



THE LIONS VOICE

The official Newsletter of District 410E



Issue 7 – January 2024

MESSAGE FROM DG LINDIE



It is important to support each other to overcome any hurdles and challenges. Please reach out to someone if you need to. We can uplift each other and bring out the best in ourselves and each other. Every task completed is a step forward in our shared success story. Let's inspire each other to reach new heights.



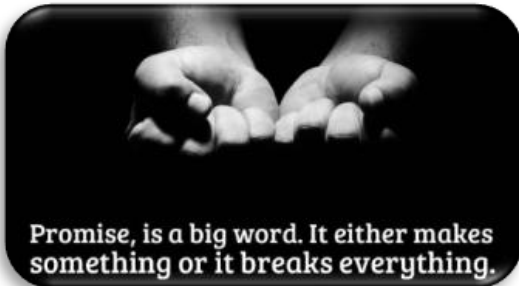
Dear District 410E Lions,



Please remember to start preparing your applications for the **District 410E Club Excellence Awards**. All entries are for the period **1 July 2023 to 31 March 2024**. Next year the award period will be 1 April 2024 – 31 March 2025. Advise the District Governor via email of your intention to enter by **31 March 2024**. Submit your applications to the District Governor and Cabinet Secretary by no later than **13 April 2024**.



I hope this message finds you excited about the next 5 months of this Lionistic year. Our District is built on the foundation of commitment, where every Lion plays a vital role in our collective success. Together we have set ambitious goals, and it's inspiring to witness the passion and effort many of you bring to the table every day.



Log onto the International website for international awards that you can apply for as Clubs and Zones. <https://www.lionsclubs.org/en/member-resource-center>



Let's continue changing the world!

Lindie

District Governor
District 410E 2023-2024

Those of you that haven't given it your all yet, you still have time to understand your role and responsibilities to your Lions Club, our District, our Multiple District and Lions International. During this last stretch of our journey for this fiscal year, let's not just talk the talk but walk the walk. **Let's be the team that not only makes promises but delivers on them consistently.**



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DG "REST & RELAXATION" & TRAVEL PART OF DECEMBER 2023 – JANUARY 2024



Whilst the Festive Season was for the most part a "quiet" time for our DG in terms of visiting Clubs and she spent much-needed time "fur babysitting" with her son, her sister, and friends and most importantly jumping off the ever-turning wheel to catch up and spend some time on herself.



However, DG Lindie was still busy with administration relevant to District 410E as unfortunately there is no escaping the non-negotiables.



On her return, she hit the ground running both at work and then co-hosting the Lions Roar on 10 January 2024, with PCC Cliff Hocking and DC LCIF Mark van Heerden.



On 24 January 2024, back to the Lions Roar where DG Lindie and PCC Cliff dived into the realm of technology for Lions Clubs, exploring innovative ways to amplify service impact.



The weekend of 26 to 28 January 2024 saw DG Lindie travelling to Valverde Eco Hotel & Conference Centre with a very full and busy schedule.



The MD410 Council Workshop (Vision 2024-2027) was held on Friday 26 January, facilitated by PCC Cliff Hocking and attended by CC Bernd Gerhard, DG 410E Lindie van Wyk, DG 410W Neville van Rensburg, CCE Bennie Smith, 1st VDG 410E Perry Chetty, 1st VDG 410W José Braga Borges, 2nd VDG 410E Avril Hobbs, 2nd VDG 410W Bevil Lakay. Serious discussion and decisions for implementation were made.



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Of course, what would a Lions Meeting be without good food, a few beverages of your choice and fellowship with loads of laughs and the celebration of 2nd VDG Avril's Birthday.



With five months to go for this year, Lions look forward to “changing the world”, “strengthening and flourishing”. DG Lindie cannot do this alone; it is therefore incumbent on each member of District Cabinet and our Clubs to commit in ensuring effective administration and impactful service. LET'S DO THIS!


LIONS CODE OF ETHICS



The morning of Saturday 27 January dawned with an early start where DG Lindie co-facilitated the DGE Workshop with PCC Jacqui Hocking.



A quick “bathroom” break and then into the MD410 Council Meeting. A robust meeting was held with firm and clear decisions made in the interests of Multiple District 410.



LIONS CODE OF ETHICS

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

TO HOLD friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

ALWAYS to bear in mind my obligations as citizen to my nation, my state and my community, and to give them my unwavering loyalty in word, act, and deed. To give them freely of my time, labor and means.

TO AID others by giving my sympathy to those in distress, my aid to weak, and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with my praise; to build up and not destroy.

As Lions we are well aware and often recite the Lions Code of Ethics at meetings and functions. But do we truly understand what we are saying?



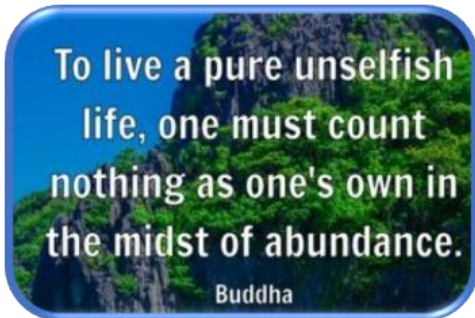
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Herewith an insightful explanation that was written by Past International President William L. Woolard (served as International President 1989-1990) for the April 1990 copy of the Lion Magazine.

“As Members of Lions Clubs, we have an obligation to do our very best in meeting the challenges of humanitarian service. **We have pledged to give unselfishly of our time and talents in meeting community and human needs,** a pledge we must honour unceasingly if we are to feel truly good about our involvement in Lionism.



In order to maintain pride in our membership and stature as community leaders, **we should evaluate regularly what it means to be a part of Lions Clubs International. This, I believe, can best be accomplished by studying periodically our Association's Code of Ethics and recommitting ourselves to the standards of excellence it represents. I have often maintained that our Code is our most important asset as Lions, for it contains the rules which should govern our lives.**

The code tells us to recognize the importance of **not sacrificing our self-respect by taking unfair advantage of others, and that building one's own business does not necessitate tearing down another's. The Code of Ethics teaches us humility and the value of friendship as an end and not a means.**

If we follow its simple directives, we will better understand the seriousness of loyalty and good citizenship and the need to give freely of our time and labour. Adhering to these standards will earn us respect in our businesses and professions and demonstrate our capabilities for leadership. Our friends' neighbours, associates, clients, customers, and fellow citizens will know beyond any doubt that Lions can be counted on for honesty, industry, and concern.

The code's seventh component relates directly to our status as service-minded people: **'To aid my fellow men by giving my sympathy to those in distress, my aid to the weak and my substance to the needy.'** This duty, indeed, identifies us as citizens of the world community, as leaders in the cause of humanity. Our commitment means we will never hesitate to do all in our power to help other individuals, whether they live in our own community or halfway around the world. It reminds us that the international programme objectives of the association demonstrate how our responsibilities as Lions extend beyond the borders of our own communities and nations. The unequalled record of service Lions Clubs have established for more than seven decades testifies to the seriousness with which Lions view the commitment to humanitarian concepts they assumed when becoming members.

Finally, **the code's eighth directive sums up quite succinctly the personal demeanour required of every individual who is a Lion: 'To be careful with my criticism and liberal with my praise; to build up and not to destroy.'** I believe the standards contained in our code are vital to the unbounded dedication of our membership and ultimately to the success Lions Clubs and the entire association experience in meeting service objectives. To further emphasise its impact, during my travels I have observed that many Clubs begin each meeting with a recitation of the code. It is a procedure every Lions Club might consider adopting, if not at each meeting, then perhaps on a monthly or regular basis. If, every Lions Club Member takes the time to study and evaluate the Code of Ethics and determines to put his or her life in conformity with it, that person will most assuredly become a more committed and enthusiastic member of the largest and most active service club organisation in the world.





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LCIF STORY

(DC LCIF, Lion Mark van Heerden)



Lions Clubs International FOUNDATION

The story of LCIF is epic filled with unlimited compassion and tireless support of Lions service. Founded in 1968, the mission of LCIF is to "empower Lions Clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding."



LCIF is effectively the engine room of Lions Clubs International. Moneys raised through donations or pledges to LCIF are used to support grants for global events such as major catastrophes, natural disasters, and emergency relief grants around the world as well as to provide various **district and clubs community impact grants** which enable clubs to service their communities on a much higher scale.

The following **community impact grants** are available:



MATCHING GRANTS

Matching grants (previously called standard grants) are large-scale humanitarian projects that address unmet needs. The project must serve a large population. Grants awarded are between US\$10,000 and US\$100,000. **Matching grants typically provide funds for capital construction and equipment.** Typical projects include mobile health units, centres for people who are disabled or blind, eye clinics, major medical equipment, nursing homes and schools in developing countries.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/matching-grants>



SIGHTFIRST GRANTS

SightFirst supports high-quality, cost-effective, equitable, and sustainable eye care projects that focus on infrastructure development, human resource training, eye care service delivery and eye health education. **The mission of the SightFirst Grant programme is to develop or improve comprehensive eye care systems to fight blindness and vision loss and to assist people who are blind and visually impaired in underserved communities.**

SightFirst Research Grants provide funds to support public health research initiatives that evaluate and directly influence the operation of the SightFirst programme.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/sightfirst-grants>



DIABETES GRANTS

The LCIF Diabetes Grant Programme can help develop community environments that inspire and support healthy lifestyles and provide education about diabetes and prediabetes. LCIF Diabetes grants can increase access to diabetes care and enhance existing diabetes centers to provide greater service to the community. **Diabetes Grants support diabetes youth camps and retreats, diabetes screening activities with comprehensive follow-up care plans, infrastructure and equipment acquisition for existing diabetes care facilities and training of professionals and community diabetes educators.** Lions Districts are eligible for grants up to US\$150,000; Lions Multiple Districts are eligible for grants up to US\$250,000.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/diabetes-grants>



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DISASTER RELIEF GRANTS

When natural disasters strike, Lions are among the first to offer help. **With a disaster grant, they can do even more for communities devastated by hurricanes, floods, fires, and other major events.** As a foundation, LCIF are proud to offer a variety of grant options to support various stages of disaster relief operations.

<https://www.lionsclubs.org/en/give-our-focus-areas/disaster-relief>

Disaster Preparedness Grant Application & Criteria



Disaster Preparedness grants are intended to support districts interested in partnering with local authorities and other community organizations to plan and prepare for future relief efforts. The objective is for Lions to identify needs and determine their role in the community long before a disaster strikes. Lions are encouraged to engage in advance planning through training and partnering with local emergency/disaster management services and other social agencies.

Disaster Preparedness Grants support Districts interested in **partnering with local authorities and other community organizations to plan and prepare for future relief efforts.** Lions' District Governors may submit proposals for Disaster Preparedness Grants. Grants are awarded for up to US\$10,000.

<https://www.lionsclubs.org/en/search-results?keys=Disaster+Preparedness+Grant>



Emergency Grants provide up to US\$10,000 for Districts impacted by a natural disaster. Lions' District Governors may apply for **Emergency Grants to help meet immediate needs such as food, water, clothing, and medical supplies.** LCIF awards nearly US\$2 million in emergency grant funding each year.

https://www.lionsclubs.org/en/search-results?keys=Emergency+Grant+Disaster+Relief&items_per_page=10



LCIF LEO SERVICE GRANT

With the support of LCIF, Leos can make a bigger impact in their communities, while being exposed to valuable leadership and life skills. Grants are available to Lions Districts and Multiple Districts in amounts from US\$1,500 to US\$5,000 to address **unmet humanitarian needs in their community.** Leos must be **directly involved in organizing and implementing the project.** Successful applications will include a robust hands-on service or volunteer component. In addition, collaboration between Lions and Leos is required for the project.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/leo-grants>

Examples:

- Leos painted, cleaned, and repaired a community centre. Working together, Leos and Lions helped repair the building. The grant supported the purchase of paint, paintbrushes, trash bags, and small repairs in the building.
- Leos built a sensory garden in a playground for people with disabilities. Lions assisted the Leos to obtain necessary permits from local authorities. Leos and Lions did all the labour to establish the garden. The grant supported the purchase of benches, plants, and paving stones.
- Leos hosted a dinner for seniors by preparing and distributing meals. Lions supported Leos with fundraising matching funds and managing logistics. Grant funds were used to purchase food, plates, and utensils.

LEO LEADERSHIP GRANT PROGRAMME

This grant provides financial assistance to a Lions Multiple District, Sub-District or Single District interested in organising a Leo leadership conference. Through this grant programme, Leos can expand their leadership skills in the areas of project management, communication, creativity and innovation, teamwork, time management and planning community service projects. Each year, Lions International awards US\$2,000 grants to 24 Lions Multiple Districts, Sub-Districts or Single Districts that are investing in training their Leos. The Leo Club Programme Department reviews applications in the order in which they are received and approves eligible grants based on the content of the application.





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HUNGER GRANT PROGRAMME

There are nearly one billion people across the world that experience food insecurity. No one can truly understand the devastating physical and emotional impact of hunger unless they experience it. Through the LCIF Hunger Grant Programme, Lions can support school based feeding programmes, food banks, feeding centres, and similar facilities that provide food to people when they need it most.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/hunger-grant>

- Projects that strengthen access to or improve transportation to and from medical appointments.
- Projects that address the educational and recreational needs of childhood cancer patients receiving treatment at a healthcare facility.
- Infrastructure to support palliative care.



CHILDHOOD CANCER GRANT PROGRAMME

Each year, more than 300,000 children are diagnosed with cancer. Improving childhood cancer survival requires supporting children and their families while they experience the unimaginable social, economic, and emotional burdens of having a child with cancer. Grants are available to Lions Districts and Multiple Districts in amounts from US\$10,000 to US\$150,000. **Projects must be implemented in coordination or collaboration with existing government or charitable childhood cancer medical facilities. The grant will not fund medical care directly.**

Project examples include but are not limited to:

- Construction, expansion, or renovation of child, teenager, and family-friendly waiting rooms in healthcare facilities.
- Construction, expansion, or renovation of rooms or houses where families can rest, sleep, or cook meals where their child is receiving treatment.

MD410 LOUIS VOLKS DISASTER RELIEF FUND

CRITERIA & APPLICATION



MD410 LOUIS VOLKS DISASTER RELIEF GRANTS

The objective of the MD410 Louis Volks Disaster Relief Fund is to provide immediate emergency relief assistance to victims of natural or man-made disasters. This is done via the Lions Clubs of Multiple District 410. This assistance is available for relief aid in the aftermath of earthquakes, hailstorms, fires, flooding, drought caused by either natural disasters or as a consequence of man-made disasters e.g. arson.

Relief funds are available to Lions Clubs in amounts not to exceed R10 000 per project and **is to be utilised for the distribution of immediate relief aid to victims of serious natural disasters where 50 or more people have been displaced or affected.**

https://lionsclubs.co.za/assets/files/louis_volks_fund_application.pdf



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JANUARY LCIF NEWS



Hello Lions, Leos and fellow humanitarians,

I continue to be impressed by the projects Lions are implementing in their communities, made possible through LCIF. As you read this month's newsletter highlighting ways Lions and LCIF are helping alleviate hunger worldwide through our service together, I hope you are inspired to continue supporting LCIF both financially and as an ambassador for our foundation. As we work together to achieve *MISSION 1.5*, and invite new members into our awesome organization, your stories of service empowered by our global foundation can inspire potential members to join us in our work to improve health and well-being, strengthen communities and support those in need across the globe.

Special thanks to everyone who participated in the 2023 Melvin Jones Photo Contest for sharing your photo and reasons for supporting the mission of LCIF. Congratulations to the winners, featured on the [Melvin Jones Photo Contest](#) page. I encourage everyone to visit *LCIF: Stories of Pride* to share your grant-funded projects with your fellow Lions and to read about humanitarian projects around the world.

Make a great day,
Brian E. Sheehan
Chairperson, Lions Clubs International Foundation
For the full Newsletter: please click on the hyperlink:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1550314&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=52b3268ccb9e44b888f040d541947e43&elqaid=33583&elqat=1>

LCIF Grant Spotlight: Hunger



Thank You Donors!

With 100% of donations benefiting grants and programs, every gift to LCIF makes a difference to someone in need. Thank you for making your contribution to the world.

JANUARY MESSAGE FROM INTERNATIONAL PRESIDENT



Dear Lion,

Every journey begins with the first step. Changing the World begins with Lions taking that bold first step together. We have the power to make the world a better place. It's an incredible responsibility, one from which everyone benefits, including us.

I encourage you to take an important step by inviting new members to join us in service. More members mean more service and more ways to serve our communities. Real change is truly possible when we all join together and work toward a better world.

So, let's give others the opportunity to change the world with us as Lions.

Yours in service,

Dr. Patti Hill
International President

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1537583&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=ba1349165ac8493b9830a795aa6057ae&elqaid=33170&elqat=1>





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LATEST EDITION OF LION MAGAZINE



FOCUS FOR FEBRUARY IS CANCER PROJECTS

(DC GST, Lion Sandy King)



The focus in February is **Cancer** and specifically for Lions: **Childhood Cancer**. The month of February is National Cancer Prevention Month. I encourage each Club in the District to get involved in at least one (Childhood) Cancer project – our Big Walk for Little Warriors is especially important.



The 4th of February is World Cancer Day.



The CANSAShavathon is on the 24th of February – please support this day if possible. Perhaps you can organize a Shavathon at your Big Walk!

To download the latest edition in Adobe Format (PDF), click on the hyperlink:
https://lionmagazine.org/wp-content/uploads/2023/08/Summer2023_LCIMagazine_web_compressed.pdf

2024-2025 PEACE POSTER COMPETITION



The 2024-2025 theme is “Peace Without Limits”

Get involved:
https://www.lionsclubs.org/en/start-our-approach/youth/peace-poster?utm_content=Peace+Poster,Social+Kit&utm_medium=Lions+Clubs+International,lionsclubs&utm_source=facebook,linkedin,twitter

How to get involved:
Through collaborations with schools and community programmes, Lions Clubs sponsor #PeacePoster Contests to give local kids the opportunity to express their thoughts on peace through art.

Place your Clubs Order:
By: 10 March 2024
With: CS Donovan Henri
Email: secretary@lions410e.org.za with a copy to DG Lindie: lindievw@brightrock.co.za



The 15th of February is International Childhood Cancer Day, and this is our opportunity to showcase one of our very important Pillars of Service: Childhood (or Paediatric) Cancer.



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The BIG WALK for Little Warriors

Date: Saturday 24 February 2024
Venue: throughout MD 410
Goal: promote Awareness of Childhood Cancer

Preamble: A walk for charity/awareness can be a win-win for everyone. Participants enjoy a day of exercise while supporting their community. Lions and any partner organisations get to connect with people who might otherwise not know about their mission but love being active. It can also expand your reach and strengthen relationships with existing supporters.

Objective: to create Awareness and garner support for Childhood Cancer, and the role Lions of Multiple District 410 play in so doing; either as an organisation or in partnership with other childhood cancer support groups.

Organisational Steps:

1. Advise Clubs of date. (sent Save the Date).
2. Decide clubs/zones/geographical proximity as organisers.
3. Secure a Venue: Private: get permissions from venue. Public: get relevant permits from the municipality you are in.
4. Decide on length of walk: suggest 5km, but can do shorter distance for less energetic.
5. Start Time involved will depend on venue, but suggest early as it is not too hot. Length of event 2-4 hours.
6. Decide on & invite support partners or any specific project you wish to support eg any palliative care/ hospice/oncology wards * list of palliative / hospices attached
6. Set a cost, if anything to participate. *Remember venue might require payment.
7. How and who will benefit from monies raised.
8. Start marketing event. (see information below)
9. Decide benefits other than childhood cancer eg exercise, community awareness of childhood cancer and Lions and the promotion of other organisations involved eg CHOC.
10. On registration, entrants will need to sign indemnity regardless of free or paying. * see eg attached
11. Acquire sponsors for water, healthy snacks/ fruit for after walk.
12. Ensure safety of organisers and participants at all times. Engage local community security groups or companies to assist.

Branding:
Put up Lions gazebos, banners and posters on the day.
Same for any partners
Appearance of Melvin Mascott
Wear Lions apparel: yellow Tees, club shirts or work jackets.

Marketing:
Posters at venue, libraries, schools, sports clubs, running clubs
Share on all Social media.
Have Brochures about Lions, in particular any Childhood cancer projects and any participating partners available.
Invite a celebrity to start walk and participate.
Involve the local community newspapers.

Equipment Required:
Start/Finish lines well demarcated.
Paramedic or ambulance team in case of emergencies.
Maps of route or arrows along the way.
Cones or tape to demarcate route
Watering table along route and at finish line.
Water bottles, although participants should be encouraged to bring their own in the interest of the environment.

Volunteers Required:
Lions manning a registration table.
Marshalls along the route.
Tailwalkers to ensure everyone finishes safely.

Refreshments - if permitted at venue:
Can get vendors eg cooldrinks, fruit, coffee, street food (burgers, pancakes, boere rolls)
Suggest participants bring a picnic if the venue is suitable.

Entertainment for duration of walk or after while everyone finishes. Adds to the vibe e.g. DJ or Zumba class or similar.

Palliative Care and Hospices: research where closest to you and who you would prefer to support.
South Africa: eSwatini: Nothing found.
<https://sacoo.org.za/find-a-palliative-care-centre/>
<https://lccpn.org/map-of-services/>

DG Lindie has requested that we focus our efforts in this regard, on the 24th February in the form of our Big Walk for Little Warriors which we hope will become an annual event to raise awareness for Lions and Childhood Cancer throughout Multiple District 410. I am very pleased to hear that many Clubs already have their plans in place for this exciting event.

For those Clubs who aren't sure how to go about it, the idea is to organize a walk in your area to raise awareness for Childhood Cancer. This could be combined with other Clubs in your Zone or Region. It can be purely awareness, or it can be a fundraiser where the beneficiary is a cancer facility or organization of your choice. The more public the venue is, the better. Please advertise, post, and share on social media as much as you can.

A detailed document to organize your project and created by 2nd VDG Avril along with a suggested registration form is shown. **NB.** These documents are **guidelines/suggestions only** – it is up to the Club/Zone/Region how you do the Big Walk to best suit your situation/event. **Please contact me if you want the documents in order to modify to suit your Club Email: sandy.king4@gmail.com**



LIONS BIG WALK for little Warriors

Registration form

Thank you for choosing to take part in the Lions Multiple District 410 Walk to raise Awareness of Childhood Cancer

Thank you for taking part in the Lions Walk to place on

Saturday 24 February 2024 (registration will open at **TIME**).
The 5km walk will take place at **NAME OF VENUE/**

Please complete the following details and return along with your registration fee of **stipulate amount**

About you

First name: Last name:
Mobile no: Email:

Do you have a personal connection with Lions or our charity or some other reason to support us?
.....

Are you happy for us to share your story? YES/NO
Do you have any health problems we should be aware of? YES/NO
If yes, please specify:

Emergency contact name: contact number:

Disclaimer

I, will follow all safety guidelines on the day and participate in the sponsored walk at my own risk.
If under 18: I, parent/guardian give permission for to participate in the sponsored walk and have arranged adult supervision for my child.

Signed: Date:

Payment details

Registration is just **ENTER YOUR AMOUNT** per person.
This helps towards the cost of your entry into the event



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The Early Warning Signs of Childhood Cancer

SEEK MEDICAL ASSISTANCE FOR ANY UNEXPLAINED ONGOING SYMPTOMS

- Aching**
- fractures, painful bones and joints
- Lump**
- any lump found on the body, head, legs and arms
- Eye**
- any change in the appearance of the eye including a white spot, bulging or squintness
- Unexplained**
fever, loss of weight, tiredness, pallor, bruising or bleeding
- Neurological**
- any change in walking or speech. Headaches and vomiting.

CANSA Help Desk: 0800 22 66 22 (toll free)



The 17th of February is Random Acts of Kindness Day, so please use your creativity in making a difference in someone else's life – be it in a big or small way, individually or as a club.

Once again, I'd like to thank you all for the wonderful service I know you're doing. Please **don't forget to report on MyLion** – we want the world to see what we do.

Herewith our flyer on **The Early Warning Signs of Childhood Cancer** again. Please contact me if you require the flyer in Afrikaans and we'll soon have it in Xhosa as well! It would be a good idea to print some copies and distribute them at your Big Walk.

Some other Childhood Cancer project ideas:

- 👤 Provide craft materials, puzzles, books & games to children receiving treatment.
- 👤 Prepare meals for families with children undergoing treatment.
- 👤 Write cards full of well-wishes and share them with a local cancer centre.
- 👤 Make or buy new hats, caps, head scarves and blankets to donate to children's cancer centres.
- 👤 Coordinate travel arrangements to and from treatments for a family of a child with cancer.
- 👤 Provide tutoring services to children with cancer and their siblings.
- 👤 Volunteer to assist a family in sharing their story through photography.
- 👤 Sponsor an activity day for children with cancer.
- 👤 Raise awareness through radio public service announcements or social media campaigns.
- 👤 Provide children's entertainment at a hospital or treatment centre for children with cancer.
- 👤 Remodel a children's cancer centre.
- 👤 Volunteer at a housing facility serving children with cancer.
- 👤 Host a wellness and nutrition day advocating healthy living habits for young people.



Let's Lionise our communities and enjoy serving!

WHY JOIN OUR LIONS ORGANISATION?

Why join our Organization?

- BUILD YOUR NETWORK
- MAKE A DIFFERENCE
- SERVE WITH PRIDE
- RECEIVE GLOBAL SUPPORT
- SHOW YOUR LEADERSHIP
- DEVELOP NEW FRIENDSHIPS
- GAIN LION CREDIBILITY

LIONS INTERNATIONAL

PRESIDENT
SECRETARY



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NEW MEMBERS for JANUARY 2024

(As per the January WMMRs)



LION CORRIE SMIT
Sponsor: Lion Vanessa Richardson
Lions Club of Ramsgate

LION BELINDA SNYMAN
Sponsor: Lion Jennifer Henry
Lions Club of Ramsgate

LION GERT SNYMAN
Sponsor: Lion Warren Theron
Lions Club of Ramsgate

LION VERUSHKA DIAMON
Sponsor: Lion Marc du Plooy
Lions Club of Alberton

LION ELSA MYNHARDT
Sponsor: Lion Penny Enslin
Lions Club of Alberton

LION PETER JOHN BOSMAN
Sponsor: Lion Grant Hobbs
Lions Club of North Durban

LION ROWENA BOSMAN
Sponsor: Lion Grant Hobbs
Lions Club of North Durban

LION SHEILA RICE
Sponsor: Lion Beryl Wright
Lions Club of North Durban

LION JEANETTE MATHEWS
Sponsor: Lion Brian Porteous
Lions Club of Hibberdene

LION MNINAWA DONALD NONOSE
Sponsor: Lion ?
Lions Club of Johannesburg The Wilds

LION PETER LANCASHIRE
Sponsor: Lion Vanessa Richardson
Lions Club of Ramsgate



DISTRICT 410E CLUBS "WE SERVE" JANUARY 2024

(Unfortunately only 9 Clubs submitted their activities for January, which doesn't even begin to showcase District 410E's Service Stories)

Lions Club of Johannesburg The Wilds



Lions serve wherever they may be in the world - Lion Mark Meltzer whilst on holiday in Sydney assisted the Bondi Lions Club to sell Lions Christmas cakes on two Saturday mornings. Sales were brisk and the local public continuously support Lions Clubs projects.



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Lions Club of Scottburgh



In celebration of Melvin Jones Birthday on 13 January, members of the Lions Club of Scottburgh spoil the residents of Crooks Cottages by gifting them with biscuits to enjoy.



On 14 January, with January being Hunger month, the Lions Club of Scottburgh took bacon and rolls to the children of District 49, which is a place of safety. Some were also given to Crooks Cottages.



Lions were hard at work selling bacon and egg rolls at the Scottburgh Half Marathon on 14 January.



One of the many people who received eggs from Scottburgh Lions for hunger month – deliveries took place on 23 January.



Much needed groceries were delivered to a needy person near Scottburgh. The gentleman was more than happy for a photo to be taken.





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Lions Club of Ramsgate



Diabetes screening at Hibiscus Mall on 20th of January. 224 screening were done with Lancet Laboratory Margate providing the health awareness pamphlets and marketing materials.



A celebration for the newest Club members (Belinda & Gert Snyman, Corrie Smith and Peter Lancashire) on their induction on Saturday 20th of January. Pictured here (left to right) Lion Peter, RC Lion Vanessa (Sponsor), Lion Corrie, LP Warren (Sponsor), Lion Gert, Lion Belinda, Lion Jenny (Sponsor).

Lions Club of Midrand



Lion President Yolandi donated blood to the South African Blood Bank, which is running critically short, on Saturday 6 January 2024. By doing so she has saved 3 people's lives. What a way to kick off 2024!



A fun Saturday morning on 13 January 2024 with a team of Lions sorting and pricing all the various clothing items for our scheduled Thrift Sale. Over 500 items were sorted and individually priced.



We also celebrated the members whose birthdays were in January including that of Melvin Jones (the founder of our organization) with champagne and loads of snacks giving us sustenance to tackle this task.



Lots of chatting and laughter was shared with our own private fashion show by one of our members!

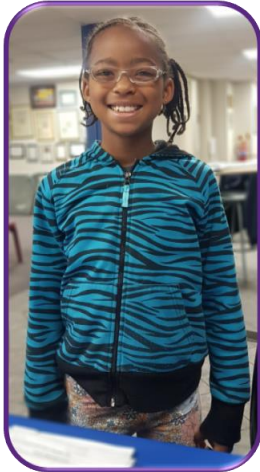


Making a difference in the heart of Midrand! The Lions Club of Midrand proudly donated toys to Angels & Us Day Care Centre, Klipfontein on Friday 19 January. With 178 little hearts aged 3 months to 6 years, this multiracial centre has been nurturing young minds for 11 years. No child is turned away, ensuring a bright future for all.



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The Monthly Eye Clinic of the Lions Club of Midrand was held on Saturday 20 January 2024. A relatively quiet one as January is a very long month for many who have school going children and working to stringent budgets following the Festive Season.



The Lions Club of Midrand in partnership with ACS Promotions, donated 394 x 1 litre bottles of surface sanitiser spray and 30 x 25 litre bottles of scented sanitiser to the Midrand SPCA on 20 January, for use in their operating theatre and kennels. The total value is R31,152.00.

Lions Club of Klerksdorp

Welcome to the Lions Club of Buda, Texas

We Serve

Join Us! Monday, January 21st
Time: 7pm
Place: 410 Barton Xing (Buda)

Guest visiting from South Africa - Patricia and Willie Van W.



The Lions Club of Klerksdorp travelled to a neighbouring town on 12 January and donated school stationary items for Grade R to Grade 11 to 12 of the learners from the Viljoenskroon Orphanage. Whilst Viljoenskroon is not in our Province some of the Viljoenskroon businesses often sponsor some of our fundraisers. We have also on occasion assisted this Orphanage by having some of the young learners eyes tested. Service knows no boundaries.

On the photo, L-R is; The Housemother, Clautilda, Lion Marie Wilken, Mr. Coenie Viljoen, Lion President Riaan Wilken, Lion Riana Papé, and front row Lion Mina van Biljon and Lion Shane Papé.





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Lions Club of East Coast



Our Happy Feet School Shoe Drive was in full swing in January. Together, the Lions have taken steps toward creating a positive change in the lives of learners in needy communities.



The smiles on the faces of the children are testimony to the impact that they have made.



Our Lions distributed sandwiches, chips and cool drinks at Addington Creche and Saint Giles on the 25 January.

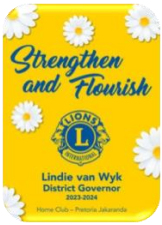


Our members were able to bring many smiles to the children in the community of Tongaat. We distributed toys and clothing on the 16 January



The East Coast Lions were given the opportunity to present their winning peace poster participant with an award. They took this opportunity to educate the children on Lions.





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Lions Club of Cowies Hill



Cowies Hill Lions donated R5,000.00 to the Lions Club of Ladysmith to assist with flood relief efforts. The Ladysmith Lions Club handed out food parcels that they purchased with the donation.

On the 9th of January Lion Elaine de Jager of Pinetown Methodist Church handing over a box of knitted mittens and beanies from the Methodist Church ladies in Dunderum Ireland to Dr. Leanora Jackson of Seafarer's Mission.



One of the fund-raising projects run by the Lions of Cowies Hill is the sale of hand-crafted dolls clothes. These funds are ring fenced for use for projects assisting children. Following a meeting, it was agreed that one of the projects would be to assist "period poverty". The beneficiary organisation was identified as Subz which was started in 2010 when Sue Barnes answered the call for a more sustainable option to help girls with sanitary wear each month. The Subz product is a patented design where the washable, reusable sanitary pad clips directly onto a 100% cotton panty. The Subz products can last a girl from 3 – 5 years. In addition to providing a longer-term product for menstrual hygiene, the pads are eco-friendly, washable and reusable. The initial donation earlier in January of R5,500.00 will provide half the girls at Siyajabula Orphanage with this product.

25 Knitted teddies were made ready on the 16th of January to go to their new home at Albert Luthuli Hospital Pediatric Oncology Ward. The Club handed out 60 teddies since July 2023. They say a huge thank you to all their "knitters" for helping them to make the lives of children a little more special.

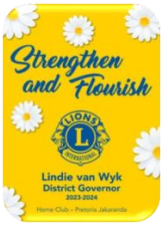


Lion Peter Hyde donated blood at Hillcrest Blood Donation Centre on the 16th of January, thereby potentially saving 3 x lives.



Subz also gives education on puberty, menstruation and female health. On 26 January they donated an additional amount of R1,500.00.





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On the 24th of January Cowies Hill Lions started their weekly visits to Albert Luthuli Hospital Pediatric Oncology Ward. There were 13 children and thanks to Lions Sally and Margie for spending the morning with these little warriors.

On 31st of January Lions Sally, Pat, Margie and Tony and student Trish entertained 16 Little warriors at Albert Luthuli Hospital Pediatric oncology ward. Most of them we confined to their beds.



A food collection was held on 27 January at Westville Superspar and 5 trolleys were filled. The recipients are Baby Hope House, Philakade Care Home, and Pinetown Street Ministry.

Lions Club of Benoni



Families that received items from Pinetown Street Ministry.



An Eye Screening was held at Tiger Brands Wellness Day with 67 people tested and a number of referrals to Lions BrightSight.





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Lions Club of Alberton



New Years Day - The Alberton Lions Mommy Care Bag Team, Lion Wendy, Darchelle and Shané for packed and delivered care bags to the new moms at the South Rand Hospital. The team received praise from the CEO at the hospital as they were coming into the building. He thanked the Lions for what they do. They also gave the mommy who had the first baby on the 1st of January, a boy a very special bag. What a great way to start the new year with service.



The 3rd of January saw Lion Beauty donating blood – saving lives.



Thank you to the Lions Club of Alberton for packing and delivering 25 Mommy Care Bags to the Moms on the 8th of January at the South Rand Hospital as well as on 22nd January with 22 Mommy Care Bags and 2 bags especially for the Premmie Section.



Alberton Lions Darchelle, Nisha, Sandra, Gillian, and friend of the Lions Glenn assisted Fish and Bread at the street feeding project.



On the 11th of January, the Lions Club of Alberton assisted LOTS at the Amcare kitchen preparing the meal for that night's feeding scheme project. The team was once again there on 25th of January, 200 meals going to those less fortunate on each occasion.



On the 13th of January, Alberton Lions Courtney, Adele, and Lorraine for prepared a delicious lunch kicking off the new year for the children at the nursery school in Alberton North. The team was back at the school on the 19th of January serving a delicious meal of savoury mince, mashed potatoes, bananas, and a cold drink. In partnership on the 25th of January with Fyreworx who provided the meal of "vetkoek", cheese, viennas, hot chips, bananas, custard buns, crisps and a cold drink. A wonderful chicken loaf was provided to the teachers on the day. On all three occasions, full tummies, happy smiles, and food not only for a healthy body but enabling them to develop to their full potential.





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Randhart 22 January. The mattresses will be going to one of our beneficiary nursery schools in South Hills.



Induction of 2 new members into Alberton Lions Club at the first GBM of the calendar year held on the 16th of January. We welcome them both into our team.



The Lions Club of Alberton bought and delivered fruit and vegetables to the nursery school in South Hills on 25th of January - Healthy eating and growing children.



A huge thank you to the members of the Lions Club of Alberton who donated food at the GBM for Hunger Alleviation Month. Lion Cindy dropped off the donation at Luvies Nursery School along with some other goodies including lots of stickers and shoes on the 19th of January.



Alberton Lions Adele and Cindy had a lovely morning at Donald Gordon on the 24th of January. The nursing staff absolutely loved the new addition of the teddy bears and clowns as well as the worry worms. They also added the suggested extra sweet (a small chocolate) and they said the kids would really enjoy that! They handed over some donated children's books to be used when they are there for extended daily treatment. Unfortunately (or fortunately) there weren't any children there for treatment on the day. They did, however, see a toddler "sweeping" the floor and an older boy "driving" in the outdoor area.



Grateful for a wonderful donation of mattresses received from Randhart Rep & Roer Kleuterskool in



A very special knitting group of ladies got together to hand over all the beautiful knitted and crocheted goodies they had made for the Mommy Care Bag project to Alberton Lions Club on 26 January. Each item is made with such love and care, a big thank you to Lion Penny



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and her awesome team for all their support and commitment.

REMINDER: NON-NEGOTIABLES BY 25TH OF EACH MONTH!

- SUBMISSION OF ONLINE WMMRs
- UPLOADING OF ONLINE ACTIVITY REPORTS (SERVICE)

This is a request from DG Lindie, Region Chairpersons and Zone Chairpersons who are spending countless hours and expending unnecessary energy on continuously following up with some of our Clubs, which becomes rather tedious.

We all know what to do and if you don't, ask your Zone Chairperson for assistance.



MD410 UBUNTU CONVENTION



February 2024

Celebrating 60 Years of Service Excellence:
The Multiple District's 60th Convention in 2024
 This year marks a remarkable milestone for the Multiple District as we gear up to celebrate our 60th Convention in 2024. Reflecting on six decades of unwavering dedication, this event stands as a testament to our enduring commitment to service in towns and cities throughout Southern Africa. Join us in commemorating this extraordinary achievement, as we continue to build on our legacy of making a difference.

60 ANNIVERSARY YEARS

146
 REGISTRATIONS TO DATE
 W-100 E-34 Other-12

REGISTRATION CLOSING DATE: 31 MARCH 2024

Quad Adventures 072 303 9011	WildFly Paragliding 083 393 3938	Timberlake Village 082 811 1195	Old Toll House 083 772 8252
Victoria Bay Beach 044 801 9295	Wonki Ware 044 884 1885	Birds of Prey Rehab 0824907510	Map of Africa 0448770045

ENTERTAINMENT BY **RHINO & THE RASTA AMORE**

Wilderness Hydro
+27 44 877 1299

WWW.LIONSCONVENTION.CO.ZA

THURSDAY 2 MAY - SUNDAY 5 MAY 2024

Get your registrations in, R1,300.00 per person excluding accommodation with registrations closing on 30 March 2024.

Herewith the hyperlink to the MD410 Convention Website which contains all the necessary information as well allowing you to do your registration online.

<https://lionsconvention.co.za/>

DEADLINE FOR INPUT FOR ISSUE 8 OF THE LIONS VOICE

Please submit your stories and pictures by 26 February to jacquihocking55@gmail.com

There are so many wonderful projects that we would love to share.