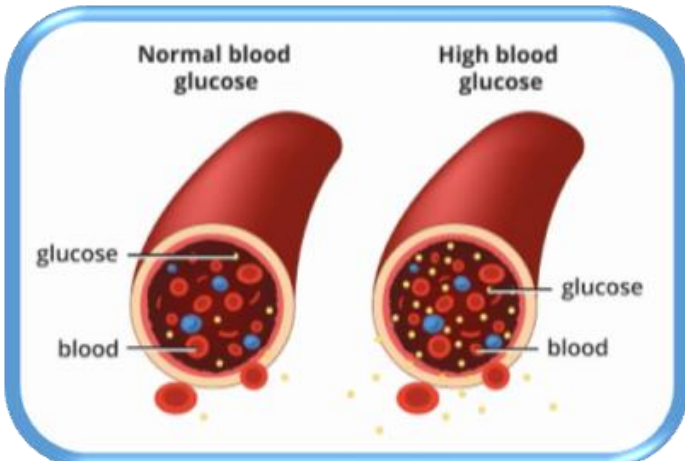
Lions Clubs International Multiple District 410 South Africa, Namibia, Eswatini, Lesotho.



Type 1 Diabetes occurs when the immune system destroys insulin-producing cells, and the body can't produce insulin. It usually develops in children and teens but can happen at any age.

Type 2 Diabetes occurs when insulin is produced but not properly absorbed by the body. It is on the rise in most countries, but simple lifestyle measures have been shown to be effective in preventing or delaying it. Worldwide education is desperately needed.

One of Our Goals as Lions is to Educate ourselves and our communities about diabetes.



What is diabetes?
 Diabetes is a chronic condition that occurs when the body can't produce enough insulin or use available insulin properly. Glucose remains in the blood, which can ultimately lead to nerve, organ and blood vessel damage. There are three types of diabetes:



Gestational Diabetes in pregnant women affects one in seven births. If not properly managed, women are at an increased risk of complications during delivery. Babies may be born with a high birth weight, breathing difficulties, or low blood sugar, and are at risk for developing type 2 diabetes in the future as well as their mothers.

Why We Need to Join the Fight:





- 642 million people will have diabetes by 2040.**
- 422 million adults are currently estimated to have diabetes.**
- It is the 6th leading cause of death in the world, and the sixth leading cause of death among women.**



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-  5 million people die annually from diabetes
-  50% of people with diabetes don't know they have it.
-  77% of people with diabetes live in low and middle-income countries.
-  1 person dies every 7 seconds from diabetes



EDUCATE

Improve understanding of diabetes, expanding education and health literacy

Diabetes Affects Us All

Chances are you know someone with diabetes and therefore it's important for us to educate ourselves.



For Diabetes Project Ideas – see Lions Clubs International Website for a wealth of information Herewith hyperlink:

<https://www.lionsclubs.org/en/start-our-global-causes/diabetes>

OR click on the below hyperlink to download the one pager in Adobe format:

https://cdn2.webdamdb.com/md_cVlc1QtNFBi8.jpg.pdf

EXAMPLE OF A MEDIA RELEASE FOR USE BY YOUR CLUB – PLEASE AMEND ACCORDINGLY.

For immediate release:

Contact: <YOUR NAME> <YOUR PHONE NUMBER>
<YOUR LIONS CLUB NAME>

Lions Clubs International Make their Mark on Diabetes With Pledge To Screen 1 Million People for World Diabetes Day

Free Diabetes Screening
<INSERT LOCAL SCREENING INFO>

<INSERT VENUE>—As diabetes continues to rise in the South Africa and around the globe, local <CLUB NAME> Lions volunteers are urging <CITY or TOWN> residents to determine their risk for Type 2 to come and have a free diabetes screening on <DAY>, from <TIME> at the <LOCATION and ADDRESS>.

Diabetes is a global epidemic, but it's also a personal disease that impacts the family, friends, and neighbors of those living with diabetes. We want to be part of the solution, and we believe we can be when Lions in 200 countries unite around this important cause.

Support for World Diabetes Day is part of Lions International's commitment to fighting diabetes through education, increased access to care, and advocacy for research that leads to new treatments and technologies that can change lives. Since Lions International announced their global focus on diabetes in 2017, nearly 15,000 Lions clubs have hosted more than 35,000 projects, serving over 10 million people in their communities.

It is estimated that as many as 212 million people, or half the adults currently living with diabetes, are undiagnosed. Most cases are Type 2 diabetes, which is largely preventable. The prediction of the number of people with diabetes will reach 629 million by 2045.

Lions Clubs International is the largest service club organization in the world. More than 1.4 million members in over 48,000 clubs are serving in 200 countries and geographic areas around the globe. Since 1917, Lions have strengthened local communities through hands-on service and humanitarian projects, and we are able to extend our service impact through the generous support of our Lions Clubs International Foundation. We are focused on supporting sight, hunger, the environment, childhood cancer and diabetes, to help address some of the biggest challenges facing humanity. Lions have set an ambitious goal of helping 200 million people per year so we can bring even more service to more people than ever before. For more information about Lions Clubs International, visit lionsclubs.org.

DISTRICT 410E CLUBS "CHANGING THE WORLD"

Lions Club of Alberton



5 October 2023 saw the amazing food preparation team, full of smiles at the Amcare kitchen assisting the LOTS team preparing food for the needy.



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Lots of fun at the Amcare kitchen meal preparation with the LOTS team on 12 October, the meal goes out tonight to 200 less privileged people.



Non-perishable food delivered to the nursery school in Alberton North on 5 October. As well as 2 very special gifts for the teachers at the school for Teachers' day.



Assisting LOTS on the 20 October 2023 with food preparation for the soup kitchen. Teamwork makes dreamwork.



6 October 2023 saw an awesome visit to the Lovies nursery school. The kids were so happy to see us. They loved the food and took a real interest in the bean project, teaching the children to sprout beans in cottonwool. Spaghetti bolognaise, building blocks, toys, baby bath, popcorn, Easter eggs supplied by Angela's nieces. Appreciation gifts given to the teachers to celebrate Teacher's Day.



20 Court Care bags delivered to Tutela on 4 October. Thank you, Alberton Lions and Lion Melinda for buying and packing the bags with lots of love and Lion Marc for delivering them to Tutela in Alberton. The children are so grateful. A day in court is long and boring and these care bags keep the little ones occupied as well as fed.



Lunch team Lions Adele, Leslie, Gillian and Friend Amor served savoury mince and buttery mashed potatoes, juice, naartjies/bananas and marshmallow eggs to the children at the Railway Creche on 13 October.



On 5 October 2023, Lion Melinda collected 5 bags full of toys received from Safripol. Part of the annual bike toy run.



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On 19 October Alberton Lions Club provided lunch for the children at the Railways Nursery school.



October is Vision month. On 11 October 2023 Alberton Lions provided eye screening to 545 learners at Umtholo Primary School.



Delivered 30 lunch packs to Lovies Nursery School for the children's visit to the Zoo on 24 October.



World Sight Day. Another great vision project at Umtholo Primary today: 698 children screened. thank you Lion Sandy and your team for the wonderful service today. October is Vision month and what a difference it is making in our community.



On 10 October 2023, the mommy care bag team had a very good morning. Mommies were very happy and grateful with the care bags they received, packed, and filled with lots of love and care.



17 & 18 October 2023 saw the vision team at Parklands High School testing 51 learners, 9 of them requiring a visit to the optometrist



What a wonderful Wednesday 18 October 2023 for the new moms at the South Rand Hospital with the delivery of 25 care bags was filled with lots of love and care as well as handmade products and toiletry supplies.



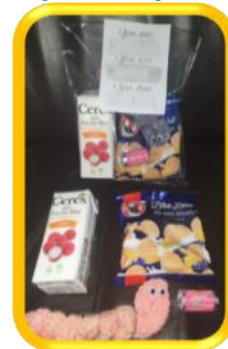
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23 October 2023 - Alberton's education team had a wonderful morning teaching the children shapes and colours at the Railways Nursery School.

World Homeless Day on 10 October saw Alberton Lions tonight's team for taking hands with Fish and Bread. What an awesome service project. Serving 100 less privileged people a meal as well as a packet of chips, orange, and a queen cake.



Alberton Lions visited the Donald Gordon Hospital on 21 October to drop off 10 monthly care packs for the children undergoing treatment. Bags include crocheted Worry Worms with a poem of love and support.



Alberton Lions Club joined fellow Vereeniging Lions in their music quiz fundraiser on 14 October. Delicious dinner, great company, many laughs, and WINNERS.



Lions Adele and Cindy delivered loads of clothing to Lovies Nursery School on 24 October.



Alberton Lions began an educational programme on 16 October to teach the children of the Railways Creche the basics before they start school.



Celebrating PDG Ian King's 40th anniversary as a Lion at our GBM. We are so proud to have PDG Ian in our club. Congratulations for 40 years of serving our community, our members, District and Multiple District.



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What an awesome music bingo fundraising 2 October 2023 evening. Wonderful support with loads of laughs, trips down memory lane, and plenty of prizes. A big thank you to Dave our music bingo master who ran this fantastic event. To Lion Clint fundraising chair and his committee thank you for putting together an awesome evening to raise funds.

BCMC Youth holding some of the Jars of Hope on which they affixed Club Stickers on the 116 Jars which were packed for Benoni Central Methodist Church.

Lions Club of Benoni



On 14 October, Club members took up the challenge and wore funky hats in aid of cancer today. Even ZC Diane Nicholson joined in - it was a load of fun!



Lion Athol delivered 30 litres of milk to Mother Hostia's Haven in Brakpan.



We had the privilege of learning more about two very worthy causes at our General Business Meeting on 14 October - Doula Tracy from Love and Dignity - they give clothes and toiletries to newborn babies and their moms. Doula Tracy is one of the ongoing projects and it was nice to have her visit again... And Jean from Little Miracles - they run a crèche for special needs babies and toddlers. We handed over some Lego to Jean to help with sensory education.



Thank you Lion Kathleen and Antoinette for putting our Santa Shoeboxes together and handed over on 26 October.



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Lions Club of Benoni Lakes



Benoni Lakes handed over 38 Lions Bowls of Hope to Pastor Jackie Anyadike from The Holy Ghost School of Prayer on 3 October. Her ministry prepares fresh food every Tuesday and hands it out to the homeless people of Benoni. She was very grateful for the donation and said it would go a long way to help feed the poorest of the poor.



They prepared half the food that the Lions donated and handed out containers to the homeless people in the streets of Benoni.



The monthly collection of tops and tags, e-waste, spectacles, printer cartridges and other recyclables took place on 7 October 2023, thank you to the community for their amazing donations. The Club received a number of printer cartridges for recycling, books, e-waste and 3 x black bags full of Tops & Tags. Atlasville collection takes place the first Saturday of each month from 8am to 10am.



Benoni Lakes Lions Club planted 4 bottle brush trees at Brainy Birds Sanctuary Edenvale in honour of Arbour Day on 8 October. We also helped to cut back massive tree branches to make space for the arrival of a big container that will house the new bird clinic.



We ended the day by handing over a donation of nuts to Frikkie from Brainy Birds, which will be dished out as a special treat for the flock.



Benoni Lakes Lions Club took part in their project initiative and had our Members wear their Crazy Hats for raising funds for a Childhood Cancer donation to Lambano Palliative Care Centre at their GBM on 10 October 2023.



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PDG Nick and Lion Beaulieu of Benoni Lakes Lions Club attended the Induction of Lion President Suzanne Murray from Vereeniging Lions Club which was also the official opening of their new Club House combined with a Club Music Quiz on 14 October.



As a special treat on the Sunday before Brunch and their departure they were taken on a game drive, where they saw giraffe, kudu, warthog, black wildebeest, blesbok and springbok, to name a few animals.

Lions Club of Roodepoort Clearwater Cyber



Over the weekend of 14-15 October 2023, the Clearwater Cyber Lions Club with assistance from the Helderkruijn Lions Club and their prospective LEO's hosted 10 x Grade 6 girls and an Educator from the Kingsway School, near Zandspruit. This is the first time since 2019, that they were able to hold their annual camp again. The camp is hosted at Mogale's Gate Biodiversity Centre, where the girls camp out in the bush, a first for most of them.



To wrap up the weekend a reflection session is held, where everyone reflects on what they have learnt and want to remember about the camp. Great fun was had by all.

Lions Club of Cowies Hill



When the Lions arrived at the Oncology Ward on 4 October, a lot of the children were sleeping, so it was very quiet. But the children eventually woke up to play. They are not supposed to have favorites' but there always seem to be one or two that just creep into their heart!



During the weekend they cover a few topics like conservation and the environment with the girls and well as a few leadership and teambuilding games.



Cowies Hill Lions held a food collection on 7 October at Westville Superspar.





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They collected 6 trolleys of food. The following groups received food parcels from this collection - Waterfall Pantry, Osindisweni Creche, Shap Shap Cinemas in Hammarsdale and Dawncliffe SASSA pensioners.



On the morning of 11 October when the Lions visited the Pediatric Oncology ward they were met with hugs from some of the children. These special moments are what makes being a Lion so worthwhile. Lion Sally doing her chef duties cooking noodles and Lion Tony teaching some of the kids how to play snakes and ladders.



Lions Peter, Stephen and Karen delivered food from food collection as well as baby clothes, caps, jerseys, and a rechargeable light from our Lions Light Project to Shap Shap Cinemas in Hammarsdale and Osindisweni Creche on 10 October. Both groups were extremely grateful for the donation of food.



Lion Amalia sorted and packed 310 pairs of spectacles on 13 October that will be couriered to Brightsight.



On 10 October Lion Elaine de Jager received some patterns and fabric from Flame Lily Park Craft Shop. Flame Lily did not manage to sell them at their Fete, so they donated them to the Lions Club of Cowies Hill to donate to Mariannahill Monastery Sewing Group. The Club has taken on this project to help unemployed men and women learn the skill of tailoring and sewing to generate an income for themselves. Brother Philius is extremely grateful to our club for the continuous support of the sewing group.



At the GBM on 14 October, Lion Roy Sanders received a Certificate of Appreciation for 41 years of Service as a Lion from Lion President Karen. As per the DG travels, the Lions Club of Cowies Hill was honoured to have DG Lindie and DC LCIF & Disaster Relief Mark visit them at the GBM.



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Cowies Hill Lions Club donated R2,500.00 per school to Westville Boys High and Westville Girls High School as a sponsorship for The Dennis Hamilton Fellowship Award. These are annual awards awarded to Grade 12 students. The students receive half the money to use for further studies and half is donated to a charity of their choice.



5 Trolleys of food collected on 28 October at Kloof Fields Centre PNP. The recipients were Philakade Care Home, Baby Hope House, and Mariannridge Community Feeding Scheme.



The winner from Westville Boys was Vishay Vanmari handed over on 16 October and from Westville Girls was Katelyn Mdunge which was handed over on 18 October.



The weekly Wednesday visit to Albert Luthuli Hospital Paediatric oncology took place on 25 October. Lions Sally and Pat and Trish, and the student had their hands full with 10 children the majority of whom were stuck in bed undergoing treatment.



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PO Box 745, Greytown, 3250
Tel: 033 413 2736 | Cell: 082 888 1909

Email: ecd@letcee.org
Web: www.letcee.org

Report to the Lions Club Cowies Hill
12/10/2023

We would like to thank Carol Browne and the Lions Club of Cowies Hill for your generous donation of R 5000. Your contribution enabled LETCEE to conduct a 2-day training on "Resources Making" out of recycled materials for ECD (Early Childhood Development).

The training took place in Mbubs, a little village in the mountains of Umvoti. 20 ECD practitioners attended and learned how to make the following resources out of waste:

1. Puzzles using cereal boxes and magazines
2. Stacking and sequence game out of toilet paper rolls and cardboard
3. A ring-throwing game
4. Letters and numbers to support numeracy and early literacy out of cardboard
5. Building blocks out of all-size boxes, paper and flour

All ECD practitioners took their new resources home and are using them in their playgroups. Each ECD practitioner caters for 20 children, reaching some 400 beneficiaries. All the attendees were very grateful for the lovely, nutritious meal they received for lunch every day.

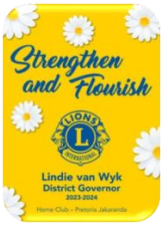
We would like to thank you again for your generous donation. These kinds of workshops have a huge impact on the quality of our early learning programmes. We wish we could do more of these workshops as we see a huge improvement in classrooms post-attendance of this course.

Here are some pictures of the course.




THE ELEPHANT TRAINING CENTRE FOR EARLY EDUCATION (RF) →
NPO No. 012-316 | FBO No. 970032729 | Accreditation No. ETDP15025 | CIPC: 2009/022709/09

The Lions Club of Cowies Hill recently donated R5,000 rand to LETCEE to host a training course for ECD teachers to learn how to make their own teaching resources out of household recyclable materials.



THE LIONS VOICE

The official Newsletter of District 410E



Lions Club of Durban Host



The Durban Host club donated 9 dozen beautiful cupcakes for National Cupcake day at Bluff Hillside Mall. They further assisted with the selling of cupcakes, raffle tickets and giving information on Childhood Cancer.



The Club often receives baby clothes donated to them which they wash, sort, and distribute as and when a need arises. Any premature baby clothes they give to Addington and King Edward hospitals and other baby clothes are given to King Edward Hospital and Caritas for distribution to those mothers who need these.



On 1 October the team served the Malibongwe Senior Citizens in Wentworth, biryani with juice and cake.



In Folweni they come with their own containers or pots to collect food. This is done on a monthly basis.



Over the past two months the Lions Club of Durban Host worked on a joint project with Rotary. The photograph depicts the final handshake on the completion of the project where they sponsored and customized a container for the storage of garden tools for the Berea Bowling Club.



THE LIONS VOICE

The official Newsletter of District 410E



Lions Club of East Coast



General Meeting and Visit from DG Lindi
The East Coast Lions were excited to have DG Lindi visit us at our last general meeting.



The Club's committed team continue to bring some much needed laughter and happiness to the little warriors at Inkosi Albert Luthuli Central Hospital.



The East Coast Lions members participated in the Eye Can Walk and flew the Lions flag high.

Lions Club of Edenvale



On Wednesday 11 October 2023, Bingo at Rand Epileptic Foundation celebrated 27 years of this monthly special evening for the residents.



Edenvale Lions joined Essentially Edenvale and Elma Park Community on Saturday 21 October to plant trees in Elma Park. Many trees were destroyed when they had a Bora Beetle infestation, and this was done to replace some of those trees.



A busy day on Saturday 21 October with Edenvale Lions together with 2 Lions from Kensington Lions Club worked to raise funds for The Guide Dog Association (almost R20,000.00).



THE LIONS VOICE

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Lions Club of Estcourt



3 Trees donated to St. Gregory Primary School for taking part in the Scavenger Tree Hunt.



Two of the members of the Lions club of Estcourt met with the Boom Club in Belgium members and assisted with renovations and repairs to the Sprinkle Project up in the Drakensberg.



Food Parcels were donated to needy families in the community.

Lions Club of Hilton



Hilton Lions Club donated some teatime treats and blueberries to their local old aged home on Saturday 21 October with their newest official member induction date to be finalized. "Mom" has always been in the background helping them but has now decided to make it official 😊



Thank you to DG Lindie for her visit to our Club.





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Lions Club of Howick



The Lions Club of Howick visited FREEME, a wildlife rehabilitation centre on 3 October – the Club is great supporters of theirs.



They planted a tree at Lions River Preschool on 12 October, whilst a tad late for Arbor Day, nonetheless a contribution to the environment at any time is worthwhile.



The last fundraiser for the year was held on 1 October.

**Midlands Hospice
santa bag**

Pledge now for our Christmas drop offs

Toiletries- toothbrush, toothpaste, soap, body lotion, face cloth
Stationary- age appropriate Treats- Big Packet Chips, Packet of Sweets, Slab of Chocolate & a 2l Cooldrink
Packed into a reusable shopping bag

TARGET 25 BAGS

Please register your participation with us.

Contact Meghan for more info whatsapp 033 330 525
marketing@midlandshospice.org.za

Donation of Biscuits to fill Santa bags on 11 October in support of Midlands Hospice.

Lions Club of Kingsburgh



The made-up spectacles for Siyathokoza Primary School arrived and were delivered to the school on Thursday 12 October.



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Lion Eveline delivering the Lions BrightSight spectacles to Rose Moodley, Peter Schurman, Garry Webb and Michael Schwartz.

Lions Club Branch of Lenasia



On Saturday 28 October, the Club Branch of Lenasia together with Ext. 4 Benevolent Drive held a Kiddies Market with the Mobile Library there as well.



It was so rewarding to see how the children shopped and worked with "money", being coached along the way. They all enjoyed it and all the children got to buy lots of toys and clothes. A huge thank you to all who contributed.



X-tra Newsletter

The Lenasia Lion's Club Story



What inspired the birth of this organization? The founder, Melvin Jones, approximately 100 years ago, had a desire to first to connect businessmen to share their knowledge and promote their professional and careers. He then realized that there was a greater need in the community and his organization changed vision and helped into these businessmen's talents and wisdom to help build the organization through what he called-kind hearted and kind-hearted individuals coming together for a common purpose.

What drives the Lion Clubs around the world? "Accomplished people from around the world have led our great associations in no more than 100-year history. While each international president brings their unique passion and perspective to Lions Clubs International, there has been a consistent theme all Lions Service. With this in a pride, each president is committed to helping clubs grow their membership and increase their service so we can make an even greater impact on our local and global communities." - www.lionsclub.org

2023/24 International President, Dr. Patri Hill, leads the Lion members around the world with the theme "Changing the world is a journey. There is no end. It happens through the many small choices and acts of kindness we make every day. Together, the sum of our efforts makes the world a better place, one life, one relationship and one community at a time."

The Lions Clubs International organization looks beyond color, religion, and any other divisions in society when it serves and builds its own membership. There are no borders when it comes to joining membership and every for counts.

Each year members meet are related to ensure the clubs remain relevant and growth for the club as well as its members.

These are real challenges communities face, however, it doesn't mean when a need arises, we seem how to meet those needs. For example, the very first Lions clubs were created from healthy-minded men and it is a great inspiration for children experiencing A2E (Acute) Spectrum disease. Two organizations in Lenasia, TSB and the Lenasia Lions Club, work together to make a difference. If you would like to be a member or contribute to making a difference, please contact us at: whatsapp@lionsclub.org

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Members only or an honorary name and all projects or initiatives are a combined effort. We have a strong presence in the community and we are committed to the well-being of our members and our community. We have a strong presence in the community and we are committed to the well-being of our members and our community.

LENASIA LIONS CLUB
We focus on: **Our Main Causes:**

1. Childhood Cancer
2. Hunger Alleviation
3. Vision Eye Sight
4. Environment
5. Education
6. Youth
7. Disaster Relief
8. Humanitarian

What inspired a club in Lenasia

Meeting a Lion from Brazil in South Africa, when he paddled through Africa, bringing awareness to the rights of the visually impaired brought awareness to the Lions organization and the degree to which members go to serve the world. With changing times, communities are experiencing different challenges. Some are easily expressed through community work. There are many communities that assist in individual efforts, imagine when we could do it we worked together.

The Lions clubs international have approximately 1.4 million members around the world in over 200 countries and Africa has been far growing too. As members we became part of a greater network that support each other while serving our communities.

We've watched the Lions around the world and have been inspired by their innovation and creativity.

each other as members and the world at large. One can connect with Lions all around the world from Brazil, U.K., Australia, India, Ghana, Egypt and the list goes on where every you look, you are likely to find a club. Even though it is an NPO, it is a club that has many benefits. It is fantastic to connect with Lions around the world using modern technology and having time and location freedom. There are also opportunities to meet in person. Each year there are conventions and conferences held in different places.

Lenasia Lions club was chartered on 31st July 2021. The photo below has the initial members and some board members from Wilton Park Lions Club, who is the host of our branch club until it has fully changed club. Our members have evolved and so has the club and we are proud to see the impact we have already made.

X-tra Newsletter

The Lenasia Lion's impact on community

Lenasia Lions club is making an impact within its community, in what they believe are important initiatives, for example, how to grow your own vegetable, inspiring young minds to read and explore their imagination. Below are some pictures from the vegetable gardens started in Shari crest primary school and Shree Satya Sai primary school.



Going green in extension 4 with the children of the area. Showing them how to plant and nurture their crops.



KZN's 2022 disaster flood. Lions came together to collect items and this was distributed to the Lions in KZN to work with.



A reason to become a Lion member: It is our wish to work with our local bodies, other clubs and our community. For example, helping to share important information that will benefit the community. We recently did this for the promotion and we would like to continue our community activities. Many thanks to the staff and staff. Many thanks to the staff and staff. Many thanks to the staff and staff.

1 Serve the Community

Lions are committed to partnering with local leaders and organizations, identifying the unique needs of their communities and surrounding areas, and planning service projects that address those needs. From community clean-up projects to food drives for hunger in the community, we help people in need who are close to home. We serve!

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Note from the Editor of the Newspaper: "I would love to be able to give the Lions Club this kind of exposure whenever possible as you guys, maybe small in numbers, but the hearts and souls are greater than many I have met. Keep up this kind of contribution, it's wonderful to see the youth being taken care of in ways they don't even know they need."



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Lions Club of Midrand



LP Yolandi and Jacqui attended the Cuppa for CANSA Tea with Friends event hosted by the Lions Club of Wilro Park on 14 October. A wonderful and heart warming guest speaker who spoke about her ongoing journey fighting cancer. This stunning afternoon was spent with Lions and friends, a delicious variety of eats and refreshments, with “waiters in tutu’s” and Lion President Yolandi winning loads of prizes (her lucky day).



On 27 October, the 12 Learners and 2 Educators who required a full Eye Test were seen by the Optometrist at the school and those children who were absent on 20 October were Vision Screened with 1 x Learner and 1 x Educator added to the list to see the Optometrist. This incredible success wouldn't be possible without the generous support of Lions BrightSight and the LCIF Grant - thank you! There scripts have been sent to Lions BrightSight and once made up will be delivered to the School.



On 17 October, our very own Lion President in her capacity as Zone Chairperson of Zone 4 had a fun and enjoyable visit to the Lions Club of Centurion Lifestyle.



On the same day, Lions went to some of the classes and spoke to the children on the importance of looking after your eyes.



As part of World Vision Month, the Lions Club of Midrand's Vision Mission was held on Friday, 20 October, where they brought the power of sight to Rifthouse Academy School in Ivory Park, with the spot machine for the initial vision screening. 175 Learners (Grades 1 – 11) and 8 Educators (183 in total) benefited.





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Legacy of Service! Celebrating 50 Years of Lionism with Charter President, PCC Cliff Hocking on Saturday 21 October. Special thanks to DG Lindie van Wyk for gracing our October GBM and joining us in a surprise jubilation. Here's to decades of impact and commitment by the members of the Lions Club of Midrand! A huge thank you also to CC Bernd, Lion Shirley, IPDG Sydney, DC Sandy, DC Mark and PDG Ian for joining us and making the whole afternoon even more special!



On the evening of 28 October, members of the Club hosted a 50th Birthday Party for an ex-Lion from Centurion at their Community Centre with live streaming of the epic Rugby World Cup 2023 Final. The bar did a roaring trade with all proceeds going to the Projects Account as well as the hire fee for the venue. A huge thank you to DG Lindie who joined us as a "bar staff member" and fellow Bokke Cheerleader!



The Lions Club of Midrand Monthly Eye Clinic was held on 28 October as well as Diabetes Screening and Blood Pressure testing. 10 Patients were screened with 6 requiring scripts which were delivered to Lions BrightSight for processing.



7 x Days a Week, 365 x Days a Year the Lions Club of Midrand members in partnership with Carlswald Lifestyle SuperSpar collect food - cakes, rolls, breads, tarts, cupcakes, sandwiches, pies, and all manner of baked goods, the unsold prepared fresh meals available to the customers in the supermarket comprised of meat or chicken stews, curries and roast meats as well as a good supply of cooked vegetables is packaged up at the end of each day, refrigerated and handed over to the Lions Club of Midrand duty member the next morning.



16 x patients had Diabetes Screenings with valuable advice on diets and lifestyle given to them by Sister Louise Pywell.



This food is distributed on a rotation and roster basis to nine Creches in Ivory Park, an Orphanage in Noordwyk, a home for Mentally Challenged Adults in Crowthorne and an Early Childhood Development Centre in Ivory Park.





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Lions Club of Port Alfred



At the end of September 2023, some of the members of the Lions Club of Port Alfred cleaned up one of Port Alfred beaches after the floods.



The Lions Club of Port Alfred held a “steak evening” in partnership with the Ski Boat Club on 6 October. Loads of fellowship shared amidst laughs and great food and of course raising funds for the projects account.



Lion Rob is seen handing over spectacles as part of the Club’s vision initiatives on 9 October, made up by Lions BrightSight.



(Hester Beukes)



(Lucinda de Vos)

At the beginning of October, the Lions Club of Port Alfred inducted 4 new members – growing the pride to provide more service.





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Lions Club of Port Shepstone

On 27th October, 15 needy individuals underwent cataract surgery at Hibiscus Private Hospital in Port Shepstone. These operations were made possible thanks to a wonderful and ongoing annual partnership between the Port Shepstone Lions, Ophthalmologist Dr Trevor Steyn, Hibiscus Private Hospital, anaesthesiologists, Drs Louw & Basson & Right to Sight.



L-R Jenny Jackson, Dale Mc Garry, Patient Mary Schutte, Theatre HOD Candice Fortuin, Alister Love, Anna Compion, Wilko Kunz and Phillip De Beer



L-R Anna Compion, Phillip De Beer, Dale Mc Garry, Alister Love, Patient Mr Boet Grobler, Wilko Kunz and Jenny Jackson



L-R Jenny Jackson, Phillip De Beer, Sister Nolene Martin, Patient Mrs Leite, Dale Mc Garry, Alister Love and Wilko Kunz



L-R Jenny Jackson, Sister Nolene Martin, Wilko Kunz, Phillip De Beer, Patient Mr Donald Watson, Dale Mc Garry, Alister Love and Lion Lady Anna Compion

Sheppie Lions Vice President Wilko Kunz, Club Secretary and PRO Denis Meyer, Alister Love, Dale Mc Garry, Phillip De Beer and Lion Lady Anna Compion visited some of the patients at Hibiscus Day Hospital prior to their surgeries and were overwhelmed by the gratitude shown by these patients, many of whom have been severely sight impaired for many years.



L-R Wilko Kunz, patient Mr D Loni, Jenny Jackson, Dale Mc Garry, Alister Love, Phillip De Beer and Anna Compion

Port Shepstone Lions provided hospital funding. Dr Trevor Steyn performed the surgeries at no charge. HPH provided the nursing staff and hospital beds. Anaesthetists Drs Louw & Basson also provided their services for free, the lenses and viscoelastic were sponsored by Oculat and Envision. Shelly Beach Spec Savers will be sponsoring reading glasses for all the patients. Lions Lady Anna Compion coordinated the project on behalf of the Club.



Since the commencement of this project several years ago, Ophthalmologist Dr Trevor Steyn has sponsored a total of 122 cataract operations for the needy – a truly wonderful gesture on his part.



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Lions Club of Pretoria South

In collaboration with Pretoria South, 10 fruit trees facilitated by us were planted recently. PDG Dave Cousins forwarded pics of the peach, apricot, and lemon tree blooms.

The beneficiary is the SA Peoples Project in Grootvlei, Pretoria. They house and look after 16 destitute children and adults. Pretoria South is assisting them with a large veggie garden establishment. The fruit trees will supplement the meals of the inhabitants.



At the GBM on 3 October, Lion Gerrit spoke about the importance of membership retention, not only in our club, but globally. Newly inducted, Lion Greg received his Lions pin and membership certificate and will be well looked after by his sponsor, Lion Clint.



Brilliant interview on LIONS ROAR where Lion Johnny Pretorius shared some of his most memorable memories as a Lion. He has been a Lion since 1974. Lion President Graeme reflected on the Club's Charter Anniversary Dinner and talked about some of the exciting things planned for the rest of the Lionistic year.



The Lions Club of Pretoria South's Academy riders competed in the Cycle Lab High School Series National Finals MTB at Wagpos HS. The riders pitted their skills & ability against riders who have been selected in their respective Provinces, as the "best of the best". Their warriors really did them extremely proud by displaying their character and grit both on and off the trail during the two-day event. Two of their riders ended yesterday's event (1 October) in overall 14th & 20th positions. To put into context that is 14th and 20th positions in the COUNTRY! Congratulations to Kgabo Rapao who is 2nd in Gauteng Province in the Nipper Category (Girls 8-10)! Phenomenal result!



On 7 October members of the Lions Club of Pretoria South cooked and catered for The Jakaranda Social Club for the Blind at their annual weekend away. Four large potjies were served to 54 guests.



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Lion Riaan had a busy couple of days getting kids from In His Honour Outreach Foundation to the optometrist and the dentists. October is National Sight Awareness Month, an initiative started to help the public understand the realities of visual impairment and how it affects the world population. Navigating the world as a blind person or someone with limited sight is challenging. These selfless acts of kindness, makes a world of difference in these young kids lives. Many thanks to Helplift Network Vaal Triangle, Dr Marike Bogenhofer, Dr Pieter Pieterse and optometrist Ria Cook.



Lions Stanley and Mark (their very own Lions of Foreign Relations) held a productive inaugural “online” meeting on 18 October with the young Lions Club Antananarivo Miranandro - LCAMi (Madagascar) with the intention of looking into a possible “twinning” opportunity. From the discussion there are many similarities and common challenges currently being experienced between both Clubs and countries.



On 20 October, Lion President Graeme and Lions Lady Ilne paid an impromptu visit to the residents of Lions Haven. It was fantastic to meet the ladies! They shared many a “laugh”, great fellowship and some sweet & savoury treats!



Fun day out at Hazeldean Valley Trails on 14 October where the Club held their second annual MTB and Duck Race. A huge vote of thanks to everyone who supported their fundraiser and congratulations to the winners and all the cyclists who participated. 30km = 1st Themhani(LIONS) / 2nd Mothekgi(LIONS) / 3rd Bradley(CURRO) / 4th Neo(LIONS). The Club is busy getting their “ducks in a row” for next year’s event.



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Lions Club of Ramsgate



A food collection was held on 30 September at the Hibiscus Mall, the proceeds of which will make up quite a few food parcels for their beneficiaries.

Lions Club of Scottburgh



The Lions Club of Scottburgh supplied food to District 49 on 27 September, which is a Child Care Facility in their community.



The Clubs monthly Quiz Night was held on Friday 1 October. Lots of fun, laughs and exercise of the brains!



On the 13 October the Club was delighted to have DG Lindie induct a new member Lion Khanya Rajuili. Seen in the photo is Lion President Dennis Botha, Lion Khanya and DG Lindie.



The Club is extremely busy with the collection of toys from 4 local schools and community to fill the Christmas stockings of many underprivileged children.



On the same occasion, DG Lindie presented a Melvin Jones Fellowship to Immediate Past President Malcolm Caine to thank you for his many years of tireless service, as President during the Covid pandemic.





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The second Leo installation of a further 13 members took place on 25 October conducted by DC Leos, Lion Keith Weston.



And to crown the day (13 October), great excitement and celebration as the Lions Club of Scottburgh efforts came to fruition with the Certification and Installation Ceremony of the LEO Club of Scottburgh. The installation was done by DG Lindie. Thank you to DC Leos, Lion Keith Weston and all the members who worked to make this "dream" a reality.



Another busy day on 25 October, the Award Ceremony to the Clubs District Peace Poster Winner. On the picture from left to right: Headmaster Mr Dlamini, Luyanda Dladla, Coral Parkin and Dennis Botha.



Vision Screening was conducted at District 49 Child Care Centre on 18 October.



A cleanup at the Scottburgh Library took place on 28 October. The Club ensuring that the surrounds in which they live and serve is environmentally friendly.





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Lions Club of St. Croix



Members of the Lions Club of St. Croix assisted the Lions Club of Port Elizabeth Host in Port Elizabeth with their Fundraiser, selling Boerewors rolls at the Discovery Vitality Run held at Cape Receife School on 21 October, creating awareness in numbers and fellowship.

Lions Club of Uitenhage



Lions Marilyn Bowles and Jackie Smith of the Lions Club of Uitenhage handed out Spring treats and spent time with the residents of the Erna's Care Center.

Lions Club of Johannesburg The Wilds



Hospice Wits
and to caring

30th October 2023

Mr Mark Meltzer
The Wilds Lions Club
HOUGHTON

E-Mail: mark@carteragencies.co.za

Dear Mark and The Wilds Lions Club

We are delighted to receive a large quantity of donated food items today that your Club collected for HospiceWits over the weekend. Thank you so much for your compassion and understanding of the needs of many of our patients who are struggling to make ends meet.

Our experience has been that many of these patients are confined to their beds and unable to take care of themselves. Others are simply neglected by poverty-stricken family members, who themselves are unemployed. These patients suffer indescribable pain from bedsores and numerous other excruciating symptoms. As a result, they pass on prematurely in the most inhumane way, often alone in a back room.

HospiceWits believes that nobody should have to suffer such indignity and neglect. We have multi-disciplinary teams of professionals with the expertise to care for these patients and alleviate some of this suffering. Our Community Care Workers will even prepare meals for some of these patients who would otherwise live on bread. By providing the most-needy families with a few groceries collected by The Wilds Lions Club, will bring a ray of hope and much gratitude to affected individuals. *Hope is not victory; but it is the promise of dawn. It lives in the darkest of nights, a steady candle against the uncertainty, until the coming of the day. (J.R.R. Tolkien).*

We thank you and your members for your service, and the wonderful work you do to uplift the less fortunate in our communities. Please see the attached photograph of HospiceWits staff accepting the donation of food today.

Yours sincerely
Lyn Wells
Fundraising Manager
E-Mail: lynwells@hospicewits.co.za
Tel: 0843830478 Mobile / 011-483-9100 Switchboard

T - 27 (0) 11 483 9100 F - 27 (011) 720 2668
PO Box 87000 Houghton 2041
58 Second Avenue, Houghton, Johannesburg
www.hospicewits.co.za

Approved by the Hospice Foundation's Association of South Africa
Nursing Regulation No. 128-19/14, FNB No. 19880037



The repair of play equipment was done by Lion Marilyn Bowles and Lion Jackie Smith at the Jacaranda Aftercare Centre during October.





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Lions Club of Wilro Park



Wilro Park Lions hosted Cuppa for CANSA Tea with Friends on Saturday 14 October with 60 guests joining them for tea.



The theme was "I'll be there for you!". Their awe-inspiring guest speaker Regorapetse Serote shared her story of hope with all in attendance.



Back to School on 19 October!. Thanks to Sedgwick the Lions of Wilro Park were able to gift 50 Lions Bags filled with shoes, socks, and stationery for 50 less fortunate children at Roodepoort Primary school.



(A picture speaks a 1000 words)

Lion Shirley also prepared their monthly donation of 50 Dignity Bags for girls - they provide packets of sanitary pads for the girls.

MD410 WALK FOR CANCER 24 FEBRUARY 2024

(DC GST for District 410E, Lion Sandy King)



World Cancer Day is an international day marked on 4 February each year to raise awareness of cancer and to encourage its prevention, detection, and treatment.

Clubs of District 410E, we would like all Clubs to participate in an awareness run/walk for cancer campaign, specifically childhood cancer on Saturday 24 February 2023. Please liaise with your Region and Zone Chairpersons for the relevant arrangements.

As Regions, Zones, or Clubs you can get a cancer organization e.g., CHOC, your local children's oncology department, a local palliative care facility, to partner with you to raise awareness and to distribute their information material.

Some project ideas:



Improve a cancer facility.

Care Bags for cancer patients.

Provide transport to people to their cancer treatment facility.



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DISTRICT 410E MID YEAR CONFERENCE (3-5 NOVEMBER 2023)



WHAT OUR DISTRICT GOVERNOR GETS UP TO IN HER "OFF DUTY" TIME:

(Captured by a roving photographer during October 2023)



Whilst on her road trip in KZN, she stole some time to work on her own environmental recycling project.

Finally, the time has arrived. Wishing all attendees, a weekend of fellowship, renewed and the making of new friendships, fun and learning.

Remember the Additional Attractions:

Lucky Draws:



Nope not the "cookie jar", but better!

Theme Evening:



DG taking a "screenshot" of the Zoom banner CS Donovan made for her. A Secretary's job is never done!

