



# THE LIONS VOICE

The official Newsletter of District 410E



## Issue 9 – Big Walk for Little Warriors



### LIONS CLUB OF KINGSBURGH, COWIES HILL AND DURBAN SOUTH



What started off as a service goal of DG 410E Lindie gained momentum throughout Multiple District 410. The purpose was to raise awareness during Childhood Cancer Awareness Month (February 2024) in which Clubs, friends, family, and the public could all participate. Many Clubs either within their Zones or individually planned their “Big Walk for Little Warriors” to take place on 24 February 2024. The event was a huge success with 27 Clubs in District 410E participating on the day (44%). Some Clubs held other events i.e. CANSA Shavathons, Cupcakes Sales and collections. Approximately 900 walkers took part and the total amount of funds donated to Childhood Cancer organizations around the District is still being reconciled. Not all Big Walks raised funds but were arranged to create awareness for Childhood Cancer as well as create visibility of Lions and the work that Lions does within their communities. Clubs were very creative with their walks: some had dress-up themes, e.g. Superheroes. Others had a sunset walk along the coast, some walked through their towns, some through forests, golf courses, a winery and nature reserves. Most of all whilst a Project with a Purpose, it was a fun and joyful day as the Lions of District 410E “Lionized” their communities!

### PUBLICISING THE EVENT



Apart from the many Facebook and Instagram Posts which Clubs posted on a regular basis leading up to the 24<sup>th</sup> of February, on 21 February 2024, PCC Cliff Hocking and DG Lindie van Wyk hosted Ms. Taryn Seegers from CHOC where the Big Walk for Little Warriors and the various initiatives relevant to Childhood Cancer and the collaboration between Lions and CHOC were discussed.



The Lions Club of Kingsburgh organised and welcomed the Lions Clubs of Cowies Hill and Durban South to participate in the Amanzimtoti Parkrun to raise awareness about Childhood Cancer. 20 Lions participated on the day with runners and walkers meeting at the L'Escalier parking lot at 07:30 before joining other Park runners for a walk along the beach.



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What is a Lions Event without Fellowship?

## LIONS CLUB OF HENLEY ON KLIP



On Saturday 24 February, the Lions Club of Henley on Klip raised over R18,000.00 that was donated to CHOC, The Childhood Cancer Foundation. They were in contact with Midvaal Local Municipality who provided permission for the event and provided traffic vehicles to keep participants safe.

## LIONS CLUB OF EDENVALE

EDENVALE LIONS  
Collection for Children with Cancer (CHOC)  
AFTERNOON SHIFT - 24 FEBRUARY 2024



Thank You for your support!



Whilst the Lions Club of Edenvale did hold or participate in the Big Walk for Little Warriors, they were at their local Shopping Centre, creating awareness, collecting donations and selling Cupcakes to raise funds.




There were organisations who assisted by manning points along the route and sponsors for prizes. The Henley Bowling Club offered their premises as the start and finish and to quench the thirst of the participants following the walk.

LIONS CLUB OF EDENVALE


**Cupcakes for a Cause**

Your donation will secure you a delicious cupcake!

MEADOWDALE MALL  
SATURDAY 24 FEB 2024  
9AM TO 2PM



ALL PROCEEDS GO TO CHOC



Thank You for your support!





ER24 Ambulance Staff was on standby to attend to any casualties, thankfully there were none.

## LIONS CLUBS OF HOWICK AND HILTON



The theme for the event was Superheroes and prizes were awarded for the best dressed.



The Lions Clubs of Hilton and Howick in partnership with CHOC held their 5km Big Walk for Little Warriors at the Highgate Wine Estate. They raised R3,765.00 to CHOC from entries and donations on the day.



## LIONS CLUB OF KLERKSDORP



The Lions Club of Klerksdorp enjoyed the Walk for Little Warriors at their local Park Run venue with 180 other fun-loving walkers, joggers, mums with toddlers in prams and runners. They had their Club gazebo up to show the presence of Klerksdorp Lions, dressed in their yellow branded T-shirts and handed out flyers regarding cancer symptoms to watch out for in children.



A great day was held and drew the attention of a few interested people who wanted to know more about the Lions Club of Klerksdorp.

Following the walk all participants were treated to pancakes.



## LIONS CLUB OF LADYSMITH



What an incredible day at the Lions Club Ladysmith Big Walk for Little Warriors. The “Cows” were honoured to lend their support, and together, pure magic unfolded. Folks from every corner of town came together for this meaningful cause, stepping out in solidarity with our Little Warriors. But it wasn’t just about the steps; it was about the overwhelming support that enveloped the entire route, courtesy of local businesses. Refreshments and top-class snacks were served at every turn, which fueled the walkers and runners, keeping spirits high and energy flowing.



The Spar de Francas opened their parking lot for the participants to register as well as sponsoring waters, juices and fresh fruit. The Protection Services 4x4’s and ambulances kept all participants safe.

This is what community looks like—united, compassionate, and unstoppable. Thank you to everyone who made this event a roaring success!



## LIONS CLUB OF MANZINI



The Lions Club of Manzini partnered with the Ministry of Health and other Health stakeholders for the Childhood Cancer Awareness Walk.



This was a day of fun and the serious side of the walk by creating not only huge awareness for Childhood cancer but Lions in eSwatini. The Lions of Manzini painted the city "yellow".

## LIONS CLUB OF RAMSGATE



The start point was at the Uvongo Fishing Pier at 09:00. The Lions Club of Ramsgate had 22 Club members and prospective members join in. The walk took place along Lillicrona Boulevard known for cycling and walking amongst the locals of Ramsgate. The participants walked 2.5km in sweltering heat (30°) and humidity. Loads of brochures and Childhood Cancer Awareness Flyers were handed out along the way.



The finish was at the Manaba Tidal pool.

## LIONS CLUB OF SCOTTBURGH



The Lions Club of Scottburgh did the Big Walk for Little Warriors - what a fun morning, the children loved throwing coloured powder over each other amidst the theme of Superheroes.



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## LIONS CLUB OF PE ST. CROIX



It was held at the Sacramento Trail Schoenies, in aid of Siyavuka for Kids. They so appreciated every walker and had sponsors who provided prizes for the lucky draw.

The Lions Club of PE St. Croix had a great turnout for their Childhood Cancer Awareness Sunset 5km walk for the Little Warriors.





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## ZONE 1 (Lions Clubs of Clearwater Cyber, Helderkruin, Wilro Park, Weltevreden and Krugersdorp)



Great awareness raised as well as wonderful from the public.

## ZONE 3 (Lions Clubs of Alberton and Johannesburg The Wilds)



The Lions Clubs of Zone 1 held their Big Walk for Little Warriors at Cradlemoon Lakeside Lodge.



The Lions Club of Alberton Lions hosted the Zone 3 Big Walk for Little Warriors with 182 people participating at Rietvlei Trails. What an amazing day with so much fun, fellowship, and support for a worthy cause. The beneficiaries of the day were Kids Kicking Cancer SA and CHOC Saxonwold.





The walk covered 5km with members and guests creating awareness for Pediatric Cancer, Choc House Saxonwold and Kids Kicking Cancer.



Beautiful trails and much welcomed shade under the canopies of the trees.



On the day, the Lions Club of Alberton sold Flip Flop stickers and CHOC merchandise on behalf of CHOC.





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## ZONE 4 (Lions Clubs of Centurion, Centurion Lifestyle, Midrand, Pretoria City, Pretoria South, Pretoria Jakaranda and Branch Club of Sandton)



All the Lions Clubs that make up Zone 4 participated with family, friends, Scouts, and the public. 188 Entrants gathered at Zwartkops Country Club to stride forward in support of this incredibly important cause and one of the pillars of Lions – Childhood Cancer.

An early morning set up at 06:30 – Lions all bright eyed and bushy tailed!





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## EARLY WARNING SIGNS OF CHILDHOOD CANCER

Raising awareness about childhood cancer and showing support for those brave little warriors and their families. Every stride taken contributed to raising awareness and funds for CANSA TLC Nicus Lodge, providing vital support and resources for children battling cancer. There was lucky draw raffle on offer as well.

**The Early Warning Signs of Childhood Cancer**

SEEK MEDICAL ASSISTANCE FOR ANY UNEXPLAINED ONGOING SYMPTOMS

**Aching**  
- fractures, painful bones and joints

**Lump**  
- any lump found on the body, head, legs and arms

**Eye**  
- any change in the appearance of the eye including a white spot, bulging or squintness

**Unexplained**  
fever, loss of weight, tiredness, pallor, bruising or bleeding

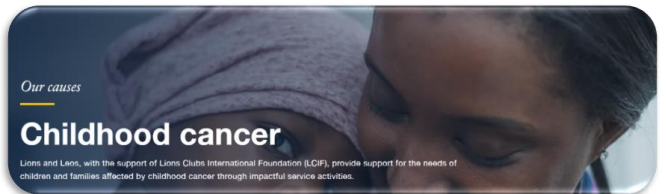
**Neurological**  
- any change in walking or speech. Headaches and vomiting.

CANSA Help Desk: 0800 22 66 22 (toll free)



## MORE INFORMATION CAN BE OBTAINED FROM THE LIONS INTERNATIONAL WEBSITE

We honoured to have representation from our worthy beneficiary, Nicus Lodge TLC a remarkable facility which is situated on the premises of Tshwane District Hospital in support of Steve Biko and other local hospital's pediatric oncology units in Pretoria and offers home-from-home accommodation to parents, guardians and caregivers of children undergoing treatment far from their homes. The accommodation is free of charge for the duration of their child's treatment and is open all year round.



<https://www.lionsclubs.org/en/start-our-global-causes/childhood-cancer>

