



THE LIONS VOICE

The official Newsletter of District 410E



Issue 6 – November & December 2023

MESSAGE FROM DG LINDIE



Dearest District 410E Lions,



As the world reaches the end of the calendar year 2023, Lions all over the world are entering the second half of our Lionistic year in January 2024. This means that we still have another six months to achieve the goals we've set ourselves as Lions this year.



I would like to thank each Lion for giving your free time to serve our community and for the amazing work you do. So far this year, we, Lions of District 410E, have served over 258,000 people together. I'm proud when I look at the priorities we have. There are many hungry people in our country, and because of us, over 94,000 people were helped in 401 service activities. We did 128 environmental projects and assisted over 7,700 people with 174 vision related projects.

Please see how well some of our Clubs are performing focusing on our service pillars:



Diabetes - Midrand served 3,034 people.



Environment – Centurion Lifestyle has completed 19 environmental related projects with a goal of planting 1,000 trees.



Childhood Cancer – Cowies Hill Lions having completed 19 Childhood cancer projects volunteering 179 hours and Alberton Lions serving 193 hours during 42 projects.



Hunger Relief – Cowies Hill served over 20,500 people, Alberton completed 62 hunger relief projects in over 1,500 volunteer hours



Vision – Alberton served over 1,500 people and Vereeniging over 1,450 people in vision projects with Letaba Tzaneen volunteering 437 hours to vision related projects.



Thanks to all Lions and Clubs who have donated so generously to LCIF and specifically Pretoria South who donated R30,000 and Manzini Lions who donated R12,000.



As we look back at these great achievements, we should all feel extremely proud to be Lions and to be able to serve our community in such a positive way.



Registrations are open for our annual District and Multiple District Conventions 2-5 May 2024, and we hope to see as many of you there as possible. The convention is always a highlight of the year and a time to meet up with old and new friends.



Remember that every roar matters and it is our collective power that makes us unstoppable. Let us continue to work together, strengthen, flourish and change the world.



I am absolutely honoured to serve alongside each and every one of you and I wish you a very happy and safe festive season during which I hope you have a well-deserved break. See you in January full of energy and joy!

With gratitude and Lionistic pride,

Lindie

District Governor
District 410E 2023-2024



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DG "OUT & ABOUT" NOVEMBER & DECEMBER

(As written by DG Lindie)



We all know DG Lindie's car!



I attended the GBM of the Lions club of Henley-on-Klip on Monday 6 November in the evening. This is a very active serving Club caring for their community. We also shared our mid-year stories where LP Anton won the best dressed gentleman award at the theme evening as the lonely Museum security guard.



On 1 November, DG Lindie co-hosted the bi-weekly Lions Roar Show on MixFM where the guest of honour was Sister Louise Pywell, a good friend of Lions who does a huge amount of work with Clubs on Diabetes Screening.



The next evening Tuesday 7 November - Visited the Lions Club of Pretoria South and I was honoured to meet their guests amongst which was Lion Milliam from Malawi. We enjoyed a constructive meeting followed by fellowship.



Attended the Zone 4 Meeting on 12 November hosted by the Lions Club of Midrand. A constructive meeting filled with loads of laughs and fun.





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How time flies and on 15 November, I once again was on air with PCC Cliff talking Lions Christmas Cakes.



A long day at the Annual Toy Run on Sunday 26 November ending with happy Lions with lots of toys to put smiles on children's faces.



PCC Rob, Lion Marion Fowler and I attended the General Business Meeting of the Lions club of Northcliff on 23 November. A Club with heart and passion. Thank you, LP Nicky and members, for the amazing work that you do.



What a stunning morning attending the Lions Awareness Day on 25 November with the Lions Clubs of Pretoria Jakaranda, Midrand, and Club Branch of Sandton at Nicolway Shopping Centre. Out there, creating awareness and Lionizing the area.

In 1925 Helen Keller challenged Lions to become Knights for the Blind. The Lions then accepted the challenge and Lions today serve with Vision being one of our pillars of service.

We run eye clinics all over the world and in South Africa we manage our Multiple District project Lions BrightSight, which is an affordable Eye Clinic and provider of prescription spectacles to Clubs with the head office in Benoni. We are strong supporters of the South African Guide Dog Association.





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On the 2nd of December, we were invited to their Guide Dog Graduation Ceremony where the Lions Club Pretoria City was presented with a certificate to thank them for their generosity. I was honoured to receive a certificate of appreciation on behalf of Lions International for the support of all the Lions in our District. The Lions Clubs of Midrand and Northcliff were also present at this emotional ceremony. LP Nicky (LC of Northcliff) was able to witness her friend from Cape Town receiving her beautiful Guide Dog.



On Sunday 3 December, I attended the Lions Club of Pretoria South's year end event where they handed over a specialised wheelchair to Toanga Chifamba who became part of the Pretoria South Lions family 5 years ago when his father, Brian, became involved with the Club. Little Toanga is much loved by us all and grown to be a very bright and lively young man but has sadly outgrown his wheelchair making life very uncomfortable for him. The Club secured a specialised wheelchair with the help of a generous benefactor. The wheelchair is adjustable and will grow with Taonga over the next 6-8 years.



The 6 Graduates with their beloved Owners following the intense 3-week on-site training.



<https://guidedog.org.za/orientation-and-mobility/>



Attending a very happy year end function with Sheppie Lions on Saturday 9 December.





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I attended the business meeting of Ramsgate Lions on Tuesday 12 December and shared fellowship over a delicious dinner. We met some amazing prospective Lions who are so active in their community. Well done to Lion President Warren, Region Chairperson Vanessa, Lions Jenny and Michelle and Cara.



It is always an honour and a highlight to induct a new Lion which I did at the Lions Club of Port Shepstone Meeting on 15 December. Welcome Lion Dawie and thank you to Lion President Mike and all the members of the Club for your service to your community



Attended the Scottburgh Mardi Gras organized by the Lions Club of Scottburgh – what a fun and super event – even got some Christmas shopping done! 😊



Hibberdene Lions hosted a beach cleanup today. Lions, Prospective Lions and friends from Pretoria Jakaranda Lions Club (me), Ramsgate and Scottburgh supported this worthwhile project. 19 bags of litter was collected. We met some amazing people in the Hibberdene community. Thanks to Precious from the South Coast Herald for covering our story. Thanks to the staff at the beach who helped moving the bags to the collection point. Thanks Lion President Bryan and Lion Sue for your hospitality and for the fellowship afterwards.





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NOVEMBER MESSAGE FROM INTERNATIONAL PRESIDENT



Dear Lion,

You and your fellow Lions serve your community at the local level, but never forget that you are part of an incredible global network of dedicated volunteers who are united in our mission of service. Together, you are changing peoples' lives for the better, every day, all around the world.

From helping to prevent blindness to supporting children and families affected by childhood cancer to protecting our environment, you are delivering care and kindness and bringing hope where it's needed most.

There is no greater calling on earth than to join together to give of our time and our talents to help those in need. That's what Lions do—that's what "YOU" do. Thank you for your commitment to creating the change that empowers others to achieve their potential.

Yours in service,

Dr. Patti Hill
International President

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1478981&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=048576b026ae414b96e72189cdcb2822&elqaid=32104&elqat=1>

YOUR NOVEMBER LCIF NEWS



Hello Lions, Leos and fellow humanitarians,

It is my sincere pleasure every month to share news about the impact our foundation has on people locally and globally through your service projects and gifts to LCIF. In this edition and in celebration of Diabetes Awareness Month, we highlight how the LCIF Diabetes Grant program empowers Lions to develop large-scale prevention, management, awareness, and screening projects that improve health and well-being in communities around the world. Grant funding like this is only possible with the continued support of Lions and others like you.

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Thank you to everyone who has already supported LCIF this year. I ask you to join me in adding to your support in 2023. Your end-of-year gift – like your service – matters. With 100% of donations benefiting grants and programs, every donation makes a difference. Don't forget to share with your fellow Lions your reasons for supporting our global foundation by [entering the Melvin Jones Photo Contest](#) in recognition of our founder's 145th birthday.

Make a great day,
Brian E. Sheehan

Chairperson, Lions Clubs International Foundation
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1492063&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=4df66555f4d641c88df10ae1e37ec502&elqaid=32546&elqat=1>



A REMINDER REGARDING USE OF THE LIONS LOGO

(MDC Marketing & PR, Lion Sandy van Heerden)



As we are now in the Festive Season, and we love to celebrate this very special time of year and "jazz" up our social media posts reflecting this, Clubs can do so, but please do not embellish or alter the Lions Logo.



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By all means use beautiful frames, backgrounds, etc., however please keep the Lions Logo "pure".



The hyperlink to the website:

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1484786&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=347cb602bcb74570ade3008f1da90c58&elqaid=32190&elqat=1>



To refresh our memories and familiarise ourselves, herewith an extract from the Brand Guidelines.

"The Lions International emblem represents the contemporary and evolving character of the organization today while celebrating its history and international renown. Subtle updates have modernized the emblem and greatly improved its legibility and reproducibility. The only acceptable interpretation of the emblem is pictured on this page. It may not be reconstructed or altered in any way. It must be reproduced from production-quality art or from high resolution digital files. The Lions International emblem has been designed to function as part of a flexible and cohesive visual system. When combined with the nameplate, it will be referred to as a signature."

Some examples of **WHAT NOT TO DO** when using the Lions Logo.



Remember to also use the tag line **#servingaworldin need**

Hyperlink to the Lions International Brand Guidelines publication:

https://cdn2.webdamdb.com/md_kKJamg07unW9.jpg.pdf?v=1

LIONS AWARENESS

(MDC Marketing & PR, Sandy van Heerden)

The District & Multiple District Marketing Team have been working hard to "lionize" our Social Media with Clubs encouraged to "like" and share on their respective Club pages (both Facebook and Instagram).



Clubs are encouraged to use this as template and add their stories/pictures of all the amazing work that they do. This was the one done showing various Club pictures for the Lions Awareness Day on 25 November 2023.





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And then as many of you may have seen there is both the comprehensive Lions Advent Calendar with each day being posted with awesome blurbs and relevant hashtags, so please like and share. Simple acts of kindness each day.

Introducing "KEEPING UP WITH THE JONES" - Celebrating Melvin Jones' Legacy in South Africa!

#LionsImpactSA #MelvinJonesLegacy
(Member of MD410 Marketing Team, Lion Barbara Hocking)



Get ready for a 12-week adventure of unity, creativity, and impactful service as Lions Clubs across South Africa come together to honour Melvin Jones during Lions Awareness Month.



Launch Date: January 15, 2024



Join the roar of excitement and community spirit with our official campaign hashtags: #LionsImpactSA and #MelvinJonesLegacy.



Pride of Lions Digital/Social Media Contest: Ignite Your Creativity!



Week 1-2: Capture Lions International values/ethics in photos - "Keep Up with the Jones" and build a sense of community pride.



Week 3-4: Spotlight your local communities' diversity - share images reflecting the richness of cultures and traditions.



Week 5-6: Reflect on the Lions Clubs International Motto: "We Serve..." Share personal reflections embodying the spirit of service.



Week 7-8: Spread kindness! Share your Random Acts of Kindness inspired by the LCI tagline: "Kindness Matters."



Week 9-10: Join the #ServiceSelfieChallenge - showcase the impact of your community service projects and challenge others.



Week 11-12: Share testimonials and success stories from project beneficiaries, capturing the heart of Lions' service.



Exciting Announcements Coming Soon!



Stay tuned for announcements before each bi-weekly challenge, ensuring you don't miss out on the fun!



Let's make waves of positive change, celebrate Melvin Jones' legacy, and impact lives together!
#KeepingUpWithTheJones
#LionsImpactSA





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MD410 PEACE POSTER WINNER

(Council Chairman Bernd Gerhard)

Following the judging of the entries from Districts 410E and 410W, CC Bernd Gerhard signed the beautiful entry from District 410W as the **MD410 Peace Poster Entry** now winging its way to Oakbrook.



NEW MEMBERS for NOVEMBER & UP TO 19 DECEMBER 2023

(As per the November & December WMMRs)



LION MATSHEPO MAHLANGU
Sponsor: Lion Mark Meltzer
Lions Club of Johannesburg The Wilds

LION LIZ BOOK
Sponsor: Lion Dennis Botha
Lions Club of Scottburgh

LION MUSENGA POPY KATENDE
Sponsor: Lion Brian Porteous
Lions Club of Hibberdene

LION ELIZABETH GROVES
Sponsor: Lion Matheus Groves
Lions Club of Hilton

LION DAWIE JANSEN VAN VUUREN
Sponsor: Lion Michael Heathcote
Lions Club of Port Shepstone

LIONS CHRISTMAS CAKES

(DC Christmas Cakes, PDG Kim van Wyk)



As one of major Fund Raisers of Multiple District 410, Clubs have been selling cakes furiously and from the various Facebook posts, it looks as if most Clubs have sold out in District 410E. **According to the stats provided, 43 District 410E Clubs took 1,064 cakes out of total of 1,587 in the Multiple District which equates to a whopping 67% - well done!**



We hope that all Clubs can soon post a "sold out" notice giving them much needed funds to continue their service in their communities.





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LIONS BRIGHTSIGHT MESSAGE CLOSED FOR FESTIVE SEASON 15 DECEMBER 2023 TO 7 JANUARY 2024

ON THE BRIGHT SIDE **MEMO**
Dec 2023

LIONS BRIGHTSIGHT
A Multiple District 410 Project

FESTIVE SEASON CLOSURE

Our offices will close today, 14 Dec 2023 and open again on 8 Jan 2024. We will have our first Clinic on 9 Jan 2024.

THANK YOU TO ALL WHO SUPPORTED LIONS BRIGHTSIGHT THIS PAST YEAR. WE WISH ALL MEMBERS AND PATIENTS A BLESSED AND MERRY CHRISTMAS!

- FROM THE STAFF AND COMMITTEE

Merry Christmas

Telephone: 011 432 5877
Address: 110 Woburn Avenue, Benoni, 1501
Email: manager@lionsbrightsight.co.za

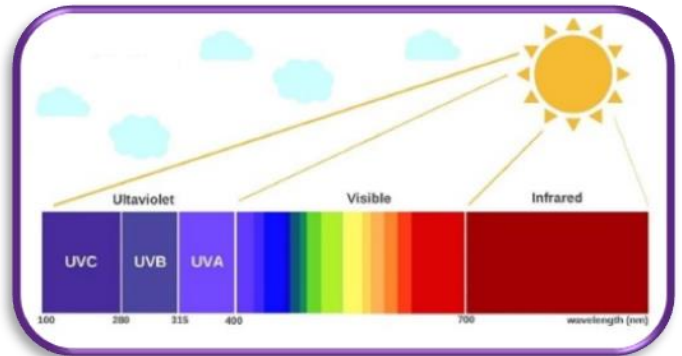
Business Hours
Monday to Thursday: 08:00 - 16:00
Friday: 08:00 - 14:00
Closed on Weekends & Public Holidays

SUMMER SAFETY FOR YOUR EYES



With summer comes fun outdoors and cooling off with a swim, but also exposure to the harmful rays of the sun and the risks present in water. Our eyes are also vulnerable to the invisible dangers...

While tanning beds and activities such as welding produce UV light, the biggest UV threat to the eyes is the sun. Our eyes are also vulnerable to the invisible dangers in the ocean, lakes, rivers, and even chlorinated swimming pools.



There are three types of ultraviolet radiation from the sun, UVA, UVB and UVC. The appropriate amount of ultraviolet radiation benefits us by facilitating the processing of vitamin D in the body, producing serotonin and aiding bone development. Overexposure to ultraviolet rays can be harmful to the body and particularly the eyes. UVC radiation is considered a minimal threat because it is absorbed by the earth's ozone layer. Exposure to UVA and UVB rays poses a risk for both short-term and long-term damage to the eyes and vision. Short-term exposure to ultraviolet radiation can cause damage in the eyes that is similar to a sunburn. The eyes become red and puffy, feel gritty, are sensitive to light and there is excessive tearing. Fortunately, these symptoms are usually temporary. However, damage from UV radiation is cumulative over a person's lifetime and if the eyes are exposed to long-term UV radiation without adequate protection, there may be a greater risk of developing cataracts and/or macular degeneration later in life.



A huge thank you to all the Clubs in District 410E who have supported Lions BrightSight and most importantly given the gift of sight to many people during the first half of the Lions fiscal year.

On behalf of the Lions of District 410E, we wish the staff of Lions BrightSight a blessed Festive Season and quality time with their families and thank Kirsty, Angie and Seabourne Logistics for all their hard work.

LIONS INTERNATIONAL

The Gift of Sight Matters

#LoveYourEyes



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NOT ALL SUNGLASSES ARE CREATED EQUAL



With so many options available, it is difficult to know which sunglasses offer the best protection. Most reputable brands of sunglasses list the amount of UV protection on the label, which should say “100% protection against UVA and UVB” or “100% UV400 protection”. No label generally means no protection! It is understandable to think that the darker the lenses are, the more effective the protection, but this may not necessarily be true. They may block visible light but do not automatically block UV radiation. Unless it is specifically indicated, dark lenses may not offer better protection. While filtering out ambient light and glare, very dark lenses may cause the pupils to open to allow more light to enter the eyes, increasing rather than reducing UV light exposure. The lenses should be dark enough to keep the eyes comfortable, but not so dark that they reduce vision.

BE WATER WISE

Bodies of water, from lakes and rivers to sparkling swimming pools, are contaminated to a greater or lesser extent with bacteria and organisms that can affect the eyes. Whether simply cooling off, diving underwater or being sprayed with water while waterskiing, the eyes are at risk. Bacteria in water can cause an infection of the cornea, which can be painful and become serious if not treated. The chemicals in swimming pools can irritate the protective tear film of the eyes, leading to redness and light sensitivity, but the discomfort is typically temporary.



As a general precaution against contamination and irritation of the eyes, wear water-tight goggles that prevent water from getting into the eyes. After getting out of the water gently wipe water from the eyes with a clean towel. Use lubricating eye drops to moisturise the eyes, and drink water to retain hydration which is of benefit to the entire system as well as the eyes.

SWIMMING WITH CONTACT LENSES



It has been recommended that contact lenses are not exposed to any water, including tap water, swimming pools, lakes, oceans, showers and even saunas, no matter if it is fresh water or chlorinated. Contact lenses should be removed before engaging in any water activities to avoid the high risk of irritation or infection from bacteria or viruses that can lodge between the contact lens and the eye. Exposure of soft contact lenses to water can cause them to tighten against the eye. Added to that, soft contact lenses are porous, allowing chemicals and bacteria to enter the eyes. If it is not possible to swim without contact lenses, wear well-fitting goggles while swimming, remove the contact lenses immediately afterwards and soak them in a contact lens solution.



Allowing the lenses to be completely disinfected eliminates the risk of exposing your eyes to bacteria that could have been absorbed into the lenses.





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STAY SAFE DURING THE HOLIDAYS (YOU AND YOUR HOME)

(Extracts from CPF and Fidelity ADT Newsletters)



With many of us travelling to see family or loved ones, and being out and about, the December holidays are also unfortunately prime season for various criminals, like burglars, porch pirates, and scammers.

December is crunch-time for opportunistic thieves and home invaders. Remember, these thieves will actively seek out the “low-hanging fruit” of residences where they can identify breaches, or weak points. Be proactive about your home security and don’t let yourself be an easy target.



Background checks. Firstly, make sure that anyone who works for you, or on your property, or a house sitter if you are going away, is someone you know and trust. Don’t just hire someone new without a background check.



Vigilance is key. Talk to your family, as well as your staff who work at your residence about the importance of keeping doors and gates locked, and what to do in case of a security emergency. Remind them to always keep a lookout, and don’t just trust the word of any strangers who arrive at your gate, as they could be thieves, scammers, or con artists.



Work together with your community. Make friends with your neighbours and join your area’s WhatsApp neighbourhood security groups.



Do the necessary home maintenance work. Keep your property secure and invest in your outdoor security systems if you need to. Start with the basics, such as replacing all outside lights or bulbs that might be faulty, to keep your home and garden areas well-lit at night. Then, secure your perimeters. Double-check your windows and doors, and make sure your garage area is properly secured.



Porch Piracy. A chain is only as strong as its weakest link. Systematically check all areas of your fences and security gates, to ensure a secure perimeter with no weak spots. Also be wary of porch-piracy; a new kind of crime where thieves impersonate you, only to steal goods and gifts delivered to your house by online shops and e-hailing delivery services. If you’re expecting parcels, get in touch with the courier or online store, and make a note for the drivers to make sure you sign the receipt for your delivery, and call ahead of time to ensure you’re home at the time of delivery.



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Out and About. If you're attending a street carnival, public celebration, festival, or going to any busy urban areas, remember to keep your people together and be on the lookout for pickpockets. Keep your valuables in the car if possible, and always remember to lock it!



Road Travel. With the busy festive season period on our doorstep, thousands of families will be travelling by road to their holiday destinations. We recommend they make risk mitigation part of their process of planning for their travels, and this should include testing the vehicle tracking system that they have installed. Combine this testing with any routine maintenance you are doing on your vehicle so that you can pick up any problems now and have it fixed before you hit the road.



Outdoor Activities. Summer is a beautiful time to relish the numerous outdoor activities. We urge you to prioritise safety. This is especially important if you are venturing out alone or are a visitor to South Africa. Personal safety is a shared responsibility between the police, private security and other stakeholders and each individual member of the public. It's wonderful to explore new places and see things through different eyes but be aware that venturing into the unfamiliar does make you vulnerable to getting lost or perhaps making a bad judgement call. Try to always be with a group and keep vigilant.

DISTRICT 410E CLUBS DURING NOVEMBER & DECEMBER

Lions Club of Alberton



A wonderful morning on 6 November, they spent teaching the Alberton North Nursery School Children. They did tracing of hands and shapes as well as colouring in. Every week there is more progress which is so rewarding. The teachers also assist and are learning at the same time. Thank you to Lions Adele, Gillian and Cindy for giving of their time to assist the children and prepare them for the future. The project for, 20 November the education program at the nursery school in Alberton North was all about hand muscle movement and shapes for the little ones. We taught them how to roll the clay, use cookie cutters to make shapes as well as worms and snakes. The children and their teachers absolutely loved it.



On 7 November, a huge thank you to Lion Tinus, LP Keith and Lion Eddie for buying the food supplies from Makro and delivering to the 4 nursery schools we support in the South of JHB.



On 10 November, the appreciation team delivered cupcakes to the men at the different organisations in Alberton, sharing awareness, kindness, and love. Alberton Lions sponsored and delivered to the men folk at Amcare, Stepping Stone in-house, Stepping Stone charity shop, Tutela and Ligstad. Great teamwork and showing care in our community.



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The lunch team for Lovies had a wonderful visit on 10 November. The children love having visitors and always come running to greet and hug. They really enjoyed the macaroni bolognese, bananas, crisps, juice and for dessert there was marshmallows. Thank you to Grace and Christle for cooking, and to Elsa and Cindy for the drinks and treats. Also on the same day, we say a big thank you to the Alberton North nursery school lunch team who cooked and served a delicious beef stew with peas, carrots and corn served with mashed potatoes and pumpkin. Ginger biscuits and cool drink and for later nartjies and chocolate biscuits.



5 December, Alberton Lions lunch team Lions Adele, Angela and Leslie served delicious fish fingers with mashed potatoes and mixed vegetables to the Railways nursery school, which was generously made and donated by friend of the Lions Riekie. The children were so happy and full tummies.



On 11 November, Lion Sandra met this delightful young lady Nirvaghane Pillay she dropped off bras in support of our bra and knitted knocker's project.



Cupcakes delivered 11 November for Movember Awareness, saying thank you to the men in our community for their commitment and support. Alberton SAP, SPCA. Reading Golf club for their ongoing support to Alberton Lions.



14 November we had an awesome night of service with Fish and Bread at their weekly feeding project. Grateful that we could assist and make a difference



Vegetable seedlings delivered to the nursery school in the South on 16 November.



16 November - 11 people at Community Hours in Bedfordview had their eyes screened by Alberton Lions. Thank you, Lion Sandy and your team, for your service this morning



Lions Cindy and Sandy had the most amazing visit to Donald Gordon pediatric cancer units on 17 November. They handed out care packs and building blocks. In the first unit, they gave a young boy a care pack while he was playing on his tablet. As soon as he heard sweets and biscuits were in the pack he stopped and took the pack. Marie biscuits are his favourite, and he didn't want to share with mom and dad. In the longer-term ward, we met a 3-year-old and her mom. She loved the building blocks and started to play while we were there. Her favourite animal is a Lion.



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On 17 November we had a lovely morning at Amcare kitchen preparing the food with the LOTS team. Lots of chatting, chopping and laughs. On 30 November more fun in the Amcare Kitchen preparing food with the LOTS team for 200 people. Once again in the Amcare kitchen on 7 December, Alberton Lions had a very enjoyable morning assisting the LOTS team preparing for the cooking for the evening meal. Also, on 14 December.



A big thank you to the Piston Car Club for their support with toy donations at the toy run today, 19 November. Thank you to all the members who were there for awareness and collection of the toys. What a difference this is going to make to the children in our community.



Lions Adele and Cindy had a wonderful morning celebrating World Prematurity Day on 17 November at South Rand Hospital. They went to the nursery where there were several prem babies and handed out clothing, toys, and cupcakes to all the new mummies. The one mommy had dressed her baby in our clothing before we left. Thank you to all the ladies who assisted with making the clothing and toys. We also gave cupcakes to all the moms in the newborn wards, and they were very appreciative. On 24 November, Alberton Lions mommy care bag team had a super time once again at the South Rand Hospital - all 25 mommy packs were handed out. The 2 preemie babies in ward received prem clothing. Back again on 3 December, Alberton delivered 22 mom care bags packed for the moms at the South Rand Hospital. A big thank you to Fourways Lions in partnership with Beanies for Beings for the beautiful bags. And to the team Lions Darchelle, Wendy, Shané and Sandra, thank you.



A fun morning on 21 November saw Alberton Lions packing Christmas shoe boxes for needy children.



What a wonderful day of service, 18 November. With the help of the 17 UJ students and supervisors we did eye testing for 100 members of the community as well as diabetes screening as November is diabetes awareness month we thank our wonderful nursing sister Tersia. A team of 34 who worked together and made a difference in our community. Thank you Ligstad for your partnership.



22 November was very special. An amazing project in partnership with Alberton high. 360 hotdogs for lunch and a fluffy toy that went home with each child.



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The Christmas lunch and games day for the 2 nursery schools in La Rochelle took place on 23 November, entertaining over 100 children. In partnership with the auditing firm Watermans who have supported this event for a couple of years now where staff, instead of having a year-end function come to the school and spend time with the children. Hot dogs for lunch and each child received a fluffy toy. Definitely lots of sun, amazing fun and lots of laughter.

The 8th of December saw loads of excitement at Lovies nursery school. The children sat in anticipation and waited for their names to be called out and given a shoebox filled with clothes a toy and a snack.



A fantastic project with our friends at Fish and Bread ministries 12 December. Thank you to the team who assisted in serving dinner, snacks, fruit, cake and gifts to 175 less fortunate people.



24 November, Alberton Lions with Fyreworx provided pizza, cooldrink, fruit and a special treat ice cream to the Railways creche kiddies. They absolutely loved the Christmas gifts shoe boxes donated by Doxa Deo Church. Each gift was packed with such love and care and filled to the top with gifts. Every child also got a Christmas cracker filled with stationary.



14 December, A very special day at the nursery school in Alberton North. Friend of the Lion, Gillian van Dyk and her Golden Girls donated sweet packets plus homemade biscuits and jelly sweets to the Alberton North nursery school. 30 plus children loved the spoils and the surprise. Sam and the 3 teachers were blessed with Christmas food hampers.



24 November saw Alberton Lions team at the 41st Annual Toy Run. We manned the parking and assisted over 400 cars.



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LP / ZC Diane together RC Leslie had an exciting radio interview on Ekurhuleni FM 93.9 on Saturday 25th November 2023 for the Lions Awareness Campaign and discussed all things great about Lionism. The interview was also shared on Ekurhuleni FM's Facebook page and also Benoni Lakes Lions Club Facebook page to maximise exposure.

14 December, Alberton Lions Christmas team had a wonderful morning handing out Christmas gifts and Lions Christmas cake to the elderly ladies from Northam. The ladies love meeting and chatting to us. The Lions Christmas team also delivered Christmas hampers for the elderly ladies at Karina

Lions Club of Benoni Lakes



Benoni Lakes conducted an awesome night of games and fun and fellowship within our Members and family and friends, to raise funds for our Admin account on 18 November. Thank you to all the attended and congratulations to all the winners.



Benoni Lakes Lions Club partnered with Benoni Lions Club to conduct eye screening at Tiger Brands Wellness Day on 20 November. Together we screened approximately 60 people. Thank you to Lion President Diane and Lion Catherine for conducting this awesome project.



Benoni Lakes Lions Club support another group / organisation in collecting school shoes for donation to Tshepang Care Centre in Vusumuzi Tembisa. On 1 December, our club donated 3 x pairs of new shoes to add to the others to make up 50 x pairs that were donated.



Benoni Lakes Lions club conducted our monthly mobile collection point in Atlasville on 2 December, where we collected bags of plastic tops and tags, various eWaste, book donations and used spectacle donations. Thank you to the Atlasville community for their donations.



Benoni Lakes Lions Club handed over about 10 x black bags of tops and tags collected from various Environment projects and collections and donations from the community. Thank you to Lynne from Tops and Tags for Wheelchairs for collecting and posting a nice message on social media.



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Lions Club of Centurion



Centurion Lions joined other clubs from Zone 4 on 25 November at the Pretoria Boeremark for the Lions Awareness Day.



Lion Isaac from LC Centurion delivered 10 fruit and 10 shade trees to Valhalla and Vhallsiespark Primary Schools.

Lions Club of Centurion Lifestyle



A busy day for Centurion Lions who participated in the Annual Toy Run on 26 November at Benoni Northern Club.



The Lions Clubs of Centurion and Centurion Lifestyle conducted Diabetes Screening and blood pressure testing at Olievenhout Plaza in Olievenhoutbos on Saturday 18 November 2023.



To get in the Christmas spirit - Lion Patrick entertained the elderly folk at the Lions Club of Pretoria South annual Christmas Carol Event on 7 December.



The project was a great success, with over 100 people being screened.





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Lions Club of Cowies Hill

The Weekly visits to the Chief Albert Luthuli Hospital Pediatric Oncology Ward continued.



On 1 November, there was a variety of interests. Some coloured in, some beaded and some played snakes and ladders.



Busy morning on 8 November with 20 kids. Lions Margie and Tony and Trish a student kept kids entertained. Thank you to our dedicated team for going out of your way to support these little warriors



16 little warriors were entertained and received teddies on 15 November.



Sadly, there were 14 children in the ward, and they were all stuck in bed on 22 November. So, games, colouring and beading was the activities for the day.



On 29 November, the children received beautiful, knitted teddies from Dawn and June.



A hug of Teddies knitted by a group of Lion Rebecca Bullough's friends to give to CHOC on 4 November. The Meadow Park ladies knitting up a storm. More teddies that will go to children at Albert Luthuli Hospital Pediatric oncology ward. On 13 December, the Lions Club of Cowies Hill received 31 teddy bears donated by Margardt Fabby of Pinetown Methodist Church to CHOC. And if that wasn't enough – On 18 December Lion Elaine received more knitted teddies and blankets from the wonderful ladies from the NG Church.



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Cowies Hill Lions Club knitters group expanding to Ireland on 11 December. The Methodist Church ladies in Dundrum, Dublin, Ireland sent a huge box containing knitted fingerless mittens, beanies and scarves for the Seafarers Mission. Lion Elaine and her Lions knitters were thanked profusely by The Sailor Society for the hundreds of pairs of knitted mittens during the course of the year. Here she is handing over another batch of knitted mittens, beanies, and coffee mugs.



LP Karen, Lion Brownwyn with Judy Aubert from Kloof Highway SPCA

Lions Stephen, Brownwyn and LP Karen with Dani from Kloof Pick 'n Pay

Cowies Hill Lions decided to do a food drive for Kloof Highway SPCA on 16 December. We collected 4 very full Trolleys.



At the food collection at Westville SuperSpar held on 4 November, we managed to collect 5 Trolleys. Our recipients were Salvation Army, Pinetown Methodist Church and Pinetown Child and Social Welfare.



Westville food collection on 16 December where 6 trolleys of groceries were collected. The recipients Waterfall Pantry, Shap Shap Hammarsdale, Dawncliffe Retirement Home residents and Osindisweni Orphanage for Christmas.



4 trolleys of groceries collected on 25 November at the food collection at Kloof Fields Centre PNP. Recipients CHOC, Emolweni Soup Kitchen, and Pinetown Street Ministry.



On 4 November, Lions Dave, Pat and Carol sold egg and bacon rolls for a Queensburgh Cheshire Homes Bargain Day. They raised R630. 00 and Lion Lee-Anne worked at the Craft Table and raised R850.00.





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Cowies Hill Lions Club hosted another successful 200Club draw at Pinehaven Retirement Home on 10 November. The residents enjoyed the evening with lots of lucky draw prizes and cash prizes being won. Some sustenance was supplied by the Lions and the residents thoroughly enjoyed the hot dogs.



On 22 November, Lions Margie, Sally and Tony handed over 12 Santa Shoe Boxes to Ntobeko from CHOC. The Club did 6 boxes for boys and 6 boxes for girls aged 13 to 18 years.



Lion Amalia Gunter attended the Zone 4 meeting held on 12 November and hosted by the Lions Club of Midrand. She handed over a Cowies Hill Lions Club banner to Zone Chairperson Yolandi and received a Lions Club of Midrand banner in return. At the meeting, Lion Amalia handed over a Club banner to LP Vusi from Centurion. The Zone 4 Clubs also took up the challenge of "Lions Lights" Project.



Lion Jenny Swingler from Cowies Hill Lions Club selling Lions Christmas Cakes at Junction Mall in Westville on 25 November.



The girls from Grace Cottage invited us for a High Tea on 18 November to thank our Club for the support during the year. Cowies Hill Lions Club adopted the Grace Cottage at Ethelbert Child and Youth Centre about 9 years ago.



On 2 December, Lions Lyn Botha, Carol Browne and Amalia Gunter worked at Queensburgh Cheshire Homes Summer Fair selling Egg and Bacon Rolls and Lions Christmas Cakes.



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On 27 November, Lion David Hughes and Lion President Karen Hyde went to Westville Senior Primary School to hand over certificates and prize money for their entries in the Peace Poster Competition. Ms Bansji received certificate on behalf of school. Luanda Ndwandwe, Arianna White and Diarshen Naidoo (absent) received participation certificates. Amber Milligan received 3rd prize certificate and a cash prize.



Our prospective member Sbahle collecting toys on 9 December for us to donate to Osindisweni Orphanage.



Lion David Anthony Hughes and Lion President Karen Hyde delivered participation certificates and 1st and 2nd prize winner certificates to St Benedict School on 30 November. The Peace Poster winner at Club level 1st prize winner Rikki Stedman, 2nd prize winner Sade Kymdell. Participation Certificates were given to Kenya Kubu, Enhle Gumede, Asnele Nxumalo, Nongcebo Khomo Khanyisile Mdluli.



Lions Pat and Carol volunteering for SPCA at their gift-wrapping stand in Westville Mall on 15 December.



Cowies Hill Lions spreading some Christmas joy at 200Club Draw held Pinehaven Retirement Home on 8 December.



On 10th of December, we donated 3 more rechargeable lights of our Lions Light Project to Dawncliffe Retirement Home. Heather will hand them over to the residents.



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On 19 December, Lions Karen, Carol, Peter and Stephen delivered toys, Santa Shoe Boxes and some treats to the kids at Osindisweni Orphanage in Hammarsdale. Kids were so excited and entertained us with a few songs

Lions Club of East Coast



The East Coast Lions celebrated the Festival of Lights at our last General Business Meeting for 2023.



During the months of November and December, the dedicated CHOC team have been hard at work stimulating the children at Inkosi Albert Luthuli Central Hospital. Pediatric Oncology Ward



The Festival of lights is always the perfect opportunity to spread joy and happiness to everyone. East Coast Lions distributed 150 grocery hampers in commeration of Diwali.



The Lions Club of East Coast partnered with the Lions Club of North Durban on the 25 November at Pick 'n Pay Hypermarket By The Sea to raise awareness about the great work done by Lions in our Districts and Internationally.



We held our 2nd thrift store on the 26 November. We were able to raise funds as well as raise awareness on the amazing work done by Lions International





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Lions Club of Edenvale



On 18 November, the Lions Club of Edenvale tested 103 people for Diabetes and referred 5 to their doctor for further testing. We were assisted by Kensington Lions.



Lions Evelyn and Karina selling Christmas Cakes at Rosebank Market.



We made and sold flapjacks at Little Eden Society on 18 November, which is a home for severely mentally handicapped adults and children. All proceeds went to them.

During December the Club was very busy selling Christmas Cakes and spreading Christmas Cheer.



Lions Lionel and Bianca selling Christmas Cakes at Horwoods Farm Market.



Edenvale Lions selling Christmas Cakes at Uncle Tim's Market in Benoni.



Edenvale Lions Charlotte, Lara and Karina giving out Toys at Edenvale Child Welfare.





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On 16 November we visited the Smart Start Educare, which is based in an extremely poor area of East London. The very generous owner charges the parents according to what they earn. We were unfortunately not allowed to photograph the little ones, but each child received their very own knitted teddy bear to take home for Christmas.

Also, on 16 November we visited the Carel du Toit Centre where deaf children learn to talk and delivered a load full of items for their new charity shop.



Delivering toys to Edenvale Hospital, Primrose Police Station and Jeppe Police Station on 16 December.

Lions Club of Gonubie



On 4 November we held our monthly charity craft market which was in aid of Greensleeves Children's Home. Not only did we raise R1 700.00 from stall holders for the home but also collected 2 trolleys full of groceries and many generous cash donations from members of the public.



The load full arrives at the centre



After offloading the shop is virtually full



The beautiful bookcase made specially for the centre by Lion Rod. We also donated a huge hamper of nutritious food which will be used for the last term before closing for the holidays.



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On 25 November we held our monthly Craft Market which we combined with promoting our Lions Christmas Cakes and participated in the District 410E Lions Awareness Campaign which generated much interest.

Lions Club of Hibberdene



Region Chairperson Vanessa with Lion Steve Coulson from the Lions Club of Hibberdene accepting 10-year badge on behalf of Lion Marie van Rensburg.

Lions Club of Hilton



We were also very privileged to have our Region Chairperson Keith and Zone Chairperson Rodney with us.



On 11 November 2023, Hilton Lions Club in partnership with St. Michael's Ambulance Service hosted a wellness check for Diabetes month. 40 people were seen by the ambulance crew.



Lion President Aletta Kolbe and Lion Secretary Jeanette le Roux recently had the privilege of attending the prestigious Gonubie Primary School prize giving evening on 27 November where our Lions Vitae Discemus annual floating trophy was awarded to Lewa who has proven to be a very talented and hard-working pupil. We also presented her with a donation of R500.00 which goes towards stationery for her first year at high school.



Much fun was had, and this partnership will continue in the future – watch this space!



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Lions Club of Kingsburgh



On 3 November 2023, DJ Sunshine entertained the people of Poinsettia Park at their Christmas Party and received a donation of R1,000 which is safely in the Projects Account.



The 2 December 2023 saw the jumble & book sale with a total of R3,141.00 raised. Well done and huge thanks to all those who were swamped by the crowds first thing this morning.



The 21 Club Christmas Party held on 22 November generated R1,430.00. DJ Sunshine received a donation from them for services rendered at their Christmas Party.



DJ Sunshine (aka Lion Tony) assisted Toti Lions by providing the music for the Jabulani Christmas Party on 19 November. The Lions Club of Kingsburgh supplied jars of popcorn for all the residents



DJ Sunshine sure gets around and was once again busy raising funds and received a donation for services rendered at the Christmas Party of PROBUS on 1 December.



Once again on 9 December, DJ Sunshine provided the music to the Jona Vaughan Christmas Party hosted by Toti Lions.



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There were 3 members who conducted Diabetes Screening on 11 November. 24 people were screened. Thankfully there were no referrals.



The Warner Beach school crossing "lollypop man" gets a Christmas box of chocolates from Lion Rene and Arthur



Lions Club of Letaba Tzaneen

Food collection got off to a very slow start on 2 December, however, customers started to "warm up" and ended add with groceries to the value of R3,000.00.



What a morning! On 25 November, we held our Diabetes Day at Checkers Lifestyle as part of the District 410E Awareness Day. We had a very successful health event. 421 people were tested including over 50 children.



The Peace Poster Project for 2023 has now concluded. Pictured here are the 3 winning entries.



Our Lion mascot stole the show and was loved by all the children. A special shout-out to our amazing nurses whose dedication made it possible to pull off a day like this. Their commitment to health and well-being truly shines!



718 Sweetie packs made up and bagged ready for distribution to various children's organisations throughout the area for Christmas.



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Lions Club of Midrand



The Lions Roar on MixFM kicked off the month of November being Diabetes Awareness Month on 1 November with a special show hosted by PCC Cliff (Lions Club of Midrand) and DG Lindie (Lions Club of Pretoria Jakaranda) with Sister Louise Pywell (a good friend of many Lions Clubs) talking about the “silent killer” and how one should take care in terms of diet, regular checks and general wellbeing.



Following the successful Vision Screening Project at Riffhouse Academy School in Ivory Park and the special Eye Clinic for them, the handover of the spectacles to the 14 Learners and 2 Educators took place on 14 & 15 November. It was so heart warming to see the faces of the Learners when they put their spectacles on and could see the whiteboard clearly.



On 8 November, the Club donated pet food to the Midrand SPCA providing approximately 770 meals for our furry friends. On this occasion we had the pleasure of meeting Gilbert, the resident Goat and Leo, the receptionist's assistance.



The Lions Club of Midrand hosted the Zone 4 Meeting on 12 November with our very own ZC Yolandi (aka Lion President) in the chair. Wonderful to have a visit from Lion Amalia from the Lions Club of Cowies Hill. ZC Yolandi even organized a cleaner prior to the start of the meeting. 😊



At our GBM of 18 November, we had a surprise visit by IPDG Sydney & MDC Marketing Sandy van Heerden to present the 2022-2023 Lion Leader of the Year Award to PCC Cliff Hocking - so very special. The meeting was filled with laughter and fellowship afterwards.



THE LIONS VOICE

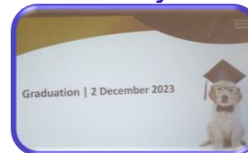
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Bright and early on the morning of Sunday 26 November, the Lions Club of Midrand team arrived at Benoni Northern Sports Club to man the cold drink stands for the Annual Toy Run. Whilst extremely hot and busy, a load of fun was had, and the payment was the toys which will go to worthy beneficiaries and make someone's day a little more special.



The 25th of November marked a very busy day in the calendar of the Lions Club of Midrand. The Monthly Eye Clinic and Diabetes Screening took place at the Community Centre.



Members of the Lions Club of Midrand attended the SA Guide Dog Graduation Ceremony on 2 December – such a wonderful and special occasion, and extremely emotional. We take our hats off to the Puppy Trainers as to part with these special fur children must be so hard.



Lions Awareness Day for District 410E saw us participating at the Nicolway Shopping Centre with the Lions Club of Pretoria Jakaranda and the Lions Club Branch of Sandton.



On 2 December, Lion President Yolandi represented the Lions Club of Midrand at the HospiceWits Tree of Light Event. The Lions Club of Midrand purchased a “virtual globe” in remembrance of those members and family members. The message “Making Every Moment Matter” is so very true. All the funds raised from this initiative ensure that HospiceWits continues to provide care and support to the thousands of patients and families who have been impacted by this life-threatening illness.



And Christmas Cake Sales at the Evergreen Lifestyle Village's Christmas Market.



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Lions Club of Port Alfred



Port Alfred Lions had yet another successful steak evening on 3 November 2023. The steak evening is combined with the Ski Boat Club and raises funds for the various projects undertaken by the Club.



On 3 November 2023 Port Alfred Business Night Bowls started. As per previous years tradition, Lions sell food at the bowls to raise funds.



The Lions of Port Alfred visited the local museum in need of funds on 28 November to ascertain what they require to keep their doors from shutting permanently.



Port Alfred Lions handed out shoeboxes to Talk Of The Town on 30 November. This organization in return bless the elderly members of our community with gifts.



Port Alfred Lions purchased items for 14 shoeboxes for Children in the area who are less fortunate, and parents don't have funds for gifts. The Club then packed the boxes and wrapped them. on 12 December. Items such as stationery, toys, clothes, toiletries, sweets, beanies and other snacks were included.



On 15 December Port Alfred Lions handed over 14 shoeboxes to Loaves and Fishes for children whose families don't have funds for Christmas Gifts. Port Alfred Lions do this annually.



Port Alfred Lions went to Old Age Homes and handed out Lions Christmas Cakes to the old folk on 16 December.



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On the same day, Lions Christmas Cakes, toys and clothes were also handed to Molly Bam, an orphanage in Alexandria

Lions Club of Ramsgate



On 3 November the Monthly Quiz evening was held – once again a great success.

Lions Club of Pretoria Jakaranda



On 25 November, the Lions Club of Pretoria Jakaranda with their Club Branch Club of Sandton and the Lions Club of Midrand got together at Nicolway Shopping Centre to create awareness and also did a food collection for the Alexandra Hospice.



A happy recipient of multi focal spectacles delivered on 5 November. In her words, “no longer need to have different sets”.



There was loads of hard work as the Lions Club of Pretoria Jakaranda did the “helmet drop off” at the Annual Toy Run, amidst loads of fun.



The 2nd Zone meeting was held in Scottburgh on 11 November, with Lion President Johann (Lions Club of Shelly Beach) as the presiding officer. The focus of the meeting was the "Why? How? What? In building strong clubs and why succession planning is vital to Club stability.

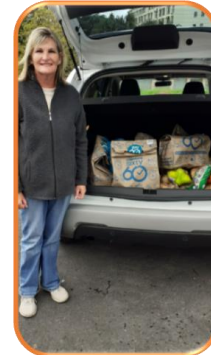


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The Diabetes Screening was held on 18 November at Hibiscus Mall, with KwaZulu Private Ambulance Paramedics doing blood pressure testing. Natalie from Hibiscus Dieticians provided valuable information to the public about Diabetic diets. And on the sideline Lions Christmas Cakes were on sale.



The food collection held on 2 December was supplemented with fresh vegetables with the cash donations received and would be distributed to the beneficiaries.

Lions Club of Scottburgh



Lions Awareness Day on 25 November – Lion. Vanessa and Lion President Warren were in attendance with pamphlets and brochures and of course the sale of Lions Christmas Cakes – 19 sold!



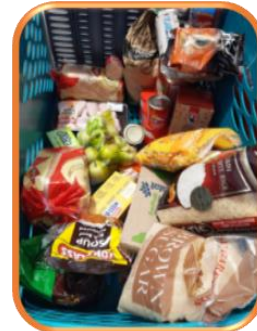
Food was delivered to Crow Rehabilitation Centre on 1 November. As an organization, they are battling now as they have not fully recovered their sponsors following Covid.



The toy collection from 4 local schools were sorted in the dark thanks to Eskom's loadshedding. After the sorting was done the members sat down to supper and fellowship. The teachers from the rural creches and other organizations working with disadvantaged children came and collected their parcels.



On 2 November, the Peace Poster Prize Giving for 4th place winner at Pennington Primary School took place.



Groceries were purchased and delivered on 14 November to a needy family in Park Rynie.



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Prize Giving at Umkomaas Primary School for the 2nd place winner of the local Peace Poster Contest was held on 15 November.



The Lions Club of Scottburgh was very visible on Lions Awareness Day at the local mall.



Seija Wicker held a fund-raising concert with Chris Coetzer on 23 November. This generated R1,750.00 for the projects account.



The Lions Club of Scottburgh donated a walker to an elderly gentleman from Crooks Cottages on 28 November. He could not afford to purchase one, but thanks to the Club, he is once again mobile.



Lions and a Friend of the Lions visited 2 creches in the area, Step and Go (23 children) and Vuhindlela (71 children). Father Christmas handed out party packs with a small gift on 22 November. A Christmas Party held on 29 November at Hope Care Creche (41 children).



The Lions Club of Scottburgh organised the donation of a 19kg gas cylinder from Scottburgh Gas & Lock to Angels Care (a facility for the destitute). This was delivered to the facility on 30 November.



Groceries were purchased on 5 December for a needy lady and delivered to her. She was overwhelmed.



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Scottburgh Lions Club went to Alexander Park Home on 6 December and held a fun quiz for the elderly residents with Lion Keith Weston as the Quiz Master.



Peace Poster Prize Giving at Scottburgh Primary School on 9 December for the 3rd Prize Winner.



On 7 December, school stationery packs and party packs were made up and delivered to six children at Angels Care who will be going to "big school" in 2024.



On 9 December, the Lions of Scottburgh held a Christmas Party for Zamani School. Father Christmas was very busy handing out party packs.



Scottburgh Lions got down and dirty and did a clean-up of the town on 9 December.



And Quiz Master Lion Keith Weston was on hand for a fun afternoon at Tudor Gardens on 13 December.



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Lions Club of Johannesburg The Wilds



After loads of planning, the day finally arrived on 17 December with the much-anticipated Mardi Gras for the Scottburgh community.



Lion President David Griffith, Lion Nothando Khoza, her sister Noma Khoza, Lion Mark Meltzer and Lion Chris Bull were at the Avril Elizabeth Annual Christmas Market on 2 December selling Lions Christmas cakes and homemade items.



What a great success and funds raised as well with the Lions Club of Scottburgh selling boerewors rolls.

Lions Club of Uitenhage



We are super excited to have inducted two new members. Lion Rudi and Lion Ellie were inducted on 10 November.

Lions Club of Port Elizabeth St. Croix



The Lions Clubs of Uitenhage & St. Croix did the Cansa walk together, creating awareness, and of course, followed by fellowship.



We had the privilege of visiting two retirement homes recently. On 18 and 19 November we visited and braiaed as well as provided salads for Meintjies Senior Home and Erna's Senior Home.



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They also all received gift bags to spoil them a little bit more and get into the Christmas spirit.



It was a huge success all due to the many months of planning and all the members who assisted.



The Big walk for cancer is held annually in the Eastern Cape Nelson Mandela area and the Lions Club of Uitenhage take part every year. This year we were blessed with rain on our walk.

Lions Club of Vryheid



The rally held by the Uitenhage Lions in Craddock was held on 1 and 2 December.



The Lions Club of Vryheid held the Clubs 50th Charter Anniversary celebration on 13 November. What a wonderful legacy.





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Vryheid Lions Clubs took part in selling their famous sweet and sour chicken at the Vryheid Paddadam Market on 2 December. This Market takes place every 2nd month, so if you are in vicinity – drop in and get some of that delicious sweet and sour chicken.



Our winning posters, art teachers, overall, Winner with Lion President Rene and winner from Roodepoort Primary School with Vice President Morwai.



Vryheid Lions Club took part in the SAVF Liggiesfees on 8 and 9 December and by popular demand were selling sweet and sour chicken and for those that prefer, awesome hamburgers.



Lions Club of Wilro Park



A bright and beautiful project. The function took place on 10 November at the Lions Club of Wilro Park.



Santa's Happy Helpers at work. Getting ready for Christmas, finishing off happy little people, packing Christmas Gift Bags and chocolates on 16 November, ready for delivery by the Lions Club of Wilro Park.



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IPDG Sydney presented an International President's Award to DC GLT for 2022-2023, Lion Delphine Ferreira at the Lions Club of Wilro Park GBM held on 18 November



Wilro Lions painting pots and planting trees on Saturday 18 November as living memories of their members who have been called to higher service. Engraved on a plaque on each pot are the following words "Softly the leaves of memories fall. Gently we gather and treasure them all....unseen, unheard, you are always near, so loved, so missed and very dear."



They expected about 25 people and approximately 250 people arrived – led by 18 motor bikes, many cars, Santa's truck & Buggy. Best tree lighting ever. This project is done annually in memory of Lion Molly and 50 angels were hung on the tree in memory of loved ones.



The Lions Club of Wilro Park had a fabulous Christmas Project on Saturday 9 December where they invited the community to help them switch on their Christmas Tree Lights at the Community Centre.



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STILL TIME TO ORDER YOUR STRENGTHEN & FLOURISH T-SHIRT



Please note that **R100 per T-Shirt** sold, will be donated to the LCIF Foundation. The deadline for orders is **Saturday 24 December 2023**. Orders will only be processed upon confirmation of receipt of payment. See Google Form for banking details etc.

https://docs.google.com/forms/d/e/1FAIpQLScW2jJh_ikVwozjxBIBLo0cTXXvP3JsxDYUK66cqp1tlsejIA/viewform

REGISTER FOR MD410 CONVENTION 2 TO 5 MAY 2023



CONVENTION COSTS
R1300

THANKS TO THE MD FOR A R250 P/P SPONSORSHIP

WHY NOT PAY IT OFF!
MIN DUE ON REGISTRATION: R400
BALANCE CAN BE PAID MONTHLY
AT ONLY R225 PER MONTH (X4)

Herewith the hyperlink to do your registration:
<http://www.lionsconvention.co.za/>

WHAT OUR DISTRICT GOVERNOR GETS UP TO ON HER "OFF DUTY" TIME:

(Captured by a roving photographer during November & December 2023)



Personal Chauffeur to Lion Willie to the airport for his departure to the USA



Team Building with her team at Bright Rock.

