



THE LIONS VOICE

The official Newsletter of District 410E



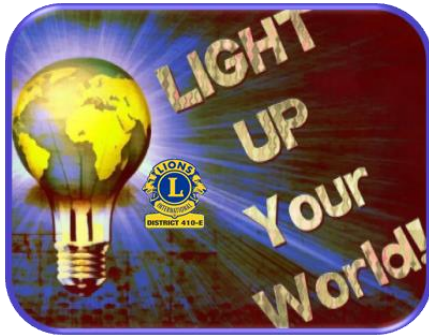
Issue 8 – February 2024

MESSAGE FROM DG LINDIE



Happy greetings District 410E Lions,

Let's make today amazing—your energy has the power to light up the world.



We are serving a world in need together. This was so true on 24 February, when Lions across the Multiple District, united and did the “Big Walk for Little Warriors”. Reading all the Facebook posts, WhatsApp messages and listening to the interviews in preparation for this event, did not prepare me for the phenomenal success of every event and particularly in our District 410E. Thank you all so much for participating in this initiative. I know that it was a lot of fun for Lions and friends alike. Please save the date around the same time next year. We'll confirm it with you in the next month or so, and we hope to make this an annual event. This is such a great opportunity to support one of our global causes. Well done District 410E Lions!



We have one third left of this Lionistic year and I would like to celebrate our service so far this year.

Remember, we track our performance on MyLion and based on the service activity reporting, we can pull the following information. Please make sure you report all your activities.

The following graphs highlight and celebrate the top five Clubs per service pillar based on number of service activities.



DIABETES ↓		ENVIRONMENT ↓	
NELSPRUIT	12	CENTURION LIFESTYLE	26
SCOTTBURGH	10	DURBAN SOUTH DURBAN	12
VEREENIGING	7	BENONI LAKES	10
KINGSBURGH	6	SCOTTBURGH	10
MIDRAND	4	ALBERTON	9

VISION ↓		HUNGER RELIEF ↓	
KLERKSDORP	28	ALBERTON	85
VEREENIGING	22	VEREENIGING	41
KINGSBURGH	21	DURBAN NORTH DURBAN	38
ALBERTON	15	BENONI	34
ROODEPOORT WILRO PARK LC	12	JOHANNESBURG THE WILDS	30

CHILDHOOD CANCER ↓	
COWIES HILL	24
EAST LONDON PORT REX	12
ALBERTON	11
DURBAN EAST COAST	5
VEREENIGING	5

.....and well done to the following six Clubs on top of the list of most service activities recorded so far for 2023-2024.

ALBERTON	206
COWIES HILL	174
VEREENIGING	142
PRETORIA SOUTH	139
BENONI	112
KINGSBURGH	112

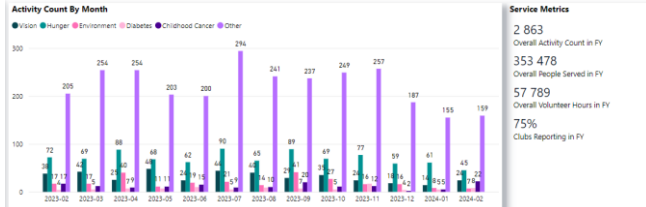


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The graph below shows our overall activity with only 75% of clubs reporting their activities. Imagine how this will look when we get to 100% activity reporting in the District!



Membership and succession planning

The most important people in Lions International are our members and it is so important to support and strengthen our members. Congratulations and thank you to those Lions who applied and were accepted to attend the RLLI in Wilderness. You are going to have an unforgettable experience.

Our focus for the past few years and most definitely this year, was to strengthen District 410E. Thank you to every Lion who has embraced the theme for the year by getting to know yourself and your worth and thereby strengthening yourself, contributing positively to your Lions Club and thereby strengthening your Club.



Please ensure that your **Incoming Club Presidents** attend the **in-person Presidents' Weekend this year (24-26 May 2024)**. It is important to collaborate and to get the latest information from LCI, our new International President and understand the role that you can play in supporting and strengthening Lions International through your Club's contribution and influence in District 410E. **Promote and get the relevant members to attend the Incoming Club Officer Workshops.**

I'm looking forward to seeing as many of you as possible at the MD410 Ubuntu Convention in The Wilderness. Register now if you haven't done so yet!

Keep shining Lions and keep changing the world!



Lindie

District Governor
District 410E 2023-2024

Succession Planning Checklist to Grow Our Clubs

(PCC Cliff Hocking-DC Long Range Planning)



Outline the standard qualifications our leaders need.



Identify and designate an understudy for every leadership role.



Identify the skills most important to succeed in the Club Officer and leadership roles.



Create training modules to cover those leadership skills.



Create a recruitment plan to replace promoted members.



Create introductory training for new members joining our Clubs.



Align succession planning with our membership growth and development, leadership, and mentorship strategies.



Obtain input from Club members on ideal succession planning.



Formalize the succession plan in a single document.



Share the succession planning document with members.



Periodically evaluate the succession plan to adjust and improve as required.

It's a complex process, but once implemented, will be well worth the effort.



With a successful succession plan in place, we'll be well-prepared to get the organisation running smoothly even in the event of unexpected departures by Club members.



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Characteristics of an Effective Board of Directors

(Here is some food for thought – Board Member Behaviour)



The first pillar that is pivotal in a Lions Club Board of Directors – it is very difficult to take “bad behaviour” at board level and make it “good behaviour” without the individual Board Members committing to it themselves. Ultimately, it always boils down to the people. So, what does “good behaviour” at board level look like? It essentially incorporates and displays the following characteristics:



Respect: While debate remains robust and opinions divergent, they are supported by a bedrock of trust that keeps the issues and the people involved separate i.e. issues are not used to engage an attack on team members. This is underpinned by respect which, over time, leads to deepened trust.



Open communication: Resolving strategic and significant issues effectively requires intense and stimulating communication, where communication flow is managed to ensure that it is productive. This starts with openness and dialogue, proceeds to discussion and analysis, and ends in debate out of which decisions flow. The work of the board is the “work of the head” (the work of thinking) which is made complex in a group. Essentially, board members are there to be heard, to think and to decide – they need to be both opinionated and persuadable. If they are not opinionated, they will not be heard and if they are not persuadable, they will not be open to thinking together.



Confidentiality: How disclosed information is discussed, debated, and decided upon at board level is a great indicator of board behaviour. It also extends to how board members handle the information about process and people.

Whilst Club Board discussions may be kept confidential, if issues of process and personality are spoken about in the wrong manner, confidence in the board and its members can be eroded.



Managing conflict: A primary purpose of governance is to help Clubs with this area which is addressed more directly through the Lions Code of Ethics and Purposes. It is important to note that “there is no evil in conflict, the only evil is in hiding it”.



Undisclosed narratives and motives can lead to several negative symptoms and lack of trust.



Time Constraints: Given the time constraints of a board – with board members on average spending only 2 – 3 hours together monthly – it is essential that this time is invested wisely. Proper agenda creation and management supports to keep the focus on the important aspects, considering the gravitas or weight of each matter, and therefore spending the required time on each.



Consensus: Board members must avoid acting like a group of individuals and rather aim to work like a well-oiled team playing the same game according to the same set of rules and aiming to do whatever it takes in the interests of the Club.

Lions Clubs Code of Ethics

1. To Show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
 2. To Seek success and to demand all fair remuneration or profit as my just due. To accept no profit or success at the price of my own self-respect or the honor of my club.
 3. To be true to my word. To be honest and true to myself, my club, my country, and my fellow Lions.
 4. When necessary to fear, to be brave. To be firm in my opinion or action.
 5. To be loyal to my club and to my fellow Lions. To be true to my word and to my duty. To be true to my club and to my fellow Lions.
 6. To be fair to all. To be just to all. To be kind to all. To be helpful to all. To be generous to all. To be accepting service in the spirit in which it is given.
 7. To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
 8. To Be Careful with my criticism and liberal with my praise: to build up and not tear down.
- Ethics is knowing the difference between what you have a right to do and what is right to do.**
- Potter Stewart



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What was the DG up to in February 2024



This month was a month of District administration catch-up, preparation for the 3rd Cabinet Meeting, as well as sorting out various challenges and attending to the demands of her “paid” job. So, most of her time was spent behind her desk/computer.



On route to Estcourt on 9 February 2024, she attended a BrightRock MS Teams Meeting from the comfort of her car.



DG Lindie attended the Zone 7 Fellowship Weekend hosted by the Lions Club of Estcourt on 9 – 11 February 2024. A wonderful weekend of sharing ideas, challenges, and solutions with all Clubs in attendance either in-person and also via Zoom for the business part. She was accompanied by FVDG Perry Chetty and SVDG Avril Hobbs. Well done to ZC Chris and a thank you to the Clubs of Zone 7 who actively committed to Mission 1.5.



Then off to co-host the Lions Roar MixFM bi-weekly show on 7 February 2024 with PCC Cliff Hocking where they promoted the Big Walk for Little Warriors a Multiple District 410 initiative on 24 February.



On 17 February 2024, she attended the GBM of the Lions Club of Pretoria Jakaranda as an active member and not in her capacity as District Governor.



DG Lindie chaired a very productive and decisive 3rd Cabinet Meeting hosted by the Lions Club of Wilro Park on 18 February 2024.



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Caring for our environment is one of the most important issues that we're facing, so let's all work to ensure the health of our planet and of our communities so we can look forward to a brighter tomorrow.

**Yours in service,
Dr. Patti Hill
International President**

To read the entire International Presidents Newsletter, click on the below hyperlink:
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1565013&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=4836234a16b44a3bb3adc507b9e8228b&elqaid=33855&elqat=1>

LATEST EDITION OF LION MAGAZINE SPECIAL EDITION 1.5

Then back to the Lions Roar MixFM show on 21 February where they interviewed Taryn Seegers of CHOC talking about Childhood Cancer and the work that CHOC does as well as the partnership between Lions and themselves.

FEBRUARY MESSAGE FROM INTERNATIONAL PRESIDENT Protecting the One World that We Share



To read the publication, herewith the hyperlink to download it.
https://lionmagazine.org/wp-content/uploads/2024/02/Winter2024_LCIMagazine_00d_ForWeb_JL5.pdf



Dear Lions,
This incredible planet is our home and taking care of this earth starts with each of us. **As we celebrate Earth Day on April 22**, I encourage you to inspire others to join you in an environmental service project, such as planting trees, reducing waste, or cleaning up a beach.

There are so many ways that you and your Club can make a real impact on our planet, and we have great resources on our website that can help you get started.





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Lions and the Environment

(DG Lindie van Wyk)

12M Hectares of forest destroyed each year*	6-7M Number of premature deaths annually caused by air pollution*
1/3 Amount of generated waste that is not safely managed**	17M Metric tons of plastic entered the ocean in 2021. Projected to double or triple by 2040.†



ENVIRONMENTAL CLEANUP AND RESTORATION

Protect nature and habitats by cleaning debris and shielding pollutants from harming ecosystems, marine life, and the community.

Lions worldwide and in District 410E, embrace our Environmental Global Cause. Our environment is our home and just like we look after our brick-and-mortar homes, we have to look after our environment. We need to be aware of the damage being done and work toward reducing and eradicating the degradation of our environment.



RECYCLING AND WASTE MANAGEMENT

Conserve resources and reduce waste to minimise adverse impacts on sustainability.

Lions International support the United Nations's sustainable Development goals in the following ways:

TREE PLANTING AND TREE CARE

Improve your community through the planting of locally appropriate tree seedlings or saplings, contributing to cleaner air and a healthier environment.



40 410 LIONS AWARENESS CAMPAIGN
HAPPY EARTH

Running on April 2023 & commencing at the 10th Day of Opportunity Commencement in Durban

During April 2023, hundreds of Lions Clubs have dedicated and hard working Lions can be on deck to let the general public know more about what Lions get up to in the world of the world. Our passion environment will be the focus of the month's activities and we will be encouraging people to learn more about what we can do and how we can make the world a better place for all of us at all times. The campaign will centre around the following three issues and will be supported by a social media campaign targeting Lions as well as the public.

HERE ARE SOME SUGGESTIONS TO GET YOUR CLUB INVOLVED:

- 1 Environmental Gardens**
 - 1. Organise an awareness activity within your community by performing a high-visibility and impactful environmental service project or promoting a particular environmental issue.
- 2 Reduce, Recycle, Reuse**
 - 2. Get permission to set up an information stall outside your local supermarket or shopping centre or green space with high-foot traffic.
 - 3. Use your Lions Awareness Day location to the max and advertise on social media few weeks prior to the event.
 - 4. Set up a stall with your bin bags, gloves and binners and get your members to put their best foot forward in your limited club gear.
 - 5. Provide a free space/stand to allow in the streets.
 - 6. Invite members of the community to see and learn about one of your recent community projects or to attend an upcoming project.
- 3 Environmental Clean ups**
 - 7. Don't forget to take along plenty of Lions promotional materials to hand out (include contact details).
 - 8. Take lots of photos with the general public and upload to your social media pages, tag and create a buzz with a clear awareness message.
 - 9. You can use the following hashtags: #HappyEarth, #LionsAwareness, #LionsCommunity, #LionsService, #LionsInternational.

Please contact D.C. Marketing Team or members if you have any queries at sandu@lionsof410e.com or call 031-955-1030



ENVIRONMENTAL AWARENESS, EDUCATION, AND ADVOCACY

Raise awareness of the importance of protecting the environment, educate your community members, and create positive change.



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District 410E Environmental Photo Competition

(DC Environment PDG Peggy du Plooy)



So far this year we in District 410E have completed 150 Environment service activities, which has served 41,341 people and we have spent 4,860 hours doing so. We are actively helping to support the UN sustainable development goals.



A reminder to Clubs to send your entries to PDG Peggy du Plooy via email: peggy@dubar.co.za by no later than 8 April 2024.

- To refresh your memories, herewith the categories and each Lion or LEO is entitled to one entry per category.

AL: Animal Life
 BL: Bird Life
 ES: Endangered Species
 L: Landscape
 PL: Plant Life
 WP: Weather Phenomenon

- Although your photographs will be submitted electronically they must please be of a quality that can be printed on high-quality photo paper and measure 20.3 x 25.4cm. The photo size may not be greater than 5MB.
- Photos that include people will be disqualified.
- Each entry must be marked as per below example
 AL – Your Name – Krugersdorp LC



DC Alna Jackson, who passed away at the beginning of February, was committed to contributing to a cleaner and greener environment. She served as District Chairperson Environment for several years and she will be dearly missed. Watch over us dear Alna – when we do an Environmental project, you will always be in our thoughts and hearts.



Have a Fellowship Celebration on Saturday 23 March 2024 to celebrate EARTH HOUR





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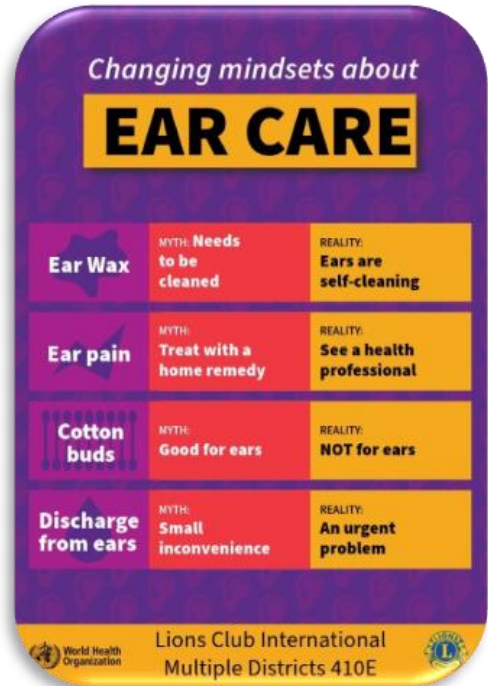
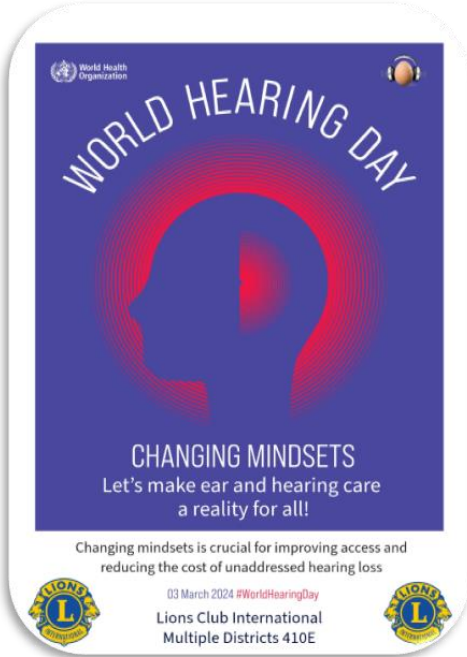
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Changing mindsets related to hearing loss and hearing care is crucial to improving access and mitigating the costs of unaddressed hearing loss.

Hearing Awareness World Hearing Day – 3 March 2024

(Lion Nerisha - Lions Club of East Coast - Audiologist.)



World Hearing Day 2024 aims to overcome challenges to hearing care posed by societal misperceptions and stigmatizing mindsets through awareness-raising and information sharing.

Prevalent misperceptions on ear care can result in problematic ear diseases. Follow WHO's tips for healthy hearing to protect yourself.





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We are surrounded by people with hearing loss on a daily basis. Let's take some time to learn how to communicate better with our family members, friends, or colleagues with hearing loss.










World Autism Day – 2 April 2024

(DC GST, Lion Sandy King)



Autism spectrum disorder (ASD) is a developmental disability caused by differences in the brain. People with ASD often have problems with social communication and interaction, and restricted or repetitive behaviours or interests. People with ASD may also have different ways of learning, moving, or paying attention.

Main signs of autism

-  Finding it hard to understand what others are thinking or feeling.
-  Getting very anxious about unfamiliar situations or social situations.
-  Finding it hard to make friends or preferring to be on your own.
-  Seeming blunt, rude or not interested in others without meaning to.
-  Finding it hard to say how you feel.
-  Finding it hard to communicate and interact with other people.
-  Finding things like bright lights or loud noises as overwhelming, stressful or uncomfortable.
-  Taking longer to understand information.
-  Doing or thinking the same things over and over.



Key Facts



About 1 in 100 children has autism.

Characteristics may be detected in early childhood, but autism is often not diagnosed until much later.



The abilities and needs of autistic people vary and can evolve over time. While some people with autism can live independently, others have severe disabilities and require life-long care and support.



Evidence-based psychosocial interventions can improve communication and social skills, with a positive impact on the well-being and quality of life of both autistic people and their caregivers.



Care for people with autism needs to be accompanied by actions at community and societal levels for greater accessibility, inclusivity, and support.



People on the autism spectrum also may have many strengths, including:



Being able to learn things in detail and remember information for long periods of time.



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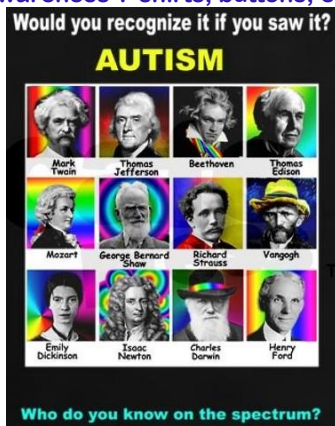
Being strong visual and auditory learners.

Excelling in math, science, music, or art.

Ways to Celebrate World Autism Day!



Raise awareness with what you wear – autism awareness T-shirts, buttons, etc.



Check out the work of famous autistic people



Support autism-friendly businesses and employers



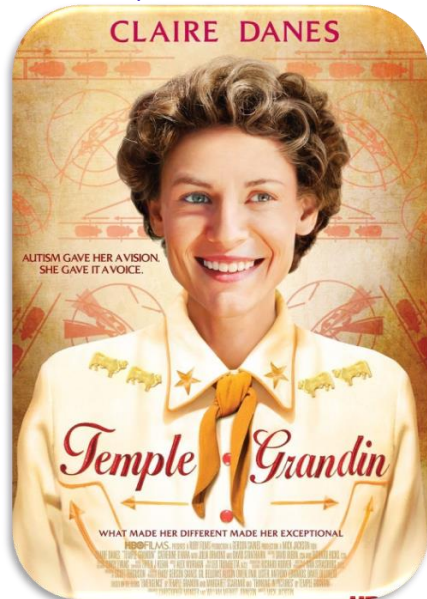
Read books about autism



Spread awareness in your community



Spread kindness



Read, watch, or listen to something created by a person with autism



Find sensory toys and tools that help and donate them to a school or centre for autistic children.



For autistic children, keeping focus can be challenging. Paying attention to a single task or set of tasks is a skill that can be developed over time. Some sensory toys include:

Sensory or Fidget Board or Cushion

This is something which can be made by using some creativity – choose a theme, like gardening or under the sea, for your board. Some examples/ideas – thank you to the Lions Club of Wilro Park!



Fidget Spinner



Sensory Bouncy Ball

Firm but squeezable and perfect for sensory or tactile stimulation, as a tactile roll, or a sensory brush



Fidget Poppers



Sensory Kit

This gives children (and adults!) a whole assortment of options to help get the wiggles out!





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FEBRUARY LCIF NEWS



Hello Lions, Leos, and fellow humanitarians,

A while back, I heard some great advice that changed the way I look at life. First, get better at everything you do; second, help others; third, get better at helping others get better. That's exactly what Lions and Leos do every day.



Lions Clubs International FOUNDATION

LCIF enhances our service impact in both our local and global communities, empowering us to help people when they need us most. When you support LCIF, you are playing an important part in increasing our collective impact in the world. As you read this month's newsletter, I hope you are inspired to continue supporting our foundation through both your service and generosity. And, remember to continue sharing your LCIF stories with us, so we can celebrate your grant-funded service projects together.

Make a great day,
Brian E. Sheehan
Chairperson, Lions Clubs International Foundation

For the full online edition of the February LCIF News, click on the below hyperlink.
<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1575250&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=d3ce6f462a0f416fba92c6c17c154af8&elqaid=33955&elqat=1>

LCIF - FOCUS ON VARIOUS PROGRAMMES

(DC LCIF, Lion Mark van Heerden)



Lions Clubs International Foundation (LCIF) provides grants that empower the service of our members. Since its inception in 1968, LCIF has awarded more than US\$1.2 billion in grant funding.

With 100% of donations going towards grants and programmes, LCIF empowers the compassionate service of Lions and those who need our help.

Although those benefitting from your support may never know of your generosity, Lions Clubs International Foundation and their beneficiaries are grateful for your support.

For more details, see this hyperlink which will direct you to the LCIF website.
<https://www.lionsclubs.org/en/give-how-to-give/recognition-programs>



At LCIF, we deeply value the incredible generosity of our individual donors. To honor your commitment and support, we are thrilled to introduce the **Presidential LCIF Supporter** programme. This initiative aims to recognize and celebrate individuals who have contributed with heart and soul, making a significant impact on our mission. By participating in the annual programme, you become an integral part of our honored supporters. Melvin Jones Fellowship (MJF) credits will be earned based on the one-time donation amount you provide. Your generosity not only earns you well-deserved recognition but also helps us make a lasting difference in the lives of those in need.



At LCIF, we value the incredible generosity of our members. As a token of our appreciation, we are thrilled to introduce the **Presidential Club Giving Award** for LCIF programme. This initiative aims to recognize Clubs that have demonstrated outstanding commitment and support by contributing to our cause on a per-member average basis throughout the fiscal year. By participating in this recognition programme, your Club has the opportunity to join a prestigious circle of dedicated supporters. Your contributions have a significant impact on our mission, enabling us to serve our community and beyond.



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REMINDER TO PLACE YOUR ORDERS 2024-2025 PEACE POSTER COMPETITION



The 2024-2025 theme is "Peace Without Limits"

Place your Clubs Order on the same form as for ordering Merchandise:

By: 10 March 2024

With: CS Jacqui Hocking

Email: secretary@lions410e.org.za



NEW MEMBERS for FEBRUARY 2024

(As per the February WMMRs)



Don't miss your chance to earn this year's International President-themed recognition for qualifying individual and Club donations to LCIF. These limited-edition pieces celebrate your commitment and support to our global foundation.

With 100% of donations going towards grants and programs, LCIF empowers the compassionate service of Lions and Leos and those who need our help. Your support matters, and together, we can achieve remarkable things.



For any club donations or individual pledges, please contact the District LCIF Chairperson Mark van Heerden via:

mark.vanheerden@telkomsa.net

Cell 0795296582

Further information and statistics will be posted in the District Newsletter over the coming months.



LION TAYLA THOMLINSON
Sponsor: Lion Evelyn Herzfeld
Lions Club of Edenvale

LION ROSE HATCH
Sponsor: Lion Marion Chapman
Lions Club of Howick Umngeni



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DISTRICT 410E CLUBS "WE SERVE" FEBRUARY 2024

(Thank you to the 15 Clubs who submitted their stories for February)

Lions Club of Alberton



Lion Cindy from the Lions Club of Alberton purchased, packed and delivered 10 court care bags to Alberton Tutela on 29 January.



30 January was very special for the children at the nursery school in South Hills. Biscuit decorating with the Lions. They also received fresh fruit and vegetables. Another delivery of fresh fruit and vegetables took place on 7 February – Lions Club of Alberton helping to ensure the children get healthy meals.



As always, fun mornings at Amcare kitchen preparing food and chopping up a storm with the LOTS team for 200 people on 1st, 8th, 15th and 23rd February.



Thank you Lions Penny and Jim for delivering the donation of books to the residents of Corrie Oberholzer Old Age Home in Germiston on 1 February.



The 25 moms at the South Rand Hospital were delighted to receive their Mommy Care Bags on 3 February, which were packed with lots of love as well as toiletries and goodies for their new babies. On 16 February and 21 February, the Lions of Alberton were back at the South Rand Hospital delivering the much-needed Mommy Care Bags.



On 6 February, beans, soya mince and mielie meal along with household and clothing was delivered to the feeding project in Turffontein and on 23 February, the Feeding project in Turffontein West was able to start their feeding project with the support and donation from the Alberton Lions. There were over 45 children and 10 adults that came after school for lunch.



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Thank you Lion Sandra for donating blood on 6 February, thereby potentially saving 3 lives.

9 February, The 9th of February saw a team of Alberton Lions sorting a couple of hundred spectacle frames, in preparation for the next Eye Clinic project.



A team of Lions from Alberton in partnership with Fish and Bread were out on the night of 13 February assisting the Street ministry feeding project where 60 people in need were fed, just in time before the big storm hit Johannesburg.



The ongoing weekly lunch visits continued by the Lions Club of Alberton to the Alberton North Nursery School – 9 February a delicious mince, veggies and pasta meal served with bananas a cold drink, on 12 February, they had a rewarding morning for the education service project. The children were shown how to make flowers for Valentines Day by painting with round cotton wool pads and ear buds - all to improve their motor skills and stickers for hand-eye co-ordination, all while having so much fun. Another delicious lunch was served on 15 February consisting of mince and pasta, cheese puffs, apples and cold drink. The 17 little ones enjoyed it very much. Back again on 24 February, with a lovely meal as well as apples, chips and cold drinks. This day was a joyful time with singing and having fun with the children.



A huge thank you Maralize from Rep and Roer Kleuterskool who arranged a wonderful donation from the parents and staff at the school to be utilised for ongoing children's projects undertaken by the Lions Club of Alberton. This was collected on 14 February.





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Great excitement on 15 February when the youngsters from Rietvlei Soccer Team were spoiled. Thank you Lion Angela for handing 6 Brazilian T-Shirts from her friend, Albert de Souza who was so happy that it could be handed to those who have a need. Pictured here with Coach Piko - ages Under 10 to Under16. The smiles are priceless.



Thank you to the team and the members for their support of the CANSA Shavathon, face painting, cupcakes (R5,000.00) and food collection (4 x trolleys of groceries and pet food worth approximately R10,000.00) at Bracken City Shopping Centre on 24 February.



Lions Club of Benoni Host



A fun and enjoyable Bingo afternoon was held by the Lions Club of Benoni Host for the residents of Old Peoples Home in Benoni on 17 February

The month of February was an extremely busy one for the Vision Screening Team of the Lions Club of Alberton – 19 February saw great excitement at Luvies nursery school as the Lions conducted Vision Screening on 19 little ones. Many of the others wanted to have “their photo taken”. On 20 February, Vision Screening was done for 791 Learners at Zonkizizwe Primary School, with 76. requiring further consultation with an optometrist. Back on the job on 22 February, with Vision Screening of a further 725 Learners and support staff at Zonkizizwe Primary School today with 57 requiring further consultation with an optometrist, and sadly a few with very urgent eye problems. A big thank you to Rajesh Ramdass of SALICT the Lions Club of Alberton’s partner in this project. On 23 February, Alberton Lions screened 157 Grade R and Grade 1 learners at General Alberts Primary school with 17 children needing further consultation with an optometrist.



On 18 February a food parcel was organized and delivered when the Lions Club of Benoni Host was alerted to a family in need.



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Lions Club of Centurion



Centurion Lions donated seedlings to the Thembalethu Community Centre in KwaMhlanga for their vegetable garden – a sustainable project, helping them to help themselves.



What an achievement - PDG Patrick and his blind navigator Jessica participated in the Pre-DJ Blind Navigators Rally and came first!

Lions Club of Cowies Hill



Another successful food collection at Westville Superspar was held on 3 February with 6 trolleys collected. The recipients being Mariannridge Methodist Church feeding scheme, Pinetown Methodist Church and Waterfall Pantry.



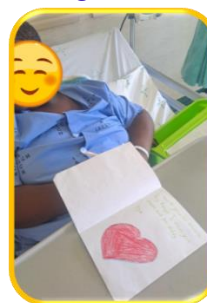
During the weekly visits by the Lions Club of Cowies Hill to the Albert Luthuli Hospital Pediatric Oncology Ward on 7 February, Lions Sally, Pat, and Margie did various activities with 17 children, one of the activities was that the children had to make thank you posters for all the donors and sponsors.



Once a week, Lion Sally does homework with 2 children from Ethelbert Homes. These children have learning disabilities and just need an extra hand with their homework.



On 9 February, Cowies Hill Lions held their 200Club draw at Pinehaven Retirement Home amidst the usual fun and laughter both for the Lions and residents.



Valentine's Day saw the Lions of Cowies Hill doing their weekly visit to Albert Luthuli Hospital Pediatric Oncology Ward which made this day of love so much more special for the 12 Little Warriors.



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On 22 February, Margaret Fabby of Pinetown Methodist Church handed over to Lion Elaine the beautiful teddies she makes especially for CHOC. MoMo the Lions Club of Cowies Hill mascot keeps a close eye on his knitted teddy friends while they await their new home with the children at Albert Luthuli Hospital Pediatric Oncology Ward.



Lion Elaine de Jager received 39 teddies for CHOC, 33 beanies, 28 pairs of fingerless mittens for Seafarer's Mission, 14 pairs of adult bed socks and assortment of baby items from NG Kerk Malvern knitters' group on 15 February.



Lion Carol with Lion Hassam Khan from Kirstenbosch Lions Club (410W) pictured here on 19 February. Lion Carol's brother donated 3 wheelchairs, 2 walking frames and a lot of magazines that belonged to his late wife. The Lions Club of Kirstenbosch will distribute these to appropriate projects that their Club has.



On 28 February the visit to Albert Luthuli Hospital Pediatric Oncology Ward took place with some of the newer Little Warriors receiving the knitted teddies which is a huge source of comfort to them as they travel the journey of cancer treatment.





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Lions Club of Durban East Coast



The Learner Support Programme is in full swing at Wingen Heights and Palmview Secondary Schools in Durban, KZN. The dedicated tutors from the Lions Club of Durban East Coast assist learners in Grades 10, 11, and 12 with Mathematics and Physical Science tutoring every Saturday morning.



The Lions Club of Durban East Coast held their annual Valentines Gala Event on the 17 February at Winchester Events. They raised awareness and much needed funds for their various community upliftment projects. Much fun was had by all who attended.

Lions Club of Estcourt



Some of the members of the Lions Club of Estcourt together with numerous volunteers take great pleasure in knitting up a storm for Rainbows & Smiles, an organisation which assists children hospitalised that are suffering with Cancer, as well as their families. This organisation visits the children in hospital taking toys and blankets to them. These are just a few of the items that the Estcourt Lions were able to present for distribution.



There are 2 ladies in their community that look after orphaned and needy children. On a regular basis the Lions Club of Estcourt supply them with hampers of food and at Christmas they included a few toys for the children.



Twice a year the Estcourt Lions have a 150 Club draw. Members of the community purchase tickets for a delicious meal and then stand a chance to win prizes. A lot of fun is had and is a fun way of raising funds.



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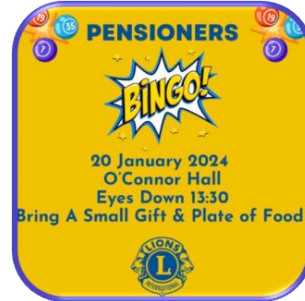


Zone Chairman Chris Stokker decided that the Club members within the Zone needed to get together to have some fun, so all Clubs in Zone 7 were invited to attend a “meeting” hosted at the Lions Club of Estcourt’s Club House. DG Lindie, FVDG Perry Chetty, SVDG Avril Hobbs and Lion Trevor were there to guide, inform and entertain them!! Lots of fun was had by all.

Lions Club of Henley on Klip



Henley on Klip Lions had a busy start to 2024. Out of the starting blocks, we hatched a plan to complete our Hunger Month Project and in collaboration with a local school, identified 30 families living below the breadline. Supplies were bought, packed onto boxes, and delivered to Sicelo Primary School, the project was co-ordinated by Lion Grant, assisted by Lion Brenda and LP Anton.



Their Pensioners Bingo afternoon was on the 20th January and 28 residents had a fun afternoon.



On 28th January, the Club marshalled the Midvaal Cycle race on to raise funds.



A Blood Drive was held the 1st February and the Club managed to collect 28 pints – potentially saving 84 lives.



And then on the 11th of February, the Lions Club of Henley on Klip held a pre-Valentines tea and cakes with a local Home for the Aged to cheer up the residents. This was a Lions/Rotary collaboration, and it was great fun working together.

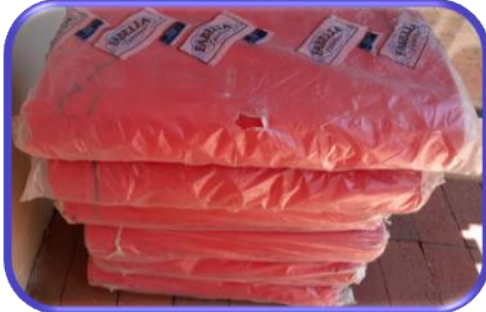


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Lions Club of Kingsburgh



On 31 January, the Lions Club of Kingsburgh was donated 6 bolts of fabric to sell as a fund raiser for their Projects Account.



Lions Moira and Dave attended a CPR course on Saturday, 10 February.



A Diabetes Screening was held on 10 February at Pick n Pay, Arbour Crossing. 40 people were screened with donations amounting R139.50 received.

Lions Club of Midrand



Happy customers and a thank you to them for making this a successful fundraiser. A wonderful morning was held on 3 February shopping for quality clothing at reasonable prices at the Lions Club of Midrand Thrift Sale.



On 3 February, the Lions Club of Kingsburgh was out doing a food collection at Saedooone Mall. A bumper number of groceries collected with an estimated value of R4,000.00 plus donations in cash. The groceries will be delivered to Hearts of Toti.



Love knows no bounds, and neither does the spirit of Valentine's Day!



This year on 10 February, the Lions Club of Midrand celebrated love and potential at our cherished beneficiary, Novalis House (a home for the mentally challenged).



Lion Esme collected spectacles which will be sent to Lions BrightSight for recycling.





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Sister Petro Oliver for her information sharing and compassion with the patients.



They were treated to a luncheon, gifts, dancing, singing and laughter and just like a butterfly egg holds the promise of transformation, we see the incredible potential in everyone at Novalis House. With love, support, and a focus on capability, we're helping them spread their wings and fly. It's not just about disability, it's about endless possibilities. Thanks to the caregivers and residents for sharing in the joy!



Instead of just delivering the daily food collection on 27 February, Lion Jacqui Doyle visited the Isolezwe Creche in Ivory Park where she was warmly welcomed by the 38 children and 4 staff members. A happy time spent with them singing and dancing and then being spoilt with Easter Eggs much to their delight, whilst the staff packed away the food collection.



Lions Club of North Durban

PDG Month was celebrated with PDG Alistair Tuckett as the guest of honour at the GBM and Valentines Luncheon on 17 February. He gave an inspirational talk on the Environment, which is a passion of his.



Valentine's Day was a perfect day to show a bit of love to our fellow community members. North Durban Lions treated the adults and the staff that care for them at the Durban Mental Health Challenge Programme in Durban North. About 40 mentally challenged folk were given a Valentines Day party at the North Durban Lions Clubhouse. McDonalds burgers and chips were a welcome change at lunchtime. These were served to the Lions guests at the specially decorated tables. The folk were also given colouring books as this arty pastime is one of their favourite things to do. While everyone at various homes and residences are given parties at Christmas time, North Durban Lions opted to wait and host a party during the year. The partygoers had a fabulous time and were so excited in their enthusiastic thanks to the Lions, who were in turn



The Lion Club of Midrand's Monthly Eye Clinic and Diabetes Screening was held on 24 February. Nineteen patients were Vision Screened and seen by the Optometrist with 17 prescriptions to Lions BrightSight. Diabetes Screening was done on 19 patients – thanks to



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entertained with much singing including a wonderful rendition of our National Anthem.

many family members the family has. Loaves and Fishes are extremely thankful for our continued assistance as they serve local struggling families.



For over 40 years North Durban Lions Club has packed food hampers for our community's elderly folk who only receive a Sassa grant. A huge thanks to Lion Phil who collects, at both Kensington and Umhlanga Spar every month. Despite this, to ensure we collect sufficient food, North Durban Lions Club approached Eastmans Spar who have come on board with Lions and have a food collection there on the last Saturday of every month.



Lion President Lorenda is pictured here with Sister Erica from Settlers Park. On Valentines Day, the Port Alfred Lions handed out Christmas cakes to the various old age homes - Settlers Park, Damant Lodge, Ravenswood and Sunset Park.



Their shoppers have been amazingly generous enabling us to continue this project into the future. Without these food collection points the project would eventually die. The food we collect is a variety of non-perishables like tinned beans, fish, vegetables, tea, sugar, packet soups, pasta and when we can we add soap, toothpaste, toothbrushes. The foodstuff collected is repacked in A4 paper boxes at the Lions Club of North Durban's clubhouse each month.



Lions Club of Port Alfred



On 1 February, Port Alfred Lions handed over 45 food socks to Port Alfred Loaves and Fishes at a social at their Clubhouse where finger snacks were provided. Different size socks were donated, depending on how



On Friday 26 February, the Night Bowls had their opening night. The Lions Club of Port Alfred sold food



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raising funds for their various community service projects.

Lions Club of Pretoria South



First meeting for 2024 for the Cycling Committee took place on 27 January - Great ideas and plans for our Cycling Academy and Cycle Projects.



Some senior members of the Club got together on 9 February for a cuppa and to plan some upcoming service projects amongst of which are: Training with the Spot for Eye Screening, Diabetes Screening, Braille Chess at the Pretoria Boermark, a Bowls Day as a fundraiser and the brilliant Ice-Skating project. 145 years of Lions service between these guys.



Young Nathan from In His Honour Outreach Foundation received his new glasses on 1 February - Lions Gerrit, Johnny and Partner In Service, Rita assisted with the delivery.



The February General Business Meeting held on 6 February was attended by Francois Neethling, a Braille chess player and Lion Noni gave feedback regarding her recent visit to Shelly Beach Oncology Clinic where she delivered knitted knockers - 760km from home. The Club also took delivery of beanies, gloves and socks knitted by the residents at Lions Haven for distribution to Oncology Clinics.



The Cycling Academy held their cycling awards for the Senior & Junior teams on 10 February. Congratulations to all the award recipients on their achievements and dedication to the project. On the same day, trials were held for the Senior and Junior teams for the 2024 MTB season. Congratulations to the young riders who made the teams, and the Lions Club of Pretoria South are confident that they will continue to make them proud this year.



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Pretoria South Lions Club spoiled the ladies at Lions Haven with some sweet treats for Valentine's Day.

The Lions Club of Ramsgate Quiz night was held on 9 February, the theme of which was Valentines, with contestants dressing up their tables for a prize of free entry to the next quiz night. The winning team for the quiz received meal vouchers from a local restaurant.

Lions Club of Scottburgh



Educational toys were donated to Scholar Amoris which is a special needs school on 5 February.

Food and cleaning materials were delivered to In His Honour Outreach Foundation on 22 February.

Lions Club of Ramsgate



The food collection was done by two Lions Club of Ramsgate teams, one at Margate P&P and one at Hibiscus Mall on 4 February. The food was handed over to Ignite Revolution who because of this donation will manage to support many families.



On the same day, 5 February, toys were also given to Angels Care for the youngest member of the group. This facility also provides for underprivileged people.



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The Diabetes Screening Clinic was held on the morning of 6 February at the local mall in Scottburgh resulting in 121 screenings done.



A regular recipient of food deliveries by the Lions Club of Scottburgh was extremely happy to receive his parcel once again on 27 February.



Four care packs were delivered on 7 February by the Lions Club of Scottburgh to Crook's Crisis Centre for abused children. Sister Nomusa from Crooks was on hand to receive the packs.



On 27 February the Lions delivered a wheelchair to Bonnie for her mother, who sadly has lost a leg and cannot get around.

REMINDER: REGISTER FOR THE MD410 UBUNTU CONVENTION





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Get your registrations in, R1,300.00 per person excluding accommodation with registrations closing on 31 March 2024.

Be there to cast your vote at the District 410E Convention and support District Governor Lindie.

Herewith the hyperlink to the MD410 Convention Website which contains all the necessary information as well allowing you to do your registration online.

<https://lionsconvention.co.za/>

FVDG PERRY CHETTY ATTENDS DGE SCHOOL IN CHICAGO



With International 1st Vice President Fabricio Oliveira



Exchange of Shirts with FVDG José Castro from Brazil

